



Higher enrollment results in residence hall overcrowding

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Students check out the clubs on campus at Involvement Fair

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Regals tie 1-1 against Claremont Cludd Scripps

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the Echo

September 22, 2010 Vol. 56 Number 1

HCERA results in dropped classes for CLU students

Xavier Walton
Staff Writer

The Health Care and Education Reconciliation Act of 2010, which was signed on March 30 by President Barack Obama, has affected many students throughout the country during the opening weeks of the 2010-2011 academic year.

The legislation requires all new federally funded educational student loans to go through the Direct Loan Program, which is operated by the U.S. Department of Education.

This ended the process of the federal government giving subsidies to private banks to give out federally insured loans through the Federal Family Educational Loan Program.

FFELP no longer exists. Loans will be administered directly by the Department of Education and originated by the university's Financial Aid Office.

"It is our first priority to make sure that all students are ready to go for the year," said Evelyn



New money: Financial Aid starts the year with a new office and a new policy for student loans.

Garcia, financial aid counselor.

Switching to the Direct Loan Program requires changes to the administrative software systems and student publications and necessitates additional staff training.

Many returning students and

parents who had previously borrowed federal education loans through private lenders must start from scratch by submitting new documentation and promissory notes directly to the U.S. Department of Education.

This change in legislation

became an inconvenience for many federally aided students as they needed to complete new documentation.

"I filled out all the paperwork, and I still received an e-mail saying I was going to be dropped from my classes," CLU senior

Caitlin Scott said.

An e-mail was sent out on Sept. 6, warning those students who had not yet completed the loan process that their classes would be dropped if they did not do so by noon on Sept. 10.

"I thought to myself, this can't be true, but sure enough they were not kidding," sophomore Jayvaughn Nettles said. "I didn't realize how much I enjoy being here until it actually reached the point where I was only hours away from having my classes dropped."

In the midst of these federal changes, Heidi Granger was hired as the director of Financial Aid to assure compliance and adherence to all laws and policies.

"Financial Aid was helpful; they gave me an extension," Nettles said. "They were willing to answer any of my questions and gave me possible solutions."

Scott's loan documentation was completed, and she was reinstated to her classes.

Across the nation, institutions are adjusting to the new legislation.

ASCLUG

ASCLUG Election Results

Freshman Senator:

- Lindsay Bowden
- Hilary Glossbrenner
- Andre Andoyan
- Carlos Ugarte

Sophomore Senator:

- Alissa Quon
- Katie Glynn

Senior Senator:

- McKenzie Hurick
- Spencer Steele
- Kristen Luna

Commuter Senator:

- Monique Villalobos

Programs Board representative:

- Benjamin Melano
- Kelsey Botwinick
- Shakivla Todd
- Samantha Childs

Programs Board representative:

- Colleen Carpenter

Senior Programs Board representative:

- Amanda Davidson

Programs Board representative:

- Maria Melendez

Transfer Programs Board representative:

- Jen Ergermeier

There is a run-off election for sophomore senator and transfer senator on Sept. 21.

Groundbreaking kicks off new football stadium

\$8.9 million facility expected to open in fall 2011

Sean Post
Staff Writer

After nearly five decades of playing in Mt. Clef Stadium, CLU will begin construction on a brand new athletic facility and art gallery that will become the new home of the Kingsmen football team.

Faculty members, players and alumni gathered outside of the Gilbert Sports and Fitness Center to witness the groundbreaking of the new stadium, which will be called the William Rolland Stadium.

A handful of speakers, including California Lutheran University President Chris Kimball, head football coach Ben McEnroe and William Rolland himself, talked about their excitement for the future of CLU athletics.

"This new stadium represents CLU's continual growth. We're seeing all these new state of the

art facilities, such as Trinity Hall, the Swenson Center and the Gilbert Sports and Fitness Center," McEnroe said. "Now is the perfect time for our stadium to catch up."

The new stadium will benefit the university in several ways. It will allow CLU to host NCAA playoff games, which has never been possible due to the current stadium's limited seating.

It will also give the football program an extra edge in recruiting higher quality talent in the future.

In addition to the football facility, the stadium will also house an art gallery.

Rolland, a former firefighter and real estate developer, spoke about his belief in the importance of giving back to the community that he loves.

"I'm so blessed and thankful to be alive today. If there is anything that working as a firefighter taught me, it is giving back," Rolland said. "This is definitely a worthy cause."

The construction of William Rolland Stadium will further the university's already ongoing progress to expand.



Photo by Talia Loucks - Staff Photographer

Diggin' In: Community members make way for multimillion dollar stadium

This new facility will cost approximately \$8.9 million and is expected to be completed by fall 2011.

Some have speculated that the university does not yet have the means to pay for this new stadium, even after Rolland's generous donation of \$5.45 million. According to McEnroe, these rumors are not necessarily true.

"Like many previous projects on campus, when we were initially handed back the estimate for William Rolland Stadium, it was over budget," he said. "This doesn't mean we can't afford it.

We are addressing this issue."

Upon the completion of William Rolland Stadium, CLU will have yet another architectural piece that will become a source of pride for the university.

It is the hope of many that, along with the new stadium, a wider variety of players will be attracted to CLU and the football program.

This stadium will also create a larger Kingsmen fan base and bring in new visitors who can appreciate the art gallery and the football games simultaneously.

NEWS

CLU welcomes 19 new faculty members

As enrollment and programs of study increase, more professors hired

Katie Yates
Staff Writer

With faculty positions open on campus and the largest enrollment CLU has ever seen, 19 new faculty members were hired to help fill the open positions and accommodate a large population of students.

Since the hiring of the new faculty members, a rumor has been circulating about some faculty being fired last year, but according to Provost Leanne Neilson, this is completely fabricated.

As of last year three faculty members retired, four left for other job opportunities and seven new jobs were created to help with an increase in enrollment.

The graduate psychology program gained three faculty members due to the growth of the program as well as the doctorate program that was just started.

On top of this, the ADEP director position went from part-time to full-time, and a



Fresh faces: New staff members are adjusting to the daily routine at California Lutheran University.

position was created to guide a new major in religion and theology.

Colleen Windham-Hughes, the newest instructor in religion, is excited about her time at CLU as well as the new curriculum.

"I am especially excited about the new major in theology and Christian leadership, and I look forward to accompanying students through internships that will overlap with their dreams and stretch their gifts and skills," Windham-Hughes said.

Two half-time positions were filled in both the College of Arts and Sciences and in the School of Education.

Valerie Miller, a newly hired

professor of the theater arts, is one of the 19 new faculty members on campus.

She earned her associate's degree at the Fashion Institute of Design and Merchandise and then went on to get her bachelor's degree and master's degree in costume design.

"I have always wanted to teach, and this opportunity here at CLU came at the right moment in my career," Miller said.

"I spent a few years in England, but Thousand Oaks is my hometown, so I feel my being here is a great way to serve my community and practice my art."

California Lutheran University also added five new full-time visiting faculty positions that

were created for this year and are new to this fall semester.

"We added these positions during the summer in order to cover the large enrollment this fall," Neilson said.

CC This opportunity here at CLU came at the right moment in my career..."

Valerie Miller
Theater Arts Professor

The search for new faculty began in September 2009, and applicants were chosen through an exacting process.

A group of five to six faculty members reviewed applicants

based on a specific format for each type of job.

During this process, applicants must then go through a series of interviews including a phone interview.

"After the phone interview, they select three finalists to come to campus for one to two days of interviews," Neilson said. "The interview process also includes a teaching demonstration, in which students complete a rating sheet to provide their feedback."

The candidates then meet with the dean, provost and the president of CLU for an interview.

"The dean, provost and president all have an opportunity to interview each candidate and provide their feedback to the search committee," Neilson said.

The final applicants were chosen in the spring and began in the fall semester.

Miller, who is looking forward to the upcoming production of "The Cherry Orchard" in November, is adjusting well to her new life at CLU.

"I was already familiar with the people and the campus for the most part since I worked for the Kingsmen Shakespeare Festival this summer," Miller said. "I've just been glad to get to know the students and the other professors."

Critics question if LEED technology delivers on its green promises

With Swenson, CLU invests in sustainability

Courtney Murray
Staff Writer

Construction is making a breakthrough with LEED technology being incorporated into the new Swenson Center at CLU.

LEED stands for Leadership in Energy and Environmental Design and is a program designed to reduce energy consumption and promote sustainable features in buildings.

LEED construction is an effort to be more eco-friendly and create a more sustainable community.

However, some people believe LEED certification fails to live up to its promises.

A report by National Public Radio quoted experts who say some LEED-certified buildings

perform while others do not.

"LEED awards certification before the energy savings are proved," said Henry Gifford, an energy efficiency expert.

Many just assume the technology will be effective.

"LEED is a force to be reckoned with in the construction world," NPR reporter Franklyn Carter said.

California Lutheran University used this new LEED technology in building the Swenson Center.

From naturally ventilated hallways and lobbies to a thermostat that only allows a change from 70 to 74 degrees Fahrenheit, it seems as though this new building is holding up to its energy-saving purpose.

CLU Facilities can monitor everything that goes on in the building through a computer.

They know if the air conditioning is not working or if it is not cooling at the correct times.

With this technology, they are able to see the cooling

trends over the span of a couple days and ensure everything is constantly running smoothly.

"There's some way-out technology that people are trying to put out there. Swenson doesn't have way-out technology," said Valerie Crooks, senior project manager at CLU. "We would have built this building, anyway."

She thinks there are good elements in LEED technology and wishes to continue them in future projects around the community.

By the looks of it, the Swenson Center is standing up to what it was originally designed to do.

"All of the items that make it LEED certified, like the windows, the lights, fostering recycling for the recycle program and the refillable spot for water bottles show that we care about the environment," said CLU communication professor Jean Sandlin, who has an office in the Swenson Center.

She could not even believe a study found LEED certification

as ineffective.

"Everything worked out the way it was supposed to," Crooks said. "We haven't had any complaints, which is amazing."

Crooks showed no hesitation at the thought of carrying on with this energy-saving technology into future projects on the CLU campus.

The university will also be adding an informational kiosk in the east lobby of the Swenson Center for anyone who has questions about the building.

It is a way for students to get involved and learn about how they can make a difference with this new concept of LEED technology.

The Swenson Center itself is effectively conserving energy and being sustainable, but everyone on campus can take part in the process.

Students can recycle and refill their water bottles among other things, so this building will continue to prove that LEED certified technology was the way to go.

What LEED features..

- Automatic hand dryers
- 1.5 liter trash bins
- Automatic lights
- Recycling program
- Pre-set thermostats
- Refillable water station
- Natural ventilation
- Operable windows

LEED facts:

- In Washington, LEED is the law.
- LEED focuses on noise quality, so it is quiet inside and outside of classrooms.
- Fourteen federal departments and agencies, 34 states and over 200 local governments currently encourage or require buildings to be LEED certified.

Flu Shots - Sept. 22 from 8:30 - 11 a.m. in Health Services \$20



Photo by Brad Yajima - Staff Photographer

Five to a room: Freshmen Alyssa Stringer and Elessandria Smith hang out in their crowded Afton dorm.

Dorms overflow with new students

Students cope with living five to a room in certain residence halls

Rachel Flores
Staff Writer

The class of 2014 is the largest freshman class CLU has ever admitted.

The overwhelming population of students has sparked an untrue rumor across campus regarding on-campus housing.

The Afton Hall dorms on California Lutheran University's campus are designed to house four people.

With the overflow of students this year, CLU has added another person to the already cramped quarters.

However, the rumor that has been circulating around campus that students are being housed in local hotels and apartments due to the lack of available dorm rooms has proven false.

Student Life is working hard to accommodate students living in Afton Hall, where students are currently living five to a dorm, by giving them an incentive if housing is not found for them after Sept. 17.

The overcrowding of residence halls for future CLU students still remains a concern.

"We want to make sure that

every student gets their first or second choice hall with the roommates he or she would like to live with," said Christine Paul, associate director of Student Life.

CLU is working to accommodate student requests and making sure all students are happy with on-campus housing.

Students and residential assistants differ in their opinion on the overpopulation of students.

"I'm not happy with CLU housing this year. I think some

"I'm not happy with CLU housing this year... If you have more students, add more housing..." said Marquis Johnson, who currently lives in Potenburg Marquis Johnson Hall. "I don't think it's fair not to let more students reside off campus."

Potenburg Hall was once home to primarily sophomores.

Johnson, however, is a junior who did not get either his first or second choice of living halls.

While Johnson is stuck in a dorm that is intended to house sophomores, some underclassmen are living in the nicer, newer dorms like Trinity and Grace Hall.

Johnson also tried to live off campus but found the process too time-consuming and difficult.

Even with the inflation of students, CLU still expects students to live on campus for three years and requires an application to live off campus.

Both students and parents find the paperwork process a nuisance.

"We are planning to change some deadlines and possibly institute priority deadlines to help better manage demand for housing," said Melinda Roper, director of Student Life.

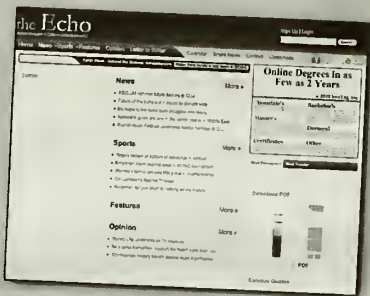
Some students enjoy having more people on campus and are most concerned about the lack of available parking spaces for residential students.

Even commuter students complain about the crowded streets that are designated for them to park along.

"I think it is so exciting that CLU has so many more students this year. I do not think that housing is necessarily the problem," said senior Danielle Harms. "I believe the main concern lies within the lack of parking spaces, which can be frustrating to all staff, students and residents."

As CLU continues to expand its campus, many residents question how Residence Life will accommodate student housing and crowded parking problems in the future.

We are now online!



www.CLUEcho.com

CLU welcomes back students

Travelers share their experiences from abroad

Jessica Kaczor
Staff Writer

Several CLU students and alumni, who have studied abroad in places as far as Washington D.C., Greece and Uruguay, gathered in the Lundring Events Center on Sept. 8 for a reception to discuss their experiences and memories.

"This reception is always a great opportunity to see the students after they have come back," said Lisa Loberg, director of the study abroad program at California Lutheran University. "It also gives them an opportunity to promote studying abroad to others."

CLU senior Sylvia Montano traveled to Barcelona, Spain, but throughout her journey she also had the chance to visit France, Italy, Ireland, Amsterdam and Greece.

She is currently a mentor for the Study Abroad Center.

"It was such a great experience," Montano said. "Everything from living with a host family to going to the soccer games where the entire stadium would sing

songs and hymns together."

CLU students can travel abroad to almost any country for a semester, a summer or an entire year.

They also have the option of taking classes that meet different requirements for various majors.

Erin Hacker said she enjoyed the classes she took while studying in London.

"I found the teachers to be very open, and I loved the overall culture there," Hacker said.

The Study Abroad Center promotes their programs by emphasizing that studying in foreign countries can provide a student with several different opportunities.

Students are always welcome to stop by the center, located across from the cafeteria, if they have any questions or are interested in the Study Abroad program.

They often hold information sessions for curious students and those who just want additional information.

The Study Abroad Center promotes that not only is it an educational and beneficial experience for students, but that it is also a chance for them to gain international knowledge, meet new people and live in foreign environments while adjusting to new ways of life.

- Steaks and chicken breasts are marinated and charbroiled
- Rice and beans cooked daily without lard
- Fresh salsas and guacamole made every day

One block from CLU!

365 Avenida de los Arboles 493- 1033

(NEXT TO RITE-AID)

CALENDAR

Wednesday <i>September 22</i> <ul style="list-style-type: none">• Going Global: From Norway to the U.S.A. and Beyond - Stefan Dahlkvist 5:30 p.m. Lundring Events Center• The Tournées Festival - 'Coco avant Chanel' 7 p.m. Preus-Brandt Forum• Common Ground 9:11 p.m. Samuelson Chapel	Thursday <i>September 23</i> <ul style="list-style-type: none">• Corporate Leaders Breakfast 7:30 a.m. Ronald Reagan Presidential Library and Museum	Friday <i>September 24</i> <p><i>THIS DAY IN HISTORY: 1957</i></p> <p>THE BROOKLYN DODGERS PLAYED THEIR LAST GAME AT EBBETS FIELD.</p>
Saturday <i>September 25</i> <ul style="list-style-type: none">• Fall Service Day Student Union Building	Sunday <i>September 26</i> <ul style="list-style-type: none">• Lord of Life Worship 6:15 p.m. Samuelson Chapel• Hmong Cultural Performance of Martial Arts and Dance 7 p.m. Gilbert Arena	Monday <i>September 27</i> <p>"A professor is someone who talks in someone else's sleep."</p> <p>W.H. Auden</p>
Tuesday <i>September 28</i> <ul style="list-style-type: none">• Career Services Workshop: Business Etiquette & How to Stay Employed Seminar by Local Author Noon Roth-Nelson Room	Next Week: September 29 - October 5 <ul style="list-style-type: none">• The Reel Justice Film Series• The Tournées Festival• Chinese Moon Festival Concert• Club Lu: Dodger Game <p>The calendar is now online!</p> <p>Visit CLUecho.com to see the online version of this calendar.</p> <p>Do you have an event to submit to the Echo? E-mail date, time, location and contact information to echo@callutheran.edu</p>	

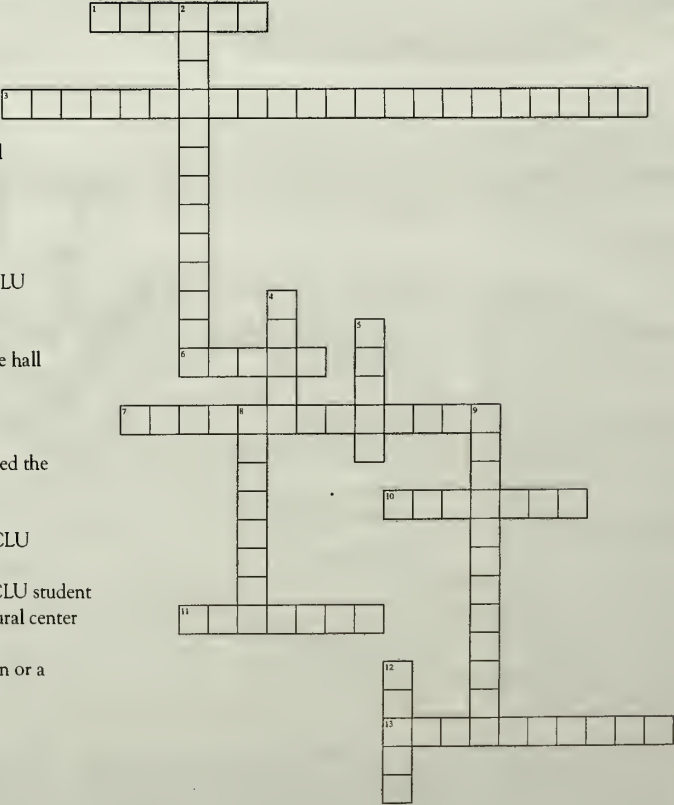
All Things CLU

Across

- 1. Graduates and former students or a CLU hall
- 3. A building on a college campus dedicated to social and organizational activities of the student body
- 6. Stately, splendid or a female CLU student
- 7. A building where chickens are kept or, in CLU's case, where offices and classes are
- 10. The union of three persons in one divine being or a CLU residence hall
- 11. A center, a multi-vitamin or a CLU cafe
- 13. A boulevard, a ridge near campus and a CLU residence hall

Down

- 2. A German monk and professor of theology that initiated the Protestant Reformation
- 4. Favor, good will or a CLU residence hall
- 5. A large farm used to raise crops or animals and what CLU land used to be
- 8. A traditional, low rank in the British army or a male CLU student
- 9. Relating to Norway, Sweden and Finland. Also, a cultural center on CLU's campus
- 12. A green clay humanoid figure from American television or a beloved CLU statue



FEATURES

CLU's enrollment rises despite climbing tuition and weak economy

Lilly Price
Staff Writer

Our country has been in an economic crisis for nearly two years now. This has been reflected in many universities as tuition skyrockets at many state-funded public universities, as well as at many private schools.

Yet as people are struggling to make ends meet, CLU—a school with tuition over \$30,000—is seeing an increased number of students apply and enroll than in past years.

California Lutheran University has significantly increased the number of students in attendance over the past several years.

What's interesting is that this influx of students eager to attend CLU is occurring at a time when our country is in the biggest economic downturn since the Great Depression.

Many students are choosing CLU over other schools in the area that would normally be a less expensive option.

CLU has done a consistent job of putting itself on the map over the last few decades, but the ques-

tion remains unanswered: why pay the steep tuition price in a time when many are facing the effects of the recession?

Junior transfer Ashley Prosser, **"I probably wouldn't have chosen Cal Lu if they hadn't given me the financial aid they did."**

Chris Vargas
Senior transfer

"I wasn't going to get any scholarships or financial aid from UCSD, but at Cal Lu I was able to get scholarships and financial aid," Prosser said.

For many students this has been a deciding factor when choosing colleges.

"I probably wouldn't have chosen Cal Lu if they hadn't given me the financial aid that they did," senior transfer student Chris Vargas said.

Vargas chose to transfer to CLU last fall over two public universi-

ties in his home state of Washington.

He explained that the small class sizes and an opportunity to play golf also played an important role in his decision to attend CLU.

CLU is standing out among oth-

er schools as it continues to offer a generous amount of financial assistance to students.

More than 80 percent of CLU students receive some kind of financial aid, whether it comes in the form of gift assistance, such as scholarships and grants, work

study or student loans.

Though the cost of attending CLU is high, students are encouraged by the financial assistance they receive and by the growing reputation that the university has.

[See ENROLLMENT, page 7]



Photo by Rebekah Kliever - Photo Editor

Hard at work: Monique Boch, operations coordinator of Financial Aid working at her desk

CLU Creative Media director debuts painting collection

Michael Lynn Adams channels inspiration from Europe into "Paris~Provence~California"

Rebecca Dominguez
Staff Writer

On Saturday, Sept. 11, Michael Lynn Adams debuted his collection of more than 20 paintings, titled "Paris ~Provence~California" in CLU's Kwan Fong Gallery of Art and Culture.

Students, faculty and other fans of Adams were at the reception to admire the artworks.

"Well, this one is my favorite. I like the peeling lemon because it has a nice Caravaggio lighting effect, and the texture makes me want to eat it," CLU student Mike Mitchell said about the "Meyer Lemon" painting.

"The fundamental skills are critical for all kinds of painting, even for abstract artists."

A recent trip to Europe with his wife inspired Adams to create this collection of paintings.

Adams spent about 10 to 20 hours on each of the pieces in the gallery, which comes to about two painting sessions each.

Adams always works off of the fundamentals of art to create his pieces.

"The fundamental skills are critical for all kinds of painting, even for abstract artists," Adams said. "I feel these skills have been lost in the past couple decades. It is a bit



Photo by Talia Loucks - Staff Photographer

Contemplating: Sophomore Cody Price checks out the latest display in the Kwan Fong Gallery.

like needing the fundamentals for writing or music: you must know the fundamentals for anything."

Adams' grandfather was his greatest influence. His passion for art started as a child when he used to travel to his grandfather's lake house in New York and watch his father and grandfather paint using watercolor.

The only time Adams would see his father paint was when he was on vacation at the lake.

Like his father and grandfather,

painting is something Adams enjoys in addition to his career.

Adams has a strong tie to CLU. His father was a drama professor at CLU and a well-known figure in the local arts community.

Adams, himself, graduated from the university in 1972 with a bachelor's degree in art and has worked as the Creative Media director on campus for 30 years.

Although Adams focuses completely on his artwork on Fridays and weekends, like many other

artists, he feels as though there is never enough time to work on his art.

After finishing a painting, Adams always self-critiques and ends up finding something that can be improved or adjusted.

Adams actively promotes his paintings and gallery exhibitions with social media websites such as Facebook and Twitter.

Lindsey Carnett, CEO of Marketing Maven Public Relations and CLU alumna, voices her profes-



Photo by Talia Loucks - Staff Photographer

Inspiration: Senior Rachel Ferguson searches for inspiration from the paintings.

sional endorsement of this move.

"As a marketing professional, I recommend all business owners to create a presence online in addition to their website and utilize social media such as Facebook or Twitter to help cultivate an organic following and brand loyalty," she said.

The paintings will be on display through Friday, Oct. 8 in the Kwan Fong Gallery, located inside the Soiland Humanities Center.

All paintings displayed in the gallery, as well as the ones on Adams' website, are available for purchase. Visit MichaelLynnAdams.com to view his other works of art.

CAMPUS QUOTES: Would you use the new CLU mobile app?

Kwam Brandon



“I would use it every day instead of using my computer.”

Justin Stoll



“I would definitely use it. Having an app makes our school sound official.”

Samantha Aguinaldo



“I think it will be easier than going on my computer, especially for my classes.”

Patricia Lee



“I wish I could access Blackboard and my email on the app.”

If you have an idea for a Campus Quotes question, e-mail it to the Echo at echo@callutheran.edu

Being involved factors in students' success

Kristin White
Staff Writer

Crowds of CLU students swarmed the tables in Kingsmen Park on Sept. 13 for the bi-annual Involvement Fair.

There were representatives from many different student clubs and organizations, as well as offices from around campus.

“The Involvement Fair is one of the great ways we can expose students to the host of opportunities available to them on campus.”

Sally Lorentson
Assistant Director of Student Life

more aware of the simple steps it takes to go green,” said junior Kayla Kilpatrick, president of the Sustainability Organization.

The Sustainability Organization is all about raising student awareness. It welcomes anyone who is proactive and willing to take actions in advocating a more sustainable lifestyle on the CLU campus and beyond.

“I signed up for a lot [of clubs]. Getting involved is great because you get to meet so many new people that you would not normally meet, and it helps you become well-rounded outside of academics,” sophomore Leah Griffith said.

“College is not just about academics, but also about developing as a person.”

Joshua Aquinde
Senior

and organizations at CLU represent diverse interests in academics, cultures, sports, hobbies and advocacies. They offer many opportunities to lead by example and get involved.

“One of the important roles Student Life can play in the experience of CLU students is helping them find their niche at the university,” said Sally Lorentson, assistant director of Student Life.

According to Lorentson, Student Life can achieve this goal by offering a variety of programs and resources, as well as opportunities for students around campus to connect with one another.

“The Involvement Fair is one of the great ways we can expose students to the host of opportunities available to them on campus,” she said.

Lorentson is greatly motivated by research findings that indicate overall higher academic and social success among college students who are actively involved in their campus experience.

Even as a senior, Hanna Hall-dórsdóttir does not want to miss out on campus activities.

“I want to take advantage of opportunities before I graduate. I signed up for every club remotely interesting to get on the e-mail lists, see what the clubs are about and then decide which ones I really want to be a part of,” she said.

Whether a student is a resident or commuter, an upper-classman, first-year or transfer, his or her participation is valuable in creat-

ing cohesion in the community.

Senior Joshua Aquinde is captain of the Rugby Football Club, vice president of the Kupaa Club of Hawaii and a mentor at the

Study Abroad Center. Being a member of many campus clubs, he knows the importance of being involved.

“College is not just about aca-

demics, but also about developing as a person. Not only is joining a club and becoming involved fun, it also brings more to college than just books,” Aquinde said.



Photos by Rebekah Kliever - Photo Editor

Spreading the spirit: (From left) Sophomore Angel Oliver, junior Michael Zavala, junior Brittany Walker and senior Jen Ramirez promote H2O by performing a dance.



Camaraderie: First year Matt Redeker talks to seniors Joshua Aquinde and Rachel Wolf about the Rugby program as (clockwise from left) seniors Colin Mayuga, Mike Michell and Jordan Liebhart look on.



Discussion: Sophomore Alex Daley talks to Angela Manginelli, assistant director of American Institute for Foreign Study.

Hmong author discusses American Dream in memoir

Henrik Gjertsen
Staff Writer

In the Soland Recreation Center at Gilbert Sports and Fitness Center on Thursday, Sept. 16, students had the opportunity to listen to Kao Kalia Yang speak about her latest book "The Latehomecomer: A Hmong Family Memoir."

Yang was born in a Ban Vinai refugee camp in Northern Thailand and came to the United States with her family in 1987 when she was six years old.

She and her siblings were raised in St. Paul, Minn.

Throughout her childhood she experienced several incidents of prejudice, which is a central theme in her writings.

During her speech, Yang shared with the audience why writing and fighting discrimination give her motivation to be a writer.

"Do not hide your heart; believe in the dream of the American Dream," she said during her speech. "Sharing poetry and prose is what I know, and that is why I am here - I believe in the

American Dream."

This book, as the title indicates, includes the memoirs and experiences of the Hmong people, an Asian ethnic group from countries such as China, Vietnam, Laos and Thailand.

These memoirs are also relevant to other lives that are part of minority groups in America.

In her book, Yang goes in depth into the Hmong experience in America by telling stories about her family's life in the United States.

"In battling discrimination I care about people, not the issues and opinions. Writing is about meeting the world as it is," Yang said.

Today she also dedicates her life to teaching.

Yang graduated from Carleton College in Minnesota with a bachelor's degree in American studies, women's and gender studies and cross-cultural studies.

She received her master's of fine arts degree in creative nonfiction writing from Columbia University in New York City.

Columbia University's school

of the arts awarded her the dean's fellowship for her work as a writer and leader in the community.

Paolo Da Silva, a junior at CLU, attended the event and expressed gratitude to Yang and to CLU for inviting her as a guest speaker.

"I have read her book three times. It's the first book I've read more than once," Silva said. "The way I look at the world is very well reflected in her book, and often it is like sharing a similar familiarity."

In the end, Yang's book is all about creating and experiencing memories in life.

Yang and her older sister founded Words Wanted, which is an agency that assists immigrants in writing, translating and conducting business services.

"They teach us that we have chosen our lives, that the people who we would become we had inside of us from the beginning and the people whose worlds we share, whose memories we hold strong inside of us, we have always known," Yang said in "The Latehomecomer: A Hmong Family Memoir."



Photo by Danika Briggs - Staff Photographer

Captivated: Students listen attentively as author Kao Kalia Yang speaks about her book.

Attendance increases despite cost

[ENROLLMENT, from Page 5] Sophomore Chad Kimmelschue of Chico, Calif., was offered similar amounts of financial assistance from several other private schools he was accepted to, but he chose CLU because of the location and the appeal of smaller class sizes.

CLU's financial aid office continually tries to accommodate students and give them the opportunity to attend this school.

Thus, for some, the cost of attending CLU can even be a less expensive option than attending a public university with cheaper tuition.

"I'm really glad I decided to come to CLU," Prosser said. "I've had a lot of fun so far."

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OPINION

Class of 2014: brightest class or best test takers?



Chaz
Hodges

After reading an article located on CLU's website titled, "CLU's Brightest Freshman Class," I got to thinking, just how smart is the class of 2014?

Yes, one thing that is certain is the recent increase of students in California Lutheran University's undergraduate class is due to the onslaught of freshmen that decided CLU was indeed the school of their dreams.

The information and news article states that "the freshman class is 15 percent larger than last year's class. There are 565 first-year students enrolled. The number of new transfer students also increased by 15 percent over last year to a record of 246. Transfer applications increased by 32 percent this year."

Many believe the numbers have risen due to the generous scholarships that CLU willingly gives or the University's inclination to waive the application fee of its applicants.

Although this class is indeed the biggest, does that solidify the claim that it is the brightest?

Many diverse students from all over the United States, as well as international students, now make-up the undergraduate classes at CLU.

The article states that "CLU will have significantly more Latino and Asian-American students this fall. The freshmen and new transfer students come from 23 states and 19 foreign countries, including China, Colombia, Denmark, Ethiopia, Myanmar/Burma, Norway and Vietnam."

However, how does this addition to the cultures previously witnessed at Cal Lu add to the academic climate of the students as a whole?

Maybe the class of 2014 is truly one of the smartest classes to

ever enter CLU's classrooms.

According to the article, after all, "The average grade point average and SAT scores of the freshman class are the highest in CLU's history, and 20 percent of the students ranked in the top 10 percent of their graduating class."

Conversely, no matter how selective CLU claims to be or how big and bright this class professes they are, only time will tell.

Percentages in their standardized tests are high; however, it is not a great basis to judge their intelligence throughout a college program.

Studying at a university and taking high school level courses are two different things entirely, and that is not mentioning the stresses of time management, peer pressure and the transition into adulthood.

After finals week this semester, we'll see if the biggest and brightest class is able to live up to their reputation and sincerely prevail in a college atmosphere.



Photo Courtesy of www.sxc.hu/

Most recent tuition increase rankles students and donors

In a time of a sluggish economy, raising the cost of a CLU education does not sit well with the university's stakeholders

Cassie
Copeland

Tuition at California Lutheran University continues to rise as the economy lingers at a historic low.

Each year, students receive a letter about how much CLU is raising their tuition and why they have to raise it again.

The question is whether the tuition increase each year is really paying off.

The total tuition and room-and-board costs for 2010-2011 are \$41,580 for the year.

However, CLU's website has added miscellaneous costs as well, which totals \$46,192 per year.

This cost includes books, transportation, food and extra fees.

This is a huge sum of money for the average college student, approximately 18 to 22 years of age, to have to pay without already having a degree.

When I was a freshman at CLU, tuition was around \$38,000 per year, and every year since then the tuition has risen.

Due to the high rates of tuition, many students, especially with the poor economy, have had to drop out of school because they are unable to pay.

The stories I have heard over the years with these students who were unable to pay said they sought counsel from CLU to get a scholarship to help them with the additional payment.

However, CLU denied them. I find it hard to understand that CLU would not help them out financially when every year the school is building new buildings and dorms that cost millions of dollars.

During the spring of 2009, when I was a sophomore, I started working for the Phonathon in the Alumni building.

My job was to call alumni, parents and friends of the university and ask for donations.

Making calls during the first semester went smoothly, but by the fall of 2009, many of my

afford it with the tuition increase.

Also, a large portion of those people have also responded by saying that they are barely getting along due to the increase.

At Biola University, students are given the tuition amount as incoming freshmen and that is the amount each student pays every year.

However, tuition there does increase each year for incoming freshmen, but those freshmen pay the same amount for all four years.

Because each student gets a set total that never increases, I would find it likely fewer students drop from their college due to a struggle with money.

I have found the tuition increase to be quite difficult, and the only way I have found to pay for them is by taking out more loans.

I have really never found any part of the tuition increase to help me through the college year or help anyone for that matter.

The increase in tuition seems to hinder students, never help them.

Iwould have to say that a large proportion of the people, probably 80 percent or more, have said that they declined because they cannot afford it with the tuition increase.

declines were from people who said they were struggling with money and could not donate.

For spring 2010 and currently for fall 2010, I have been a supervisor.

Therefore, I have a paper from every person who has declined in my hands.

We have all the students write down why people are declining.

I would have to say that a large portion of the people, probably 80 percent or more, have said that they declined because they cannot



Photo Courtesy of www.sxc.hu/

No love lost for canceled dance and Christmas Chaos



Arianna
Thomopoulos

Don't be fooled by the rumors. Not all the dances have been canceled this year, and the possibility of having snow at midnight madness is still being debated.

When I first heard that many of the dances had been canceled for this year, I was shocked. I did some investigating and found that only the Homecoming dance was taken off the roster.

This makes sense to me. I am a senior at California Lutheran University and have four years of Homecoming experience under my belt, so I understand the decision to cancel it.

Throughout the years, the stories that precede Homecoming are shocking.

"We canceled the Homecoming dance this year because of past behavior. Our students need a year off and need to

realize that their actions have consequences," said Amanda Whealon, senior coordinator for Student Programs and Wellness at CLU.

Some students agree with Whealon.

"Although it was a select few and not the whole student body who acted out of hand, there are rules for a reason. I have seen mixed reactions to the change," said Tyler Lee, senior programs board representative.

It makes sense that there would be mixed reviews, but if you think about it, it saves students money, which was probably the No. 1 complaint I heard from my friends on why they didn't go.

Also, the venues were always so far from campus. When everything was added up, from the cost of the tickets, the dress, the tuxedo, the car and the drinks, it wasn't worth it.

I think it is a better idea to take the money that the school would be using on the Homecoming dance and use it to make the on-campus events even better, such as Christmas Chaos or even

Homecoming week.

There have been talks that during this year's Homecoming week, there is going to be a comedy night, which will be held nearby, so visiting family and friends can go and watch CLU improv actors, the Up Right Citizens Brigade and also Comedy Central's Dan Cummings.

Luckily for Christmas Chaos, the whole night will not be taken away, but the snow might be.

For the same reason the Homecoming dance was canceled, the snow might be too, which I totally agree with.

Yes, the idea of playing in the snow with your friends in hot and sunny Thousand Oaks sounds like fun. However, the idea of getting hit in the face by a ball of ice doesn't sound too pleasant to me.

I have witnessed people getting bruised and battered while attending this and wouldn't mind seeing those funds go toward something else, such as spreading out Christmas Chaos for two days instead of one to carry on the holiday spirit.

At the end of the day, although it does shake the routine of CLU's first welcoming months, I believe it is time for change.



Photo Courtesy of www.sxc.hu/

Housing shortage continues to plague students

The university needs to build more residence halls or admit fewer students; extra bonus points just don't cut it



Rocío
Sanchez

With more students attending CLU this school year than any other year, you would think that Residence Life would be prepared to make sure all students are appropriately housed.

Truthfully, even after students have paid their room and board fees, some have yet to get what they paid for.

There have been many rearrangements made this school year in order to get everyone appropriately assigned.

Conejo Hall, which housed international students last year, has now been converted into a dorm for first-year students.

In addition, the university had to allow students to live in

Kramer again, which looks to be its own little secluded area on campus with a resident assistant nearby.

There are incidents where five students were put in rooms only meant to house four people, specifically Afton Hall, which is now a first-year dorm.

I spoke to students living in a five-person suite, and they made it clear that they were not happy campers.

According to students living five to a room, the school has offered to give them \$50 in bonus points in return for their "unfortunate living situation."

How does giving the students \$50 dollars really help them out with their situation?

Instead of the school giving them \$50, which isn't even in cash, which means they have to spend it on campus, the school should add the cost for room and board as if they were adding it amongst four people and divide

it by five, and that should be the cost for each of the five students.

So in that case, the students would be paying less for their room and board, which they should, considering their living circumstances.

Is this really fair to the students paying the same amount for room and board and getting less than they deserve?

It is very clear that CLU needs to make a better effort to satisfy and give students what they are paying for.

If there is not enough housing for students, and the school doesn't want to go out of their way to build more residence halls or provide them with more off-campus housing, then all they have to do is this: admit fewer students to the university, simple as that.

Sure, it's a great thing for CLU to have more students join the CLU family, but at what expense?

At this rate, the school will

want to room six people in one room and give them \$60 in bonus points for a month, which would most likely be spent at Mogen Market. This can't really get you that far, besides maybe a few Hot Pockets for the week considering the prices of everything.

As we may all know, for every residence hall, there is a Residential Assistant.

If the school does provide students with off-campus

housing, such as the apartments next to CLU, they will need to hire more RAs, which means there needs to be a bigger staff, or they can just forget about having RAs since it is off-campus housing.

I do think that the lack of housing at CLU will continue to get worse as more students are admitted, and the cost for room and board is definitely not making the situation any better.



Photo Courtesy of www.sxc.hu/

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SPORTS

Regals soccer home opener ends in a 1-1 draw

Aaron Fisher
Staff Writer

CLU women's soccer team started conference play at home Wednesday, Sept. 15, finishing with a 1-1 tie versus defending conference champions and the 23rd nationally ranked Claremont-Mudd-Scripps Colleges.

The Regals were down 1-0 midway through the first half, but quickly evened the score before halftime with a goal from CLU senior forward Brittany Clark.

Entering Wednesday's contest, the Regals were undefeated with wins from trips to Texas and Virginia, which also included two shutouts against University of Texas-Tyler and Christopher Newport (VA).

Once the team was back home in California, they were looking to get revenge against the team that went undefeated in conference play last year.

"We were entering this game 4-0, knowing we were going to be competing with one of the top teams in our league, so naturally there was a lot of anticipation for this game, to not only keep our undefeated record but to show this league what we are about," Clark said.

After a header connected for a goal from CMS' Madison Shove at the 25th minute in the first half, the Regals found themselves trailing for the first time this season.

After a missed strike by California Lutheran University, Clark found the back of the net off a 15-foot rebound shot that would bring the game to a 1-1 tie. The two teams would continue to go back and forth until the final horn of the second overtime would bring the game to a close.

Cal Lutheran had some great looks at the goal throughout the game, including three shots off the post by Clark, freshman forward Kristina Hulse and sophomore transfer Kristin Cameron.

Clark isn't discouraged by the close attempts at all.

"If we can mentally settle



Photo by Danika Briggs - Staff Photographer

Tied up: Sophomore midfielder Kristin Cameron (No. 17) dribbles the ball up the field looking for an open teammate.

down and put ourselves in better positions on crosses, we could have a lot more chances that could potentially hit the back of the net," Clark said.

CLU's defense has not allowed multiple goals in their first five contests. CLU senior goalkeeper Kristin Borzi allowed only one

goal with three saves versus CMS, including two diving catches.

The CLU defense, led by sophomore Kirsten DiPippo and juniors Jennifer Jones, Rebekah Casas and Jessica Dingman, made the CMS offense work the full 90 minutes of play for their 13 shots compared to the 30 shots

that the CLU offense took.

The women's soccer team has added nine players to this year's roster, including Newbury Park High School graduate Anna Medler, Desert Christian High school graduate Hulse and Royal High School graduates Sinead Vaughan and Cameron.

"I think anyone can be called upon at any time," Clark said. "It just takes one person to step up and take that leadership role, whether it's verbally or through their play, and the majority of our team can do that. And once that happens, others will follow."



Photo by Rebecca Kliever-Photo Editor

Victory: Cal Lu faces off against Linfield in a pre-season game.

Football wrap-up

Breanna Woodhouse
Sports Editor

Puyallup, Wash., at Sparks Stadium.

CLU started the fall 2010 semester with a win against No. 4 Linfield College on Saturday at Mt. Clef Stadium.

The Kingsmen defeated the Wildcats 47-42.

Junior Daniel Mosier rushed 202 yards and made three touchdowns.

The season-opening victory for CLU was the first under Coach Ben McEnroe.

With the win, the Kingsmen stopped Linfield's 21-0 record against teams from California since joining the NCAA in 1998.

The following week, on Sept. 18, California Lutheran University faced Pacific Lutheran in

Puyallup, Wash., at Sparks Stadium.

The Lutes scored two touchdowns by the second quarter, making the score 0-14.

In the third quarter the Kingsmen came back when Mosier took a handoff and ran 72 yards for a touchdown.

Soon after, the Kingsmen scored, making it 7-14. Senior running back Alec Simmons made the 67-yard touchdown.

Although it was a non-conference game, the team continued to work hard.

Sophomore Patrick Knox made eight tackles, while senior Jeff Miller and sophomore Rian Younker each had a sack.

The Kingsmen play the Redlands Bulldogs Oct. 2 in the first conference game of the season.

Claremont-Mudd-Scripps outscore Kingsmen 2-0

Chris Ramirez
Staff Writer

Two second-half goals proved to be the difference as the CLU men's soccer team lost its conference opener last Wednesday night at Claremont-Mudd-Scripps 2-0.

After a scoreless first half, CMS netted goals in the 70th and 71st minutes.

Eric Bean scored off an assist from David Taylor and then Taylor added another goal one minute later.



CMS (3-1-0, 1-0-0 SCIAC) outshot California Lutheran University 16-8 in a match that saw 16 fouls, featuring a red card in the 77th minute that gave the visitors a one man advantage.

The red card was issued to Taylor, after he picked up his second yellow card of the match. CLU (0-3-0, 0-1-0 SCIAC) was unable to capitalize despite an extra man and having a slight advantage in corner kicks 6-5. The Kingsmen played well enough to earn a draw, but the rapid fire of goals within a minute just proved too much to overcome.

"The first goal was just a defensive mishap," junior defender Josh Hibbert said. "After that, we kind of were just in disbelief, and then they caught us with a counter-attack for the



Photo by Brad Yajima- Staff Photographer
Keep Away: Freshman Ivan Sanchez (No.15) goes head to head with opponent FC Hasental (No. 16) in an exhibition match.

second goal."

CMS keeper Joseph Swartley earned the clean sheet with three saves, while CLU keeper Chris Holm saved four. Freshman keeper Miguel Silva saw some playing time while subbing for Holm with 5 minutes left in the match.

Silva (Oxnard High) and fellow keeper Rey Rivera Ramos (Crespi High) highlight a freshman class that features 14 freshmen on this year's squad. Eight freshmen saw playing

time against CMS, including four starters: Sean Hungerford (Punahou High), Alex Santana (Santa Barbara High), Timo Rios (Saugus High) and Ivan Sanchez (Channel Islands High). With a talented group of players, several freshmen will see plenty of action this season and will compete for starting roles.

"I believe we have great potential. Our goal is to win the conference and make it to the NCAA tournament," Silva said. "Also, the mixture of freshmen

with the several returning players is just amazing. We have a great group of guys, and everyone gets along. We are all brothers, and we have each other's backs."

Hibbert agrees that the freshman class looks very promising and will be able to contribute right away.

"The incoming freshmen are looking real good," Hibbert said. "They are coming from all over, stemming from Oxnard to San Diego. We all bond great together, and we are already

getting better. I honestly believe we can win league," Hibbert said.

The Kingsmen have only two seniors on the 29-man squad: forward Jorge Martinez and defender Robbie Spangler. Although the team is inexperienced, it is young and full of talent.

CLU will be counting on its senior leadership to secure its first win of the season during its home opener Saturday against Caltech (0-1-0, 0-1-0 SCIAC). Saturday's match will be at 1 p.m.

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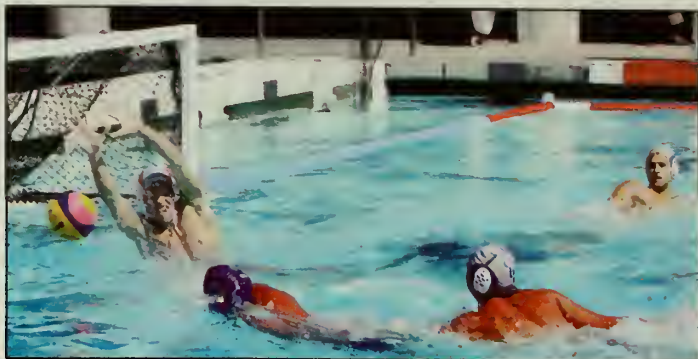
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Doubleheader leaves Kingsmen in the shallow end



Pass: Sophomore Carter Baldwin (No. 6) looks for an open teammate.



Shot on goal: Junior Brandon Gross takes a shot on goal against Cal Baptist goalie.

Photos by Brad Yajima - Staff Photographer

Clair Whitten
Staff Writer

The CLU men's water polo team competed against Cal Baptist and Fresno Pacific on Friday, Sept. 17, at the Samuelson Aquatic Center, with CLU losing against Cal Baptist and then taking another loss in overtime to Fresno Pacific.

The Kingsmen started the day with their game against the highly ranked No. 14 team, Cal Baptist. They ended the game with a loss of 16-7, with brothers Brandon and Brian Gross leading their team in goals for the game.

The California Lutheran University Kingsmen began the second game against Fresno Pacific. Through the first half of the game the Kingsmen were constantly ahead, with the end of the first quarter score being 3-2, and the second quarter ending 9-7. First half scoring consisted of two goals from junior Jordan Meaney, three from junior Brandon Gross, two from Brian Gross and one each from senior Mikey Blanchard and junior Jonnie Paré.

The third quarter ended 12-11, with Kingsmen still in the lead with goals from Gross, Meaney and Paré.

Near the end of the fourth quarter, the FPU Sunbirds took the lead with a score of 16-14 and only 13 seconds left in the game. The Kingsmen immediately drew an ejection and scored with 11 seconds left. Down by one and only 11 seconds to go, Meaney stole the ball from the Sunbirds' goalkeeper and scored with eight seconds left in the game, tying the game 16-16 and putting it into overtime.

The Sunbirds scored two goals in overtime, while Brian Gross fought back, scoring one goal against the Sunbirds. The game ended with a final score of 18-17, a loss for the Kingsmen.

"We definitely played our best game of the year, but there are still some things we need to work on before we start SCIAC," Meaney said.

The CLU water polo team has tough competition going into SCIAC, and with only a few weeks left, they are going to have to work on both their strong and weak qualities as a team.

"We are not a very big team, but we have speed, and I think that those qualities, along with our solid team chemistry this year, is what will help us do our best going into SCIAC," Brian Gross said after the game.

The Kingsmen will be competing in a tournament next weekend at Cal Baptist in Riverside, where they will be going up against Fresno Pacific for the second time.

"Our main goal is just to improve. We played our best game of the year, and now we are just going to keep on preparing for our season goal to do our best in conference," CLU water polo head coach Craig Rond said.

The Southern California Intercollegiate Athletic Conference (SCIAC) games start Saturday, Oct. 16, with a home game against Caltech.

COVERING ALL THE BASES:

NCAA drops ball in its confusing rules on gifts



Andrew Parrone

No issue in the sporting world has generated as many recent headlines as the problem of college athletes taking money and other gifts from agents.

It has tainted the start of the college football season. It has damaged legacies beyond repair. But more than anything, it has cast a dark shadow over collegiate athletics in general.

Players cannot trust the people who offer to give them help. And coaches and administrators, especially of big-name programs, have the constant worry of who is coming into contact with their athletes.

"Coaches and administrators can't be with student-athletes 24/7," CLU head football coach Ben McEnroe said. "Their role is to educate players about NCAA rules and the ramifications of violations on individuals and teams."

Several high-profile college stars have been the focus of the recent allegations. Georgia wide receiver AJ Green sold a game-worn jersey for \$1,000 to someone the NCAA labeled an "agent," and now he is in the middle of a four-game

suspension. After losing two of their first three games, Georgia is certainly missing their best playmaker.

Other notable players, such as Alabama defensive lineman Marcell Dareus and North Carolina defensive lineman Marvin Austin, attended an agent's party in Miami over the summer and did not pay their own way. Dareus served a two-game ban, while Austin and several Tar Heel teammates remain suspended as the NCAA investigates multiple infractions.

But despite the problems that current players are encountering, no individual has come to represent the issue more than former USC running back Reggie Bush. One of the most electrifying players to ever play the game, Bush had dozens of memorable plays and highlights. Sadly, he will now be remembered most for the mistakes he made off the field.

In June, USC was hit with massive penalties and sanctions stemming from the benefits that Bush received during his final year in school. Just this past week, Bush became the first player in history to forfeit his Heisman trophy, hoping to finally escape the scrutiny and put the issue to rest.

An issue involving agents and benefits that few people talk about is whether it should be considered wrong for players to accept gifts

and money in the first place. In no other walk of life would it be illegal for someone to give you a few extra bucks if you were doing your job well. In fact, most of us would expect to be given such a reward.

Although school is supposed to be a student-athlete's "job," the reality of the matter is that football is the occupation of the top players. Did ESPN really care how Tim Tebow performed in the classroom? Absolutely not.

The hypocrisy of the situation is that star players generate millions of dollars for their schools and the NCAA and do not get to reap

the benefits of their hard work. Scholarships do not even begin to cover the amount of money that some players are responsible for bringing in. When combined with the difficult financial situation that many players face at home, it's easy to see why some athletes ignore the NCAA's contradictory rules.

However, the rules are in place to prevent the influence of agents from getting too out of hand, and McEnroe is a firm believer in the system that stands in place now.

"I believe that accepting money and benefits should be against NCAA rules," McEnroe said. "I'm

not saying that the NCAA shouldn't consider some sort of stipend program for student-athletes, but it would have to be uniform by level with strict guidelines and enforcement."

The fact of the matter is that these problems are going to keep popping up until a more effective system is put into place to regulate players accepting improper benefits. Whether that is abolishing the current rules or instituting harsher penalties for violations remains to be seen. But until then, count on star athletes deciding that a few extra bucks is worth the risk of getting caught.

CAL LU SPORTS CALENDAR

	Wed. 22	Thur. 23	Fri. 24	Sat. 25	Sun. 26	Mon. 27	Tues. 28
FOOTBALL	Kingsmen will travel to Redlands Oct. 2 to face the Bulldogs						
WATERPOLO			Lancer Invite Riverside				
SOCCER	Pomona- Pitzer 4 p.m.			La Verne 1 p.m.			
SOCCER	Pomona- Pitzer 4 p.m.			La Verne 11 a.m.			
VOLLEYBALL			La Verne 7:30 p.m.	Caltech 6 p.m.			Occidental 7:30 p.m.

Shade denotes home game



Campus security makes changes for new year

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French Film Festival debuts on campus

Page 5



Regals soccer continue on winning streak

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DETOUR AHEAD

Norwegian Grade will delay community traffic for months

Courtney Murray
Staff Writer

CLU commuters are going to be forced to take a different route. The road leading from the Santa Rosa Valley into Thousand Oaks, known as the "Norwegian Grade," is going to be shut down for 60 days, starting Sept. 20.

Pavement rehab, road repairs, drainage improvements and a new guardrail are just some of the improvements taking place in this construction, according to the Conejo Valley Guide.

Workers will also add a northbound left turn lane for the YMCA entrance.

This construction will affect many people in the community because of the detours. CLU

commuters might find their everyday route blocked by the construction.

Commuters already have a hard time getting to class on time due to traffic or accidentally waking up late, but now their time will be challenged even more.

"Without the construction, it was so easy because I live right off of Santa Rosa, so I cut right through. Now it'll take more time," said Courtney Wickman, a senior at CLU.

Many CLU students come from either Moorpark or Camarillo and those are the cities most affected by the construction because their main routes consist of driving up the grade to campus.

The Conejo Valley Guide

[See GRADE, Page 3]



Photos by Danika Briggs
Staff Photographer

Safety first: Construction crews begin work on Moorpark Road near the YMCA to ensure the safety of drivers along the 'Norwegian Grade.'

Service Day showcases sense of community

Katie Yates
Staff Writer

CLU is known for its commitment to serving the community, so it is only fitting that every fall semester a day is committed to community service.

About 250 students met in the Student Union Building on Sept. 25 to participate in projects around the community.

Before the events, students were told to wear clothes that they could get dirty and to bring a camera.

With the hot day, refillable water bottles were required so no one would get dehydrated while working.

Many students helped out with projects such as the animal shelter in Camarillo and cleaning up the hiking trails at local Wildwood Park.

Amy Blankemeir, president of Student Music Society, volunteered to help clean up Wildwood Park.

This was the Student Music Society's first semester volunteering for Service Day.

The hiking trails were filled with overgrowth, and there were non-native plants killing other vegetation, mainly the native plants.

The Student Music Society, as

well as other volunteers, cleared hiking trails of overgrowth and made it clearer and safer for hikers to walk along the trails.

"I love volunteering; it represents California Lutheran University in a good way," Blankemeir said. "It was a very rewarding experience, and we got a lot done."

The Student Music Society received an e-mail asking what type of project they would be interested in, and they met with Conejo Open Space Foundation to collaborate on the clearing of Wildwood Park.

Various clubs across the campus volunteered to sponsor a project and the Community Service Center took it from there.

"I contacted the CSC and told them the Accounting Association wanted to sponsor an event. The CSC did the rest of the work," said Michael Poladian, president of the Accounting Association.

On Saturday, the Accounting Association volunteered at the

Camarillo Animal Shelter. "I had a wonderful experience volunteering at the Camarillo Animal Shelter," Poladian said. "Not only did we improve the grounds, but we gave the animals some much needed attention."

CSC Events

Oct. 8 - 10:
Fall Excursion - Catalina

Oct. 14:
Midnight Madness
Food Drive

Oct. 28:
Delaying the Real
World

Oct. 28 - 29:
Blood Drive

Nov. 8 - Dec. 10:
Adopt a Family

Nov. 14: Urban
Exchange

Jan. 6 - 14:
Mission Mississippi 2011



Photos by Brad Yajima
Staff Photographer

Top: Sophomores Ana Gil and Lorena Ramos check in before they go to their projects in different locations.



Left: Seniors Tequila Brown and Chelsea Williams work on the RAIN project in Camarillo hosted by The Asian Club and friends.

four hours of volunteering, according to Kim Hamon, a student intern at CSC.

Many clubs such as the Purple Pit, Asian Club and Friends, Dance Team, the Echo and Poetry Slam, to name a few, also participated in volunteering on Service Day in various locations.

The Echo and the Dance Team sponsored the service event, Operation Interdependence, where they wrote letters and helped make packages to send

to service men and women who are stationed overseas.

The CSC has been around for 10 years and Service Day originated as a two day event, one in the spring and one in the fall.

The office provides community service not only for the school but for the students as well.

"We provide service to the students at CLU; we empower them and educate them as global leaders," Hamon said.

NEWS

Facebook profiles are determining students' futures

Businesses and schools start to 'friend' students

Xavier Walton
Staff Writer

Business and school administrations are using one of America's most popular social networking sites to obtain inside information on employee applicants and students.

Some users don't realize that Facebook's default privacy settings still allow anyone to access their profile. This gives potential employers or school officials access to what you

write, your pictures and all your information.

It is becoming increasingly common for employers to search applicants on Facebook before hiring or even interviewing them.

They are using the information provided through applications to locate specific profiles. Even if an applicant's profile has been set to private, schools and companies can see the user default picture, which has the potential to affect reputations if it is not appropriate.

"It's just another thing that can rule you out," said Cindy Lewis, director of Career Services.

Staffing agents only need one glance to determine whether a person is employee material or not. Lewis used the term discrimination to describe this

one glance.

In recent years businesses have begun to use Facebook in the hiring process. However, this is not the case for most school administrations.

Every institution of higher learning includes a student handbook that specifies standards of conduct. Particular to California Lutheran University, nowhere in the handbook does it allude to Facebook.

William Rosser, vice president of Student Affairs and dean of students, states that any violation, including policies depicted on Facebook, will result in disciplinary action administered by Student Affairs.

One CLU student learned this the hard way.

"There were like eight or nine of us, and our friends wanted to drink. Our other plans fell through, and we let them bring alcohol into our dorm," said a CLU student who asked her name not be used. "We decided to drink [alcoholic] energy drinks."

Residential Assistants can write up students if they are found breaking rules in their Facebook pictures, such as having alcohol on campus or for breaking other rules listed in the handbook.

"We took a ton of pictures," said the student, who lived in Pederson Hall. "In the morning we posted them on Facebook."

Facebook sometimes has what are called, "technological glitches." This occurs when everything goes back to the original settings and

again allows potential access to your information.

"We made the album private, but we didn't realize that if each girl didn't have her privacy settings set to private, then friends of friends could see pictures," she said. "An RA saw the pictures, and she wrote us up using the pictures as evidence."

The students went through all the procedures, including a hearing with Residence Life, where they pleaded their case.

The students claimed that the RA just assumed their energy drinks were alcohol via pictures.

The students involved had their write-ups dropped, but it still showed them how much trouble having pictures on Facebook can cause. Student users, beware.

Locals discuss environmental issues

Meeting informs community of different ways to 'go green'

Jessica Kaczor
Staff Writer

The first 2010-2011 Corporate Leaders Breakfast, hosted by the University Relations office was held Thursday, Sept. 23, at the Ronald Reagan Library and Museum.

The topic of discussion at the breakfast was the "Green Coast Initiative."

CLU has recently been doing all that it can to go green and help the environment.

A panel of four business leaders spoke to over 100 Ventura County business people and community members on the growth of green practices.

Bill Buratto, president and chief executive officer of Ventura County Economic Development Association, discussed the new opportunities in going green and the best ways to go about it.

"Business organizations and educators must come together to think strategically and come up with a green plan to improve our entire community," Buratto said. "The only way we are to regulate innovation and technology is to work together."

Buratto also addressed the topic of employment in the local community and how the green economy has the potential of generating more jobs.

The going-green community is only growing, and in the process of creating new companies and ideas, new job opportunities will also open up.

"Agriculture, tourism, military and government are all major

economic drivers that are not going away, but instead growing," Buratto said. "What we need to ask ourselves is what goods, services and products are they going to need in order to go green."

In addition to serving as the CEO of VCEDA, Buratto is a part of the community commission of Ventura County, the Ventura County Civic Alliance and the Business and Technology Partnership at California State University, Channel Islands.

Steve Gill, co-owner of Gills Onions LLC, spoke about the role of universities in helping the community to go green.

He touched on the fact that there is a big opening for students to get involved in this growing industry and that the schools and universities need to make students aware of the problems as well as opportunities.

"Universities need to get students to take an interest in agriculture and to understand the importance of soil through science," Gill said. "Even chemists and biologists can get involved and make a difference."

A card was placed on every table at the breakfast; this card provided every guest with 10 suggestions on how to go green in the workplace.

Some of these suggestions included maximizing computer efficiency, printing documents on chlorine-free paper, purchasing office supplies made from recycled materials, placing

recycling bins in high traffic areas, installing climate control systems and providing filtered drinking water, among other things.

Bill Camarillo, chief executive officer of Agromin, an environmentally friendly premium soil company in Oxnard, informed the audience of what his company is doing to help the community become more sustainable.

Not only does Agromin take the extra steps to recycle their waste and educate the community in recycling, but they also partner with different cities throughout the county to convert green waste into safe and cost-effective compost.

"Going green is a necessity, and our company helps you become green by converting and managing wastes," Camarillo said.

The Corporate Leaders Breakfast Series consist of meetings with local people that take place throughout the school year on various topics.

At the breakfast, audience members were invited to come to California Lutheran University to be a part of the dedication of the new Swenson Center for the Social and Behavioral sciences on Oct. 22 at 4:15 pm.

The Swenson Center incorporates Leadership in Energy and Environmental Design, or LEED technology, which is a more sustainable type of construction.

The building features environmentally friendly practices and is just one of the ways that CLU is making an attempt to "go green" across campus.

The next to speak in the leadership series will be John Shields, who is the former chairman and CEO of Trader Joe's, at CLU on Nov. 9.

Students seem unaware of new CLU mobile application

Rachel Flores
Staff Writer

As the popularity of smart phone applications increases, California Lutheran University has stepped up their technology by creating a CLU smart phone application.

According to a Huffington Post online article, these applications are a \$2.2 billion business with over 42.7 million smart phone users in the United States alone.

The industry's leading smart phone supplier is the Apple Company, which dominates with over 225,000 apps.

To keep up with trends, California Lutheran University designed an application that provides students with a variety of functions including campus news, sports schedules

and scores, campus events, a directory of faculty and staff, course lists and even an interactive map.

"We are thrilled to be able to offer this new service to students, alumni and friends of the university. At the touch of a button on their smart phones, they can stay informed about news and activities happening at CLU," said Jeannette Villanueva-Walker, director of University Marketing.

However, the recent development of the CLU application for smart phones has gone unnoticed by many of the university's students and faculty.

"I've heard it is just one of those cool things that only iPhone users get to have," said CLU junior Garrett Smith. "If CLU

[See SMART, Page 3]



Photo courtesy of Media Services

Smart phone: For the first time, CLU has created an iPhone application.

Traffic will be redirected toward nearby freeways

[GRADE, from page 1] stresses, "Bicyclists will have an alternate route via Read Road and a bike path easement access to Olsen Road."

The construction team is trying to make this go as smoothly as possible.

Students will have to resort to freeways and leaving their houses a little earlier to get to school in a timely fashion.

"It's going to cost me a lot more money in gas. I drive here back and forth at least six times during the weekdays, so I think it affects me a lot," said Hayley Bianchi, a senior at CLU who commutes from Moorpark. "The back road was a shortcut."

According to The Acorn, Ventura County's community newspaper, people coming into Thousand Oaks from Moorpark will be directed to take the 23 Freeway during this closure. Camarillo traffic will be directed to the 101 Freeway.

Commuters will have to take this delay into consideration and plan accordingly.

During this time of approximately two months,

Thousand Oaks is expected to be somewhat congested, traffic-wise.

"It does not make sense that they would have to close the whole road for practically the whole semester," said Wickman. "This summer would have been a better choice."

The Norwegian Grade is a narrow and windy road that has needed some attention for a while.

It has a blind turn going up and down the grade where over the years there have been multiple car accidents.

A large construction project like this takes time, and it will affect many people coming in and out of the city.

"I'm angry, but in the end I understand because there have been a lot of accidents on that road. Hopefully it'll be more spacious and not as bumpy and unsafe," Bianchi said.

Once this long, sought-out construction is complete, commuters from all over Ventura County will be able to enter the city on a road that is no longer narrow and unsafe.

iPhones able to download schedules and sports scores

[SMART, from Page 2] makes the application available to other phones, I will finally be able to look up sport teams scores and schedules, instead of pulling out my computer every time."

Information Systems and Services at CLU worked with Blackboard to create the application in the beginning of May.

CLU was able to use their current website for much of the needed data.

The creation process ran smoothly and the media team behind the application is working to gain more phone features and users.

One fault to the program is that the application is currently limited to iPhone users.

However, CLU is progressively working to make the application

available to Blackberry phones as well as other smart phones in the future.

"We have been hearing a lot of support to make the application available for all smart phone users, in which the second step to the mobile development is to have a web browser set up exclusively for all smart phones that includes the same iPhone application functions," CLU webmaster Erik Hagen said.

Hagen is a CLU alumnus in the Creative Media Center at CLU and teaches web development in the multimedia program.

The ISS department at CLU will continue to broaden their availability and features to all smart phone users, while the marketing department at CLU will continue working to gain student awareness of the application.

Campus security cracks down on safety

Sean Post
Staff Writer

Campus Safety and Security is tasked with protecting every student at CLU, and they have had to make a few changes because of the high enrollment.

Campus security officers can be spotted all over campus on their T3 electric vehicles, in the campus safety SUVs or even on foot.

It is their job, 24 hours a day and seven days a week, to make sure California Lutheran University students are safe.

The longstanding objective of campus security has always been virtually the same. It is to protect the lives and property of everyone at CLU as well as to maintain peace and order on campus.

They have made some changes based on what works best, which should help the entire staff work even more effectively this year.

Every year there are new issues that campus security must address.

This year is no different.

With the highest enrollment population CLU has ever had, campus security has had to make new strides in the way that they protect students and staff.

CLU Director of Safety and Security Fred Miller insists that the number of incoming freshmen and transfer students poses no problem for CLU security.

"We don't really see the new number of students as a problem



Photo by Barnh Kluwer - Photo Editor

Staying safe: Campus security units patrol campus 24/7.

at all," Miller said. "The only thing we as a staff have changed is working with and giving access to Residence Life, as well as the staff in the Gilbert Sports and Fitness Center and Welcome Center, to help with issues such as opening doors for students who might be locked out of their buildings or need late night escort service."

CLU security has also focused on hiring even more student workers to carry out these specific tasks.

"These new resources will free up our safety officers and allow them to work in the field more," Miller said.

In addition, CLU has brought in Assistant Director of Public Safety Craig Lightfoot, who is a former Ventura County sheriff.

"Craig has brought in many new and innovative ideas to help with our efficiency. He's a great asset to our staff," Miller said.

Campus Safety recently began a new parking survey to help with the crowded commuter and resident parking.

The surveys concentrate on trying to create more parking spaces all over campus to accommodate the influx of students.

Campus security has also begun fundraising for more security cameras around the perimeter of the CLU campus to address the vandalism issues that happened last year and make sure nothing like that happens again.

Miller also keeps students up-to-date via e-mail to let them know of anything that might be going on at CLU pertaining to security, such as fire drills or vandalism incidents.

They have the e-mail address and phone numbers of all students who live both on and off campus so that they will be able to contact them immediately in case of an emergency.

"I love the fact that Fred Miller continues to update us with all that is going on security-wise at CLU," senior Lauren Puopolo said. "It keeps me informed and makes me feel safe."



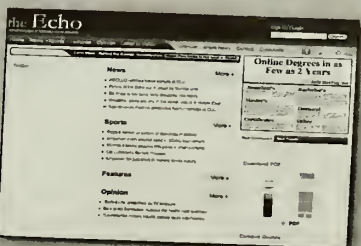
- Steaks and chicken breasts are marinated and charbroiled
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CALENDAR

Wednesday September 29 <ul style="list-style-type: none"> Career Services Workshop: Interviewing for Offers 4:30 p.m. Roth Nelson Room The Tournées Festival - 'Lili et le Baobab' 7 p.m. Preus-Brandt Forum Reel Justice Film Series - 'Pray the Devil Back to Hell' 7 p.m. Lundring Events Center 	Thursday September 30 <ul style="list-style-type: none"> Career Services Workshop: Graduate School, Medical School, Law School? 5:30 p.m. Roth Nelson Room 	Friday October 1 <ul style="list-style-type: none"> Club Lu: Dodger Game 7:30 p.m. Meet at SUB
Saturday October 2 <ul style="list-style-type: none"> Chinese Moon Festival Concert 7:30 p.m. Samuelson Chapel 	Sunday October 3 <ul style="list-style-type: none"> Lord of Life Worship 6:15 p.m. Samuelson Chapel 	Monday October 4 <ul style="list-style-type: none"> 'Molière than Thou' - Tim Mooney 7 p.m. Preus-Brandt Forum
Tuesday October 5 <p><i>THIS DAY IN HISTORY: 1962</i></p> <p>THE BEATLES RELEASED THEIR FIRST HIT, "LOVE ME DO," IN THE U.K.</p>	Next Week: October 6 - October 12 <ul style="list-style-type: none"> The Tournées Festival Fall Excursion: Catalina Island <p>Crossword Answers for the week of Sept. 22-28 Across: 1. alumni; 3. student union building; 6. regal; 7. chicken coops; 10. trinity; 11. centrum; 13. Mountclef Down: 2. Martin Luther; 4. grace; 5. ranch; 8. kingsman; 9. scandinavian; 12. gumby</p> <p>Do you have an event to submit to the Echo? E-mail date, time, location and contact information to lbrittai@callutheran.edu</p>	



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FEATURES

Tournées leads way into the French-speaking world

The fourth annual film festival introduced late designer's biography

Rebecca Dominguez
Staff Writer

The fourth annual CLU Tournées Festival kicked off Wednesday, Sept. 22 by showing the movie "Coco avant Chanel" (Coco before Chanel).

The five-week francophone film series is titled "Integrity, Compassion and Diversity."

There was a large turnout in the Preus-Brandt Forum for the festival; the venue was packed with CLU students, faculty and community members.

Whether they were seeking to expand their knowledge of the French culture or interested in the life of the popular French designer, attendees found what they were looking for at the event.

The Tournées Festival is a nationwide program of FACE (French American Cultural Exchange) that brings French cinema into American colleges and universities.

This event is put on by the CLU French Club to bring diversity to the campus.

"It is important to learn about



Photo by Brad Yajima - Staff Photographer

First screening: The audience enjoys the first film, "Coco avant Chanel," of the Tournées Festival.

other cultures because it broadens your horizons and allows you to experience diversity and become aware of the cultures around you," said junior JD Saucedo, president of the CLU French Club. "It can put you outside of your comfort zone and enable you to try new things."

"Coco avant Chanel" was released in 2009 in both French and English. The film aims to depict the life of Gabrielle "Coco" Chanel before her fame.

The French Club made the decision to show the movie in French

with English subtitles to make the movie more authentic and give the audience a greater sense of the culture.

"I really enjoyed the movie because I have always loved the Chanel brand. The movie really made her experiences and the French culture come to life," sophomore Rachel Chavez said.

The film won a Cesar award in 2010 in addition to being an Academy Award Nominee for Best Costume Design.

It also received four nominations for the Bafta Award, includ-

ing Best Actress - Audrey Tautou, Best Costume Design, Best Hair and Makeup and Best Film Not in the English Language.

The festival will take place every Wednesday at 7 p.m. through Oct. 20 in the Preus-Brandt Forum.

Movies that will be featured in coming weeks include: "Lili et le Baobab" (Lili and the Baobab), "Les Plages d'Agnes" (The Beaches of Agnes), "Paris" and "Le Voyage du Ballon Rouge" (The Flight of the Red Balloon).

All movies shown are free and open for public viewing.

"The movies showcased in the Tournées Festival are of different genres so that there is an appeal for everyone in the CLU community," said David Lundberg, vice president of the French Club. "Even if you don't understand French, the experience of seeing these movies

“

The movies showcased in the Tournées Festival are of different genres so that there is an appeal for everyone in the CLU community."

brings about an awareness of cultures other than our own that you would otherwise not have the exposure to."

The festival is made possible by the Cultural Services of the French Embassy and the French Ministry of Culture.

David Lundberg
Vice president
of French Club

It is sponsored by the Florence Gould Foundation, the Grand Marnier Foundation and Highbrow Entertainment as well as local Thousand Oaks establishments.

For more information about the Tournées Festival, future French Club events or questions about joining the French Club, contact JD Saucedo at jsaucedo@callutheran.edu

Information about the Tournées Festival can also be accessed on its official website www.facecouncil.org/tournees

Hmong martial arts and dance brought to CLU

Performances by the Hmong Cultural Heritage Center and Museum adds to the freshman experience

Henrik Gjertsen
Staff Writer

In the Gilbert Arena at the fitness center on Sunday, Sept. 26, first-year students were presented with a cultural performance of Hmong martial arts and dance.

Over summer all incoming freshmen were provided with a book written by Kao Kalia Yang called "The Latehomecomer: A Hmong Family Memoir."

They were to read this book as part of their first-year experience.

The book is a central element in the Freshman Seminar, and

the new students have been engaging in progressive discussion about the book in various class periods.

With last week's speech by Kao Kalia Yang and this weekend's martial arts and dance performance, students at CLU have been introduced to a culture that may not resemble their own.

"I enjoyed the show in an educative way. Hopefully students liked it and took something back with them from the performance," administrative advisor Blake Buller said. "I don't know much about Hmong culture myself, but I learned and found their themes interesting."

The event was sponsored by the Freshman Year Experience and Office of Student Life.

Michaela Reaves, professor of history and director of the Freshman Year Experience, has been working closely with students and the guest representatives of the Hmong culture.

The students' efforts in studying and reading about the Hmong people shows a general trend towards learning more about cultures at CLU.

"I have never seen anything like it. I found the costumes the woman wore to be very interesting and impressive, and that is a big part for women in the Hmong culture. Also, the athleticism of the boy was truly remarkable, and it can remind of break dancing," Reaves said.

The performers were for the most part American with Hmong heritage.

“
I found the costumes the woman wore to be very interesting and impressive, and that is a big part for women in the Hmong culture.”

Michaela Reaves
History professor

Many people in the audience had never seen anything like this before.

The attendees were also introduced to instruments and costumes that are common in the Hmong culture.

"It was fun being here tonight in front of the students at CLU. We enjoy sharing our culture and how Hmong histories, myths and stories work and translate into the American culture," performer Blouane Yang said.

The Hmong people originally derive from China. An amazing aspect about the people is that they have been able to maintain their own language, customs and ways of life while managing to adapt themselves into other cultures and countries.

"Our performances generate from how our culture came from China and how far it has originated not just into America, but also all over the world in places like France and Australia," Yang said.

Aspects of the Hmong culture are very different from the ones at CLU, but the point of the

event is to encourage students to learn and understand.

"I hope this would enhance the book and add another dimension to what these freshmen have been reading about this summer. Hopefully everybody enjoyed it and can resonate with Hmong culture and be open to their culture," Reaves said.

For more information
visit www.Hmongcc.org



www.123rf.com

Illustration: Hmong girl in traditional costume.

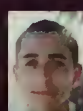
CAMPUS QUOTES: What do you do to keep in shape?

Amanda Arroyo



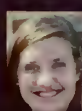
"I go to the fitness classes. I love Zumba."

Alex Santana



"I play on the soccer team."

Colleen Carpenter



"I walk everywhere. Sometimes I swim."

Blake Carney



"I'm a professional bike racer."

If you have an idea for a Campus Quotes question, e-mail it to the Echo at echo@callutheran.edu

Moods of Norway brings fashion and history to CLU

Kristin White
Staff Writer

Moods of Norway, "Happy Clothes for Happy People Around the World," brought their playful fashion with a twist of Norwegian history and culture to CLU and the community through a presentation and runway show on Wednesday, Sept. 22.

Participants were welcomed into the Gilbert Sports and Fitness Center for this open-campus event by booths representing ANSA (Association of Norwegian Students Abroad) and Moods of Norway.

Brightly colored shirts featuring symbolic tractor prints as well as other apparel from the clothing line were on display and available for purchase.

"The tractor is a symbol in tribute to the hard-working Norwegian farmers," said Stefan Dahlkvist, one of three Moods fashion designers.

Indeed, the tractor is an emblem throughout many of their designs.

Mari Thormodsaeter, a Norwegian graduate student at CLU, helped put the event together.

"ANSA met Moods at the Scandinavian Festival. We kept in contact and while collaborating, we figured it would be fun to have a business presentation and show off the clothes," Thormodsaeter said. "Norway is a small country, so we wanted to do something bigger with more partners."

Norwegian waffles and meatballs were served, sponsored by the Church of Sweden Los Angeles and the Norwegian Church of Los Angeles and San Pedro.

A raffle gave away various prizes, from CLU license plate frames to baskets of Norwegian goodies and even a Moods of Norway suit.

"We really want to bring people together and show the variety of ways to get involved and also have fun while doing so," said Michelle Jacobson, director of

Development for the School of Business.

In his presentation "Going global: From Norway to the USA and beyond," Dahlkvist demonstrated to entrepreneurs that good work ethic can grow a small company into something much greater.

Moods' sales, which accounted for \$20,000 in 2004, are expected to reach \$30 million this year.

Starting with one store in Norway, the designers now own more than 200 domestic locations and another 200 in ten countries worldwide, including a headquarters in Hollywood, Calif.

After the presentation, students from Norway showcased the designs on the catwalk to a hip electronic beat.

The funky vibe and underlying Norwegian heritage of the clothes are shown in shoes with European dance move instructions

and clothing tags that say, "Made in Europe by really, really pretty blonde girls." "We pitched our designs to the Norwegian army, but it might blow their covers."

Stefan Dahlkvist
Fashion designer

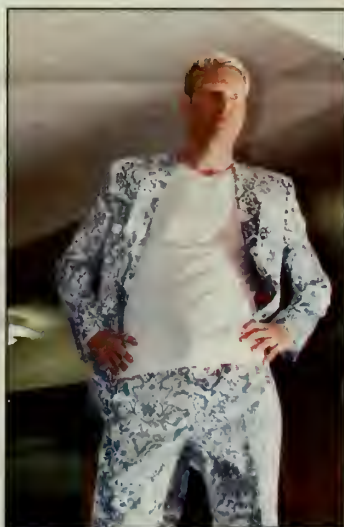
bold suits are perfect for parties, weddings and even funerals," Dahlkvist said, causing the audience to laugh.

Moods carries apparel for men and women and will soon be launching a sports line.

From "Happy Times" clocks sold in Norwegian milk cartons with a complete list of the world's time zones to Christmas-themed underwear on which buyers can stitch reindeer, it seems Moods has it all with their fresh and innovative ideas.

Its goal is to have more fun and to do what was not done the year before, except when it comes to pink suits.

Celebrities who are often spot-



Photos by Danika Briggs - Staff Photographer

Showcase: CLU students from Norway modeled Moods of Norway designs after Stefan Dahlkvist's presentation.

ted wearing Moods include Justin Timberlake, the Black Eyed Peas, No Doubt, Perez Hilton and Metallica, to name a few.

This collaboration between Moods of Norway and different organizations seemed to be a success as people crowded

Dahlkvist after the show with many questions.

Mary Jo Shane from the School of Business also helped make this event happen.

"They are taking over the world with waffles, tractors and joyful clothing," Shane said.

CLU students can receive a 20 percent discount when they show their CLU identification card in the month of October at Moods store in Los Angeles.

For more information visit MoodsofNorway.com

What's up with Student Life?

Free commuter lunch

Tuesday, Oct. 5 in the Pavillion

Spring Break in El Salvador

Information session at 5:30 p.m.

Tuesday, Oct. 5 in the SUB

Meditation Mondays

10 a.m. every Monday
in Kingsmen Park

People of Prayer

10 p.m. Monday through Thursday
at the Meditation Chapel

The SUB goes cash-less

Purchase tickets online at callutheran.edu/tickets for Muvico, Mann Theaters, Magic Mountain and CLU Getaway (pick up in the S.U.B.)

Learn About Alternative Spring Break to

El Salvador

March 28-29

Volunteering
with Justice
and Trade

Informative Meeting
Thursday, Oct. 5

5:30pm SUB

Fitness classes aim to generate healthy exercising habits

New coordinator hopes to provide built-in fitness plans for students

Lilly Price
Staff Writer

Walk through the Gilbert Sports and Fitness Center on any given Tuesday or Thursday evening and you are bound to hear the pounding beats of hip hop music and the occasional spout of laughter coming from the dance studio.

California Lutheran University's newest fitness class, Zumba, has been a huge hit so far this semester.

After doing a trial period over the summer, CLU decided to continue with the trendy new dance class in the fall semester.

Instructor Stacy Gross, a recent graduate of CLU, fell in love with Zumba after taking a certification

course.

"I love coming to work everyday," she exclaimed with a beaming smile as students started to file into the dance studio on Thursday evening.

The class has caught a lot of attention from students and fitness center users.

In the first week of Zumba, CLU's dance studio was packed with students eager to try something new and exciting.

Freshmen Jett Lewis and Kiersten Lopez stretched out on the floor as they geared up for another exciting Zumba class.

Both girls had done Zumba prior to this and were excited that CLU was offering a fun, new way to work out.

The Zumba class seemed to be overwhelmingly full of female students, but Gross points out that, "It's not just for girls."

In fact, the creator of Zumba is a male, and no dance experience is necessary to participate.

CLU's new coordinator for Recreational Sports Graham Crain

explained his openness to new ideas for fitness classes in the future.

"I want to put different options in front of [fitness center users]," he said.

Compared to the previous semesters, there are few classes for yoga and pilates. Crain hopes to increase these classes for the fall,

but is feeling the strain of budget limitations.

"We're trying to find ways to work with that," he said.

Stacy Gross, Zumba instructor

continues to be a favorite at CLU on Mondays and Wednesdays as students are seen leaving the dance studio sweating and acknowledg-

ing the sore abs they will most likely be feeling the next day.

Though these two classes seem to be consistent favorites among students, Crain reminds fitness center users that we are lucky enough to have former Marine Mark Glesne teaching a boot camp class twice a week.

Glesne's class was popular among students last year as an early morning class and is hoping to gain more popularity this year in the evening.

The class allows people of all fitness levels to participate and get a good workout.

Crain expresses his understanding of the importance of structure in a new college student's life.

He hopes to provide a reliable place where students can learn good exercising habits either through fitness center usage or

fitness class attendance.

Crain wants to be able to provide a built-in fitness plan for all students, athletes and non-athletes alike.

Many students on campus are aware that the Forrest Fitness Center offers classes but have yet to take full advantage of them.

"I'm open to anything," senior Barron Steele said of trying out one of CLU's fitness classes.

Crain also hopes to continue increasing the attendance to fitness classes on campus.

The classes offered are free of charge to all students and anyone with a valid Forrest Fitness Center membership.

For the full schedule of classes, visit the Forrest Fitness Center website under www.callutheran.edu/student_life



Photos by Rebekah - Photo Editor

Training: Former Marine Mark Glesne supervises the boot camp outside Gilberts Sports and Fitness Center.



2010-2011
the **Echo**

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Words of Romney fashion show is
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Lundberg
6:00 pm

The faculty concert with classical
chamber music performances will take
place at 7 pm, on Sunday, Sept. 19
in the Santelion Chapel
8:00 pm

The 2010 Video Music Awards are live
9 pm on Sunday with host Chelsea
Hale and an opening performance
by U2
10:00 pm

Don't forget Invention Fair on
Monday, 10 am - 1:30 pm in
American Hall. Be there with your
family!

Time in

What TV show premiere did you watch

Dancing with the Stars

Glee

Law & Order: SVU

Grey's Anatomy

Community

Other

None

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View results

OPINION

CLU food services in need of major improvements

Long lines and unhealthy options upset some students



Rocío Sanchez

Last time I checked it was called the cafeteria not the DMV.

The lunch lines are getting beyond ridiculous in both the cafeteria and the Centrum, and honestly, sometimes it isn't even worth the wait.

Can we at least take the cafeteria food to-go? No, we can't. That's what the Centrum is for, which is either too expensive or just not enough options.

I know quite a few CLU students who feel like the food at the cafeteria just isn't cutting it for them. And of course, there



Photo Courtesy of www.sxc.hu

are those who love the cafeteria, usually first-year students who are most likely adding to their Freshman 15.

With the increase in the student population this year, you would think that it would be convenient for us students to have more options for what and where we eat.

I feel like asking for cheaper prices is out of our range during this economy, so at this point, all we can ask for is more food stands around campus with a va-

riety of food to choose from.

Also, it would be nice to have a healthy food kiosk in the gym for those who are in a rush and just want to get a quick healthy snack or meal after their workout. And no, the vending machine just doesn't cut it.

Speaking of service, realistically I feel like CLU isn't going to listen to our requests anytime soon, so the least they can do for now is have the Centrum deliver on campus.

Think about it for a second. We would need deliverers; therefore, it will create more on-campus jobs. It will also finally put the campus security scooters to good use. Ok, maybe the scooters idea is a little overboard, but like I said before, I honestly do not think the quality of the food is worth waiting for, and since we are paying for our food, the least

And of course, there are those who love the cafeteria, usually first-year students, who are most likely adding to their Freshman 15.

CLU can do is deliver.

I don't think that it will be that hard for the CLU staff to figure out. They figure out how much money we owe them at the end of the year, so if they can do that, I don't think finding a way to deliver our food is going to be such a challenge.

Mogen Market, which is the one and only market on campus, allows students to use up their

bonus points.

Depending on what meal plans students purchase, they are given different amount of bonus points a semester. The good thing about this year that we didn't have last year is that the 19 meal plan now comes with 50 bonus points.

I do believe that the Mogen Market should allow students to use a meal option instead of just bonus points.

Not everyone is able to go to the cafeteria during their dinner hours, or not everyone can afford the prices at the Centrum with their meal that counts as \$5.25. Also, not everyone will use all their meals for the week.

Since meals don't roll over to next week, we might as well use them at Mogen Market, so that way we aren't getting ripped off because we basically already paid for our meal.

So where is the CLU food service heading? Hopefully it's heading right to our dorm room with our deliveries. It seems like time can only tell if things will start getting better. Let's just hope it's sooner rather than later.

'Jersey Shore': reality show sensation or exploitation?

Students have mixed feelings over the MTV reality show hit



Chaz Hodges

I once watched an episode of MTV's new hit reality show "Jersey Shore," and I discovered why the series raises such mixed critiques of controversy and admiration. The show attracts a large fan base, and the the Italian gang of self-declared "Guido's" and "Guidettes" can be seen anywhere.

The female characters Sammi 'The Sweetheart' Giancola, Jenni 'Jwoww' Farley, Nicole 'Snookie' Polizzi and Angelina Pivarnick are often seen partying in popular clubs from Miami to the shores of Jersey.

The gang identifies what they believe to be fat chicks as "grenades" and skinny ugly women as "landmines."

The images get more provocative as these women flaunt their promiscuity and erupt into the occasional cat-fight.

However, are these vulgar expeditions of sexual freedom and feminine prowess creating



Photo from www.mtv.com

false labels for American women worldwide? "Jersey Shore" makes all younger women seem easy," junior Maria Segura said. Frankly, I agree.

Equally offensive are the men on the program. Mike 'The Situation' Sorrentino, Pauly 'Pauly D' DelVecchio, Vinny Guadagnino and Ronnie Ortiz-Magro are known for their crude judgment of women.

The gang identifies what they believe to be fat chicks as "grenades" and skinny ugly women as "landmines."

Despite these facts, some students enjoy the show.

"It's so much drama it makes it interesting," junior Braden Shows said.

Shows is not the only person who seems to get a kick out of the Italian crew. Many freshmen of Thompson Hall congregate, dressing in form-fitting dresses and tank-tops in honor of the women and men on "Jersey Shore." These viewing parties of the show are hosted by freshman Lindsey Gaudio.

Yes, there are funny moments, interesting characters and Staten Island accents galore, but am I alone in noticing the hurtful stereotypes this show seems to be promoting to its audience? Luckily, companies and stations, such as American Family, Domino's Pizza and UNICO, seem to share my plight.

The television station Ameri-

can Family refuses to air commercials pertaining to "Jersey Shore" on their airways.

Domino's Pizza, an MTV sponsor, also decided to remove their ads from the show once they received letters of complaints from Italian-American viewers.

However, the biggest wake-up call for MTV should have been when UNICO, the largest Italian-American service organization in the United States, publicized its disdain for the series.

While some seem to find the show entertaining, many individuals of Italian descent are not laughing at the portrayal they feel the characters of the show are demonstrating. "I'm Ital-

ian and that [stereotype] annoys me. I feel like they put a bad name to all Italians," junior Ricki Nilles said.

Conversely, many students at CLU will still cheerfully participate as onlookers to the self-destructive behavior, disregarding

“the perpetuation of stereotypes and the insensitivity the show reflects. Others have the disposition of CLU senior Paul Smith who, when asked about the tasteless climate of the show, said, "I don't have a TV; I don't have the time, and if I did have either, I still wouldn't be interested."

Whichever way you choose to lean toward, whether good or bad, remember that someone is affected. It is up to our generation to stop feeding into mindless television that is only created because someone out there is willing to watch it.



How bad is it?

Judge for yourself.
"Jersey Shore" airs
Thursday nights at 10 p.m. on
MTV

Co-pay could lead to more illness

New charges for health services leads to student frustrations



Cassie Copeland

For the first time CLU's Health Services is charging a co-pay of \$10 before every visit.

This means that to be seen by someone in the office, each student must pay \$10. Otherwise you will have to go elsewhere for medical care.

This is presenting quite a few problems for many students. Some students did not seem to care about the co-pay because they did not think it was that much money to spend, or they never really use Health Services anyway.

However, for several other students who do use the Health Services, they found the new co-pay unreasonable.

Many students I spoke with did not understand why there was an additional charge when there never has been before.

Either way, I find this new policy is only going to create more ill students this coming fall.

BJ Scott is a current student and football player and said that when the football players are injured, they are sent to the Health Services. His concern was if all athletes that are sent to the Health Services are charged the co-pay.

According to Health Services, any athlete who is sent to Health

Services by their coaches will not have to pay anything in order to be treated.

However, when I called the Health Services office, the lady who answered the phone refused to discuss any of the matter with me.

When I asked if I could speak with someone else, she refused to give the phone to anyone.

The only thing she mentioned to me was that it was not the deci-

co-pay was because Health Services was tired of getting so many students coming in for unnecessary reasons.

I found this interesting since the lady I spoke with said that it was CLU's decision and not Health Services'.

Most of the students I spoke with seem to really dislike the new policy, and none of them seem to understand why it was enacted this year.



Photo Courtesy of www.sxc.hu/

sion of Health Services but was a part of California Lutheran University's new policies.

She then offered me an e-mail and promised I would be replied to by the end of the day, which I was not. Also, the e-mail I was given would not send because it was not a correct e-mail address.

I find the \$10 co-pay to be a little much for college students. While students are full time, many cannot afford medical insurance, and I think it has been great having the available medical care offered for free.

One CLU student I spoke with who recently went into the Health Services office said when she spoke to the employees there, they told her the reason for the

The answers students received to this question have been answered very differently from the Health Services' employees.

Either way, I find this new policy is only going to create more ill students this coming fall. If students do not have the money for the co-pay, then they will not be able to receive treatment.

Last fall, we had the H1N1 flu epidemic, and according to the Centers for Disease Control and Prevention, H1N1 will be a problem again this fall as well as other new strains of flus.

With the new co-pay and current cold season, there is a possibility of an escalating number of students who will be dealing with sickness and missing classes.

Jamba Juice setbacks



Arianna Thomopoulos

new way of delivering your food, the lines to order are still the main problem.

CLU has just welcomed its biggest freshman class this year, adding to the number of bodies on campus and in the dining establishments at one particular time.

Due to the large class size, lines would probably be the number one problem the Jamba Juice would face.

The Jamba Juice would have to be well organized and ready to go the first day of operation to handle the demand and interest of the eager students.

With that said, I wonder how practical the location of the Jamba Juice will be?

The Jamba will take the spot of the a la Carte next to the flagpole.

The a la Carte serves as a place for students to go in between classes to grab a bite to eat.

Just like the caf and the Centrum, the a la Carte faces the same issue dealing with lines, if not worse.

To put a Jamba Juice in a location that already suffers from overcrowding just doesn't make sense to me.

The a la Carte geographically faces many prominent classrooms that have students coming in and out every hour on the hour.

There is no doubt that the addition of the Jamba Juice will crowd the location and anger not only arriving and departing students from their classrooms but teachers as well.

If the Jamba Juice was to be built on campus, I think that the location should be reconsidered and put in a place where there isn't as much foot traffic.

With that said, however, I am looking forward to when or if the Jamba Juice will ever start their blenders.

Like the famous saying goes, actions speak louder than words.

A rumor about a Jamba Juice coming to the CLU campus has been floating around for about a year.

The actual groundbreaking date has yet to be announced. Don't get me wrong; a Jamba Juice on campus would be great, especially for myself.

I am one of Jamba Juice's frequent customers. I go about two to three times a week; I wouldn't doubt if I was a major factor in keeping my local Jamba Juice in business.

As one of Jamba Juice's more frequent customers, you can imagine my excitement when I heard whispers of a Jamba Juice being built in the Café a la Carte.

It would bring more food options than just what the Centrum or the cafeteria offer. Plus, who doesn't love a good smoothie?

I asked students for their views on the idea: "I think that it is a great idea. There are only two places to eat on campus and a snack shack. We need something like that; I think it will be very successful," junior Sasha Voinovich said.

Voinovich is not the only student who is anticipating the arrival of the Jamba Juice station.

"I think it should happen because there are very limited options of what to eat on campus and a little diversity would do the campus good," freshman Garrit Speckhard said.

Both make good points, which I agree with, but I also think that before the school tries to implement any other food source, they should figure out how to operate the Centrum and the cafeteria more efficiently.

Although the Centrum has a

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Please limit responses to 250-300 words.

Letters to the editor must include your name, year/position and major/department.

The Dance Team
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a T-shirt and snack

To register contact Tishua Borhaug at
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SPORTS

Kingsmen water polo scores a comeback victory

Claire Whitten
Staff Writer

CLU men's water polo beat Fresno Pacific by 2 last Friday, Sept. 24 in Riverside at a Cal Baptist tournament after a devastating loss to the Sunbirds the weekend of Sept. 17.



"This was a good team win. Coming over 100 miles for a rematch of an overtime loss is never easy. To be short-handed the way we are with Wes Lewis and Trevor Owens out with injuries and still battle is a testament to their will," said assistant coach Matt Warshaw.

California Lutheran University lost to Chapman earlier in the day. Chapman stayed ahead the whole game with a score of 9-2 at halftime, 13-6 at the end of



Photo by Talia Loucks - Staff Photographer

Throwing a pass: Sophomore Carter Baldwin throws the ball to a teammate.

the third and 15-8 at the end of play. CLU junior Jordan Meaney led the team with three goals, along with senior Brian Gross with two, junior Jonnie Paré with two and freshman Evan Schu with one.

The rematch between CLU and Fresno Pacific started with Fresno ahead at the end

of the first quarter with a score of 2-1.

CLU came back in the second quarter, sending five goals past the Fresno goalie and putting them ahead with a half-time score of Fresno 5, CLU 6.

After halftime, both teams scored three goals each to end

the third quarter 9-8, with CLU in the lead.

CLU scored four goals in the fourth, while Fresno only put up three. The game ended with Kingsmen defeating the Sunbirds 13-11.

"It feels great to beat them. The past two times we have played them we lost in overtime, so to

beat them in regulation is very rewarding," junior Brandon Gross said.

Meaney led the team in goals once again against the Sunbirds, scoring six. Other goals came from Brandon Gross with four and one each from Paré and sophomores Carter Baldwin and Max Zappas. CLU freshmen goalie John Verlinich had seven saves and three steals.

CLU will be competing twice in the past in overtime and came out with a win by two.

"We did a better job marking up their better shooters and dropping quicker on their whole set. We hope to continue our hard team defense and keep up our strong counter attack," Brandon Gross said.

CLU will be competing two weeks from now at the Claremont Convergence Tournament in Claremont, where they will be facing some SCIAAC teams.

"It was good redeeming ourselves today after last week's loss. We're going to keep working to improve our game, so we can reach our goal of winning SCIAAC," Meaney said.

SCIAAC games start Saturday, Oct. 16, with a home game against Caltech.

Fall fitness classes

Free workout classes are available to all CLU students Monday through Thursday

Monday Tuesday Wednesday Thursday

Bootcamp	Yoga	Bootcamp	
6-7 p.m.	6-7 p.m.	6-7 p.m.	

Pilates	Zumba	Pilates	Zumba
7-8 p.m.	7-8 p.m.	7-8 p.m.	7-8 p.m.



Photo Courtesy of www.sxc.hu/

CLU offers students, faculty and staff free fitness classes Monday through Thursday.

Zumba is a new program now offered at California Lutheran University that. Zumba encompasses aerobic workouts to latin musics. All classes are located in the dance and fitness studio on the second floor of the Gilbert Sport and Fitness Center.

Bootcamp meets outside the Gilbert Sports and Fitness Center.

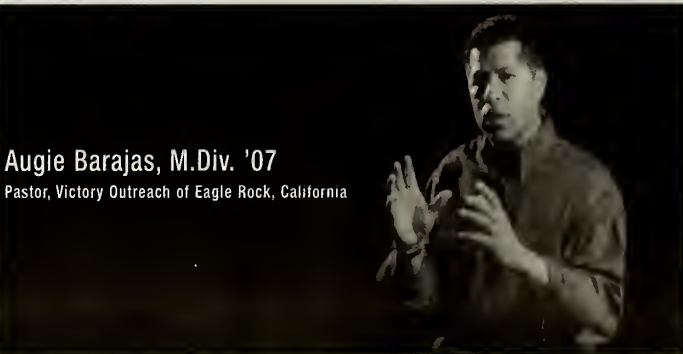
Fall 2010 intramural sports schedule

Sport	Location	When
3 on 3 basketball	Soiland Recreation Center	Wednesday night
Flag Football	Mt. Cleft Stadium	Sunday afternoon
Softball	Wood Ranch Park	Monday night
Innertube water polo	Samuelson Aquatics Center	Tuesday night
Indoor soccer	Soiland Recreation Center	Sunday night

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La Verne and Caltech get served losses by Regals



Photos by Talia Loucks - Staff Photographer

Served: Sophomore Jacki Russell gets set to serve against Caltech as Rachel Smith eyes her opponents.

Breanna Woodhouse
Sports Editor

The CLU women's volleyball team is 8-3 overall and 3-0 in conference.

Although the Regals experienced three losses in the beginning of September against Wisconsin-Whitewater, St. Thomas (MN) and Wittenberg (OH), the team was able to become stronger. "It's always tough in the begin-

ning, which is where we had all of our losses," junior libero Jacki Richard said. "We played hard teams in the beginning, but we had nothing to lose. It only made us stronger and has helped us as the season has gone on."

On Sept. 24, the Regals had a home match at California Lutheran University in the Gilbert Arena against University of La Verne.

The Regals won all three sets: 25-15, 25-16 and 25-16. CLU had

six blocks and La Verne had four. "We have almost the same starters as last year, so we know how we all play," Richard said.

The Regals did lose starter and All-American player Erin Exline due to a torn anterior cruciate ligament.

However, the Regals have put freshmen Lauren Rohach in her place.

On Sept. 25, the Regals played Caltech on CLU's home court



where they again defeated their opponents 25-9, 25-11, 15-21.

The match against Caltech marked the third straight sweep as they improved their conference

record to 3-0.

CLU's next home match is against Claremont-Mudd-Scripps on Sat. Oct. 1, at 7:30 p.m. in the Gilbert arena.

Kingsmen soccer come up short of goals on the road

Men's soccer
struggles against
La Verne, Pomona

Aaron Fisher
Staff Writer

The CLU men's soccer team couldn't catch the back of the net this past week on their road trip, suffering losses to conference opponents Pomona-Pitzer Colleges and the University of La Verne by the respective scores of 1-0 and 3-0.

Within the first 60 seconds of the game Wednesday against the Kingsmen, Pomona-Pitzer's Danny Nasry scored the first goal, and California Lutheran University had its back against the wall the rest of the way.

The CLU defense played strong the final 88 minutes of the game, including five saves from sophomore goalkeeper Chris Holm, bringing his season total to 30.

It was also the first time in three games that the defense had allowed the opposition to score. However, the Kingsmen offense struggled against the Sagehens, attempting only three shots, compared to Pomona-Pitzer's five for the game, while failing to score.

Senior captain Jorge Martinez feels that the team is young and needs to be more consistent on both ends of the field to compete with the other teams in the SCIAA conference.

"We have not been mentally prepared for games due to the inexperience of our team and we are slowly learning that games are sometimes won in a matter of seconds. We just have to be focused from the moment the whistle blows," Martinez said.

The Kingsmen looked to move past the difficult loss when they traveled to La Verne on Saturday, but things didn't get much better as the team fell 3-0 to the Leopards.



ULV had two goals before halftime and kept the CLU offense contained the rest of the way to record the shutout.

The Kingsmen had multiple opportunities to score, including seven corner kicks and two shots each from midfielders freshman Ivan Sanchez, sophomore Eddie Gonzalez and freshman forward Kevin Tanner, but could not put any pressure on the Leopards.

Freshman goalkeeper Miguel Silva saw action in the 36th minute, recording six saves and allowing only one goal, which came in the 70th minute.

"For us to be successful, we need to be more physical," Martinez said. "Teams are muscling us off

the ball and getting more of the 50-50 balls."

Despite the slow start, the Kingsmen feel that they can still turn their season around. With 12 games remaining in the regular season, including eight at home, Martinez feels that the team can definitely make a run and surprise the rest of the






conference.

"We're hoping that the second half of season will be a lot better since we'll be at home for the majority of the games. For our team to be able to turn around and make this season a memorable one, we need to mature and learn very quickly," Martinez said. "We also need to be defensively smart

and tuned into the game from the first second. Most importantly, we need to finish a couple of goals, and everything else will come."

The next game for the men's soccer is Wednesday, Sept. 29 against Redlands at 4 p.m. West Field.

CAL LU SPORTS CALENDAR

	Wed. 29	Thur. 30	Fri. 1	Sat. 2	Sun. 3	Mon. 4	Tues. 5
 FOOTBALL				at Redlands 7 p.m.			
 WATERPOLO							
 SOCCER	vs. Redlands 4 p.m.			at Whittier 11 a.m.			
 SOCCER	at Redlands 7 p.m.			vs. Whittier 1 p.m.			
 VOLLEYBALL			vs. Claremont-M-S 7:30 p.m.				vs. Redlands 7:30 p.m.

Shade denotes home game

Regals soccer dominates Pomona-Pitzer and ULV



Saved: Senior goalkeeper Kristin Borzi punts the ball away from CLU's goal box.

Chris Ramirez
Staff Writer

The CLU women's soccer team remains undefeated as they dominated Pomona-Pitzer with a score of 2-0 at West Field on Wednesday afternoon.

California Lutheran University controlled possession of the ball for the majority of the game and outshot Pomona-Pitzer 22-6 in a match that was scoreless for the first 55 minutes.

The game was tied at the half thanks in part to the Sagehens' keeper Talia Shulman who had three of her five saves in the first half.

CLU had several opportunities before the break, which included senior Brittany Clark having a close range shot saved by Shulman, and sophomore Kristin Cameron hitting the crossbar off a

corner kick.

The Regals, determined to score, kept up the pressure in the second half and finally found the back of the net when freshman Jess Armstrong headed in a cross from fellow freshman Kristina Hulse in the 54th minute.

Sophomore Maya Virgen concluded the scoring in the 67th minute with a one-on-one move that found the right side of the net.

The final score wasn't a clear indication of how CLU dominated the match, as they had advantages in every facet of the game and sent wave after wave of attacks against the Sagehens' defense before the eventual game winner by Armstrong.

"We weren't real happy with our overall play and felt it was important to get a goal early in the second half," said head coach

Steve Marino. "I felt we needed to play with more urgency to get control of the game. We need to play our style and play well for 90 minutes. All SCLAC games are must wins to get to the NCAA's."

Clark and Cameron lead the Regals in shots on goal with five a piece. Junior midfielder Sinead Vaughan, who had four shots on goal, created several opportunities with her play.

"Our level of play in the second half was better, especially Myras," Vaughan said. "She was not afraid to take people one-on-one, and she made life hard on their defenders. Her goal was due to some good footwork and composure in front of the goal. She picked her spot and just placed it in the net."

The Sagehens (3-3-0, 1-2-0 SCLAC) mustered only six shots on goal and lost a second consecutive league game. Jen



Goal oriented: Junior Rebekah Casas sprints toward the goal.

Nishioka and Traci Lopez led the visitors with two shots on goal each.

Senior CLU keeper Kristin Borzi earned the clean sheet with two saves and was largely untested for most of the match in part to a stingy Regals defense led by junior Rebekah Casas.

CLU has preserved shutouts in three of its matches this season and is outscoring its opponents by a margin of 19-5.

"We have had an amazing start to the season, and although we are seated nicely, we can't let our guard down," freshman defender Audrey Dow said. "In order to keep our ranking, we need to continue to improve with each game. The team wants to go undefeated through the season and win our conference. That starts with every girl doing their own part: the forwards finishing

and putting goals away and the defenders keeping goals out."

CLU (7-0-1, 2-0-1) won yet again on Saturday afternoon after defeating La Verne (0-6-0, 0-4-0 SCLAC) at home by a score of 6-1. Clark recorded her second hat trick of the season en route to the victory, and CLU remains perfect for the season.

On deck:



Cal Lutheran
vs. Redlands
Away
Wed. 7 p.m.

COVERING ALL THE BASES:

Reality sacks NFL predictions for the 2010 season



Andrew
Parrone

It's only three weeks into the 2010 NFL season, and already most of the predictions that were made can be thrown out the window.

As is the case every season, several teams have come out of nowhere to start the year on fire, while other teams that were supposed to be contenders turn out to be just pretenders.

The season begins with everyone looking up to Drew Brees and the New Orleans Saints, who defeated perennial MVP Peyton Manning and the Indianapolis Colts to win the franchise's first Super Bowl. The pressure is now on the Saints to be the first repeat champions since the New England Patriots in 2004.

However, the defending champs

may be lucky just to make it out of the NFC South, the only division to never have a repeat winner. They have already lost a heartbreaker to the Atlanta Falcons, while Tampa Bay looks much improved from last year.

Meanwhile, the Colts are no longer the clear favorites in the AFC South thanks to a humbling defeat to Houston the first week of the season. This could be the year that Andre Johnson and the Texans finally earn a spot in the playoffs. The Titans will always be dangerous as long as they have 2,000 yard man Chris Johnson running the ball.

No team made a greater push in the offseason to reach the next level than the New York Jets, and no team talked as much either. The guys from Hard Knocks took a step in the right direction by handing Tom Brady and the Patriots a couple weeks ago. The Pats still have the firepower to take the AFC East, and the Dolphins have become one of

the most physical teams in the league.

After three weeks, I think it's safe to say no one knows what to expect from the NFC East. The Cowboys were supposed to be on the short list of Super Bowl favorites but have been extremely inconsistent. Donovan McNabb still hasn't made the Redskins very good, and Eli Manning and the Giants have already been blown out twice, which is never a good sign this early. The most stunning development has been the impressive play of the Eagles under new starting quarterback Michael Vick. His success on the field seems to be giving him a small measure of redemption for his sins.

It surprised no one that Brett Favre again decided to put off retirement one last time (I'll believe it when I see it) to try and help the Vikings win the Super Bowl. What has been surprising is the way his play has regressed from last year to the first three

games this season. Minnesota isn't going to make it out of the NFC North if he keeps playing poorly because the Packers are for real, and the Bears are leaps and bounds better than last year. The Lions...not so much.

The AFC North has built itself upon the reputation of being the toughest, most physical division in football. The Ravens, Steelers and Bengals have all relied on a tough defense to start the year well. Pittsburgh has done so without the help of Ben Roethlisberger, who is still suspended by the league. If they can win like this without him, it doesn't bode well for the other teams when he returns.

Perhaps the most surprising team out of the gate is the Kansas City Chiefs. Very few people, if any, picked them to win the AFC West, but at 3-0 they are well on their way. The Chargers have dominated this division in recent years, but the holdouts of Marcus McNeill and Vincent Jackson

have left them without two of their best players. In Denver, it's still not apparent if head coach Josh McDaniels knows what he is doing.

This brings us to the NFC West, which is playing up to its reputation as "NFC Worst" in the early part of the season. The 49ers were supposed to be one of the hot teams coming into this season but have fallen flat on their face so far. The Cardinals are struggling without Kurt Warner as their quarterback, and the Rams simply don't have the talent to contend yet. The Seahawks may end up winning the division by default. Hopefully we don't have to see a sub-.500 playoff team.

With the current collective bargaining agreement between players and ownership expiring in March, there has been growing speculation that a lockout could be on the horizon. So enjoy this season while you have it football fans.



Cafeteria and SUB are next on campus to be remodeled

Page 2



Club Lu switches up schedule and events

Page 7



Regals Volleyball-undefeated in SCIAC

Page 12



October 6, 2010 Vol. 56 Number 3

the Echo

Health insurance can now be paid by parents until age 26

Jessica Kaczor
Staff Writer

Six months after the act was signed, a number of provisions under the Patient Protection and Affordable Care Act are taking effect.

One such provision allows parents to cover their children on their health insurance until they reach the age of 26.

According to the Department of Health and Human Services, approximately 30 percent of young adults do not have health insurance.

They approximate that this bill could be a relief to and provide coverage for about 1.2 million people ages 19 to 25.

Some young adults are offered insurance through their employers, so this bill will not apply to them.

"This bill does not affect me in anyway because my health insurance is already covered through where I work," senior Lisette Argott said.

According to studies, only 25 percent of young adults are offered insurance through their employers; this bill could be helpful to the 75 percent who are not.

Most insurance packages provided by companies will not change because of this new bill, but many employers are expected to change the packages that they offer.

This bill could be very helpful for kids who plan on attending graduate school because some graduate and Ph.D programs do not offer insurance that is affordable for students.

Jean Sandlin, a communication [See HEALTH, Page 2]



On Air: Lance Orozco, pictured in the KCLU studio, will accept the award for the station in New York City.

KCLU to receive excellence award

Rachel Flores
Staff Writer

The KCLU radio station, located on the CLU campus, is a leading National Public Radio station that will be receiving the 2010 Edward R. Murrow Award in New York City on Oct. 11.

The Edward R. Murrow Award will be accepted by Lance Orozco, the news director for KCLU.

"I used to tease Lance about winning the national award and flying to New York with him someday, and now my teasing is a reality; not just for KCLU but the whole community is so proud of Lance and especially how the station has evolved since Lance came on board," said Mary Olson, the general manager of KCLU. "I truly am his biggest fan."

The award will recognize Orozco for the best audio sports reporting for his story, "The Oldest Dodger," a story of the oldest living major league baseball player, Tony Malinosky.

The story aired last October, and after winning the regional award, it went on to win the national award.

KCLU was founded by California Lutheran University in October 1994 with a goal to provide quality radio.

The station broadcasts programming to Ventura and Santa Barbara counties.

KCLU and its staff strives to provide quality news even when the industry is in constant change.

Prior to working at KCLU, Orozco worked many years at CBS in Los Angeles and before that for a couple years at NBC.

Both heightened his career, but at KCLU he was able to focus on stories important to the community.

"At the time I did this story, I didn't think I was doing anything special or magical; I was just doing my job to present an interesting and entertaining story to the KCLU community," Orozco said. "I do what I do not to win awards but to present a good story."

He wanted to present this story after he became interested in finding the oldest major league baseball player.

By luck or fate, he found out that Malinosky lived just a city away in Oxnard, Calif.

"I literally searched in the phonebook and got a hold of his caregiver. She was able to set up a time for me to meet with him, and at first I wasn't sure how the story would turn out knowing he was 100 years old," Orozco said. "But after finding out what a character he was, I called my friends up at channel 9, and they even did a special on him."

The Radio Television Digital News Association has been

honoring those worthy in the electronic journalism industry with the Edward R. Murrow Award since 1977.

The radio station is located in Mt. Clef Hall in a 400 square-foot studio.

On Aug. 24 the station broke ground for the new \$2.9 million broadcast center.

The center will include the KCLU station on the second floor and classrooms for students on the first floor.

"The great thing about the move is that a lot of the funds for the building came from the community," said Tori Krikau, student receptionist for KCLU. "This just shows that KCLU is doing something right and that people are supportive and aware of what the station needs."

KCLU offers opportunities for students as well.

"From the first day I started 16 years ago at KCLU until now, we have always had students working or interning. We have had some exceptional students on the air," Olson said.

One student even won a Golden Mic Award.

"We are thrilled for students to have their own facility geared toward the broadcast industry," Olson said.

For the future of the radio station, Olson has said it best, "stay tuned."



Photo by Talia Loucks - Staff Photographer

Multimedia: Senior Rachel Ferguson highlights her photography display.

Project 24: now showcased along hallway in Humanities

Courtney Murray
Staff Writer

An artsy display has made its way back into the Soiland Humanities Center of CLU.

In its fourth year, Project 24 is a display of posters by the previous semester's advanced multimedia students.

"You meet some people and hear their stories and you go places you wouldn't go on your own time," senior Michael

Zubach said.

His Project 24 poster is currently on display.

"Project 24 is an exhibition of the adventures of the advanced multimedia class who spent three days last semester chronicling 24 hours in the life of their school, the city of Thousand Oaks and the city of Los Angeles," according to CLU's Arts and Events Calendar.

Located in the hall of the [See PROJECT, Page 3]

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NEWS

Cafeteria and SUB revamps top Cal Lutheran's wish list

Katie Yates
Staff Writer

Students and faculty can look forward to a lot of updates and additions to the CLU campus over the next five to 10 years.

The latest addition to the California Lutheran University campus was the Swenson Center for Social and Behavioral Sciences, which will have a dedication ceremony on Oct. 22 at 4:15 p.m.

The building is open for classes this fall semester and holds nine classrooms as well as two new computer labs.

"The Swenson Center for Social and Behavioral Sciences is open and serving faculty and students very well," said William Rosser, vice president of Student Affairs and dean of students. "It is a wonderful step forward in providing excellent facilities that richly contribute to, and enhance, academic life at the university."

As for recent plans, construction for a new Jamba Juice on campus will begin soon and will open sometime around next semester.

"Jamba Juice received full permits from the County Health Department a couple of weeks ago and is now under review for a building permit," said Ryan

Van Ommeren, associate vice president of Facility Operations and Planning. "The project is going to be installed in the kiosk structure next to the Ahmanson Science building."

Besides the construction of the new Jamba Juice, the William Rolland Stadium, which broke ground on Sept. 13, is having the final sketches

"We definitely need a new cafeteria, and we are engaged in the planning process to clearly identify a vision."

Ryan Van Ommeren
Associate Vice President of Facilities

"We plan to start this project in December," Van Ommeren said. "The stadium should be finished by next year's first home football game."

The \$8.9 million stadium will be two stories, will hold

2,000 seats and will be used for sports as well as commencement ceremonies.

In addition to the football field, the stadium will house an art gallery.

As for the next few years, several buildings are planned to have some upgrades.



Photo by Bekah Kliever: Photo Editor

A Look to the Future: A billboard outside the Gilbert Sports and Fitness Center details the plans for the future home of the William Rolland Stadium.

"The next three major facilities on the horizon for the university, beyond the football stadium, radio station and early childhood education center that are all currently under development, are a new dining facility, a center for the visual and performing arts and a significant expansion and renewal of the facilities for the natural sciences," Rosser said.

There is still the issue of where the money will come from.

"Beyond planning, we will need to identify achievable fundraising plans for the

buildings," Van Ommeren said.

A replacement for the cafeteria and Student Union Building are also in the works.

"We definitely need a new cafeteria, and we are engaged in the planning process to clearly identify a vision and a conceptual estimate," Van Ommeren said.

The new cafeteria will be moved to the location of the SUB, which will end up being two floors.

"Right now, we have planned that food service will be on the second floor and a replacement for the existing SUB will be on the ground floor," Van Ommeren said.

This year, the Early Childhood Center broke ground on Sept. 12 and is a \$2 million facility that

will replace what was supposed to be temporary location when the program began in 1974.

The facility will hold faculty offices, classrooms and a playground.

Lastly, the KCLU Broadcast Center, which broke ground on Aug. 24, is undergoing construction and is scheduled to open by 2011.

The two-story broadcast center will provide students with a better facility to learn in.

"As a listener and member, I am excited that KCLU will soon have a broadcast center that is reflective of the excellence it produces every day," Rosser said.

Students don't need to worry about paying for insurance

[HEALTH, from Page 1] professor at California Lutheran University, has a 20-year-old son who plans on going into a Ph.D. program after graduating, and she thinks that this new plan could be helpful to him until he finishes his schooling.

"He won't have to worry about insurance now because he will be covered through our insurance until his education is completed," Sandlin said.

This new health plan covers young adults who have previously fallen off of their parents' insurance plan, along with married children and even children who are already financially independent.

The plan does not cover the spouses of the children being covered or their children.

Cynthia Smith, assistant director of the Career Services Center at CLU, has two younger children, so she is not sure how this bill will affect her in the long run.

Although she agrees that this could be useful to people, she also thinks that most young

adults only need to be covered on their parents insurance up until they graduate college.

"I was covered on my parents' insurance until I graduated college; then I found a job and got my own coverage," Smith said.

However, this new law may not apply to all health benefits.

It covers medical benefits, but it may not apply to such things as dental and eye care.

There are different eligibilities for different benefits, so it is important to look carefully at what you and your family are entitled to.

This bill becomes effective for the health policy at the beginning of the planned year, which for most policies begins on Oct. 1.

Insurers and employers are required by law to notify their consumers about the 30-day enrollment period.

Most employers will just add the new policy to their open enrollment period which opens up in fall and begins on Jan. 1, 2011.

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Students display daily lives through their art

[PROJECT, from Page 1]

Soiland Humanities Center, it's a colorful experience to walk through.

While walking to class, students can enjoy the artwork that their peers designed and become inspired to do something spectacular as well.

"Three places, three people, three things," is how junior Katelyn Miller explains the project.

Miller is currently in the planning stages of her project.

She wants to have a career in post-production film when she graduates, which is why she chose multimedia as her major.

The students were asked to record thoughts, feelings, norms, impressions and everyday obstacles.

With all of their information gathered, the students compiled posters that represented what they found in their research of daily life.

The Arts and Events Calendar states, "entire universes come to life from the inventive minds of intermediate multimedia students."

Project 24 takes place during students' junior year.

It is not just one semester; it is

over the course of an entire year.

The first semester consists of planning the project, then taking the photos and shooting the videos.

Second semester is when the project is put together, and the graphics are added, according to Zubach.

"The photos end up being put into graphic design, so you really want to take pictures that are good quality," Zubach said.

This exhibit of posters stays on display from May to December of this year.

Anyone is welcome to check out the display.

The admission is free and it is located in the bottom floor hallway of the Soiland Humanities Center.

"It's a good opportunity to work on film skills if you want to go into film," Zubach said.

Many students at CLU involved in the multimedia major want to pursue a career in that field.

These classes get them out into the real world, experiencing things that they might not see everyday.

"Who knows, one day we might see one of them on the big screen," states the CLU Arts and Events Calendar.



Photo by Talia Loucks - Staff Photographer

Photo Art: (above) Senior Colin Mayuga's project is shown in the Soiland Humanities Building's hallway. (below) Senior Jaleesa Robinson stands next to her multimedia designer panel from last year's Project 24.



One-third freed: American woman returns home

Xavier Walton
Staff Writer

Sarah Shourd, an American hiker who was imprisoned for 13 months and falsely accused of espionage, was released from Tehran's Evin Prison on Sept. 14, 2010.

Shourd's journey began July 31, 2009 when she and two other Americans were detained by Iranian border patrol for accidentally hiking into unmarked territory between Iran and Kurdistan.

"It's scary just to think something like that could happen to me; I don't know what I'd do," said Nicole Rains, a CLU sophomore who will be studying abroad in Barcelona next semester.

According to Rains, her parents are not pleased with her decision to study abroad because of foreign issues such as these.

The two other Americans were Shane Bauer and Joshua Fattal. According to FreeTheHikers.org, a website dedicated to getting the hikers home safely, Shane Bauer, a fluent Arabic speaker, is a freelance journalist and photographer based in the Middle East.

He is also engaged to Shourd. Joshua Fattal is an environmentalist and educator. Before being detained, he spent five months as an instructor for the International Honors Program, where he traveled across Europe.

According to the New York Times, Shourd is an English teacher in Damascus, Syria and a freelance

journalist. She is also a student of the Arabic language.

After being held captive for more than three months, the American hikers were tried in front of Iranian authorities. The authorities accused them of espionage.

It was unclear whether Iran had filed a legal course of action or if prosecutors were just making accusations for reasons that remain unknown.

It took nearly a year for court officials to formally charge Bauer, Fattal and Shourd.

According to the New York Times, they were charged with "illegal border crossing."

Under Iranian law that entails a cash penalty, not jail time.

Shourd, who was in solitary confinement for 410 days and only allowed visitation with Bauer and Fattal twice a day for thirty minutes, was released after paying a bail amount of \$500,000.

According to Dr. Paul Hanson, a California Lutheran University history professor, the timeliness of Shourd's release is tri-fold.

"It is either an act of charity to mark the end of Ramadan—the Muslim holy month—an attempt to get Iranian prisoners held in the United States back to Iran or a way for Iranian President Mahmoud Ahmadinejad to create positive public relations before he met in New York with the United Nations," Hanson said.

Bauer and Fattal still remain in the custody of Iranian authorities at Evin Prison, which is noted for it's political prisoners wing.

They hope to be able to come home quickly. The United States government is in the process of making a deal similar to that of Shourd's.

"Iran is just using them as pawns," Hanson said.

CLUtube makes watching campus events even easier

Sean Post
Staff Writer

The invention of the video sharing website YouTube has revolutionized the Internet. CLU has recently created a similar technology, called CLUtube, to help broadcast campus events online.

It has provided users with entertainment as well as useful information.

Although CLUtube is an beneficial tool, it is still relatively unknown to many students, particularly underclassmen on campus.

"I haven't even heard of it," junior Wren Cherney said. "What is that?"

CLUtube provides all those who are interested in California Lutheran University with live stream video and audio broadcasts as well as podcasts.

One of the advantages of .CLUtube is the live stream coverage of CLU athletics.

With this new technology, CLU provides both video and audio broadcasts of away games to the fans that wish to see their favorite CLU sports teams, even when they are playing games in other cities or states.

One of the most recent videos uploaded to CLUtube was the highlights of the first home football victory over fourth ranked team in the country Linfield College.

Through the use of CLUtube,

students, parents and faculty were able to view some of the big game changing plays.

"I was able to hear the audio broadcast of the CLU vs. PLU game through CLUtube when the football team played up in Washington. It was a good way to keep me up to speed on what was going on," senior Chris Doukakis said.

The website also provides postgame interviews with coaches and players.

Another benefit that CLUtube has been able to provide is broadcasting some of the events and festivals that CLU has featured on campus.

Last month, CLUtube broadcasted the Corporate Leaders Breakfast, which was held off-campus at the Ronald Reagan Library.

The breakfast included several faculty members of CLU including President Chris Kimball, who spoke at the event.

Other faculty members such as Ed Julius, professor of business administration and Leanne Neilson, provost and vice president of Academic Affairs, are featured on CLUtube speaking in regards to supporting the CLU annual fund.

In addition to live stream videos, podcasts from CLU's Samuelson Chapel are also available.

CLUtube is available for those interested to browse at www.CLUtube.com

For the Record

In the Sept. 29 issue, our story titled "Campus security cracks down on safety" contained errors. Campus Security has only one T3 electric vehicle. Assistant director of Public Safety, Craig Lightfoot, is a CLU graduate and former member of the U.S. Marine Corps. The new Public Safety supervisor, Lance Inglis, was a former Ventura County sheriff's deputy. The CLU Emergency Alert System has the contact information of students only if they enter it into the online database.

CALENDAR

Wednesday October 6 <ul style="list-style-type: none"> The Tournées Festival - 'Les Plages d'Agnès' 7 p.m. Preus-Brandt Forum Common Ground 9:11 p.m. Samuelson Chapel 	Thursday October 7 <ul style="list-style-type: none"> Science Speakers Series: The Aging Human Brain 7 p.m. Baxter Bioscience 	Friday October 8 <ul style="list-style-type: none"> Domestic Violence Awareness Month Community Breakfast 7:30 a.m. Lundring Events Center Fall Excursion: Catalina Island Catalina Island Fall Holiday: No Classes
Saturday October 9 <p>THIS DAY IN HISTORY: 1888</p> <p>THE WASHINGTON MONUMENT OPENS TO THE PUBLIC FOR THE FIRST TIME</p>	Sunday October 10 <ul style="list-style-type: none"> Renovation 7 p.m. Samuelson Chapel 	Monday October 11 <ul style="list-style-type: none"> Shamanic Medicine, the Mind-Body Connection, and the Future of Healthcare: An Amazonian Perspective - Mark Plotkin, Ph.D. 10 a.m. Samuelson Chapel
Tuesday October 12 <ul style="list-style-type: none"> The Journey of Kru Nam and Not For Sale 7 p.m. Samuelson Chapel 	Next Week: October 13 - October 19 <ul style="list-style-type: none"> The Tournées Festival Midnight Madness Football Tailgate Party Psychcollagic Art CLU Getaway: The Getty Villa <p>Do you have an event to submit to <i>the Echo</i>? E-mail date, time, location and contact information to lbrittai@callutheran.edu</p>	



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FEATURES

Chinese Moon Festival concert gathers full house

Rebecca Dominguez
Staff Writer

In celebration of the Chinese Moon Festival, also referred to as the Mid-Autumn Festival, CLU's Samuelson Chapel welcomed a packed venue for the Moon Festival Concert on Saturday evening, Oct. 2.

The chapel was filled with community members of all ages as the event was family friendly.

There were so many attendees that people were even standing in the aisles to watch.

The Pacific Pearl Music Association (PPMA) was one of the sponsors for the event.

"I feel that the wide variety of music brought in the large crowd, in addition to the large amount of marketing CLU did for the event," said Tim Proffitt, executive director of PPMA. "We plan on continuing this event for many years to come."

Two CLU students who are enrolled in a Chinese class offered on campus opened the event with a bilingual introduction in English and Chinese.

Attendees were amused and impressed by the fluency of the translation.

Following the introduction, the Pacific Pearl Symphony Orchestra set the mood with "Jupiter, the Bringer of Jollity."

The Thousand Oaks Chinese Folk Ensemble, Dancing String Chamber, Yang Sheng Choir and Hua Sheng Choir also displayed their musical talent at the concert.

The two and a half hours was filled with music dedicated to setting the atmosphere for the Chinese

nese Moon Festival. The audience was delighted by the surprise bagpipe performance at the close of the concert.

Elizabeth Maxim, a community member who attended the event with her family, expressed her satisfaction with the event.

"We really enjoyed the concert tonight. The music really embodied the feeling of the festival," Maxim said. "We have celebrated the Chinese Moon Festival since I was a little girl. My favorite part was always going to Chinatown to get fresh moon cakes"

Elizabeth Maxim, a community member who attended the event with her family, expressed her satisfaction with the event.

The Chinese Moon Festival has been celebrated by Chinese and Vietnamese people for over 3,000 years.

The festival always takes place on the 15th day of the eighth month, according to the lunar calendar. On this day of the year, the moon is said to be fullest and brightest.

The Chinese Moon Festival is considered one of the most important Chinese holidays, ranking with Chinese New Year and Winter Solstice.

Moon cakes, pastries filled with nuts, mashed red beans and Chinese dates, are an indispensable part of the celebration.

Family members traditionally gather to enjoy moon cakes while admiring the full moon only on this day.



Photo by Talia Loucks - Staff Photographer

Packed venue: The audience was immersed in performances by the orchestras, choirs, folk ensemble and soloists.



Photos by Talia Loucks - Staff Photographer

Left: The Female Semichorus from the Hua Sheng Choir performed "On Wings of Song" in many colorful dresses. Right: Li Zhang from Beijing performed a piece titled "The Sentiments of Homecoming."

"The thing about the Chinese Moon Festival that I find most interesting is the belief that a Chinese goddess is present in the moon

and can only be seen during the festival," said Mary Behm, a CLU student studying the Chinese language.

For more information about the Pacific Pearl Music Association visit PPMA.webs.com

Documentary depicts women's movement to end civil war

Kristin White
Staff Writer

Aiming to raise awareness, the Center for Equality and Justice showed its first film of the Reel Justice Film Series, "Praying the Devil Back to Hell," on Wednesday, Sept. 29.

The Reel Justice Film Series is an ongoing event throughout the school year that is put on by the Center for Equality and Justice (CEJ).

It has been around for two years according to Dr. Greg Freeland, CEJ director.

He noted that the films shown usually involve topics of struggling and fighting for rights and justice.

"I hope that [the viewers] find a connection between all people, whether they are from Africa, Asia, the United States or anywhere else in the world," Freeland said. "Hopefully they gain a new respect on how to fight for their rights. You don't have to pick up a gun to fight; you can do

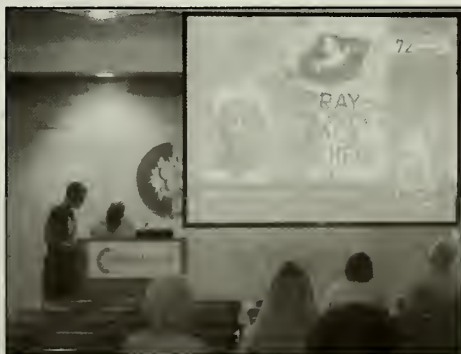


Photo by Brad Yajima - Staff Photographer

Reel Justice: "Praying the Devil Back to Hell" kicked off the film series.

things peacefully."

CEJ focuses on targeting those with a similar passion in advocating a society with equality and social justice. Its goal is to promote this through learning experiences that raise awareness.

"The Center for Equality and Justice is a place where we can

have students, faculty and staff work together to connect like-minded people toward activism and awareness," said Sara Pressey, student program coordinator for CEJ.

The center is always coming up with new ways to share knowledge and ideas about key issues

in our society. Being "outcome-oriented," it supports many different organizations and helps students find out ways that they can assist the community in meaningful service projects.

According to statistics from the CEJ website, "Annually, up to 800 students from CLU, California State University Channel Islands and the community colleges will be involved, along with 15 different community organizations."

CEJ also researches methods to approach challenges occurring around the world, such as environmental issues, suicide and in "Praying the Devil Back to Hell," equal rights for women.

Award-winning "Praying the Devil Back to Hell" starts off with illustrations of impoverished women and children, then fades into footages of poverty in Liberia. Little girls are shown walking miles, balancing baskets on the top of their heads.

With white shirts and white strips of cloth wrapped around their heads, the women of Libe-

ria congregate to take down the dictator who is leading a vicious war.

They form the Mass Action Campaign for Peace movement.

"Looking at people who have lost everything yet still have hope, that's when I wanted a women's movement," said a woman speaking in the film.

Greg Freeland, Director of the Center for Equality and Justice

The first film of the series this year shines a light on women's struggles against dictators for human rights and justice.

"The women in this film are truly an inspiration. They are modern-day saints," Freeland said.

For more information visit www.callutheran.edu/cej

QUOTES: How do you keep focus after a long night of studying?

Liz MacDonald



"I usually go to Starbucks or Coffee Bean and get my caffeine so I can last through the night."

Jake Menke



"I should go in my room, but I end up on the couch watching TV or listening to music."

Brittany Alexander



"I usually do study groups I can't be alone while studying because then I get distracted by things like Facebook."

Jordan Linkou



"I put in my headphones and listen to mellow music."

If you have an idea for a Campus Quotes question, e-mail it to the Echo at echo@calhounheran.edu

Pink signifies Breast Cancer Awareness Month

Hanna Halldórsdóttir
Staff Writer

From water fountains dyed pink in Kansas City to NFL players sporting pink during games, organizations throughout the country are finding innovative ways to raise breast cancer awareness during the month of October.

The National Breast Cancer Awareness Month (NBCAM) organization was founded in 1984, as a partnership of national public service organizations, professional medical associations and government agencies.

These institutions work together to promote awareness of the cancer that kills over a 100 Americans daily.

The month of October was chosen, in part, because the first Race for the Cure was held in the previous October in 1983. It was hosted by one of NBCAM's funding organizations, Susan G. Komen for the Cure.

CLU senior Stephanie Saindon knows all too well how devastating breast cancer can be. Saindon's grandmother lost her battle with the disease in July.

"This disease not only affected my grandma, but it affected the whole family and the community surrounding her," Saindon said. "I can't even begin to describe how it feels to have one of the most influential people in your life taken from you."

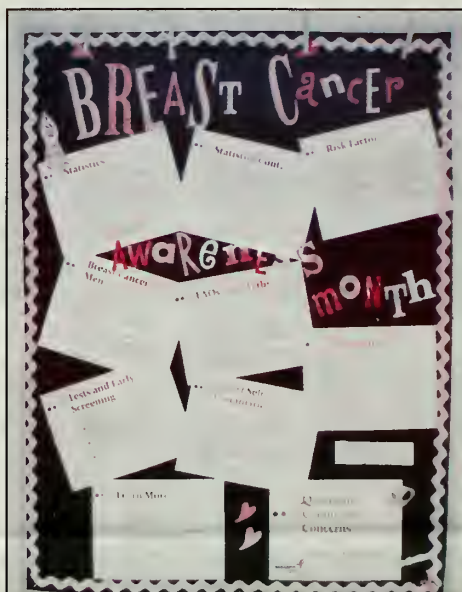


Photo by Brad Yajima - Staff Photographer

Bulletin board: Stephanie Saindon aimed to raise awareness in Trinity Hall

As a Residential Assistant, Saindon is helping spread awareness by posting a breast cancer awareness bulletin board on the fourth floor of Trinity Hall.

"I am such a strong advocate for spreading the word and helping reach out in any way possible," she said.

The American Cancer Society estimates that 254,650 new cases of breast cancer were diagnosed among women in 2009.

This makes the disease the second most common cancer in females, preceded only by skin cancer.

There are approximately 2.5

million breast cancer survivors in the US.

CLU junior Kristina Barckley has a mother who is a breast cancer survivor.

"Before my mom was diagnosed, it was just some other disease out there, and I felt as though it would never happen to me or anyone extremely close to me. Boy was I wrong," she said.

After her mother was diagnosed, Barckley started volunteering for the American Cancer Society's Relay for Life.

Kristina Barckley
Junior

Life.

"I was a team captain for four years, and our team, Templeton Sole, raised over \$25,000 for the great organization," Barckley said.

The survival rate for women diagnosed with breast cancer has increased steadily in the past twenty years. The American Cancer Society attributes that to improved treatment and early detection that comes from increased awareness.

Kimberlie Harwood, MR specialist at the Nancy Reagan Breast Center in Simi Valley, recommends that girls start self-examining their breasts at an early age.

"By the time we are eighteen we know every feature of our face, our arms, our legs, but most people don't really get to know their breasts," Harwood said. "Make them your friends."

The American Cancer Society advises women in their 20s and 30s to start having clinical breast examination done at least every three years.

At age 40, women should start receiving annual mammograms.

While some think the disease only affects women, about 1,910 cases of breast cancer were diagnosed among men in 2009.

Because breast cancer in men is so uncommon, they don't generally get screened for this type of cancer.

However, it is important that men be aware of the disease and see a healthcare professional if they find any lumps.

Multiple organizations in the surrounding communities have special events planned for Breast Cancer Awareness Month.

In Thousand Oaks, the In Touch Day Spa held a 12-hour scrapbooking event called Crop for the Cure on Oct. 2 to raise money for breast cancer research.

The Simi Valley Town Center will be hosting a Back in the Swing retail therapy week. From Oct. 11-17, customers can receive discounts from retailers while raising money for breast cancer.

Graham Crain is eager to vamp up fitness activities

Henrik Gjertsen
Staff Writer

Students working out at the Forrest Fitness Center may not have noticed that a new coordinator for Recreational Sports has arrived at CLU.

Former coordinator Clark Cripps took a position at Western Washington University and left a vacancy in the fitness center's staff to be filled.

Replacing Cripps was destined to be a challenge, but CLU appointed Graham Crain as the new coordinator for Recreational Sports.

With new personnel in place, it might often take time before everything falls into order. However, this is not the case for Crain.

"Graham is great and easy to get along with," said freshman Alexa Boldt, a student worker in the gym. "[He] makes his expectations known, however big or small, and he is always checking and making sure everything is all right."



Photo by Brad Yajima - Staff Photographer

Big smile: Crain gets pumped for a new day with a cup of coffee.

Crain received a bachelor's degree in sports management at Eastern Nazarene College, located on Boston's historic south shore near Quincy Bay.

He also holds a master's degree in student services from Kansas State University.

"I loved every minute of Boston, obviously very different at least in terms of weather from Southern California," Crain said.

Already, Crain has made a difference and is constantly active with affairs regarding student life.

He brings a lot of new ideas that contribute to programming, according to Sally Lorentson, assistant director of Student Life.

"Graham is a great addition to the Student Life team as the new coordinator for Recreational Sports," Lorentson said. "He brings with him a great set of experiences on a variety of campus-

es with each of the three components of his position: intramural sports, outdoor recreation and fitness center management."

Prior to joining CLU, Crain held several positions at Piedmont College in Demorest, Georgia, where he taught sports marketing and event facility management.

He was also assistant coach to the men's basketball team. During the one year he worked there, Crain was active with athletic responsibilities such as intramural events and facility management.

He has a lot in store for students at CLU that he has taken with him from previous experiences.

"The main goal is to get more student participation in fitness and health," Crain said. "Another goal and hope is to expand and create an outdoor recreation activity department to allow student to rent outdoor wreckage like surf boards or mountain bikes."

With this rental service, he wishes to give students more options and opportunities to experience outdoor activities.

Crain feels the warm welcome he has received from the CLU community and is excited about his work in the future.

"I love it. Everybody has been so welcoming here from the first minute I arrived to the point where I already feel [I'm] part of CLU," Crain said. "The overall goal is to create a lifestyle for students at CLU that promotes fitness lifestyles and encourages being healthy at CLU."

Club Lu programming is a whole new ball game

Lilly Price
Staff Writer

Free pizza and games will probably never get old.

Keeping with tradition, Club Lu kicked off the first weekend of September with their ritual Chuck E. Cheese's visit.

This is the fourth year the ASCLUG has continued with the ever popular visit to the local Chuck E. Cheese's for some fun and games for students.

Though traditions like this one will never fade, Club Lu has received a major facelift this year.

After last year's spring retreat, board members decided it was time for changes to be made to the format of Club Lu.

This year the student government at CLU has taken a broader approach to programming with a hope to diversify student programs, according to ASCLUG president Evan Clark.

"We're breaking new ground on programming," Clark said. "I want students to get excited by what we're offering this year."

Club Lu will now occupy the first and third Friday of every month, rather than every Friday as it was done in the past.

Clark hopes that this will allow different types of events to be available to students and allow more funding for each Club Lu that occurs.

The second week of each month

will be called a "support week" and be dedicated to a specific event, which ASCLUG will promote and market during that week.

The last Thursday of every month will be dedicated to a new program for the year, "Rock the Campus," where students will have the opportunity to experience live music on campus.

The goal of this program is to bring in bands from the community and surrounding areas and offer students the opportunity to perform live for their peers.

Programs Board adviser Amanda Whealon discussed the goal of this year's changes to Club Lu: to hit more interest points and "shine a light on these other areas" that may interest students.

"We have chosen the best of the best for this year's Club Lu," Whealon said.

ASCLUG hopes that these fresh and new ideas will attract and appeal to all students and provide a little bit of something for everyone.

Students seem to be agreeing with the changes that have come to many programs on campus.

"I've never been, but this year it sounds like they might actually do stuff that would interest me," senior Ty Fleming said of Club Lu.

By changing the style of programs put on by the CLU student government, Club Lu has the op-



Photo by Brad Yajima - Staff Photographer

Bird's-eye view: Club Lu sponsored a trip to the Dodger Stadium on Oct. 1.

portunity to provide a more diversified set of events.

With the rest of the year's Club Lus planned out, students are encouraged to try out the different programs being offered this year and provide feedback on them.

With a newly revamped web-

site, the ASCLUG has added a suggestion box where students are encouraged to give feedback on events or ideas for future programs.

"Students always have the ability to have their voices heard," Clark said of the website's new

suggestion box feature.

Future programs planned for this year's Club Lu will include a drive-in movie on campus, cosmic bowling, a variety show and a new spin on Christmas Chaos with the introduction of December Days.



Photo courtesy of Pritan Shrestha

Cheering: The audience rose for a wave at Club Lu: Dodgers' game.

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OPINION

Senior outlook on Obama's health care reform bill



Chaz
Hodges

On Thursday, Sept. 23, 2010 the federal bill to reform health care signed by President Obama took effect. This bill ensures that children up until the age of 26 will be allowed to stay on their parent's health care plan.

This is extremely good for someone like me who will be graduating from CLU in the spring. With real life worries about fulfilling major requirements, completing capstones and seeking future employment, I rarely have time to think about health insurance coverage.

The expectation of finding a feasible job is a common thing that seems to stress a lot of seniors.

"I think it's a good idea because as soon as you get out of college you may not get a job right away, so no coverage," said senior Anthony Escobar. "With the new

reform, you're covered until 26, which is awesome."

"I think it's good because it's not a requirement to stay on [health care reform bill] but it gives people the opportunity to stay covered and protected just in case," senior Yeraldy Torres said.

Although it seems like it is a great plan, there is still some doubt among other seniors. Insurance policies are going to get more expensive for those who are above the glass ceiling," senior Zack Pavel said.

Pavel makes a valid point. Many people who are of a higher socio-economic status will be taxed. Yes, I really like the plan but I can honestly say that it is interesting to see how those taxes will affect young adults once they become 27.

I recognized the passing of the bill as a temporary fix. Nick Tasker, president of the College Democrats Club, said, "It's not great but I'll take it; I want universal health care, but hey, that's just me."

There is always room for improvement, but I am sticking with Obama on this issue. Now



Official White House photo

that the foundation has been set, the flaws within the bill will be recognized and addressed.

I want to say that this reform will be an end to the controversial topic of health care in America today. Yet, I know it is not, and many people are displeased. President Obama's own Chief of Staff Rahm Emmanuel said in a recent interview that he wanted to slow the campaign down because it would be stronger.

"The job of the Chief of Staff

is to provide the president with a sense of options and to weigh those equities. His strength is that he wanted that [health care reform], looked at that, and it was one of the things that he said, then, this is why I think it's so important to spend the political capital to get that done," Emmanuel said.

Recently, Emmanuel stepped down from his position in the White House. Emmanuel's withdrawal may not have

anything to do with the bill, but his disdain toward Obama's speedy approach said enough.

When asking fellow upperclassmen how they felt about the health care reform, most were uninformed on the topic. Some CLU seniors applauded the idea, but many were nonchalant and indifferent altogether.

In spite of everything, there are a lot of people who have hope in the bill.

'American Idol': out with Simon and in with J.Lo



Arianna
Thomopoulos

too long to get to the point.

The producer also mixed things up by hiring and firing new judges throughout the years.

Last season America said good-bye to three judges, funny woman Ellen Degeneres, lyrical genius Kara Dioguardi and original judge Simon Cowell.

I love Ellen Degeneres, and I find her to be a very good comedian, but what does she know about music? Her presence on the show made no sense to me.

The parting of Simon, Ellen and Kara brought a whole new hype to the show, which the

show wouldn't have had if any one of them stayed.

The question was raised, who was going to take their places?

American Idol has seemingly pulled out all the stops to make the 10th season the best season yet.

More like trying to keep their viewers from watching something else.

Suspense was looming for months over who was going to be the new judges.

Finally after many long, annoying months of questioning, America's question was answered.

Just last week Randy Jackson,

the only remaining original judge, welcomed his new co-hosts: Aerosmith's front man Steven Tyler and America's fly girl Jennifer Lopez.

I understand the choice of Steven Tyler; although he is a rock legend, he still faces new generations that might not know whom Aerosmith is, so this is a good way for him to connect with a younger crowd.

However, I don't understand why Jennifer Lopez would be chosen to be a judge.

Okay, she knows what she is talking about when it comes to the music industry, but the shoe just doesn't seem to fit.

She's already in touch with the younger generation due to all her endeavors in music, perfume, apparel and movies.

She doesn't seem to be struggling with money or securing a job.

It just might be the rumored \$12 million that she will receive as the new judge that interested her.

That's \$12 million too much if you ask me.

I never understood why celebrities get paid such ridiculous amounts of money.

She has to travel for a couple months and be away from her family, so what?

Don't get me wrong, Jennifer is a great entertainer who has inspired many as well as built a great empire around her.

However, there are thousands of people who face not being with their families everyday; there are doctors who save lives, teachers who sculpt our youth, and they make nowhere close to Jennifer's \$12 million salary.

The amount of money she is receiving for how much time she is giving up, which is about six to eight months including auditions, just doesn't seem fair.

We have a couple more months of waiting until we see how the new judges work out.

Until then Americans can wait with baited breath.

If this season is anything like the past couple seasons, I won't care who the judges are; I'll just hope that this is the end.

Did you hear the news?

They finally announced the new judges on "American Idol."

Steven Tyler and Jennifer Lopez will join the hit TV show.

If you don't know what American Idol is, you must have been living in a cave somewhere.

"American Idol" is responsible for catapulting an average Joe into superstardom.

It doesn't even matter if you win the show or not.

It seems that if you lose, you have a better chance of making it than if you win.

For example, Jennifer Hudson came in seventh in her season and went on to win an Oscar.

I can't say the same thing for Taylor Hicks, the fifth season winner.

Now "American Idol" is entering its 10th and rumored to be last season with new competitors and two new judges.

However, the show hit its peak years ago.

They tried to bring new energy by changing the format of the show, which just prolonged the show, for the worse.

I used to watch the show, but after a couple years, it just took



Photo courtesy of americanidol.net

No room for parking

Parking proves to be a hassle for both commuters and residents



Rocío Sanchez

Imagine this, you make your way back to campus on a Sunday night and drive in circles around the Grace parking lot trying to find a parking spot.

After 10 minutes, you finally see one. With high hopes, you speed up so you can secure it before anyone tries to pull a quick one on you.

As you make the turn into the parking spot, bam, it's a tiny motorcycle taking over the entire spot. And there you are, left alone, looking and feeling like a total low-life.

It isn't any better for the commuters. We've all seen how close some cars are parked; they look like Siamese twins, stuck together.

I would honestly hate walking out of class, finding my car and not being able to get out.

CLU needs to make sure, since there are more students, that there are enough parking spots, not only for residents but for commuters and staff as well.

Commuters shouldn't have to be late to class or stress out about not being able to find parking.

There are spots at CLU that I think can be turned into commuter parking zones.

The spot where the swing set is, right across the street from the football field, isn't really being put to good use.

Don't get me wrong, I have seen elderly people walk their dogs at night and turn it into a disposal area, but other than that, it's been pretty lonely.

If CLU doesn't want to put in

the effort to make more parking spaces for students, then maybe they should really consider how many students are admitted to the university.

Some have brought up the idea of having assigned parking close to our assigned halls for students living on campus, but I don't think that's the smartest idea.

Unless they want to paint our name on our corresponding parking spot, then I don't think it would be that great.

I do think that parking spaces should have numbers on them, because we sometimes have those "dude where's my car?" moments.

With numbered parking spaces, some of us will remember it or make a note of it on our phone, so when we go out to our cars, we remember where we parked.

I also think motorcycles, or those electric scooters of some sort, shouldn't be able to park in the parking spots.

We've all seen how close some cars are parked; they look like Siamese twins, stuck together.

No offense to those who drive motorcycles, but they should not take over an entire parking spot that a car can use. Instead, CLU should make parking spaces designated for motorcycles only.

With homecoming approaching, it makes me wonder how crazy the parking is going to get.

The streets will be flooded by cars, but as long as non residents don't park in resident parking, then everything should run smoothly for us students.

At the same time, if there are problems with parking during homecoming weekend, CLU administrators can't blame anyone but themselves for not planning ahead.

Like I said before, if CLU is admitting more students each year, new additions should be made so that we aren't left with the short end of the stick.

Flu shot: total scam or life-saver?



Cassie Copeland

CLU students: winter is on its way. Do not be deceived by the extremely hot weather that we have been having late into October. Absences due to illness have been frequent only a month into classes, so the flu season is already upon us, which means flu shots are a must.

The question that stands is whether it is really worth it to get the flu shot or not?

According to Richelle Copeland, an R.N and O.C.N, the flu shot is made to prevent the upcoming virus for that winter.

Although there are several strands of the flu, the shots protect you mostly from the flu from that year. For example, last year if you had received a flu shot, it would have helped prevent contracting H1N1.

This year, the flu shot includes the H1N1 vaccine, commonly known as the swine flu, and also two other strands.

According to the World Health Organization, the most vulnerable people for the flu season range in age from 6 months to 24 years old.

The Centers for Disease and Prevention say that the flu is striking early this year and that many doctors' offices and hospitals are prepared and currently supply the vaccine. They are urging everyone from six months of age and older to receive the vaccine.

Copeland says that when someone comes in contact with the flu and it enters their body, it takes anywhere from seven to 14 days before anyone starts to feel the symptoms of the flu.

If you think of how many people you come in contact with in one to two weeks and then how many people those people come in contact with during

students, I come in contact with a large number of people everyday. Based on the number of people I come in contact with in one day, the chances of contracting the flu are high.

I actually just recently got over a cold and there were several people in my classes who had been sick. I do not know exactly who I received it from, as most people do not. I have probably now passed it on to some others that may start to feel sick.

It is important that students who feel ill take the time to get better without coming in contact with others.

Last year, we experienced students missing class due to H1N1.

One major way to prevent this is by getting the flu shot, which not only helps you stay well but protects the people around you.

In doing so, we can attempt to prevent spreading the symptoms and prevent the misery that can be associated with the flu.

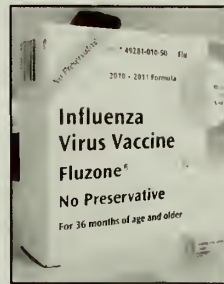


Photo by Rebekah Klierer - Photo Editor

that time as well, the number multiplies rapidly.

As a college student living in Trinity with three other roommates, having classes with multiple people and having a campus job working with other

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Even if you do not make a donation, this website is a great way to become aware of serious issues going on in our world.

Thank you for your time.

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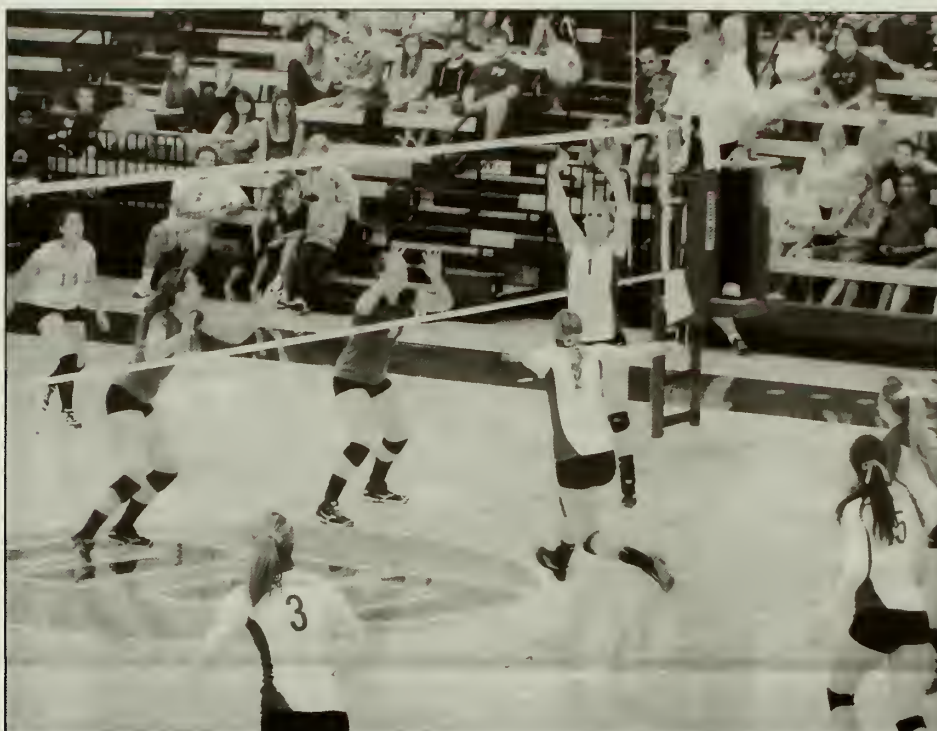
Photo by Danika Briggs - Staff Photographer

the Echo

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SPORTS

Regals volleyball leads SCIAC conference 6-0



Sideout: Sophomore Jackie Russell (No. 1) sets the ball for first-year teammate Lauren Rohach (No. 2).

Photo by Danika Briggs- Staff Photographer

Claire Whitten
Staff Writer

The CLU women's volleyball team remains undefeated in SCIAC so far. The Regals played Claremont-Mudd-Scripps Friday, Oct. 1, winning the match in four games, and then played the Pomona Colleges Saturday,

Oct. 2, winning the match in three.

The scores from the Claremont match were 25-16, 23-25, 25-20 and 25-16. CLU won the first, third, and fourth match, winning 3-1 overall.

The Regals remain on top in SCIAC, with a record standing of 11-3.

"Our team stands out in SCIAC because we are a close team. We are like sisters and best friends off the court, so we trust each other, and we all work hard together for every single point," sophomore setter Jackie Russell said.

Coach Kellee Roesel made it clear at the beginning of the sea-

son what she wanted to see from them as a team this year.

"This year, at the beginning of the year, coach started the phrase, 'It's on!' to describe her thoughts on the upcoming season, and it has really stuck. The phrase is on the back of our warm-up shirts, and we use it a lot in our huddles. It keeps us

focused on working as hard as we can whenever we are out on the court," junior right side hitter Casy McWhirk said.

CLU women's volleyball is led by senior captains Allison Kerr and Megan Thorpe. Starters include junior Jacki Richards, McWhirk, Kerr, Thorpe, Russell and sophomore Rachel Smith.

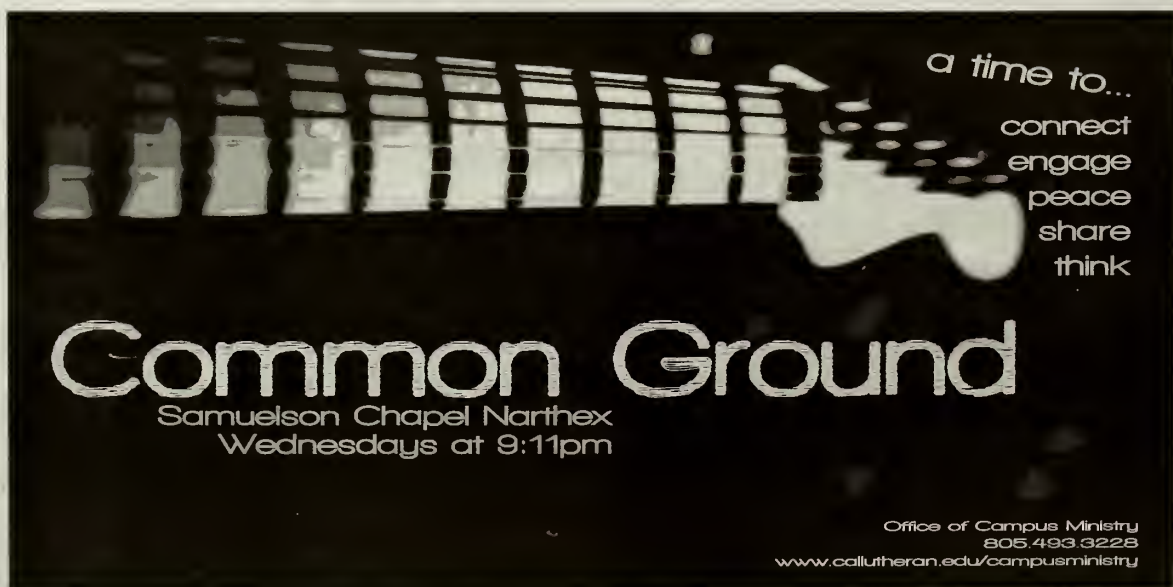
"Our whole team has one more year under our belts. We have Jacki Richards in at libero now, which has strengthened the team, and Casy McWhirk is doing a phenomenal job in the right side spot. All of the girls on the court feel like this is our year, and we won't let anything get in our way," Thorpe said.

Throughout the match, at timeouts and in between games, the Regals turn up their play list and dance to the music.

"Our music is what gets us in the zone. When we are dancing, we feel relaxed. If we went out there and played the game tense and nervous, we would not be as successful. We like to have fun, and when we have fun, we win," Thorpe said.

The Regals will compete against the rest of the SCIAC conference in matches for the next few weeks and then play Schreiner and Endicott in the Leopard Invitational at La Verne on Saturday, Oct. 9. The SCIAC tournament will be held Nov. 5 and 6.

"In order to be at our best by the end of the year, we have just been focusing on getting better in every game that we play," McWhirk said. "As long as we focus on our game and make sure we are doing what we can to improve, it doesn't matter who we are playing or what the score is."



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Spangler and Martinez hope to leave lasting impact



Photos by Brad Yajima - Staff Photographer
Heads up: Jorge Martinez (No. 9), fights for a header in Wednesday's game against the Redlands Bulldogs.

Aaron Fisher
Staff Writer

As the Kingsmen soccer team reaches its halfway point this season, senior captains Jorge Martinez and Robbie Spangler are making sure the team is still working hard to perform at their best.

As leaders of the team, they know their work ethic and example on and off the field is crucial to the development of younger players on the team.

"As captain, I understand that I represent all Kingsmen soccer players including the alumni, coaches and current players. Therefore, it's very important that I perform with elegance and respect on and off the field," Martinez said.

Spangler, who plays defense for the Kingsmen echoes this sentiment, "This program is not just a one-year program, and as seniors, our examples carry over from one year to the next. Our team is young, and I know my

actions will have an impact on the younger guys up until they are seniors and maybe even beyond that."

Martinez and Spangler have learned a lot from their coaches and teammates. Whether it be through constructive criticism or direct instruction, these players have learned valuable lessons that will stay with them after their playing days on the field are finished.

"Taking responsibility for my actions is the most important thing I've learned from Kingsmen soccer," Spangler said. "Not taking care of things can sometimes come back to haunt you, and when you don't take responsibility, you're also losing trust from the players around you, and that's a crucial factor in becoming a team."

For Martinez, there are many aspects of life that he'll take from his experiences on the field.

"The most important thing I've learned is to always accept my mistakes and try to improve

everyday to achieve a higher level," Martinez said.

Martinez was born in Mexico City and graduated from Valencia High School after setting a high school record for goals. Martinez came to CLU after visiting the school and receiving support from CLU coach Dan Kuntz and other Kingsmen soccer players.

As for now, Martinez is focused on the second half of the season.

"We have a lot of young players, and we have been away for most of our games. We had to deal with things such as differences in turf, slopes and size of the field. I think we will improve once we start playing home games because we know the field very well.

Martinez added, "The most important thing at this moment is to stay focused, looking forward to the next game, and put our best effort out on the field," Martinez said.

Spangler agrees with his co-

captain. "We have a young team with a bright future, so we have to stay together and build upon what we have to make each other better. Each game is a learning experience, and from each game we can grow," Spangler said.

For Martinez and Spangler, the past four years representing the California Lutheran University men's soccer team has been an experience they will not soon forget.

"My most memorable moment

as a Kingsmen was winning a SCIAC title," said Martinez, referring to the championship team of 2007-2008.

Spangler's included a game that ended in a 3-3 double overtime tie.

"At Redlands, we were down 2-0 and came back to tie it," he said. "Redlands went up a goal and we answered right before regulation ended. It was one of those games where you could tell everyone's heart was into it."

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Clark and Vaughan lead CLU to national ranking

Chris Ramirez
Staff Writer

Carrying an eight-game undefeated streak into its match against Redlands on Wednesday night Sept. 29, the Regals soccer team is off to its best start in its history.

A 55th minute strike by sophomore Mayra Virgen was the lone goal in the match as California Lutheran University continued its dominance on the pitch in a 1-0 victory at the University of Redlands.

CLU (8-0-1, 3-0-1 SCIAC) has gained national attention for its impressive start to the season by earning rankings of 22nd and 20th in the National Soccer Coaches Association of America (NSCSA) and D3Sports.com polls, respectively.



Photos courtesy of Chris Humphrey

Taking the lead: Brittany Clark (#19) takes control of the ball, preparing to make the perfect pass.



Photos courtesy of Chris Humphrey - NextSetPhoto

Group oriented: The CLU women's soccer team huddles together to discuss tactics against its opponents.

“I live close to Simi [Valley], but had never thought of Cal Lu as an option until I went to visit and loved it.”



— Sinead Vaughan
Junior, midfielder

photo courtesy of Scott Chisolm

CLU is currently on its second four-game winning streak of the season. CLU's impressive play has been a steady combination of offense and defense as the Regals outscored opponents by a margin of 26-6.

Senior forward Brittany Clark and junior midfielder Sinead Vaughan have played a huge part in the success the team has achieved this season.

“Our team has done really well,”

Clark said. “We have the best record since I started as a freshman. We work hard at practice and are willing to learn to fix the things we need improvement on. We all have so much faith and support in

each other, which has translated on the field.”

Clark, an exercise science major, is the leading scorer on the team with six goals.

She led the squad with 13 goals

last season and completed the rarest of feats by earning her second career hat trick against La Verne on Sept. 25. Her third goal of the match came off an assist from Vaughan, in which she received

a through ball from a run up the middle and scored inside the 18-yard box. Clark is also the leading points scorer with 14.

“I have played forward all my life, including the last three years at CLU,” Clark said. “I think with those experiences comes knowledge of where you need to be and when you need to be there.”

Vaughan, a communication major, is directing the midfield for the Regals and has started in all nine games this season.

In her first season at CLU, after transferring from Moorpark College, she has thrived in her new home by leading the team in four assists and contributing three goals.

She is currently third on the team in points with 10 and added another assist in Wednesday's 1-0 win over Redlands. While most players take a while to adjust to a new team and school, Vaughan has certainly found a place she can call home.

“My freshman year I went to California State University, Northridge, and quickly realized that school was not for me,” Vaughan said. “During my sophomore year, I took a step back and went to Moorpark to re-evaluate and see where I wanted to go. Frank, our coach, called me and told me to come out and take a look at Cal Lu. I live close in Simi, but had never thought of Cal Lu as an option until I went to visit and loved it. The small campus had a good feel to it, and all the new sports facilities were great. I knew whatever school I chose would have to be smaller and more welcoming, and this just seemed to be the right fit.”

CLU defeated Whittier 1-0 on Saturday, in which Clark netted her seventh goal of the season.

COVERING ALL THE BASES:

World Series 2010: expect the Rays to raise the bar



Andrew
Parrone

October is already upon us, and for baseball fans everywhere there is no better month of the year.

The marathon that is the MLB regular season is finally over, and only eight teams remain to battle it out for the World Series over the next month.

Any conversation about the postseason has to start with the New York Yankees. The defending World Series champs have probably the most dangerous lineup in the game, headed up by perennial All-Stars Derek Jeter, Alex Rodriguez and Mark Teixeira. Their pitching is headlined by CC Sabathia, who is tied for the most wins in the majors with 21. It's always hard to bet against the

Bronx Bombers in October.

In 2008, the baseball world was shocked to see the Tampa Bay Rays make it all the way to the World Series. No one would be surprised to see the AL East champs win it all now. Young star David Price has already turned into one of the AL's top pitchers, and Evan Longoria leads a lineup full of big-game experience. Manager Joe Madden always seems to get the best out of his players. Hopefully some fans actually show up to these games because they have been missing out on some great baseball.

It should surprise no one that the Minnesota Twins ran away with the AL Central. Year after year they play solid, smart baseball for Ron Gardenhire, one of the game's best managers. This year they have managed to survive for a huge stretch of time without All-Star Justin Morneau, who has been slow in coming back from a concussion. Reigning AL MVP Joe Mauer has continued his stel-

lar all-around play, while pitcher Carl Pavano has emerged as an unlikely leader of their rotation.

For the first time in recent memory, the Los Angeles Angels will not be representing the AL West. Instead, the surprising Texas Rangers ran away with the division. A midseason trade for ace Cliff Lee finally gave their pitching staff a legitimate playoff-caliber pitcher, while outfielder Josh Hamilton will try to replicate the success he was having before breaking his ribs several weeks ago.

The San Francisco Giants narrowly beat out the San Diego Padres for the best record in the NL West. Their pitching staff consisting of Tim Lincecum, Matt Cain and Barry Zito has carried them to the best team ERA in the NL, while the addition of rookie phenom Buster Posey has added some punch to their lineup.

The hottest team over the past two months has been the Philadelphia Phillies. For the first four

months of the season they hardly looked like a World Series team, but they have ridden the momentum of a trade deadline deal for pitcher Roy Oswalt to the best record in baseball. Fellow trade acquisition Roy Halladay has been phenomenal and looks to be a favorite for the Cy Young, and now that their potent lineup has gotten healthy they will be difficult to stop.

Probably the most surprising team to make the playoffs is the Cincinnati Reds, who have not been to the postseason since 1995. While their pitching has been inconsistent, their offense produced the most runs in the NL. Slugger Joey Votto turned in an MVP-caliber season at the plate, doing his best Albert Pujols impersonation to help the Reds beat out the Cardinals in the NL Central.

If there's a sentimental favorite to win the World Series this year, it has to be the Atlanta Braves. Longtime manager Bobby Cox is retiring at the end of the season,

and it would be nice to see him end his Hall of Fame career as a champion one last time. Pitcher Tim Lincecum leads a deep starting rotation into the postseason, and rookie sensation Jason Heyward headlines a balanced lineup for the NL wild card winner.

Though it would be nice to pick the Braves because of the Bobby Cox factor or easy to pick the Yankees or smart to pick the Phillies since they've been so unstoppable lately, I'm going to go out on a limb and pick the Rays as my World Series champs. The experience they gained two years ago is going to be invaluable as they try to take it one step further. They will take Philadelphia in seven games, relying heavily on Price throughout the series.

The regular season may be over, and there is a good chance your team is already out of the mix, but the next month is sure to produce a few classics. So feel free to tune in regardless of who you are rooting for.



Local beach
quality ranked
number one

Page 2



'Dog sees God'
is playing
this week
in Black Box

Page 6



Ben McEnroe
nominated for
'Coach of the
Year Award'

Page 11



October 13, 2010 Vol. 56 Number 4

the Echo

Roadside blaze sparks fire season in Thousand Oaks

Xavier Walton
Staff Writer

On a day of record-setting heat, a large brush fire broke out along Highway 101 near Hampshire Road in Thousand Oaks.

The brush fire was reported at approximately 2 p.m. on Monday Sept. 27.

The cause is still undetermined and is being investigated by the Ventura County Fire Department Investigation Unit.

What began as a quarter-to-half-acre fire, grew into a 50-acre blaze within a matter of hours.

The record-setting heat fueled the dry brush as it burned uncontrollably.

"With this weather, we're not taking any chances," Bill Nash, Public Information officer for the Ventura County Fire Department told the Ventura County Star.

Due to the extreme heat, gusty winds and low humidity, a red flag warning of extreme fire danger was put in place for local valleys and mountains via the National Weather Service.

The heavy brushfire prompted a major response from Ventura and Los Angeles County fire departments and California Fire Department.

According to the Ventura County Star, there were over 200 firefighters, hoses in hand, working to put out the fire.

"It gets difficult at times," firefighter Marcos Aviles said. "But you just got to get through it and do your job."

The Third Battalion Station 30, Civic Center was one of the first

units on site. Aviles, a member of the Third Battalion, arrived shortly after the fire started and was not relieved until 10 p.m.

Many firefighters worked shifts longer than seven hours; some worked under the blazing sun; others worked through the night, keeping the fire from spreading and looking out for potential flare-ups.

Water was transported from local water supplies because there were no fire hydrants near the scene.

This was an obstacle for firefighters; however, helicopters assisted the departments' efforts as they doused the flames with water from above.

Backfire, a technique used by firefighters, proved to be successful as well.

This occurs when a fire is created along the inner edge of the fire line to gain control and manipulate the path of the fire.

It was used to prevent the fire from spreading onto local businesses.

There were two local businesses that were in harm's way, the Spectrum Fitness Club and Telecom Industries Inc.

The fire also burned down to the parking lots of The Lakes, one of Thousand Oaks' newer upscale shopping centers.

No homes were seriously threatened, but fire trucks were deployed to nearby neighborhoods to reassure the public's safety.

By Tuesday morning the major brushfire had consumed just over 50 acres.



The fire was 50 percent contained and still required attention from the local fire departments.

Most of Tuesday afternoon was spent mopping up the fire.

The goal of mopping is to make sure the fire edge is safe, eliminating the fire's potential of spreading.

"It was more than likely a vehicle [that started the fire]," said John Berg, Ventura County Fire Department investigator. "It could have been a cigarette, doubtful, but a lot of times diesel exhaust gets thrown out of pipes from semi trucks or hot parts from the brakes. With the heat and low humidity, it could have been any of those things."

The fire was 100 percent contained at 8:20 p.m. Sept. 28 after consuming over 55 acres of dry brush off Highway 101.



Photo above by Talia Loucks - Staff Photographer | Photo below courtesy of Juan Carlo/Ventura County Star
T.O. Fire: (above) Land near Hampshire Road was burned by the fire (below) Local firefighters battle the flames

CLU student denies marijuana charge

Jessica Kaczor
Staff Writer

CLU junior Jacob Papapietro, arrested on campus on Sept. 28 for possession of marijuana with the intent to sell, admits to smoking pot but denies he planned to sell it.

Papapietro, who was suspended indefinitely from CLU, said "I had no intention of selling the weed."

According to Papapietro, he and his roommate were smoking

in his car in the parking lot between Grace Hall and Mogen Hall.

A Residential Assistant knocked on the window after smelling marijuana and proceeded to search his car.

Also according to Papapietro, she called Campus Safety and Security, while Chris Paul, director of Residence Life, called the Ventura County Sheriffs Department.

"The police did a search and found an unfinished bowl and

three jars of marijuana, totaling 45 grams," Papapietro said.

He said it was his home-grown, organic weed and told the deputies he had anticipated donating it to the dispensary where he uses his medical marijuana card.

Paul then searched his room and found a scale that Papapietro had bought the day before.

Papapietro claims he bought the scale for his personal use. They then arrested him for

[See INTENT, Page 3]

Rutgers teen suicide puts spotlight on cyber bullying

Rachel Flores
Staff Writer

On Sept. 22, Tyler Clementi, an 18-year-old freshman at Rutgers University and accomplished violinist, ended his life by jumping from the Washington Bridge into the Hudson River after his roommate broadcast an inappropriate video on the Internet.

Three days before Clementi ended his life, his roommate, Dharun Ravi, secretly filmed and broadcast Clementi having an intimate night with another male student at Rutgers.

The video became widespread throughout the student body, and Clementi turned to suicide as the answer.

"It seems like society is opening [See SUICIDE, Page 2]

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NEWS

Student commits suicide after roommate posts video online

[SUICIDE, from Page 1]

and more; however, this instance went too far," CLU freshman Hooty Hooten said. "I feel like Clementi could have reached a state where he was comfortable to share his sexuality, but his roommate pushed the boundaries to another level, which isn't ok."

The Washington area has seen a large incline in teen suicides over the year.

Unfortunately, all the suicides have been related to sexuality preferences.

The constant bullying is what usually leads one to death.

Of the 50 states in the U.S., only six states legally honor same sex marriages, including Iowa, Massachusetts, Connecticut, Maine, Vermont and most recently New Hampshire.

On the West Coast, California, Oregon and Washington offer same sex marriage benefits under domestic partnership laws, according to the State Policy and Politics Quarterly.

In the month of September there have been four other similar teen suicides throughout the United States; these stories have made national news, establishing this as an unwanted trend.

In light of these recent events, celebrity Ellen DeGeneres made a public service announcement regarding gay suicide and bullying.

"One life lost in this senseless way is tragic; four lives lost is a crisis, and these are just the stories

we hear about. How many other teens are suffering in silence? Being a teenager is hard enough without someone attacking you," DeGeneres said in a YouTube video.

According to Centers for Disease Control and Prevention, 34,598 suicide deaths were recorded in 2009.

For every 100,000 people, there were 11.5 suicide deaths.

Of these suicide deaths, firearm, suffocation and poisoning deaths are the most common.

"I feel like there have always been stories of kids being bullied to the point where they have to move schools, so I feel like the wake-up call to society was a long time ago," CLU student Brittany Weber said.

Weber, along with other students at California Lutheran University, seemed shocked and saddened by the news.

For those students uninformed of these instances, it is important to know the effects that bullying can cause.

"People are cruel and selfish especially if somebody has to take someone's personal time and present it to the world as a joke. People need to be a little less concerned about other people's business," Weber said. "It's disgusting that people have nothing else better to do with their time than to publicly humiliate someone because of their own business behind closed doors."



Photo by Bekah Kliever - Photo Editor

Quality waters: This Malibu beach, off Pacific Coast Highway, is part of the 92 percent that received a top grade

Ventura beaches rated top quality

Katie Yates
Staff Writer

Ventura County's beaches have been rated number one for cleanliness once again in the state of California.

Every year in the summer months, samples are collected to test the bacteria content that causes pollution in local beaches.

"The process is done collaboratively through the health department and other agencies," said Amanda Griesbach, beach water quality scientist at Heal the Bay.

The criteria of the water is based on 100 millimeters in samples that are collected, run through tests that can take up to 18 to 24 hours and graded on an A through F scale.

Whether the results are higher or lower than the criteria determines how the beach will be graded. The results are then posted for the community to see, and they decide what's best for them.

The samples are not tested and graded on the amount of trash or toxins on local beaches, only on the bacteria.

"It's based on the community, whether they want to go or not," Griesbach said. "We are providing information, but it's your choice; your risk for illness will be higher with a lower grade."

The three dirtiest beaches on Heal the Bay's list were Avalon

Harbor Beach on Catalina Island, Cowell Beach in Santa Cruz County and Cabrillo Beach in Los Angeles County.

There could be a number of reasons why Ventura beaches were rated number one, according to Griesbach. Data is only taken through Memorial and Labor Day, which are some of the driest months in the summer.

The dry weather is most likely the number one factor why the quality of water is best in Ventura County because there is less runoff polluting the water.

"I'm partial to the beaches back home, but the Ventura County beaches are a close second for me," said CLU senior Jamie Buffkin, who is from Huntington Beach, Calif.

Despite the lack of funding that California's beach monitoring has received over the past three years, which is over \$1 million, they have remained No. 1 for the past four years according to the Heal the Bay summer report.

In fact, 92 percent of California's state beaches received an A or B grade during the dry summer months.

This summer seems to be the best in terms of data; samples collected during the remaining months show the cleanest on record despite a few problem areas, one of them being Los Angeles, which had nine beaches rated below the criteria according

to the report.

The State Water Resources Control Board funds California's monitoring programs where they are able to pay for the necessary testing, as well as posting notification signs to inform the community about health risks.

It is unknown whether they will continue funding in 2011.

Heal the Bay is an organization committed to teaching the community about preventing pollution in California's waters and making a safer environment for those around us.

The education aspect is also a very important part of Heal the Bay's commitment to cleaner beaches across California's coast.

"We have been trying to educate and make people aware of the decisions they make," Griesbach said. "Even the littlest thing, like picking up your pets waste so it doesn't run off into the storm drains and into the ocean where it causes pollutants, can help our beaches' waters."

Educating the community is important to prevention of pollutants in California's waters, as well as local beaches.

"The key steps for communities to ensure safer beaches are preventing or limiting sewage spills from overflow and outfall pipes and limiting the use of pesticides and fertilizers on commercial crops," said Grady Hanrahan, a professor of analytical chemistry at CLU.

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State election less than a month away

Courtney Murray
Staff Writer

It's election time again, and California has another choice to make in the upcoming general state election, which will take place on Nov. 2.

Although there are many candidates, propositions and officials on the ballot, due to their campaign strategies, it is Democratic candidate Jerry Brown and Republican candidate Meg Whitman that have caught the most attention.

"Excessive taxation starves

our economy of innovation and entrepreneurship. We need to build the new California economy with the goal of making it easier to start a new business and create jobs in our state," Whitman said on her website.

According to Whitman, she expects to create two million new private-sector jobs by 2015; she will ensure Sacramento spends no more than what it takes in, and she plans to direct more money into the classrooms, while also giving parents more input.

Brown has many different plans of action.

According to his website, he wishes to create more jobs in the private sector, put more money into education, ensure that money is spent carefully and create reforms to return California to a fair but affordable pension system.

"The next governor must be ready to stand against the crowd to lead a broken legislature out of a morass of poisonous partisanship. It will take old-fashioned hard work, patience [See ELECTION, Page 3]

CLU junior suspended indefinitely after arrested for 'intent to sell'

[INTENT, from Page 1]

possession with intent to sell.

"The student was arrested for the allegation of having possession of marijuana for sale, which is a felony," said senior deputy of the Ventura County Sheriff's Department Eric Buschow.

According to Papapietro, he was put in a holding cell at the Thousand Oaks station off Olsen Road, where his father picked him up and paid the \$20,000 bail.

CLU junior Karli Adkins spoke with Papapietro as he was leaving campus after being arrested.

"I saw Jacob wearing his black cape and green bandana, and he told me [he] was leaving because he was arrested for intent to sell weed but that he had a lawyer,

and he was going to go to court to prove that he was innocent," Adkins said. "He said he was not coming back and that he was going to San Diego to have fun."

The university policy on drugs states "possession of marijuana on campus for any reason is strictly prohibited."

The handbook also states that the university has the right to expel or suspend any student who sells or distributes any sort of drug that is prescription or nonprescription, including marijuana.

"Public Safety and California Lutheran University take a strong enforcement regarding our drug and alcohol policy," said Fred Miller, director of Campus Safety and Security. "We will act as the liaison between the sheriff's department and CLU."

Miller explained that depending on the situation, security might be more or less willing to call the sheriff's department.

First Residence Life or the

CC Residential Assistant in the hall would immediately be contacted, followed by Campus Security.

Campus Security will then decide whether or not the sheriff

should be called depending on what type of drug is found and what is found with the drug.

"If any drug other than marijuana is found, the sheriff

will be called," Miller said. "With marijuana it depends on the amount and purpose."

Papapietro appeared in the Ventura County Superior Court the morning of Oct. 5.

He was charged with one felony count of the possession of marijuana for sale.

"I think it's unfair. I'm innocent," said Papapietro of Bonita, Calif.

He was a resident in Mogen Hall and played soccer at CLU for two years.

Before leaving campus, Papapietro said he went to each of his professors and explained his side of the story.

"They were very supportive," he said.

In the meantime, he has sent an appeal to William Rosser, dean of students, so he can

come back on campus and visit friends.

As it stands, he cannot come onto campus without security being alerted.

"I am a part of the campus culture. I smoke weed and am very open about it," Papapietro said. "I hope at least they will change the rules for kids in the future."

The case will continue on Oct. 26 for an early disposition conference and on Oct. 28 for a preliminary hearing.

Studies show that the use of marijuana is most common among young adults between the ages of 18 and 25, specifically among college students.

According to the Centers for Disease Control, in the past year 30.2 percent of college students have used marijuana.

Pre-Election Poll

■ Whitman ■ Brown ■ Other



Graphic by Bekah Kliever - Photo Editor

Election Stats: A poll shows that Brown is an early voter favorite

[ELECTION, from Page 2] and a keen understanding of the process," said Brown in his budgeting plan.

Brown has sufficient experience in running for office. He has been governor two times prior to this campaign.

In recent polling data, from *Real Clear Politics*, Whitman is trailing behind Brown 49.5 to 43.3.

From what is posted on the candidates' websites, it seems they have many of the same opinions on certain issues.

They both wish to create new jobs.

It is the way they present their courses of action that makes it different from the rest.

There have been negative ads put out by both Whitman and Brown.

"It's campaigning; I'm not saying it's necessary, but how many clean campaigns has anyone ever seen?" said Ashley Ramos, a CLU senior majoring in political science.

In a televised debate on CBS on June 29, Whitman said, "California has a government it can no longer afford."

She also said it would be a false hope for voters to put Brown

back in office, trusting him to fix the state's budget and turn around its economy.

Whitman repeatedly charged that he was too cozy with public employee unions, which have campaigned on his behalf.

That same night, Brown defended himself by mentioning his two previous terms as governor and characterized himself as fiscally conservative.

He said his years as governor, from 1975-83, were marked by fiscal restraint, clashes with state employee unions and robust private-sector job growth.

"Nobody is tougher with a buck than I am," Brown said. "Make no mistake about it."

Even if students are not necessarily following the election, they can still vote because every vote counts.

"I encourage everyone to vote," Ramos said. "But it's important to make an educated decision because it can come to bite you later if you never knew what you were voting for to begin with."

In addition, Democrat Barbara Boxer and Republican Carly Fiorina have also gained the most attention in the running for state senator.

State economic recovery lags behind nation

Sean Post
Staff Writer

The sustainability of California's economic growth has been unsuccessful in recent years, and according to recent reports, the situation is not getting any better.

In the third quarter of 2010, economic forecasts indicate the state of California is experiencing a very weak recovery.

The CLU Center for Economic Research and Forecasting predicts the third quarter growth of California's economic recovery to be 1.3 percent behind the rest of the nation.

California Lutheran University researchers indicate there are a number of key factors that contribute to the slow economic recovery of California.

"California is not the only state that is in a state of slow economic recovery; the entire nation is," said Bill Watkins, executive director of CERF. "The reason being that our country experienced what is called a regime shift, which happens when a system goes from one relatively stable state to another."

The business aspect of

California's economic recovery is slow because of its uncertainties.

"Businesses and consumers are indebted, and there are many uncertainties with the market right now that lead to apprehension with business," Watkins said.

He also commented on the UC, CSU and community colleges throughout California and how their budget cuts have led to a slower economic recovery.

"The California colleges largely contribute to the 'tech booms.' Without funding, there can be little contribution to California's economic and business success," Watkins said.

Housing is another large issue that has hindered California's economic progress.

Specifically, the accumulation of housing debt is one of the main reasons California's recovery is so much slower than the rest of the nation.

As a result, the real-estate markets as well as the financial industries in California, are weak.

"As of right now there are no nice solutions for the housing issues in California," said Dan Hamilton, CLU economics professor and director of economics at CERF. "A painful

solution would be to introduce a policy which moves households from houses they are unable to afford into apartments.

This would help get the market back to normal."

While this seems drastic, it may be the only solution to alleviate the housing issues in California. Currently, there are no such policies.

Right now the state's process is to try to help households keep their homes, but that process simply delays the inevitable because so many people are losing jobs, and as a result they are no longer able to afford their homes.

According to CERF, the overall problem with California's lack of economic recovery is its lack of infrastructure.

For anything to happen in the state now, a long and expensive process is required, and it often leads to uncertainties with businesses, finance and housing. Job growth will also not improve throughout the remainder of 2010, which in no way will help move any kind of recovery along.

Some wonder if the upcoming state election will introduce officials that can move our state recovery along at a faster rate.

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CALENDAR

Wednesday October 13 <ul style="list-style-type: none"> • The Tournées Festival - 'Paris' 7 p.m. Preus-Brandt Forum • Exercise Science Club Meeting 8 p.m. Gilbert Room 253 • Common Ground 9:11 p.m. Samuelson Chapel 	Thursday October 14 <ul style="list-style-type: none"> • Midnight Madness: Food Drive 11:15 p.m. Gilbert Sports and Fitness Center (2 cans of food or \$2 needed to gain entry) • Exercise Science Club: Lecture about Physical Therapy and Admissions to USC 2 p.m. Gilbert Room 253 	Friday October 15 <p><i>THIS DAY IN HISTORY: 1951</i></p> <p>"I LOVE LUCY," STARRING LUCILLE BALL AND DESI ARNAZ, HAD ITS TELEVISION DEBUT.</p>
Saturday October 16 <ul style="list-style-type: none"> • Career Services Workshop: Resume Writing/Proactive Job Search 4:30 p.m. Roth Nelson Room • Football Tailgate Party Noon Mt. Clef Stadium • Psychcollagic - Art by Barry Burns Kwan Fong Gallery 	Sunday October 17 <ul style="list-style-type: none"> • Renovation 7 p.m. Samuelson Chapel 	Monday October 18 <ul style="list-style-type: none"> • The Undie Run 2010 11:45 p.m. Gumby • Meditation Monday 10:10 a.m. Kingsmen Park
Tuesday October 19 <ul style="list-style-type: none"> • CLU Getaway: Getty Villa 5 p.m. Malibu 	Next Week: October 20 - October 26 <ul style="list-style-type: none"> • The Tournées Festival • The Reel Justice Film Series • Homecoming and Family Weekend • Founder's Day Convocation • Southwest American College of Sports Medicine Conference <p>Do you have an event to submit to the Echo? E-mail date, time, location and contact information to lbrittai@callutheran.edu</p>	



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FEATURES

Know how to stop alcohol abuse? There's a grant for that

Lilly Price
Staff Writer

Last year, CLU received a 3-year, \$30,000 award to be used for alcohol education programming and research among undergraduates.

This grant, called the CHOICES Grant, is funded by the NCAA and allows schools all over the nation to apply and receive money to educate students on responsible drinking and alcohol abuse.

The NCAA developed this program because of its concern for college students' abuse and lack of education regarding alcohol.

Here at California Lutheran University, senior coordinator for Student Programs and Wellness Amanda Whealon and assistant director of Student Life Sally Lorentson have teamed up with faculty, students and ath-

letics to act as a taskforce that guides the implementation of this grant around campus.

Within the CHOICES Grant, CLU has designated a certain amount of the money they were awarded specifically to a program called Peer2Peer.

The Peer2Peer Program plays an important role in the success of the CHOICES Grant at CLU; it allows student groups to apply for funding for an event or program that would educate their peers on responsible drinking and alcohol abuse.

Due to the fact that peer-to-peer discussions on issues such as this have proven much more successful, CLU hopes that the Peer2Peer Program will have a positive impact on students.

Essentially, the Peer2Peer Program will award up to \$250 to individuals or student groups such

as ASCLUG, student clubs, peer advisers, classes, sports teams, etc, for an event in which they would implement alcohol edu-

CC
We literally just have a pool of money sitting, waiting for students to utilize this portion of our NCAA CHOICES Grant."

Amanda Whealon
Senior coordinator
for Wellness

program was a great success.

At CLU, the Peer2Peer Program is an important element of the CHOICES Grant, as it allows

students to design and execute a program for their peers that would educate them about alcohol misuse.

By receiving this grant and implementing these smaller programs at CLU, both Lorentson and Whealon expect to achieve several different things.

They hope that the Peer2Peer Program will provide a supportive environment that will promote responsible choices about alcohol use.

They also wish to provide students at CLU with links to resources regarding alcohol safety, responsibility, use and abuse.

Lastly, they want to reach specific targets with specific events. Whealon hopes that more students will become aware of this opportunity and take full advantage of the grant.

"We literally just have a pool of

money sitting, waiting for students to utilize this portion of our NCAA CHOICES Grant," Whealon said.

She explains that the process of applying for the grant is simple, and the support given to students who want to be involved in this is readily available.

CLU has already had two applications this year for the Peer2Peer Grant, and many more are expected to come.

To apply for this \$250 award, the group or individual must submit a grant application, work with an identified mentor on their event and then implement a program that will educate students on alcohol abuse and responsible drinking habits.

For more information, or to apply for the Peer2Peer grant visit callutheran.edu/wellness

Verizon funds CLU's domestic violence prevention program

Rebecca Dominguez
Staff Writer

The Lundring Events Center hosted a breakfast and panel discussion on Friday, Oct. 1, to mark Domestic Violence Awareness Month and introduce CLU's new Intimate Partner Violence Prevention Program.

Verizon Foundation had donated a \$200,000 grant to CLU to put into place counseling for people who are abused by their partners or know someone who is.

CC
While the end of Amy's story can't change, we hope that this documentary will work as a catalyst to change the way that women experience relationships.

"We are here today both for good and bad reasons: the bad being that domestic violence takes place all across our nation, and the good being that we are taking steps to prevent it," said Chris Kimball, president of California Lutheran University.

Domestic violence affects one in four women in the country and is something many have worked to advocate against.

The prevention program is a stage-three intervention for people who already have legal help, advocates and have been in shelters.

The program offers therapeutic services that are supportive while the patient is in the process of leaving an abusive partner.

"We are hoping to address the ambivalence a person may have over leaving their partner," said Jenna Knauss, program administrator for the Intimate Partner

Violence Prevention Program. "By addressing the person's ambivalence and other issues that are a reality with someone experiencing domestic violence, perhaps the program can contribute toward breaking the cycle of violence."

Other reasons that might make it difficult to leave a partner include economic challenges, parental rights and lack of family or societal support.

HopeLine is put into place by Verizon to collect used phones and give to domestic violence survivors.

Over 90,000 phones have been donated since the program began, and Verizon has donated \$5.3 million to the prevention of domestic violence in the state of California alone.

The idea of the program is that if a person dealing with domestic abuse has one of these phones, their location can be immediately detected in order to prevent domestic violence homicide.

"At Verizon, domestic violence is not a far-off problem. It's a topic that touches us in a very deep and personal way," said Tim McCallion, Verizon's Western Region president.

The breakfast featured a special preview of the PBS documentary "Telling Amy's Story," which depicts the relationship of Amy and Vincent up to the night she was murdered.

Verizon teamed up with PBS to develop the film.

Amy was a Verizon employee, and her experience inspired the company to do all they could to prevent this from taking place in the future.

"While the end of Amy's story can't change, we hope that this documentary will work as a catalyst to change the way that wom-

en experience relationships," said Holly Cole, a Verizon representative and CLU graduate, in reaction to the documentary.

The Intimate Partner Violence Prevention Program is available at the Community Counseling Services Center on CLU's Thou-

sand Oaks and Oxnard campuses.

The program offers individual therapy, weekly group therapy and individual advocacy.



Photo by Rebekah Klewer - Photo Editor
Counseling services: Located on Pioneer Avenue, it is home to the Intimate Partner Violence Prevention Program.

a time to...
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engage
peace
share
think

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CAMPUS QUOTES: Do you have a tattoo? If not, what would you like to get?

Andi Ferraud



"Yes, it says 'vivere' which means 'to live' in Italian."

Logan Blount



"I've never really given it much thought."

Lexi Mesco



"I was going to get one this summer. I want a plumeria flower."

David Losie



"I'd get a Chinese fighting figure."

If you have an idea for a Campus Quotes question, e-mail it to the Echo at echo@callutheran.edu

Tim Mooney single-handedly entertained audience

Kristin White
Staff Writer

With a trunk full of wigs and hats, jackets and vests, scarves and pants, a one-man play starring Tim Mooney, "Molière than Thou," packed the Preus-Brandt Forum on Monday, Oct. 4.

This one-man play reflects the many comedies of 17th century French actor and playwright Molière.

In each scene, Mooney solely took on the roles of different characters, ranging from a doctor to a seducer, a patient, a nobleman and many more.

The scenes transitioned with him taking a bow and quickly removing and adding articles of clothing, all while changing his accent and tone of voice.

Mooney interacted with the audience by reciting his rhyming verses and making his way through the rows of people, even crawling over seats. He spoke directly to audience members.

"I plan to wed you, girl, upon this date," Mooney said to a girl in the audience.

He also asked for volunteers to participate on stage. One volunteer even wore one of Mooney's bright-colored hats while reading a few lines.

"I love one-man shows. It is a great way to introduce students to this style of acting, and this is a fun event to do," volunteer Jeremy Hanna said.

The majority of plays shown at CLU include a cast of multiple actors, so having a cast of one brings something new to spice up the campus.

"These events are important because they attract an array of people interested in culture, drama, French history, psychology and



Photos by Talia Loucks - Staff Photographer

In the act: Actor Tim Mooney wore one of his 17th century wigs as he impersonated French actor and playwright Molière.

numerous other areas of interest. It gives California Lutheran University an opportunity to be visible in the community at large," French professor Karen Renick said.

Being on the Artists and Speakers Committee, Renick had asked to bring Mooney to CLU two years ago. She has admired his talent since seeing him in costume years ago at a conference in Martinique.

However, the funds were frozen at the time, and she had to wait until this semester to have him

perform here.

"The audience was quite eclectic, ranging from high school students to retirees. Many people have already been exposed to Molière's works in both high school and college because he is a universally known playwright," Renick said.

According to Mooney's website, with 13 Molière plays in his portfolio, he realized that he had been writing material faster than theaters could produce it, and the best way to introduce this work to the world would be to create a play in which some of Molière's funni-

est speeches could be explored.

"This show pokes fun at topics like religion, which still goes on now, except back then they would get in a lot more trouble," said Ken Gardner, chair of the Theatre Arts department.

Mooney's show is composed of different scenes that he adapted from Molière's timeless, witty plays.

"Whether taking on religion, women's rights, tyranny or the radical notion the love ought to count for more than economic interest, Molière said what peo-

ple had been quietly thinking for years," Mooney said in the director's note section of the program.

"Molière than Thou" definitely made a great impression on the audience by compelling them to burst into laughter.

"Having plays almost 400 years old and still being funny is the definition of a classic," Gardner said.

For more information about the artist and his work, go to

TimMooneyRep.com

Black Box production presents: 'Dog Sees God'

Carly Robertson
Editor in Chief

The angelic Peanuts gang everyone grew up loving, goes to high school and hits puberty in Bert V. Royal's 2004 Charlie Brown parody, "Dog Sees God."

Senior theatre arts and English major Diane Machin chose Royal's play at the Black Box Theatre for her capstone project.

Charlie Brown, Linus, Lucy, Pig-Pen, Peppermint Patty and all the other characters are there, but they are now coping with pressing teen issues such as suicide, drug abuse

and sex.

Sophomores Pamela Trimbarger, who plays Tricia (Peppermint Patty), and Amanda Chial, who plays CB's sister (Sally), describe the new Peanuts gang as "stereotypical high school: experimental and risky."

Due to copyright laws, Royal could not publish original character names. However, their modern names still hint at traits the Peanuts characters had, only with a high school twist.

Piano-playing, raspy-voiced Schroeder goes by Beethoven and eventually commits suicide.

[See BLACK BOX, Page 7]



Photo by Brad Yajima - Staff Photographer

Let loose: Cast members rehearse a dance scene to Peanuts classic theme song, "Linus and Lucy"

Big at the box office: Is 'The Social Network' worth friending?

Henrik Gjertsen
Staff Writer

"The Social Network," directed by David Fincher, opened nationwide on Friday, Oct. 1.

The movie has been well received by critics and is currently on top of the U.S. box office chart.

"The Social Network," revolves around Facebook creator Mark Zuckerberg, played by Jesse Eisenberg, the foundation of the social networking site and the couple of lawsuits he deals with in consequence.

The audience is taken through Zuckerberg's vision to create a network where people can interact with one another at all times.

In reality, Facebook is a World Wide Web phenomenon that has become part of everyday life to people everywhere in the world.

"I think it was good because it gave a background for what many of us spend our time on," said AC Wikstrom, a Pepperdine student attending the premiere. "The way it was all presented, with flashback stories and not in sequence all the time was something that drove the story more exciting. Facebook is so huge that it automatically appeals to everyone that uses it, and there-

fore, has an enormous potential for revenue."

The film goes through a six-year period, at the end of which Zuckerberg becomes the world's youngest billionaire.

On his way to wealth and success, Zuckerberg must deal with being sued by fellow Harvard students for stealing the idea of a "social network."

So far, the film has brought in \$46 million in revenue, and the positive reception is expected to draw more people to see the film.

On top of that, he must also battle his former best friend and co-founder of Facebook, Eduardo Saverin, in another lawsuit.

Facebook has more than 500 million active users, which makes it an appealing and natural idea to shoot a movie that explains the origins and story of its invention.

So far, the film has brought in \$46 million in revenue, and the positive reception is expected to draw more people to see the film.

"It's a movie I can relate to, as I have my own Facebook profile,"

CLU junior Ola Lien Samuelsen said. "Even though I had an idea of how the film would end, I still found it interesting seeing the development of the Facebook invention."

The actors' performances are noticeable and believable in that their characters give life to the story.

The screenplay, adapted by famous screenwriter Aaron Sorkin, is dominated by dialogue that depicts the various characters' uniqueness.

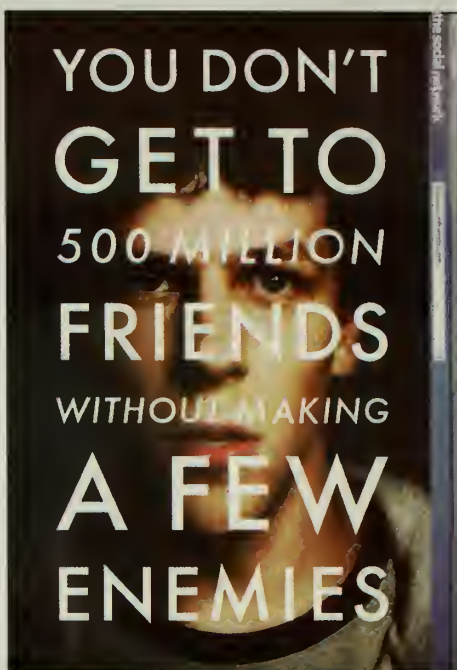
One cannot attend this film expecting guns and exploding cars or scenes that move people to tears. This film is purely an informative drama focusing on the depiction of the people behind the social network.

However, this doesn't mean the film never gets tense; it is also a story about friendship and betrayal.

While some might be inclined to see "The Social Network" because of its relation to Facebook, some feel there are other reasons as well.

Junior Tyler Torrisen, a non-Facebook user, wanted to see another film made by the director of "Fight Club."

For more information, visit
TheSocialNetwork-movie.com



Official movie poster from Sony Pictures

Senior directs Peanuts parody

[BLACK BOX, from Page 6]

Linus, now known as Van, is a self-proclaimed Buddhist who struggles with drug use.

"There aren't many points in the play where I'm not 'high,'" sophomore Brandon Kallen who plays Van said in jest.

One of the cast's first rehearsals addressed the scene after Beethoven's death called "Peer Counseling."

In this excerpt, sophomore Stephen Wardle's character CB, better recognized as Charlie Brown, has a powerful and uncharacteristic breakdown in front of his friends.

It was difficult for the actors to relate to the old characters with their new, more experienced habits.

"In many ways Matt is my exact opposite," said freshman Chris Malison who plays Matt, also known as Pig-Pen. "His actions

are things I would never do."

This directing experience is forwarding Machin in her goal to become an actor and/or director.

"It has been great to get this practice and experience," Machin said. "There's no way to get directing experience with out actually doing it."

Machin and her cast have been preparing for their performance this week.

DOG SEES GOD

8 p.m.

Thursday, Oct. 14
Friday, Oct. 15
Saturday, Oct. 16

2 p.m.

Sunday, Oct. 17

Location

Black Box Theater

2010-2011 the Echo

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OPINION

College relationships: always destined for failure?



Rocío
Sanchez

College life. When you hear those two words, what comes to mind? Well I'll tell you what I think.

Long nights staying up, regardless of whether you are studying or not, writing paper after paper, making trips to the Dollar Tree because you want to spend the least you can on everything, improving procrastination skills and, of course, the obvious and most entertaining one, exercising the freedom and the control we have over our social life.

Some students have a very hard time balancing it all.

It might be overwhelming at

first, but we eventually figure out a way to balance our social life with our academics.

But what happens to those who are in relationships going into college? Do their relationships change once school starts?

Well, we all know the temptations that come along with college, especially on the weekends.

With all the "social functions" and spontaneous behavior that may lead to regrettable actions and decisions, it makes you wonder if college is a place where relationships with boyfriends or girlfriends are easy to maintain.

Some of you may have heard of the term "The Turkey Drop." Listen up, freshmen. The turkey drop happens when a freshman heads off to college or university and breaks up with his or her long-distance, stable girlfriend or boyfriend, usually around Thanksgiving break.

We all must keep in mind this isn't high school anymore.

We are in the process of growing up, and we start thinking of our priorities.

We start thinking of our career, athletics or how there's not enough time in the day to accomplish all our homework. We start second guessing whether it's the right time to put in all the effort a relationship requires. Don't get me wrong now; I have seen couples madly in love who give their all to make it work. I give you props, couples, because I just couldn't do it.

"Depending on the seriousness of the relationship, college can ruin a relationship, but it all rests upon the individuals in the relationship," sophomore Erica Edubb said.

Not all of us have the mind-set to commit to a significant other so early in our lives.

There are those, like me, who just want to enjoy life, not add more stress than there should be, and just have fun.

"I wanted to be single coming into college. From what I heard, you should try and experience as much as you can, have fun and not worry about someone holding you back," sophomore Rola Hawatmeh said.

Then, of course, there are those who simply do not want a relationship because they don't want to remain faithful.

I respect that more than I respect cheaters.

We all know we have plenty of those people out in the world.

There seems to be something in the water as the idea that our society is starting to view cheating as acceptable because the belief that "it's bound to happen sometime" is floating around.

I'm sorry, but last time I checked,

if you feel the need to cheat, why are you wasting the other person's time?

It seems like more and more students in college have adopted the mind set of "no attachments." But if everyone feels the same way, then where exactly is this leading us to?

There is your answer, ladies and gentlemen.

The reason you can't seem to find the right guy or girl during these years is simply because people don't want to deal with all the baggage a relationship carries.

Some are not ready for a serious relationship, and people need to respect that.

But for all of those who are in a relationship and not only value fidelity but also find a way to balance it all out, it gives all of us hope that college doesn't ruin relationships and what they truly stand for.

Internet mockery ends in suicide



Carly
Robertson
Editor in chief

As of 2008 suicide is the second most common type of death for college students, reports a study on the mental and physical health of students done by American College Health Association. Of those students surveyed, 1.3 percent had attempted suicide and 9 percent "seriously considered" killing themselves at least once.

It has been three weeks since 18-year-old Rutgers University student Tyler Clementi took his own life at the Washington Bridge after his roommate Dharun Ravi, 18, planted a camera in Clementi's room and then webcast the private video of the victim with another male live on the Internet. Molly Wei, 18, also a freshman at Rutgers is alleged to have had a part in the exploitive video.

Both Ravi and Wei face two counts of invasion of privacy for hiding a camera without permission.

Before the action took place, Ravi posted on his Twitter account on Sept. 19 "Roommate asked for the room till midnight. I went into Molly's room and turned on my webcam. I saw him making out with a dude. Yay"

Then two days later posted, "Anyone with iChat, I dare you to video chat me between the hours of 9:30 and 12. Yes, it's happening again."

A twisted and disturbing blend of teenage mockery and violent Internet use has made its way into society.

Although the Internet has



Photo Courtesy of www.sxc.hu/

provided an incredible way for the world to connect, expand, transfer information and entertain, it has also become a double-edged sword, especially for those who use it, mostly teens and young adults.

Facebook, MySpace and Twitter have become these vicious cesspools that determine coolness, likability and beauty by how many "friends" we have, the number of beach-front photos we can take and who can post the most interesting comment.

Are we at the point where we have to draw the line at suicide?

It is hard to say whether or not Ravi would have made his video public had it not been for Facebook, Twitter or even YouTube. My guess is that convenience was a factor. However, the Internet isn't to blame for Clementi's death. It was Ravi's intent to exploit the victim's private life that drove Clementi into a state of confusion and depression.

Some have considered the link between Ravi's video and Clementi's death to be related to the victim being gay. Chairman of the gay-rights group Garden State Equality, Steven Goldstein, considered Ravi's actions a hate crime.

"We are heartbroken over the tragic loss of a young man, who by

all accounts was brilliant, talented and kind." Goldstein said to NBC a few days after Clementi's suicide. "And we are sickened that anyone in our society, such as the students allegedly responsible for making the surreptitious video, might consider destroying others' lives as a sport."

Clementi's story has resonated with people across America, including daytime TV host and comedian Ellen DeGeneres.

After hearing about Clementi's death, DeGeneres spoke out against teenage bullying mentioning three other suicides that occurred in September as a result of bullying: Seth Walsh, 13, from Tehachapi, Calif., Asher Brown, 13, from Cypress, Texas and Billy Lucas, 15, from Greensburg, Ind.

"This needs to be a wake-up call to everyone that teenage bullying and teasing is an epidemic in this country, and the death rate is climbing. We have an obligation to change this," DeGeneres said.

I wish to raise awareness at CLU just as Ellen has. It doesn't matter if you're gay, straight, black, white, blue, believe in God or worship your dog, hate crimes and bullying can have serious and devastating consequences. This epidemic, as Ellen called it, is a reality and is happening everywhere.

Jobless go to college



Cassie
Copeland

Therefore, no more students, as far as population, are accepted into the universities.

The problem with this is students who are not accepted have to attend a university they may not be able to afford.

Once again, we are back to square one, with students not in college or in steady jobs.

I think it is wonderful that the Ivy League schools are making it more accessible to those with lower incomes.

However, for education to stay afloat in our down economy, every college and university would need to make it easier and cheaper for students to attend.

However, we know this is definitely not true for the University of California; there tuition increased by 32 percent as of last year.

With the UC's tuition increase, financial aid did not necessarily adjust to the new cost.

Therefore, some students I spoke with at UC when the tuition went up, received the same amount of financial aid which has led them to struggle through or drop out.

Another problem with education at this time is that, because the economy is so low, many people who need extra money cannot take out any type of loan, which they could pay back after receiving a diploma.

Education is something that is not free, and although the Ivy League schools are trying to make it easier for those with less income, in the long run no more people are accepted, and therefore no more people are really helped with education.

The idea is a great one. Now we just need to get more colleges and universities onboard.

While the American economy is still struggling and jobs are still scarce, colleges and universities are overwhelmed with applications.

According to the top schools in America, such as Harvard, Princeton, Yale and others, since the economy has plunged, applications have risen drastically.

The reason for the turnaround is that with few jobs available, people are finding it easier to go back to school, not only at any college or university but at an Ivy League school.

Currently, people who are of low-to-middle income can get into an Ivy League school for free or very little cost to them.

According to an article in the New York Times, Ivy League schools are actually much cheaper to attend than other universities, such as University of Massachusetts.

However, this only pertains to people who make less than \$100,000 per year.

Therefore, many people recently have been worried about higher education declining along with job availability.

According to the New York Times, it seems as if they are trying to convince others that everything is ok in education.

However, according to the schools, although the applications have risen, the number of students the schools accept each year has not changed.

Housekeeper costing an election?

Candidate, Meg Whitman, in hot water over housekeeper



Chaz Hodges

Net worth of \$1.3 billion, California's fourth wealthiest woman, Republican candidate for governor of California and employer of an illegal immigrant; which one of these phrases does not fit?

When analyzing the extremely intelligent Margret "Meg" Whitman, one cannot overlook her many successes with the website eBay or her status at companies such as Walt Disney, DreamWorks and Hasbro. However, when talking about this American billionaire, now many pose a new question, was Whitman knowingly harboring an illegal immigrant? As smart as this Princeton alumna is, and

with the extensive access she has in society, there is no way she did not know that her employee was illegitimate.

Recently, stories have surfaced in the news about the employment of Nicky Diaz Santillan, Whitman's undocumented former housekeeper. Santillan, a worker for Whitman from 2000 to 2009, for a total of nine years, is now suing her ex-boss for \$6,210 in old pay. According to a blog on laweekly.com, she said, "It is not fair that we work hard and then get thrown away like garbage with no thought about what will happen to us."

Santillan is infuriated because she believes that Whitman decided to drop her as an employee after deciding to run for governor of California. With stricter laws affecting many within the Hispanic community, it seems as if Whitman did not want to ruin her chances at an opportunity to govern the golden state.

"Nicky had falsified the hiring documents and personal information she provided to the employment agency that brought her to us in 2000," Whitman said in an article on abcnews.go.com. "Nicky told me that she

was admitting her deception now because she was aware that her lie might come out during the campaign." Although Whitman makes valid statements, I personally think that it is almost impossible to have someone in your house for over 5 years and not know her personal life, such as place of residence or origin. Somehow it seems as though an astute businesswoman and a Forbes list contender would look into such affairs to avoid any tabloid fodder. Whitman seems as though she is the one hiding the truth from the public.

Whitman holds the record for spending personal profits on her campaign. With that said, of course she decided to get rid of Nicky Diaz Santillan; I'm sure she did not want to waste any of the \$119 million she has spent only to risk losing it. Besides, Whitman is into stocks, judging from her impressive record and very high socio-economic status; I'm sure she knows where to place her money and which gambles not to take.

In hopes to become the first female to govern California, Whitman should have known that the gamble of further employing Santillan was not worth taking.



Photo Courtesy of www.sxc.hu

Dangers of Facebook



Arianna Thomopoulos

With the release of the Facebook based movie "The Social Network," Facebook seems to be bigger than ever; the website is ranked the number one social networking site according to toptenreviews.com.

Many people think that Facebook was made for all demographics, but the founder of the site Mark Zuckerberg was a college student who was looking for a place where he and his peers could connect, meet new people and reconnect with old friends.

The way Zuckerberg set up the site did not only attract college students but all different demographics, from the young to the old, from businesses to educational institutions.

To set up a profile, a person has to start the registration process for creating an account, which is fairly easy.

You have to give them the basic information which includes your birth date, gender, full name and email, along with a picture if you choose to do so at that time.

After a person has created an account and joined the Facebook family, it is up to him or her to decide how much information they would like to give out.

Facebook gives a person the ability to choose who they want to share personal information with through customizing his or her account.

A person can customize the information another can view through the different privacy settings the site offers.

The different privacy settings a person can choose from range

from the very private setting labeled as "only me," which allows only the owner of the account to see the information, to the very public setting labeled as the "everyone" setting, which allows anyone who has access to the Internet to view the profile; the person viewing it does not need to be a Facebook member.

However, if a person chooses the most private setting, a future employer can still see the profile picture. The Facebook privacy content page states that if you would not like anyone to see your profile picture, then do not add one.

Knowing the different privacy settings is important. The Echo revealed that more and more employers are using the social networking sites to gather information on their employees or future employees.

Sometimes people forget who is able to view their profile. I remember a couple of summers ago I was working at a magazine publication, and two of my fellow co-workers wrote on their Facebook profile how horrible their jobs were and how much they disliked our boss.

Our boss's assistant, whom they had befriended on Facebook, saw this and reported it. They were later fired.

So, before anyone writes any form of slander on their profile or posts any pictures from their wild night out, they should really read through the privacy settings that the site offers.

Setting your privacy settings takes less than five minutes to do and can save you a lot of shame and regret later.

"I think privacy settings are very easy to use, and they are a good idea for students to use," junior Emily Hnath said. "You never know when someone will look at your page, and you don't want anything on your page that will cost you your job."

Student Philanthropy Council

Our mission is to promote awareness, to instill a greater appreciation for the philanthropic spirit throughout the CLU community, and to enhance and improve the future of this university.

Upcoming Events:

Annual Pumpkin Drive

October 27th

The SPC makes a Halloween visit to the freshmen dorms!

Philanthropy Phriday

November 5th 9am-2pm

Stop by the flagpole for our first monthly Philanthropy Phriday of the year!

Want to learn more? Visit our website: www.callutheran.edu/spc

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SPORTS

McEnroe nears top of college football coach of the year contest

Chris Ramirez
Staff Writer

The College Football Coach of the Year Award is a prestigious honor bestowed on the best college football coach in the country. This year CLU's own coach Ben McEnroe is among the finalists for the award in Division III at coachoftheyear.com.

The voting is conducted throughout the season at coachoftheyear.com and is mainly comprised of fans along with members of the national media and College Football Hall of Fame to ensure all candidates are evaluated fairly and measured against specific values of sportsmanship, responsibility and integrity.

“Not only is Mac a great coach, he is a great person with great morals.”

Jordan Barta
Defensive
lineman

coach with \$50,000 to donate to a charity, or charities, of his choice as well as a \$20,000 grant to donate to his school's alumni association.”

“I was surprised at the nomination, given the fact that those awards are generally given to coaches that win national championships or accomplish

a major turnaround of a program,” McEnroe said. “It is a real compliment to our entire coaching staff, the student-athletes and the university and its commitment to athletics.”

McEnroe has led CLU to a 20-8 overall record, including an impressive 17-2 record in SCIAC play during his short tenure at CLU and is currently within the top 15 choices for Coach of the Year Award.

McEnroe, referred to by his players as “Coach Mac,” is in his fourth season as head coach at California Lutheran University. An alumnus of CLU and a graduate of the class of ’93, he has been a part of the coaching staff for every SCIAC championship in program history—as an offensive line coach from 1993-1998 and as head coach since 2007. When taking over the head coaching position in 2007, he led the Kingsmen to a co-championship in his first season and guided last year's team, which finished undefeated in conference play, to the program's first appearance in the NCAA Division III playoffs.

Along with the success of two SCIAC championships, McEnroe is not only a great football coach but also a great mentor, according to his players.

“We talk a lot about being accountable for our actions and inactions and hold each other accountable on the field, in the classroom and in life,” McEnroe said. “Accountability is something that helps people eliminate excuses in their lives and also helps in living



Photo by Rebekah Kliever- Photo Editor

Mentor: Ben McEnroe is not only a great coach but also a good mentor on and off the field, players say.

responsibly. Too many times in today's society, people are looking for excuses, and preaching accountability helps our student athletes eliminate this problem. The other major platform that we push is to compete to be your best at everything you do. If a young person will give their best effort to be the best they can be, that is all you can ask for as a coach, as a parent, as a person. We put our players in competitive situations every day and encourage them to always compete, in football and in life.”

Senior defensive lineman Jordan Barta, an All-SCIAC First Team selection from last year,

attributes the program's recent success to McEnroe's coaching philosophy.

“Any coach can yell at the top of his lungs when you mess up, but Mac chooses to encourage his players to do better on the next play,” Barta said. “Do the little things’ is one of his mottos that I will always remember: taking your hat off when you're indoors, opening the door for women, monitoring your language around women and just being respectful. Not only is Mac a great coach, he is a great person with great morals. He has truly turned the program around, and California Lutheran University

should be thankful because I am forever thankful.”

Senior linebacker Jacob Norlock echoes his teammate's praise of McEnroe.

“Mac is phenomenal at what he does,” Norlock said. “His knowledge, combined with his love for the game and respect for the history that preceded him, has led him to become one of the best coaches to ever coach at CLU in just a few short years. He is humble and never takes the easy way out.”

Voting concludes on Saturday, Dec. 4. Visit coachoftheyear.com to vote and help Mac win this much deserved award.

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CAL LU SPORTS CALENDAR

	Wed. 13	Thur. 14	Fri. 15	Sat. 16	Sun. 17	Mon. 18	Tues. 19
FOOTBALL				vs. La Verne 1pm			
WATERPOLO				vs. Caltech 11am			
SOCCER	vs. Caltech 4pm			vs. Pomona-Pitzer 1pm			
SOCCER				vs. Pomona-Pitzer 1pm			
VOLLEYBALL				vs. Millikin (IL) 3pm			

Shade denotes home game

Regals soccer comes back after loss to Occidental

Claire Whitten
Staff Writer

After being undefeated for 10 games, the CLU women's soccer team fell to the Occidental Tigers Wednesday, Oct. 6.

The California Lutheran University women's soccer team had a busy week competing in three games.

They played against Santa Cruz on Monday Oct. 4 and against Occidental and Claremont-Mudd-Scripps on Oct. 6. The Regals came out with two wins but suffered their first loss of the year.

Our ultimate goal is to go to the NCAA playoffs, but for now we are focusing on placing first in the league."

Kristin Borzi were made in a short amount of time.

Senior Brittany Clark, freshman Kristina Hulse and junior Kaitlin Walters each scored one goal for CLU. The game ended with a win for the Regals and a final score of 3-1.

The game on Wednesday, Oct. 6 did not go as well as planned for the Regals. Both teams held the same record coming into

the game. Clark, junior Rebekah Casas, sophomore Kristin Cameron and junior Sinead Vaughan all had attempts on the Tigers but no goals.

In the 39th minute Occidental's freshman forward Elissa Minamishin made a goal with an assist from teammate Georgia Wetmore.

With a score of 1-0, CLU pushed for a goal in the second half and had six shots on goal but failed to sink one in the net during the remaining 45 minutes.

The game, played at Occidental, ended in a final score of 1-0. This was the first loss for the Regals this season, as they had started with one of their best records and were undefeated. The Regals play the Tigers again on Oct. 30 at home.

"We have been playing extremely well, and our record shows it. Unfortunately, on Wednesday Occidental came ready to play; they were organized and ready for us," junior defender and captain Jessie Dingman said. "The loss only makes us work harder, and we need to come back and play well on Saturday."

Before the game on Saturday, Clark expressed determination to not let the loss hurt the team.

"We are preparing for Saturday's game just how we would for any other game. The feeling after Wednesday's loss is not something we want to feel again. We are prepared to go out and



Photo courtesy of Jessie Dingman
Determined: The Regals pose for a team photo after defeating Redlands earlier in the season.

fight for a win this Saturday and show this league how we bounce back from a loss."

The Regals snapped back from their loss with a win on Saturday against the Claremont-Mudd-Scripps Athenas, playing them for the second time this season. CLU beat CMS 3-1, improving from their last game against CMS in September, which ended as a tie, putting them back into their winning streak with only one loss to date.

"Right now Occidental is our biggest competition. We won't discount other teams in

our league, but Occidental is obviously doing something right this year. They are organized and have found a way to stay undefeated. They have a solid coaching staff and know what needs to be done each game," Dingman said.

The Regals have high hopes for this season with seven games left before the SCLAC tournament.

"Our ultimate goal is to go to the NCAA playoffs, but for now we are focusing on placing first in the league and hosting the SCLAC tournament," senior goalkeeper and captain Kristin Borzi said.

The Regals have multiple conference games these next few weeks, and the next home game for the Regals is at 1 p.m. Saturday, Oct. 23, against the Redlands Bulldogs.

On deck



Cal Lutheran
vs. Pomona-Pitzer
Away
Saturday, Oct. 16, 1 p.m.

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Knights rugby aims to recruit and strengthen club



Photo by Talia Loucks-Staff Photographer

Moving forward: Ryo Takahashi (right) catches a pass from a teammate.

Aaron Fisher
Staff Writer

The CLU men's rugby team is something students around campus might not be too familiar with. However, the Knights rugby club is one of the oldest clubs on campus and was established in 1970.

Despite being around for so

long, the team looks to recruit more players and strengthen their club in hopes of one day becoming an official California Lutheran University sport.

"We are aiming to become a varsity sport. It is a long term goal, so right now we are focusing on establishing ourselves," captain Josh Aquinde said.

Along with Aquinde, Dylan

Kassenbrock also serves as this year's captain and has had more requests than ever before to join the rugby team.

"Right now we have about 35 men and about 14 women, but again, we're always recruiting, especially now during the preseason. It was almost overwhelming the response we first got," Kassenbrock said. "We definitely have more support than we've had in the past."

This is the first year that the club has expanded to form a women's team.

"Kristen Keough and Grace Teague, as well as all the girls we have now on the core of the women's club, are all doing their part to establish a stronger girls squad," Aquinde said.

Knights rugby players Michael Zubach and Christian Metzger also are looking forward to establishing a stronger rugby program at school.

Zubach, a senior and former Kingsmen soccer goalkeeper, will now have more duties on this team than just stopping the

ball.

"For myself and the other new guys, this experience is going to be something totally new and different. The thing I missed most about athletics at CLU was the competition, and I'm excited to get that back with rugby," Zubach said.

Metzger, a senior, turned to rugby because of the flexibility it gave him with his busy work schedule.

"I played football my freshman year, but it was very time consuming, and I found rugby as a great alternative," Metzger said.

Although California Lutheran University's rugby team is only a dub sport, they still have big opponents that they need to prepare for.

"Our biggest opponents this season are Cal State Long Beach and UCSB and, of course, Cal State Fullerton, which is our biggest rival," Metzger said. "It was a pivotal game against them last year, and we lost by one point in the final minute of the match. In addition, they got promoted to

Division II, which gives us more incentive to beat them."

The team is coming from the program's second official season, in which they went 5-2-1 playing in Division III, although now the Knights play in Division II.

"Our goal for the season is to play as best we can every game," Kassenbrock said. "In addition to that, we are always trying to continue to grow and expand our program."

The Rugby team has an away game Saturday, Oct. 16, against Whittier College at 7 p.m. as well as a home game versus Whittier again Oct. 23.

"Many people think rugby is a strength game more than a thinking game, but in rugby you have to use strategy," Kassenbrock said. "Strength always helps, but the smarter team will always win. Also, rugby is a lifestyle, being that it is considered to be the second most popular sport in the world after soccer; the unity between ruggers, even opponents, is different than any other sport I've been a part of."

COVERING ALL THE BASES:

Boise State Broncos are the little team that might



Andrew
Parrone

After years of constantly proving the doubters wrong, what more does Boise State have to do before they fully earn our trust?

How could little Boise State, the school out in the middle of nowhere with the recruits no one else wants, possibly be the best team in all of college football?

From the miracle plays against Oklahoma to the victory over fellow BCS-buster TCU in last January's Fiesta Bowl to the frequent unbeaten seasons, this decade has seen the rise of the Broncos as a serious contender on the national level. But it has yet to fully translate to the respect they deserve.

The current edition of the Broncos could be the best one to date.

The team returned nearly everyone from last season's squad; Heisman-hopeful Kellen Moore is one of the most efficient and effective quarterbacks in the country, and head coach Chris Peterson remains as one of the game's best and most innovative play callers.

However, if any two BCS conference schools go undefeated as Boise State is expected to do, it will be those schools that get to play for the national championship, leaving the Broncos off of the game's biggest stage yet again.

There are two ways you can look at this argument: have they earned the right to play for the national championship by going unbeaten, or are they one of the two best teams in the country if they run the table?

If you look at it strictly from the first perspective, clearly they will not have earned it. Everyone knows the WAC does not compare to the SEC or any other BCS conference in terms of difficulty of schedule. If two other BCS level schools go unbeaten, it should be only fair that they get the nod over an undefeated Boise State.

But playing for the sport's biggest prize should be decided by the voters, regardless of who a team plays or where their school is located.

The Broncos have already beaten two big-time programs this year in Virginia Tech and Oregon State, who are still very much in the hunt for the ACC and Pac-10 championships, respectively.

By the end of the season they also will have played a Nevada team that steamrolled Cal and is currently unbeaten themselves. Though the rest of their schedule is certainly not a murderer's row of opponents, they have been tested enough to give voters an accurate impression of how good they are.

And just as important, Boise State has proven themselves capable of playing on big stages before. Though their upset over Oklahoma was almost four years ago, it still serves as a great reminder the Broncos come ready to play no matter who their opponent is. They would be a huge challenge for any

team they matched up against in the national championship.

Now, if some team pulls off an upset against the Broncos along

the way, this whole argument is done. They have to stay perfect if they want the chance to play for that big crystal football.

I'm just saying if they do, they should be given the chance to prove to everyone just how good they are.

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Swenson
dedication
draws a large
crowd

Page 2



Homecoming
court announced
at half-time
during game

Page 7



Kingsmen
football
pounds
Pomona-Pitzer

Page 12



October 27, 2010 Vol. 56 Number 6

the Echo

Homecoming weekend brings students and alumni together

Rebecca Dominguez
Staff Writer

and
Xavier Walton
Staff Writer

CLU welcomed alumni, current students and families as they filled the weekend with Homecoming activities from Oct. 21 to 24.

On Friday Oct. 22, ASCLUG Programs Board hosted the annual Homecoming Carnival that stretched across Memorial Parkway with rides, carnival games and entertainment.

Homecoming is one of the biggest events on campus, and the carnival is one of the most awaited activities of Homecoming week.

Anticipation grew as the event approached; students became more and more excited as they saw the rides being assembled on Memorial Parkway in the middle of campus.

Although it was a misty and cold evening, it didn't keep masses of people from attending the event.

In attendance at the event was President Chris Kimball, California Lutheran University students and their families, members of the community, faculty and staff.

The rides offered at the carnival were a Ferris wheel, swings, a large racing slide and a paratrooper.

"The lines were really long, but I still had a great time," junior

Cris Sugleris said. "I had a ton of fun going down the slide with my friends, and at one point I got some serious air."

Guests were entertained for the night by the CLU dance team, the H2O hip-hop organization and the new Slam Poetry Club. Homecoming court was presented as well.

Many students were excited about the slam poetry that was performed that night.

"Since this is my last Homecoming Carnival, it was really nice to be there with my friends. My favorite part of the whole event was when the slam poetry was performed," senior Kelly How said. "It was something new that I really enjoyed, and I thought it was an awesome performance."

The carnival games were a big hit at the event, and games ranged from bowling to basketball tic-tac-toe to aiming games.

Most attendees participated in the games and won silly bands, rainbow lollipops, slinkys and candy.

"This is the first year I have been able to make it to the carnival in the four years I have gone to CLU," senior Andrew Jensen said. "I was really disappointed that they weren't giving out goldfish this year."

Attendees enjoyed cotton candy, popcorn and churros as they meandered around the event with their friends and family members.

"My mom and I had a great



Photo by Danika Briggs—Staff Photographer

Spirit Tent: Freshman Hilary Glossbrenner passes out school spirit to young fans who came with their families.

time at the carnival," senior Molly Clancy said. "No matter how old or young you are, the carnival is fun for all ages. We all had an outstanding time, and the family atmosphere really made the event."

ASCLUG Programs Board worked hard to organize the Homecoming events.

"I think the event went really well this year," said Breanne Gibson ASCLUG Programs Board member. "We were excited to have some new rides and games for everyone."

[See HOME, Page 5]



Photo by Brad Yajima—Staff Photographer

Half-time: The cheerleaders stunt and tumble to entertain the crowd.



Good cause: Students donated their clothes for the service project, Undie Run, on a chilly Monday night.

Students undress for charity

Katie Yates
Staff Writer

campus with a downpour to end the night.

Despite the rainy weather, CLU's second annual Undie Run collected 10 barrels of clothing to donate to charity and gave students a great excuse to run around in their underwear.

For their service project, the senior Resident Assistants chose the Undie Run, in which California Lutheran University students stripped down to the bare minimum and donated unwanted clothing to charity.

While in their underwear, they took a 10-minute run around

"We couldn't have planned the weather better if we tried," said Molly Clancy, a senior RA. "It was dry at the beginning, so none of the clothes got soggy. Then it started pouring rain exactly as the run was done; adding a grand finale to the whole experience."

The clothes that were stripped off were donated to The ARC of Ventura County, which helps improve the lives of individuals with disabilities, according to the mission statement on the foundation's website.

[See RUN, Page 3]

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NEWS

CLU hosts Swenson Center dedication ceremony

Rachel Flores
Staff Writer

Over 100 CLU staff, faculty and students gathered to dedicate the new Swenson Center for Social and Behavioral Science building on Oct. 22.

The new building is the first LEED, Leadership in Energy and Environmental Design, certified building on campus.

"I started at CLU in 1967 where we had 900 students; my classes were held in the E and G building, known as the chicken coops. It was always too hot in the summer or too cold in the winter, whereas now there are over 2,000 undergraduates and close to 2,000 graduate students, who all get the pleasure to learn and teach in wonderful facilities," Karen Spies '70, chair of the Board of Regents said.

The original home of the social science classes were once held in the ranch "chicken coops" that were converted into classrooms in 1961.

Now these classes are held in the \$8.5 million building, which incorporates many sustainable features.

If at night the air is cooler outside, the upper windows automatically open for

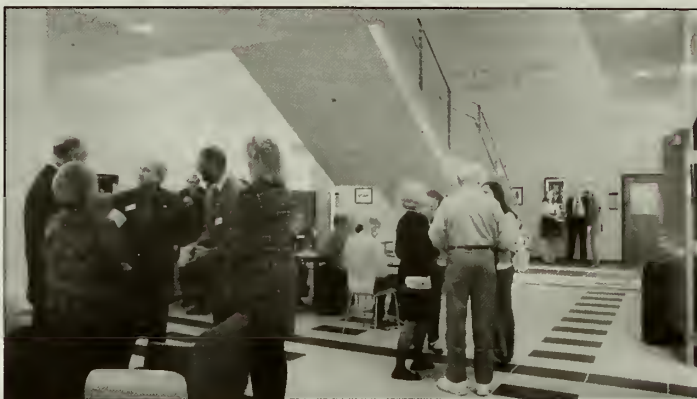


Photo by Danika Briggs - Staff Photographer

Exploring: Guests enjoy the Pamela M. Jolicoeur Gallery in the Swenson Center during the dedication ceremony.

ventilation.

The bottom floor of the building has no hallway to create larger classrooms.

The building includes 43 faculty offices, providing space for psychology, criminal justice, political science, sociology, communication and public policy faculty and students.

Project manager Valerie Crooks worked with Amador Whittle Architects Inc., Jensen Design & Survey and HMH

Construction Co. to make this a LEED building.

"Not only is the new building beautiful but comfortable as well. The offices and classrooms are so nice compared to the cramped spaces we were once in," psychology major Noelle Atalla said. "I am so fortunate to have all my classes in this building."

About \$2 million was also raised for the program endowment, which was made possible by not only Jim and Sue Swenson,

but Marv and Fran Soiland, the Ullman Family Foundations, Karen and Allen Spies, Kirsten and Karsten Lundring, Jack and Carol Gilbert and the estate of Eleanor and Paul Culver.

"The Swensons were recognized in 2008 for philanthropist of the year by Orange County. Jim Swenson is very smart, Sue Swenson is very wise and together they are able to create such things as this building, on their behalf, thanks be to God,"

said Howie Wennes, president emeritus.

The Swensons were recognized at Orange County's National Philanthropy Day after they creating an endowment for the Children's Hospital of Orange County.

The event was held in front of the Swenson Center, attended by the Swenson family, speakers, alumni, donors, faculty and students, who were provided with food and a tour of the building.

"The turnout of this event was phenomenal. From the president to the Swenson family members, we had more people here than we did at the new football stadium groundbreaking," said Evan Clark, president of ASCLUG. "This is the kind of turnout we need to show our gratitude."

Jim Swenson was once a CLU student, but barely graduated due to financial issues his senior year.

After receiving a loan from the bank, he was able to afford his senior year and graduated with a degree in science.

"I hope we can do this several more times," Jim Swenson said.

The Swenson family ended the dedication by thanking CLU for giving them the opportunity to contribute to the university.

Students share project results at annual research symposium

Jessica Kaczor
Staff Writer

Students gathered in the Ahmanson Science Center for the seventh annual Student Research Symposium on Saturday, Oct. 23.

This event gave CLU's top undergraduate students across several majors the chance to show off the results of their research projects.

Last spring, junior Tang Moua started studying and researching Hydroxyapatite, a mineral form found in teeth and bones within the human body.

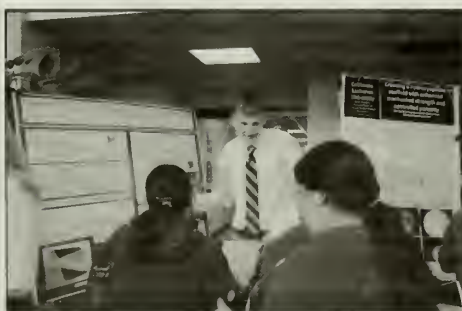
She communicated with her mentor Dr. Michael Shaw, a professor of bioengineering and physics, through e-mails during the summer to work on the project.

"It's been a really difficult yet rewarding experience because I learned a lot about the world of research and how it's applicable in real life," Moua said.

Part of the event consisted of students giving 15-minute oral presentations, explaining and showcasing their research and results.

Visitors were invited to stop by the symposium and check out the different exhibits.

The presentations ranged from senior Nathaniel Fernandez explaining a resilience-building



Photos by Brad Yajima - Staff Photographer

Innovation: Above, senior Matthew Jackson explains his research to visitors. Below, senior Ryan McCarty showcased his project on a poster board display in the Ahmanson Science Center.

program that applies to math and science Upward Bound students to senior Marcus McKinnon's explanation of the influence of ground reaction forces from running on a person's bone strength.

Visitors also got the chance to interact and talk one on one with the student researchers and see their results demonstrated on poster boards throughout the lobby of the Ahmanson Science Center.

Junior Travis Severt focused his experimental investigation on optical stress, and senior Bobby Sanders researched fruit and vegetable consumption and bone health in older adults.

They are two of the students who presented their findings on a poster board display.

Many students spent their summer working alongside a California Lutheran University faculty member, who mentored them on their project.

Junior Megan Ameche and senior Alicia Costin, who are both math majors, spent their summer in the math lab.

"Personally, as a math major, I was struggling last semester but this whole experience helped math stick for me," Costin said.

The students had the choice of either giving an oral presentation or creating a poster board to put on display.

Several students, parents and faculty attended the symposium.

Junior Rebekah Casas had to attend the event to receive credit for her psychology class.

"You could really tell the students put a lot of time and thought into their research," Casas said. "I thought it was very informative and the students did a really good job. My favorite was the psych presentation."

Jenifer Costin, mother of Alicia Costin, attended the event to support her daughter.

"I was particularly impressed that Alicia was asked to do this and that she has put her whole energy into it," Costin said. "I am a very proud parent."

Other participating student researchers included Perri Hopkins, David Brethouwer, Maura Schmitz, Evelyn Ibarra, Samantha Aguinaldo, Jasmine Johnson, John Mussatto, Lindsey Brittain, Erin Cyfka, Travis Hayden, Matthew Jackson, Ryan McCarty, Ray Ostrander, Tessa Page, Jackie Rodriguez, Ryan Sasada, Kimberly Southerland, Grace Teague, Keenan Woods, Hay Mun Win and Michael Rodriguez.

Many students who participated in the symposium will present their results at professional conferences throughout the region and country.

Undie Run generates 10 barrels of clothing

[RUN, from Page 1]

foundation's website.

"We worked with the CSC to find an organization," said Christine Paul, associate director of Student Life.

The Undie Run had a huge influx of people this year, which created a larger amount of clothing that was able to be donated to charity.

"We had an even larger turnout than last year; I'd say over 200 people showed up and we donated hundreds of pieces of clothing," said Molly Clancy, organizer of the event. "The overall program ran much smoother this year, and all the senior RAs were very happy with the outcome."

The night began at the Luther statue, also known as Gumby,

where students gathered to listen to music, collect glow sticks and drop off their clothes in the big cans covered by a canopy to keep them dry.

Students either wore their clothes and took them off or brought them in a bag.

"I loved rounding up my residents and getting everyone excited to help out a good cause and look good doing it," said Miles George, a sophomore RA who participated in the event. "Plus, I'm not sure anyone loves to run in their underwear more than me."

Last year, the Undie Run attracted about 150 people who donated 400-500 pieces of clothing.

Some students came and participated in the run; others

just chose to donate, according to Paul.

The students were encouraged to either come in their underwear or swimsuits.

Many also dressed in costumes, such as a banana and a santa hat.

"We started doing this program in 2009," Clancy said. "The program is obviously to have fun, but with the donating of the clothes, we are able to tie in an element of service as well."

A sort of organized chaos, as described by Paul, ended with camaraderie between runners and a celebration with pizza, despite the heavy rain.

"It was a great way to kick off Homecoming week, and I know everyone who participated will never forget it," Clancy said.

Prop 19 raises questions

Sean Post
Staff Writer

The Regulate, Control and Tax Cannabis Act, also known as Proposition 19, will be among the many measures voted on in next month's California statewide ballot.

If passed, Proposition 19 will allow local governments to impose fees and tax marijuana, as well as regulate what are currently considered criminal activities.

Some provisions that come with the passing of the proposition will include the legal possession of up to one ounce of marijuana by those who are 21 or older.

It will also allow these persons to recreationally use the drug in a non-public place, such as a residence or licensed establishment that permits marijuana consumption.

In addition, the passing of the measure will permit the growth of marijuana at a private residence in a space no larger than 25 square feet.

The advocacy group for Proposition 19 argues its passing will aid California's budget shortfall, while directly cutting off dangerous and violent drug cartels.

Also, the passing of Proposition 19 will redirect law enforcement to crimes that are considered to be harsher and of higher priority.

The opposition to Proposition 19 argues that it is a flawed act and that its passing will have profound, unintended consequences on the safety of California, as well as state funding.

Many current laws on marijuana will remain, such as the unlawful sale of the drug to minors.

However, many of the new laws, which will be imposed regarding the use of marijuana, will be regulated similar to the laws on alcohol.

For example, driving while under the influence of marijuana will still be punishable by law.

Also, any person over 21 who knowingly and willingly sells marijuana to a minor, will be fined \$1,000 and imprisoned for up to six months per offense.

Marijuana is most commonly used by young adults between the ages of 18 and 25, and according

to the National Survey for Drug Use and Health, the drug is mostly used by college students.

"I think it is a popular issue because it might be the next alternative to alcohol. It also provides a certain 'forbidden fruit' aspect," senior Alexander Moe said. "I'm not sure if [Proposition 19] will pass; it might be met with a lot of opposition at this point. The fact that it has now even met the agenda might mean that it could pass in the next few years."

Among college students, marijuana is the second most frequently used drug behind alcohol.

According to the NSDH, approximately 47 percent of college students who were surveyed in 2006 said that they have used the drug at least once during their lifetime.

CLU student Mieke Howell believes the proposition should be passed.

"The government will finally be able to regulate and tax a product which America has been buying, selling and consuming for centuries," Howell said. "The illegality of marijuana hasn't hindered its use, so legalizing it will simply allow those who need it to get it legally. It will also allow the government to spend its money on improving our schools rather than attempting to stop the inevitable."

Some side effects of marijuana that can directly affect college students include a decreased ability to learn and remember things and what is called "a motivational syndrome," referring to a student's lack of motivation for academics and overall life goals.

These statistics, according to NSDH, are based on the sustained use of marijuana.

Dr. Robert Meadows, a criminal justice professor at CLU, believes that there are too many associated issues with Proposition 19 for it to pass.

"I don't think Proposition 19 will pass. I don't believe there will be enough people in favor of the legalization of marijuana. One of the issues is that even if the measure does pass, marijuana will still be federally regulated," Meadows said.

Spots given to alternative fuel vehicles

Courtney Murray
Staff Writer

With the building of the new eco-friendly Swenson Center for Social and Behavioral Sciences, CLU has designated parking for alternative-fuel vehicles only.

"With every new building, we have to add more parking," said Fred Miller, director of Campus Public Safety.

Students are questioning this decision because they feel parking is already tight and there aren't enough fuel-efficient vehicles to have a designated spot.

Many also feel there are not enough students or staff

who drive alternative fuel vehicles to park in these spots. "We have more than enough hybrid vehicles to fill the spots," Miller said.

Outside of the Swenson Center, a portion of the street has been marked off as parking for alternative fuel vehicles.

There are approximately five spots marked by temporary signs that went up about a week ago.

"We aren't enforcing it as of right now until we mark it all out and let faculty and students know about it," Miller said.

Campus Public Safety and



Photo by Rebekah Kliever - Photo Editor

Alternative fuel: These signs are posted outside the Swenson Center.

Security doesn't think that it will have that big of an impact because there will definitely be five hybrid cars that park there, according to Miller.

Commuters oppose this new plan because parking on campus is limited already.

"I think it's great, but those cars should only be allowed to park there. If they can park there, then they shouldn't be allowed anywhere else," said Allie Buenger, a California Lutheran University senior who commutes to campus.

According to Miller, hybrid cars will park in the new designated spots and other motorists will take their old parking spots.

"It's hard this semester because there's such a big incoming freshman class and people moved off campus because there wasn't enough space in housing," said Bree Gibson, ASCLUG junior representative.

This new decision will affect commuters even more.

"Parking is bad enough as it is this semester, so eliminating all those extra spots would make it worse," Buenger said.

Campus Public Safety and Security officials have plans for future projects to increase parking spaces at CLU.

They are considering a plan to designate spots on campus streets to fit more cars, according to Miller.

By marking off spaces in paint on the pavement, vehicles could be parked in a more orderly fashion and, thus, create more room for cars.

IN BRIEF

Jamba Juice construction breaks ground

Construction on the new Jamba Juice kiosk, located between the Soiland Humanities building and Ahmanson Science Center, began this week. It is expected to be open in time for the start of spring semester.

Effective Monday, Oct. 25, the Kiosk will temporarily operate out of Mogen Market. The hours of operation will remain the same and the meal equivalency options will remain intact as well.

RENOVATION

Sunday Nights 7pm

at Samuelson Chapel

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CALENDAR

Wednesday October 27 <ul style="list-style-type: none"> Common Ground 9:11 p.m. Samuelson Chapel 	Thursday October 28 <ul style="list-style-type: none"> Delaying the Real World 7 p.m. Grace Hall Lounge Rock the Campus Presents: The Work-day Release & Jordan Cox 9 p.m. Grace Basketball Court Layta Playa's Farewell Fall Sports Rally 9 p.m. Gibert Sports and Fitness Center 	Friday October 29 <ul style="list-style-type: none"> Last Home Volleyball Game and Volleyball Raffle 6:30 p.m. Gilbert Sports and Fitness Center Lobby
Saturday October 30 <ul style="list-style-type: none"> Water Polo Spirit Splash 10 a.m. Samuelson Aquatics Center Writers' Day '10 Preus-Brandt Forum 	Sunday October 31 <ul style="list-style-type: none"> Renovation 7 p.m. Samuelson Chapel Happy Halloween!	Monday November 1 <p>THIS DAY IN HISTORY: 1952</p> <p>THE UNITED STATES EXPLODED THE FIRST HYDROGEN BOMB IN A TEST IN THE MARSHALL ISLANDS</p>
Tuesday November 2 <p>2010 GENERAL ELECTIONS</p> <p>REMEMBER TO VOTE!</p>	Next Week: November 3 - November 9 <ul style="list-style-type: none"> 'The Cherry Orchard' Football Tailgate Party Arts and Learning Symposium Areté Vocal Ensemble Adopt a Family <p>Do you have an event to submit to the Echo? E-mail date, time, location and contact information to lbrittai@callutheran.edu</p>	



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FEATURES

Royal brood revealed at Homecoming coronation

Kristin White
Staff Writer

Seniors Cassidy Hallagin and Amanda Davidson were crowned Homecoming king and queen at the annual Homecoming Carnival on Friday night, Oct. 22.

Selecting a Homecoming Court has been an important part of CLU's annual Homecoming celebration.

Members of the court are nominated by CLU students. Although the overall process is similar to the past, some changes have been made this year.

"The coronation in the past was more exclusive, with a lot of close families and friends, attending the event," Davidson said. "This year, it was more open to everyone."

Davidson has been a member of Programs Board, a transfer peer adviser, a presidential host coordinator, an undergraduate admissions intern and a member of many campus clubs and intramural sports teams.

Senior Laura Mason thinks that members of the Homecoming court should embody what it truly means to have spirit for your school.

"Amanda was very welcoming when I transferred in. She wasn't even my peer adviser, and she came up and welcomed me. She's just so fantastic," Mason said.

In the past, four male students and four female students were nominated from each class and placed on the Homecoming court.



Photos by Talia Loucks - Staff Photographer

The court: (Clockwise) Sophomores Hunter Horn and Imagine Vincent, juniors Ryan Strand and Shannon Teague and seniors Tyler Lee, Kristen Luna, Cass Hallagin and Amanda Davidson.

From the senior class, one male and one female were voted by the student body as the king and queen.

The entire Homecoming court was introduced at coronation, which took place on the Thursday evening of Homecoming week.

Faculty and staff spoke at the ceremony, along with last year's queen who introduced the new queen.

Each member of the court was given an introduction of their campus involvement. The majority of the audience included close friends and family.

This year, a few weeks before Homecoming week, students were encouraged to go on their MyCLU Portal to nominate three males and three females of their own class standing. These individuals were supposed to be well-rounded

students who encompass CLU's spirit.

The next step was to return to the portal to choose one male and one female from the top six students in each class.

For the senior class, two males and two females were chosen out of the six. One couple was on the court and the other was to be king and queen.

A Minute to Win It game show

took place, in which the Homecoming court of each class competed against one another in a variety of fun events.

"The announcement of the court was less formal than past years," said Kevin Holt, a graduate from the class of 2010. "I think that coronation should be part of the Homecoming festivities as a formal way to recognize the campus contributions made by the selected students."

Coronation of the king and queen at the carnival involved the community and alumni, in addition to students.

"I think Homecoming has a huge impact on the community. It shows the community that CLU is an amazing school that wants the community to be involved any way it can," junior princess Shannon Teague said.

She also takes personal meaning from being a princess.

"I do not take on any official duties, but I personally will take on the role as a leader and role model at CLU. I will want to represent my peers and my school in the most positive way that I can," Teague said.

For Davidson, being voted queen indicates the affection others have toward her.

"Becoming Homecoming queen is a good reflection for myself and is a confirmation that I have friends that support me," Davidson said. "It's not the title that makes me feel this way but the fact that my peers have love for me."

Games bring out class pride in Homecoming court

Henrik Gjertsen
Staff Writer

CLU's Homecoming court participated in Minute to Win It, a game show hosted in the Lundring Events Center, on Thursday, Oct. 21.

The event, named after the show on NBC, was organized by senior coordinator for Student Programs and Wellness Initiatives Amanda Whealon and sophomore intern Libby Loeffler.

Minute to Win It was slated to begin at 8 p.m. but was delayed for some moments because most of the audience were picking up free candy.

This was all part of the event Whealon and Loeffler had set up.

Having events going on at CLU is nothing new, but game shows may become a popular trend that students will get to enjoy further in the future.

"We wanted to switch it up a bit for Homecoming, and we believed a new game show like 'Minute to Win It' would be something people would be excited for," Whealon said. "People want to meet up and interact. Tonight was great because

students like to get together, and a lot of people are familiar with the show."

Prior to the games, all audience members were given the opportunity to put their names and CLU ID numbers in a lottery basket so they could also join in on the fun.

The introduction and competition among Homecoming court members primarily set the standard for CLU spirit.

Tension was high, and pride was on the line when the seniors, juniors, sophomores and freshmen battled it out on the playing platform.

"It was really fun out there," junior Shannon Teague said. "I like competing, and it's great representing the junior court. I hope events like these keep continuing here at CLU."

The players were supported and guided by coordinator for Recreational Sports Graham Crain, who hosted the show, with the help of videos explaining the rules of each game.

The winners of each game received a yellow Minute to Win It T-shirt.

"I really wanted to win a T-shirt,

which I did, but it was fun to watch a couple of friends of mine on the Homecoming court," said senior Kim Hamon.

This event was inspired by the actual "Minute to Win It" on NBC, which is hosted by Guy Fieri.

It features everyday people being set up against simple challenges

that give them a chance to win \$1 million.

CLU's version was not to going to award lucky students \$1 million. The show was, instead, set up to kick-start the Homecoming weekend at CLU.

There were games, such as blind ball, face the cookie, extreme han-

ky panky, bobble head, stack attack and chocolate uniform. Almost 100 students attended the show and cheered for all these games as contestants vied for a win.

Events like these bring many CLU students together, and hopes are that they will continue at the university.

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think

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Wednesdays at 9:11pm

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CAMPUS QUOTES: What are you dressing up as for Halloween?

Erasmio Almazan



"I'm either going to be a cheerleader or a businessman from 'Mad Men.'"

Marina Staley



"Probably Ke\$ha."

Henry Leff



"I'm going as a Ninja Turtle with three of my friends."

Rob Bueschen



"I don't usually dress up because I pass out candy and go trick-or-treating with my nephew."

If you have an idea for a Campus Quotes question, e-mail it to the Echo at echo@callutheran.edu

Festivities highlight the CLU spirit of alumni, families

[HOME, from Page 1]

CLU Bingo and the Founders Day Orchestra Concert took place on Friday evening.

Saturday, the weekend's most eventful day, kicked off with brunch with the president in the Lundring Events Center.

All CLU family, friends and alumni were welcome to join President Chris Kimball as he discussed the current and forthcoming changes around campus.

After brunch, family and friends had the opportunity to attend the Kingsmen football game at Mt. Clef Stadium, the Alumni and Family Festival and the Kings-

men and Regal Alumni Basketball Games in the Gilbert Sports and Fitness Center arena. "It was great seeing all my teammates' families at the game," sophomore Channing Fleischmann said. "There were a lot more [people] than I expected."

The Regals were victorious over the alumni in the end.

"It was really cool playing against some of the best players in CLU history," Fleischmann said.

If the Regal Alumni Basketball Game didn't seem appealing, family, friends and alumni also had the option of taking a tour of the Swenson Center.



Round and round: The swings were set up for the Carnival on Oct. 22.



Spirit tent: The cowbells symbolize CLU's 46 graduating classes.

This newest building is CLU's first Leadership in Energy and Environmental Design (LEED) certified building.

Swenson won't be CLU's newest structure for long as the football program is expecting a new stadium next season, which made this Mt. Clef Stadium's final Homecoming football game.

CLU Student Life took the initiative to make Mt. Clef's last Homecoming game memorable by setting up and managing a spirit tent. They provided purple and gold beads, cowbells and cone-shaped noisemakers, along with all the crafts necessary for fans to show their Kingsmen spirit.

Marty Schwalm spent nearly half an hour decking out her noisemakers.

When asked what class she belonged to, she declared herself a proud member of California Lu-



Entrance: The dance team and cheer team welcomed the Kingsmen into Mt. Clef Stadium.

Photo by Brad Yajima - Staff Photographer

theran College class of 1964.

There were many Kingsmen fans faithfully decked out in CLU pur-

ple and gold, ringing their bells and tooting their horns.

One of the Kingsmen's devout

fans, Ronald Sharkey, thinks it's time for a change.

[See HOME, Page 7]

Convocation recognizes traditions and contributors

Nessa Nguyen
Features Editor

Lines of faculty members and Regents dressed in black and purple robes marched into the Samuelson Chapel for the 51st Founders Day Convocation on Oct. 22.

The organist played a prelude to welcome the participants, among whom were students and alumni.

Titled "Fulfilling Our Promise: Gathered and Scattered," this year's Founders Day Convocation featured Rev. Rick Nelson as the keynote speaker.

Nelson graduated from CLU in 1975 and currently serves at the Central Lutheran Church in Minneapolis.

In his speech, the pastor reminded the audience of the many lasting traditions, memories and friendships CLU has created.



Photo by Talia Loucks - Staff Photographer

Family affair: Marv Soiland's son and grandchildren accepted the annual Christus Award on his behalf.

He also honored the founders and donors for making those things possible for generations of students.

Nelson proceeded to discuss

the meaning of Luke 24:13-35, in which a disguised Jesus met two of his disciples on the third day after his crucifixion.

The two men were fatigued, but

Jesus strengthened their belief by speaking and revealing himself to them.

Drawing on the story, Nelson advised listeners not to let their faith rest in a routine, but to get their hands dirty in providing services to the world.

Since church gatherings bring God's blessings and encouragement to members, it is their responsibility to scatter and spread good work to those who are in need.

This year, the Christus Award was presented to Marv Soiland, whose name is recognized in the name of the building he had donated money toward, the Soiland Humanities Center.

Soiland had served on the Board of Regents for 22 years and was named "Philanthropist of the Year" in 1989.

The classes of 1964 and 1965,

many of whose members sat in the audience, received the Service to Alma Mater Award.

As the first graduates of the university, they were chosen as candidates for the award based on their influences in the CLU community.

Hymns and prayers were a part of the ceremony.

It was also an occasion filled with musical notes and performances.

Conducted by Dr. Wyant Morton and accompanied on the piano by Jessica Helms, the CLU Choir performed two anthems, "If Music be the Fruit of Love" and "A Thousand Beautiful Things."

The Honors Ensemble of clarinet, violin, viola and cello offered an instrumental performance of Mozart's "Quintet for Clarinet and Strings, K. 581."

Choral Concert features contemporary music and issues

Carly Robertson
Editor in Chief

CLU friends and family crowded the Samuelson Chapel on Oct. 24 for the annual Homecoming Choral Concert, which commenced the Homecoming and Family Weekend festivities.

After returning from a cross-continent tour to Italy, the CLU Choir and Women's Chorale have been working diligently to adjust to gaining new members and losing others to graduation.

Contemporary pieces can be as great as classical pieces."

Wyant Morton
Conductor

Kingsmen Quartet. "It's been different with the new people, but in a good way."

Head of the music department and conductor of the concert Dr. Wyant Morton strives to include an array of music for the concerts every year.

"We have been working hard for the last month and a half," said Ryan Strand, junior member of the CLU Choir and the



Voices: The Women's Chorale performed at Sunday's concert.

Photo by Talia Loucks - Staff Photographer

Morton stresses the importance of familiarizing the choir with both classical and contemporary pieces.

The CLU choir performed works such as "Zigeunerleben" by German composer Robert Schumann, "MLK" by rock band U2 and "A thousand Beautiful Things" by Annie Lennox.

"Contemporary pieces can be as

great as classical pieces, [but] when people use titles, it often brings about a stereotype. Bands like Radiohead use classical styles to compose their contemporary work," Morton said.

Strand was the soloist for "MLK," which was created in remembrance of civil rights leader Martin Luther King, Jr.

"I had heard the U2 version in high school and actually auditioned for the part then, but didn't get it. I was so happy to make my comeback at this concert," Strand said.

One of the songs performed, "Vincent," paid tribute to the recent teenage suicides. Traditionally, the song by Don McLean was attributed to the artist Vincent van Gogh, but

the CLU Choir dedicated it to the victims who passed.

Beforehand, senior Regal Quartet member and president of the GSA, Rachel Litchman, spoke out about the recent events.

Litchman paralleled the deaths of the world-renowned artist and the teenagers.

"Perhaps Vincent's world wasn't ready to listen; perhaps today we think we are," she said.

At the concert Morton announced the first recipient of the music department's newest award, the Music Department Alumnus Award.

The winner will be announced every year from now on at the Homecoming Choral Concert.

1967 graduate Howard Sonstegard played the piano for the choir and accepted the award.

"I'm so appreciative of the students and Dr. Morton for allowing me to play at my alma mater," Sonstegard said.

The Women's Chorale and CLU Choir will perform again at the Christmas Concert, which is scheduled for the first weekend in December.

All year, they will be preparing for their tour to New York in the spring.

Festivities span busy weekend

[HOME, from Page 6]

"These boys deserve that new stadium," Sharkey said. "There have been a lot of great memories here, but it's that time."

Following the game, Kingsmen faithfuls made their way across Memorial Parkway to the post-game tailgate party, looking to chow down on some hometown cooking.

Kathi Younker, mother of sophomore defensive lineman Rian Younker, sends out e-mails to devoted parents before every home game.

"It's a time for families and friends to get together," Younker said. "It creates a great football atmosphere."

According to Younker, Stacey Allen started the e-mail list last year and after last week's game, they served over 230 people.

Although the post-game tailgating went on for hours, the day's events didn't stop there.

The Kingsmen Alumni Basketball Game took place afterward.

The Alumni and Family Festival was held outdoors in the Gilbert Sports and Fitness Center courtyard. It was full of food, fun and live music.

Since there was no Homecoming dance this year, ASCLUG organized a comedy night for undergraduate students instead.

The event was held at the Thousand Oaks High School Performing Arts Center.

There was a variety of comedy, including a stand-up comedian and the Upright Citizens Brigade Improv Touring Company.

The last event of the weekend was the Homecoming Choral Concert that took place on Sunday afternoon in the Samuelson Chapel.

The CLU Choir and Women's Chorale opened their season, providing music to the ears of many.

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OPINION

MTV: out with music and in with reality television shows



Rocio Sanchez

Do you ever reminisce about the good old days when MTV actually played music videos?

You know, back in the days when we still had "TRL" (Total Request Live) with Carson Daly and when music artists performed on TV to promote and entertain the millions of viewers watching around the country.

What happened to those good old days?

Let me tell you what happened. Reality shows took over the channel and then globalized.

The original purpose of MTV, when it launched in 1981, was to play music videos 24 hours a day, seven days a week, with the guidance of on-air hosts known as VJs.

MTV felt the need to become a diverse network, so they started focusing on the youth culture.

They started airing animated

shows to try bring a wider audience to the station. From animated shows, they felt the need to place a strong focus on reality shows.

As more shows started to air, music had less of a presence.

Of course, I didn't mind having a mix of music videos and shows, such as "The Osbournes," "Viva La Bam," "Two-a-Days" and of course let's not forget "Newlyweds," with Nick Lachey and his ditz, blond wife Jessica Simpson, who didn't know if Tuna was chicken or fish because it was "Chicken of the Sea."

You also see those dating shows coming into play, such as "NEXT," "Exposed" and "Parental Control," in which our very own CLU student and friend Mike Minervini took part in this year. So if you haven't seen the episode, go check it out.

As we now see, reality shows have taken over MTV.

Even though they incorporate music in the shows, I personally want to see more music videos and artists perform like they used to.

And yes, I am aware that there's

an MTV2, but I don't get that channel. Even MTV2 has shows now, and the whole purpose of it was to air the music videos that MTV wasn't playing anymore.

There are times that I wonder if it is even necessary to have a music channel anymore.

You maybe, and hopefully, are aware that our culture today has been integrated through a global network of communication, which can be described as globalization.

In other words, there have been many improvements in technology that have given us opportunities, which we have obviously been taking advantage of.

All you have to do is connect to the internet from your very own cellphone or computer and you are connected to the world in less than a few seconds.

MTV started streaming music videos, news, podcasts and just about everything that would originally be on the TV channel.

The Internet, as a form of mass media, has somewhat triumphed over broadcast television.

So, if you want to see music

videos, why turn on the TV and stay in one place to watch them? There's no need to limit the range in which technology can go now.

People have the opportunity to watch whatever they want, whenever they want.

MTV knows this, and since artists spread their music through not only networks on TV, but also through social networks, I think MTV is using all of their shows as a way to keep their ratings up because it is, of course, a business.

MTV has come a long way, but with continuing improvements and inventions in technology,

such as Youtube.com, there will be less of a need for any sort of music television channel because it will no longer be necessary.

So, the least MTV can do is change their name to something more fitting, such as RTV, Reality Television. Wouldn't that be better?

But then again, that would defeat the purpose of MTV's award shows, and of course, you can't forget the highly coveted "Moon Man" trophy.

With that said, I am very anxious to see what the future holds for Music Television and its reality shows.



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UNDERSTANDING

As cohab rises, marriage declines



Cassie Copeland

The economy has affected almost all aspects of life and is now making its mark on marriage.

According to the U.S. Census Bureau's website, their mission is "to serve as the leading source of quality data about the nation's people and economy."

The census is a poll taken to learn information about households. Such information collected includes how many children or people live in a home.

The past census, taken in March, reported that while the rate of marriage has decreased, the rate of unmarried people living together has risen.

The rate of individuals living together went up 11 percent since 2008.

This increase in cohabitation is thought to be because of our low economy and weak job market.

Rose Kreider, a family demographer at the Census Bureau who reviewed the numbers, believes there are practical considerations behind the increase in cohabitation. Kreider published a paper about the 2010 Census, including the data that the census collected.

The data shows the increased number of cohabitants who were not married often had only one

individual who was unemployed, and it was more commonly the male in the relationship.

The couples also often lived with parents, other friends or cousins. The greatest number of cohabitants were people in the South.

The South had the largest amount of cohabitation with 38 percent of unmarried couples living together.

The West Coast is at 23.2 percent, the Midwest is at 23 percent and the Northeast is at 15.8 percent in regards to unmarried cohabitants.

This is the highest recorded jump between unmarried cohabitants since 1994.

But what does all this mean for college students, especially CLU students?

Often, after college, friends and/or couples get apartments together to split the cost of living while finding a job with their brand new degrees. For this upcoming year, with the new census out, the cohabitation of college couples after graduation may increase dramatically.

However, the census also said that one of the partners was often unemployed, and that usually was the male in heterosexual couples.

With that said, before anyone signs a lease, the best solution would be for all parties to have employment beforehand.

Not only may the new census indicate that college students will be living together, but perhaps the number of college students

getting married right out of college will also decrease.

It seems that right now, whether college students or not, many people's focus is on themselves and building a career. This is quite understandable when thinking of the old saying: you cannot help others until you have helped yourself.

The decline of jobs may actually help decrease the number of people who are rushing into relationships. These people may decide to look for jobs, instead of getting married, and wait to wed later on. This can actually be considered a positive movement.

However, because jobs are scarce at the moment, there are other opportunities, such as joining an overseas program. An example would be something like the Peace Corps or the JET Program. Both of these, although not highly paying, are paying and help with housing as well. These programs are also one to two year programs, and once completed, the economy may be back on its feet, or at least on its way.

Another idea, if it is not too expensive, is going to grad school. This is my plan, only because my hope is that once I am done with graduate school, the economy will be rising and I will not only have a bachelor's degree but a master's as well.

Whatever path you decide to take after graduation is one's own choice. With this new census, it is likely that that path may not lead to marriage, but will lead to roommates off campus.

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Students green with parking envy

Designated section for eco-friendly cars causes jealousy



Arianna Thomopoulos

Last year I was a resident at CLU and parking was never really an issue for me until this year when I decided to move off campus.

As a commuter, finding parking on campus is not as easy as it seems; it takes the first couple weeks of school to really come up with a game plan regarding where you are going to park.

By my third week I had it down. I was finally in the flow of things.

As the weeks progressed, I thought to myself, "wow parking isn't as big of a deal as I thought it was going to be."

That all changed one fateful Monday morning when I was trying to find a parking spot near my class in the Swenson Center.

The Swenson Center is a new addition to the California Lutheran University campus,

helping the university minimize its carbon footprint.

While pulling into my parking spot, I noticed a new sign. The sign read that no car that was not environmentally friendly could park there.

I was shocked, annoyed and late for class once I found a parking spot that I was allowed to park in, all the way across campus in the Gilbert Sports and Fitness Center parking lot.

Did I mention it was raining? Well it was, which made the walk across campus seem that much longer.

I got to class, drenched from the rain, freezing cold and still questioning what had just happened. I asked my fellow classmates if they had seen the sign as well.

Because the building meets the government standards of being green, it is by law that the building is required to have five parking spots designated for hybrid cars.

Many of my classmates, who were also commuters, responded with the same frustration.

"It's stupid because it takes away from parking for commuters, and what if you don't have a

fuel-friendly car? How do you know what exactly defines a fuel-friendly car?" senior Aaron Fisher said.

Fisher was not the only commuter who had an opinion about the new parking enforcement.

"I think it is pointless because not many students have fuel-friendly cars," senior Ember Reyes said. "We already have problems with parking."

I shared in the same aggravations as my fellow commuters, and I wanted to get answers, not only about the new eco-friendly parking, but parking in general on the CLU campus, so I set up a meeting with director of Campus Safety Fred Miller.

It was in that meeting that my feelings of irritation and frustration disappeared.

"Swenson is a LEED-certified building," Miller said.

The building uses green technology to help cut down cost and energy used by the university.

Because the building meets the government standards of being green, it is by law that the building is required to have five parking spots designated for hybrid cars.

"I don't think that it will have a bad impact because it only allows spots for five cars," Miller said.

After my meeting, I decided to go look at the parking location again to really see the impact that is was going to have on the campus.

To be honest, with my new set of eyes, the amount of space that is being taken away is not really that much. It does not even take up the whole block.

I feel that if somehow the information that I received about the parking situation on campus was relayed to rest of the CLU community, there would be a better understanding and compliance with the new parking enforcement signs.

Homecoming comedy

Cancellation of dance results in chance to have a few laughs



Chaz Hodges

As you may know, I will be graduating from CLU in December, so I was devastated when I found out that there would be no Homecoming dance my senior year. A comedy night at a local high school, less than three minutes away, was not as amusing as getting to play dress up and dancing at a new popular club in LA. Yet, in support of CLU, I attended Comedy Night, and surprisingly, it was a lot of fun.

When I arrived at Thousand Oaks High School, I walked up a purple carpet into the school's lobby where delicious cupcakes were being served.

A step further into the gymnasium, CLU students, parents and friends filled the seats, ready to be humored.

When the stand-up comedian and Upright Citizens Brigade Improv Troupe stepped onstage, I had no doubt that the student body would enjoy them.

"I thought that Upright Citizens Brigade was amazing at making the mundane hilarious," junior Branden Kallen said.

I agree with Kallen; even though the comedy night may not have been as much fun as the dance, it was its own type of regulated and organized fun.

Instead of students going out and getting drunk and making their own fun, they were able to enjoy themselves with their parents and friends.

Before the comedy troupe began their performance, they grabbed a student from the audience and made a scene from that student's life.

Their creativity was amazing and honest. It was good to see that their material was original and in the moment.

"It was a lot of fun to work with [a member from UCB], and he gave us some things to try to work on. I'm excited for the future," said Stephen Wardle, a member of CLU's improv troupe. Not only were people entertained by the comedy, but many also learned from these professional acts after the performance.

Still, although many people did enjoy the stand-up and improv troupe, some disliked them as well.

"I thought the CLU improv troupe was better because knowing them off the stage makes the act that much more funny," sophomore Rebecca Cardone said.

While I agree with Cardone when she says knowing our improv actors make them hilarious, I honestly still think UCB was just as funny.

Despite the lack of humor some people found with the troupe, Comedy Night as an alternative to the Homecoming dance was not a complete failure.

"It was nice not having to spend money on buying a dress, dinner, transportation and tickets. It will make Spring Formal more special too," Cardone said.

Although I was really upset when I first learned of the cancellation, I agree with Cardone.

Having Comedy Night was more pleasurable than I thought, and it was something different.

Many people I talked to had a great evening at the comedy night, and while it is not a substitute for the Homecoming dance, it still contributed to and made Homecoming weekend an enjoyable and fun experience.

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SPORTS

Work ethic puts senior defensive end in the forefront

Chris Ramirez
Staff Writer

The CLU football team has been dominating the ball this season; the defense, led by senior defensive end Jordan Barta, has been no exception.

Barta was named Southern California Intercollegiate Athletic Conference's (SCIAC) Male Athlete of the Week with his outstanding performance at Whittier on Oct. 9, in which he had a career day that included five sacks, a forced fumble and seven tackles in a 30-3

“It was one of my personal goals to be on the national team of the week.”



— Jordan Barta
Senior defensive end

victory. He is the third Kingsmen this season to earn such honors, as junior tailback Daniel Mosier and sophomore defensive back J.D. Austin did so earlier in the season. His performance against Whittier also earned him the prestigious honor of being selected to the

D3Football.com National Team of the Week as one of the starting defensive ends.

“It felt great to get acknowledgment around the nation for having a great game,” Barta said. “It was one of my personal goals to be on the national team of the week. I have played football since I was in the fifth grade and have played pretty much every position besides quarterback growing up. It was my freshman year of high school when my coaches moved me from receiver to defensive end, and I have loved the position ever since.”

A marketing major and a business minor, Barta hails from Beaverton, Ore. and has played for the Kingsmen for four years.

Last season, he earned All-SCIAC First Team honors as a junior and led the team with 13 tackles for loss and four fumble recoveries, according to CLUSports.com.

This season, he leads the SCIAC with eight sacks, two forced fumbles and is second in tackles for loss with nine. Head football coach Ben McEnroe attributes Barta's success on the field to his work ethic.

“Jordan's work ethic is second to none,” McEnroe said. “He is tireless in his off-season preparation and a real student of the game. Jordan is



Photo by Brad Yajima, Staff Photographer

All in : Jordan Barta (No. 57) pushes through Pomona-Pitzer's defense.

one of the hardest workers I've been around in 18 years of coaching.”

McEnroe and Barta have become quite a duo since McEnroe took over the head coaching position in 2007 during Barta's freshman year.

Since the 2007 season, CLU has compiled a 24-9 overall record and

a staggering 19-2 record in SCIAC play.

The coaching staff has also done a great job, led by fourth year defensive coordinator/defensive backs coach Scott Beattie, whose defensive unit ranked fifth in total defense and led the nation in sacks

and passing efficiency in Division III for the 2008 season.

Beattie can attest to the impact that Barta has had on the defensive side of the ball.

“Jordan is an exceptional athlete with great quickness and strength,” Beattie said. “He is an explosive player who dominates even larger opponents. His workouts are intense, as he works very hard in the weight room and on the field. His workouts have made him extremely strong and quick, which has translated to great success on the field. The way Jordan practices reflects his great desire for success.”

Although only four games remain in his final season at CLU, he is thankful for the people who have helped him along the way.

“I have grown immensely at CLU in the past four years,” Barta said. “I came into CLU as a young, dumb freshman, like they all do, and feel like I have grown to a respectable adult. CLU has prepared me for the real world and has really changed my perspective on things. Coach Mac is one of my mentors, along with professor Kapp Johnson, who I will always be thankful to because they have taught me how to become a great individual. Without their great leadership, I wouldn't be where I am today.”

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Women's volleyball takes first place in SCIAC

Claire Whitten
Staff Writer

The CLU Regals volleyball team continues to follow through with a winning streak, taking all three games this week against Whittier, La Verne and Pomona-Pitzer.

"This has been a great week for us," said junior Casy McWhirk. "We have been working really hard to be the best we can be going into all of our SCIAC games."

The Regals have won 22 matches and remain undefeated in their SCIAC conference.

The first game of the week against the Whittier Poets was on Tuesday, Oct. 19, with California Lutheran University winning the game 3-0.

Senior co-captains Allison Kerr and Megan Thorpe topped the team in kills for the night, while junior Jacki Richards led in digs and sophomore Jackie Russell, in assists.

"All of our games are big games, but this one at La Verne was very important because if we won, we would end up with a place in the SCIAC tournament," McWhirk said.

The team was away on Friday, Oct. 22, competing against La Verne.

Thorpe led the team in kills with 18, while Kerr and McWhirk

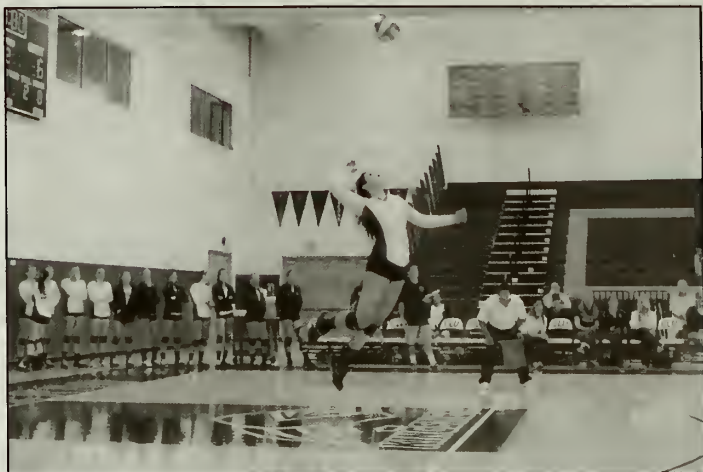


Photo by Brad Yajima-Staff Photographer

Ace: Megan Thorpe (No. 7) leads the Regals to victory for the Saturday night's match against Pomona-Pitzer.

followed with 14 kills each. The Regals won all four games against the Leopards, earning them a spot in the SCIAC tournament semifinals on Nov. 5.

"It felt great to win and to officially make the playoffs," Kerr said.

Saturday night the Regals played at home against Pomona-Pitzer.

The Regals started with a quick lead, with the Sagehens close behind throughout the first game, ending 25-23, Regals. The second game went by fast with multiple kills from McWhirk, Kerr and Thorpe, ending 25-18. The third game began with CLU ahead until the last few plays, when the Sagehens tried to catch up;

however, Pomona fell flat at the end, with CLU winning 25-23 and adding to their undefeated record. This game brought the Regals to their 11th straight SCIAC victory in conference.

Kerr added, after the game Saturday, that the team is going to continue to play their game and not really change anything,

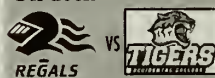
just watch film and try to correct their mistakes. The team has come a long way, with many players returning from injuries.

Thorpe added that while the Regals have made it into the SCIAC tournament, they have to continue to do their best because if a team beats them, it could take their spot and all SCIAC teams are looking at CLU to beat, as they are the only undefeated team in SCIAC so far.

CLU women's volleyball has three SCIAC conference games left against Claremont-Mudd-Scripps, Occidental and Redlands. The Occidental game will be their last home game for conference, on Friday Oct. 29 at 7:30 p.m.

"We just try to remember that we deserve to be here, so obviously we are doing something right," said Thorpe. "We are good and have the best team chemistry, and that is why we are winning."

On deck



Cal Lutheran
vs. Occidental
Gilbert Arena
Friday, 7:30 pm

COVERING ALL THE BASES:

NFL struggles to get ahead of violent concussions



Andrew
Parnore

As the sport of football continues to grow in popularity and competitiveness at all levels, the dangers of the game have never been more prominently displayed.

Football always has been a violent game, and everyone who has played knows the inherent risks involved. But in recent weeks we have seen a dramatic increase in concern regarding concussions and other kinds of head and neck injuries.

Concussions are fairly common in football and other contact sports, but they can have a lasting impact on an athlete. It has been shown that multiple concussions can lead to an increased risk for Alzheimer's and other related memory-loss diseases. Many football players, especially those who have played for a number of years, have had numerous concussions. Just ask Troy Aikman about that.

This season we already have seen a number of NFL players go down with concussions, including quarterbacks Aaron Rodgers, Kevin Kolb, Vince Young and David Garrard. Eagles receiver DeSean Jackson had a violent helmet-to-helmet collision with Falcons cornerback Dunta Robinson in Week 6, and each was sidelined this week. These are only a few of the numerous examples of

concussions just this year.

Even more tragically Rutgers defensive tackle Eric LeGrand suffered severe spinal cord injuries while making a tackle against Army on Oct. 16 and was carted motionless off the field. He has been responsive in the hospital, but remains paralyzed below the neck. Though not a concussion, LeGrand's injury was another reminder of the vulnerability of players once they strap on their helmets.

Due to the alarming number of concussions from violent hits this season, the NFL ramped up its penalties for defenders delivering blows to the heads of unsuspecting or defenseless players, particularly quarterbacks and receivers. Robinson and Patriots defensive back Brandon Meriweather were each fined \$50,000 for their hits on receivers, while Steelers linebacker James Harrison was fined \$75,000 for hits that knocked two players out of the Week 6 matchup against the Browns.

Defenders are understandably upset about the rule changes. They are taught to play all out and without hesitation, and these new rules make it increasingly difficult to keep playing the same way.

The fact that the rule changes are coming midseason only makes the confusion worse.

Other rule changes have been discussed in an effort to improve player safety but at the cost of compromising the integrity of the game.

"The current rules regarding helmet-to-helmet contact and contact on defenseless players are intended to be preventative

in nature and are mostly positive in their impact on the game," CLU head football coach Ben McEnroe said. "I don't see any other areas of the game where more rules will help to prevent concussions or limit head injuries."

The real problem is players are just getting too big, too strong and too fast. Helmets, no matter how well they are designed, are not meant to withstand the impact that most players in the NFL can create. Even as technological advancements have improved the safety of helmets and other protective gear, the increase in the number of concussions has continued.

HARD-HEADED PLAYERS

The concern regarding concussions has also come into conflict with the toughness that football players pride themselves on. The game has become more dangerous, but the player's desire to play has remained the same.

"I believe players are just as tough as ever," McEnroe said. "The game is becoming increasingly faster, and players are bigger than at any time in the history of the sport. Guys want to play, and I don't think they take special precautions to avoid concussions outside of wearing better helmets and mouth guards than in years past."

This means more responsibility falls on the coaches and trainers to make sure the athletes are ready to go play before they step out onto the field.

As medical knowledge about concussions has expanded in recent years, the necessity to be cautious when treating them has

as well.

"When a player takes or gives a hit that may even raise suspicion of a concussion, he is examined immediately," McEnroe said. "Our players are encouraged by the sports medicine staff to report any concussion symptoms and are educated during the season on what those symptoms

are."

Most teams handle concussions in a similar fashion these days, and player safety has never been more important than it is now. But the harsh reality is that unless significant changes are made to the game itself, concussions in football are a part of the game and are here to stay.

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Kingsmen give home crowd royal treatment



Photo by Talia Loucks-Staff Photographer
Deme'Trek Chambers rushes towards the end zone.

Aaron Fisher
Staff Writer

In the 49th and final Homecoming game at Mt. Clef Stadium, the Kingsmen of CLU defeated the Pomona-Pitzer Sagehens 38-7.

“We always look to keep the pressure on the opposition regardless of what the scoreboard says.”

Josh Oosterhof
Senior punter

With an abundance of alumni, students and faculty in the crowd, CLU gave a fitting Homecoming performance for the last time in

California Lutheran University scored the first two touchdowns of the game and was ahead by at least 30 points for the third consecutive week. With an abundance of alumni, students and faculty in the crowd, CLU gave a fitting Homecoming performance for the last time in



Photo by Talia Loucks-Staff Photographer
Handoff: Junior Deme'Trek Chambers receives a handoff from junior Jacob Laudenslayer on one of his 25 carries during Saturday's game.

Mt. Clef Stadium.

“Homecoming is very important around here, and it is our job as the football program to win the game and send everyone home happy and feeling good about returning to CLU for the weekend,” head coach Ben McEnroe said.

On the first drive, the Kingsmen went 74 yards on 11 plays, finishing with a 1-yard touchdown run by junior Deme'Trek Chambers, one of his two scores for the day and his SCIAAC-leading 10th for the season.

After forcing the Sagehens to punt, the Kingsmen drove to the

end zone again with sophomore wide receiver Eric Rogers making the catch on a 3-yard pass from quarterback Jake Laudenslayer to put CLU ahead 14-0.

With a 42-yard field goal before the half by kicker Jackson Damron, the Kingsmen found themselves up 17-0 at the half and remained consistent on both sides of the ball to secure the victory.

Cal Lutheran also kept the defensive pressure on the Sagehens all afternoon. An interception by junior linebacker Jacob Norlock in the first quarter and a fumble recovery by

sophomore linemen Rian Younker late in the second quarter helped lead to the scores for the CLU offense and kept the Sagehens scoreless in the first half.

“For our defense, we just played to our responsibilities, and when we do that, we have the potential to be a great defense,” senior linemen Isiah Gomer said.

CLU also scored three times in the second half, one touchdown coming from Chambers and the other two from wideouts senior Carlton Richard and sophomore Matt O'Brien.

“We always look to keep the

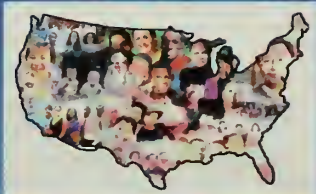
pressure on the opposition, regardless of what the scoreboard says,” senior punter Josh Oosterhof said.

The Kingsmen held the Sagehens to 183 yards for the game and almost recorded a shutout for the season, except for a late score in the fourth quarter by Pomona-Pitzer senior wideout Robert McNitt.

CLU, which now stands at 5-1 overall and first in the SCIAAC at 4-0, travels to Claremont-Mudd-Scripps Colleges next Saturday for their final conference road game of the season.

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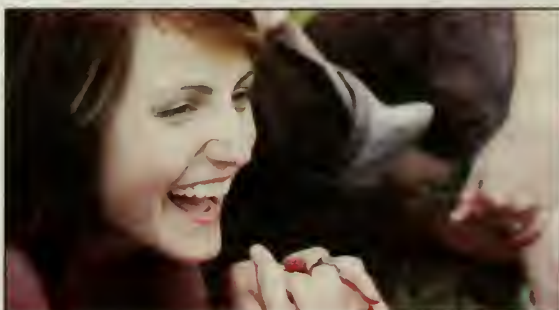
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Career Services
helps students
hunt for jobs

Page 2



Students
donate blood
during drive

Page 6

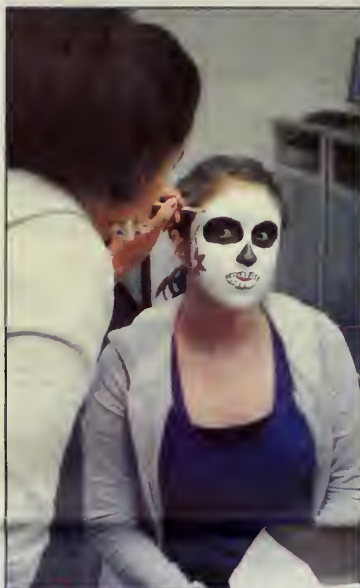


Water polo
beats Pomona
for first time

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the Echo

November 3, 2010 Vol. 56 Number 7



Courtney Murray
Staff Writer

Students visited the Student Union Building last Thursday to celebrate Dia de Los Muertos or "Day of the Dead," a holiday celebrated by Latin American cultures to remember loved ones that have passed away.

CLU took part in this celebration by hosting an event for people of all cultures to experience what

this holiday really means.

"Death is a celebration in Mexico. Death is among them," according to the Dia de Los Muertos flier that was passed out around campus. To Latin cultures, this is a tradition and it's part of the grieving process.

"I think it's a nice tradition because it celebrates loved ones that people have lost," said Kristen Luna, president of the Latin American Student Organization.



Photos by Brad Yajima - Staff Photographer
Day of the Dead: (left) Daniela Ochoa gets her face painted at the celebration. Candles and painted skulls decorate the altar in the Student Union Building on Dia de los Muertos.

CLU students celebrate 'Dia de los Muertos'

"I think people in our culture think it's weird and morbid, but it's a happy celebration."

The event started at 10 a.m. Oct. 28, three days before Halloween. An altar was set up covered by a black tablecloth and many different objects that signify the holiday and bring remembrance to the dead.

People were able to stop by throughout the day to place photos or memories on the

altar; the altar held pictures, traditionally painted skulls, flowers and banners.

"There's a lot of symbolism that's erected in the SUB on the altar," said Ashley Patterson, coordinator of Multicultural Programs at CLU.

More people gathered to experience Latin American traditions during the second part of the event, which happened

[See MUERTOS, Page 3]

Football player arrested after nightclub brawl

Kendal Hurley
News Editor

CLU football player Clinton Panton Jr., has been suspended indefinitely from the team, according to Kingsmen head coach Ben McEnroe, after Panton was arrested at 1:50 a.m. on Oct. 31 outside a Ventura bar.

According to the Ventura Police, Panton refused to leave the Karma lounge and "he adopted a fighting stance against the officers and flicked his lit cigarette at one of the officers, hitting him in the face just below his eye."

Panton, a 24-year-old from Oxnard, then ran from the officers and violently resisted arrest, according to the police report.

He had to be subdued by a Taser gun and was then handcuffed while still struggling, according to the report.

The Ventura County Star reported Panton was taken to the Ventura County Medical Center for treatment and later booked at the Ventura County Jail.

Sunday morning, Panton was booked for battery of a police officer and resisting arrest.

He was released later on Sunday. Panton joined the Kingsmen football team in fall 2009 where he has played as a wide receiver.

He has had other run-ins with the law before, which McEnroe said he was unaware of until recently.

Panton was convicted in Ventura County Superior Court in August 2008 of felony transportation of a controlled substance and being armed during a drug offense, according to Superior Court records.

"The first I heard about the other convictions were when reports came out after this weekend's incident," said Ben McEnroe, California Lutheran University head football coach since 2007.

Panton was not a starting player but did appear in the game against Claremont last Saturday, according to McEnroe.

Panton is scheduled to appear in court the morning of Dec. 3.

Firing of broadcaster does not affect KCLU drive

Rachel Flores
Staff Writer

Public radio stations around the country heard from listeners that were upset over NPR's firing of commentator Juan Williams on Oct. 20, but the controversy did not hurt the bottom line of KCLU's fall pledge drive, according to Jim Rondeau, the station's director of operations and programming.

"We had no financial impact that we can attribute to Juan Williams," Rondeau said. "Our financial total was better than last year."

The pledge drive is a fall fundraiser where listeners call the station and donate money. It is a major source of income for NPR

stations.

Student workers who answered the phones received complaints from listeners but did not experience an overwhelming amount of criticism from callers.

"While some listeners did call into the station during the drive and complain about Williams' termination, KCLU is much less affected than some larger stations.

"I haven't heard buzz around the office or had any one call in to the station who was upset, but I am sure the larger networks will be much more affected by Williams' comment," said KCLU student volunteer Sarah Borelli.

"Compared to years in the past people aren't donating as much,

but I think it's due to the economy, not because of NPR's choice concerning Williams."

Volunteers who answered phones at other stations across the country "received thousands of complaints and scattered threats to withhold donations," reported the Associated Press.

Williams was fired from National Public Radio for a comment made referring to Muslims in a televised interview on "The O'Reilly Factor."

FOX hired Williams to a larger contract shortly after the incident, according to BBC news.

Williams appeared as a guest on "The O'Reilly Factor," where he stated, "when I get on the plane, I

got to tell you, if I see people who are in Muslim garb, I get worried; I get nervous."

Williams' comment was made in reaction to Bill O'Reilly's challenge statement, "Muslims killed us there," when referring to the terrorist attacks on Sept. 11.

"This is an outrageous violation of journalistic standards and ethics by management that has no use for a diversity of opinion, ideas or diversity of staff (I was the only black man on the air)," Williams said. "This is evidence of one party rule and one sided thinking at NPR, which leads to enforced ideology, speech and writing. It leads to people,

[See NPR, Page 2]

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NEWS

“Don’t ask, don’t tell” policy exposes different opinions across the U.S.

Katie Yates
Staff Writer

The U.S. military law “Don’t Ask, Don’t Tell,” was overturned early in October, designating it as lawful for service members to be openly gay.

Later, the Defense Department asked for an injunction on the ruling, leaving the law in limbo. Judge Virginia A. Phillips ordered that the law be overturned so that those serving did not have to hide their sexual orientation.

However, due to the injunction, current and prospective service members are strongly advised to withhold their sexual orientation.

Phillips stated that the policy “infringes the fundamental rights of United States service members and prospective service members.”

This policy comes with the opposition that the law seems to be outdated for these modern times.

“Personally, I believe that the DADT policy is an outdated, homophobic policy instituted decades ago and desperately needs to be removed,” said Rachel

Lichtman, president of the Gay Straight Alliance at CLU. “It is a blatantly discriminatory law that forces military members to hide their true identities for fear of punishment, discharge or of hate crimes against them.”

The arguments for the policy state that it would infringe on Americans’ lifestyles, but opponents say that is a fallacy.

“Honestly, all Americans should be able to serve regardless of their sexual orientation and [I] do not see the military as a way to infiltrate the American lifestyle,” Lichtman said. “There is no inherent harm in allowing gay people to live with straight people in close quarters.”

The Gay Straight Alliance at California Lutheran University works to create safe environments while promoting equality for everyone campus wide, according to the club website.

The new ruling that puts the policy back into place also comes with some restrictions to who can be fired for being openly gay, according to npr.org.

Also, according to npr.org, Defense Secretary Robert Gates

recently ordered that all firings under the 1993 law must now be decided by one of the four service secretaries in consultation with the military’s general counsel and his personnel chief.

The newest ruling comes after the government asked for a hold on the injunction put into place by Phillips so that the government can take things in an orderly way, according to npr.org, but opponents feel more needs to be done.

“The law needs to be revoked because it does more to harm than help our soldiers,” Lichtman said. “People join the military in order to defend their country, not to find potential sex partners or relationships. Though that may sometimes happen, the goal of incoming soldiers is not to sleep with their bunk-mates.”

Some people feel there would be a decrease in morale and unity among soldiers if the policy were to be struck down.

“We ask for an equal chance to defend the security of our nation and to end a discriminatory law which perpetuates hate against gay and lesbian citizens,” Lichtman said.



Photo by Danika Briggs - Staff Photographer

Career Services: Junior Kristen Keough helps out in Career Services.

Career Services offers workshops for students

Jessica Kaczor
Staff Writer

The CLU Career Services office offers workshops, events and speaker panels throughout the semester to help students prepare for getting jobs and internships.

Students can get assistance in everything from resume writing and proactive job searching to salary negotiations.

Career Services intern Blake Buller thinks that the workshops cover a lot of good information in great detail.

“There are a lot of good resources that students can walk away with by going to our workshops,” Buller said. “Cindy [Lewis] and Cynthia [Smith] take the time to go into each specific thing, and it is very helpful to students.”

Graduating seniors may be looking for jobs and internships since commencement is only months away.

Career Services provides students and alumni with a free proactive job search website and also helps students network with business people and companies.

Assistant director of Career Services Cynthia Smith considers networking is an important resource.

“Networking is key because you never know who you are going to run into,” Smith said. “Establishing a contact with an employer can help push your resume through.”

On Nov. 4, the Alumni Association is putting on a networking event where alumni will be able to talk with business people one on one.

It will be in a speed-talking format with three-minute rounds.

This is one way Career Services extends services to students even after they graduate.

For those students who are interested in learning more about the non profit industry, Career Services is hosting a non-profit speakers panel on Nov. 11. Seven speakers will discuss the

different job opportunities in the nonprofit world, along with what critical skills are needed and what one should do to prepare.

Although this is not necessarily a networking event, but more about career explorations, the director of Career Services Cindy Lewis urges students to attend.

“At the end, all of the speakers will stay around and talk to students, and typically this can lead to internship opportunities,” Lewis said.

The speakers attending the Nov. 11 networking event include Kelli Lighthizer from the Greater Conejo Valley Chamber of Commerce, Melinda Crown from Girls in Power, Mira Cohen from the Ronald Reagan Presidential Library Museum, Ashlee Harry from Dark to Dawn, Moriah Harri-Rodger from The Fender Music Foundation, Judith Serafini from Connect First 5 Program and a representative from the American Red Cross of Ventura County.

Additionally, on Wednesday Nov. 10 at noon, there is a workshop to help students learn how to explore different online career resources, take career assessments online, find international companies and even do a mock interview online.

On Tuesday Nov. 16 at noon, there will be a salary negotiation workshop to help students learn how to research fair salaries and respond to salary requests.

Students will also get tips on how to negotiate and how to give an employer a salary range.

A resume-writing workshop will be available to help students learn the correct resume format and what content to include in a resume.

That workshop is on Thursday Nov. 18 at 5:30 p.m.

Two more workshops will happen in December, the international job search workshop on Dec. 2 and the proactive job search workshop on Dec. 7.

Recent firing affects KCLU drive

[NPR, from Page 1] especially journalists, being sent to the gulag for raising the wrong questions and displaying independence of thought.”

Williams has accomplished much during his career, including a New York Times best-seller book and an Emmy award, both dealing with issues of civil rights.

Williams has been working to defend his freedom of speech even though his NPR position

has been terminated.

He has the support of many Americans who agree he has a right to express his opinion.

After firing Williams, NPR chief executive, Vivian Schiller, apologized to network employees for the way she handled Williams’ firing.

FOX reportedly signed Williams to a multi-million dollar contract, increasing his role at the station.

Williams joined FOX News

in 1997 as a broadcaster for the Sunday morning public affairs program, along with doing onsite reporting for political commenting.

Before FOX, Williams worked for 23 years as an editorial writer, columnist and White House correspondent for the Washington Post.

Williams also hosted the NPR show “Talk of the Nation” in 2000 and 2001.

INSPIRE

DISABILITY AWARENESS WEEK 2010

NOVEMBER 1st - 5th

CHALLENGE

UNDERSTANDING

FLAG POLE KICK-OFF - FLAGPOLE
MONDAY, NOV. 1 FROM 11:00AM-1:00PM

FOOD CHALLENGE - CENTURY
TUESDAY, NOV. 2 FROM 11:30AM-1:30PM

CHAPEL - SAMUELSON CHAPEL
WEDNESDAY, NOV. 3 FROM 10:00AM-10:50AM

SERVICE PROJECT BONANZA - SAMUELSON CHAPEL
WEDNESDAY, NOV. 3 FROM 3:00PM-5:00PM

Scandinavian Festival will return to CLU in the spring

Sean Post
Staff Writer

For 36 years, the CLU Scandinavian American History Association has been sponsoring the annual Scandinavian Festival.

The festival showcases the cultures of Norway, Sweden, Denmark, Iceland and Finland. Over the past three decades, what started out as a modest gathering of 600 participants has exploded into a full-blown festival, which is expected to draw over 6,000 guests in 2011.

Unknown to many students, California Lutheran University's history is deeply rooted in the Nordic culture. The school was built on land owned by a Norwegian immigrant.

A Norwegian-American administrator and a Swedish-American professor wanted to display CLU's Scandinavian culture and heritage on campus, so they started the first Scandinavian Festival.

The festival offers a number of different activities that are especially popular among children.

Such activities include arts and crafts, drama, storytelling and a soccer clinic.

Other activities that are more

popular among adult visitors include a croquet game in which small Swedish dala horses are used as wickets.

Since Viking times, the dala horse has been considered a holy animal and symbolizes the Swedish culture.

A parade will be featured in an opening ceremony for the festival that will include Scandinavian dignitaries and flags.

In addition, visitors may also visit mock Viking and Sami villages and even attend a Scandinavian worship service. A plethora of booths, featuring both Nordic handicrafts and a feast of Scandinavian delicacies will also be available to patrons at the festival.

According to CLU director of the Scandinavian Center Richard Londgren, one of the reasons that the Scandinavian Festival has become more popular year after year is because of the increased advertising around Ventura County.

As a result, more and more people around the area are attending every year.

Despite the high attendance, the festival is not as popular among students as one might imagine.

"We do our best to reach out to CLU students, and we



Photo courtesy of University Relations

Scandinavian Costumes: A man dressed as a viking interacts with children also dressed up for the 2010 festival.

encourage them to attend, but we understand that they are very busy," Londgren said.

Students that have attended the festival during previous years have enjoyed the experience.

"It was a really interesting experience walking around and seeing all the booths with items from different Scandinavian countries," junior Matt Lewis

said. "They have such a different culture, and it's cool to see that kind of diversity, and on top of that, the food that they had was absolutely delicious."

The festival is a great way to learn about the old customs and cultures of Nordic people. It is also an environment open to families with small children.

"The Scandinavian Festival

offers a good time for kids and adults. It is just a great overall family fun event," Londgren said.

The Scandinavian Festival will take place April 17-18 in Kingsmen Park. Free admission will be offered to children under the age of 12, as well as to CLU students. For all other visitors, admission is \$5. Free parking will be offered at the event.

Students remember loved ones who have passed away

[MUERTOS, from Page 1]

at 7 p.m. on the same day and included food, history of the event and face painting.

Each table was set up with the holiday's traditional flower, the yellow marigold, and paper flowers resembling marigolds.

Along with the face painting, students were invited to paint skulls and participate in other crafts, which added creativity to the event.

A popular item among the students was the hot chocolate that tasted like apple cider mixed with chocolate.

Samples of traditional pan de muerto (bread), pictures and information about the holiday's history were also available for visitors to take.

The Spanish Department was also involved in this celebration and offered it as part of a class, according to Patterson.

The turnout for the event included many students outside of the Latin American Student Organization.

"I've been in Spanish class and the club, so we always talked about it and celebrated it, so I wanted to keep the tradition and learn more about it," freshman Vanessa Orr said.

California Lutheran University has been hosting this event for almost 15 years, which has been recently organized by LASO, according to Patterson.

"You can learn about other cultures," said Mayra Ruiz, a freshman member of LASO.

Día de Los Muertos provides a chance for people to come together and learn about the Latin American tradition.

"CLU supports all multicultural clubs because the campus has become more diverse, so it's an opportunity to further celebrate those cultures," Patterson said.



Photo by Brad Yajima - Staff Photographer

Painted skulls: Students created crafts in remembrance of loved ones.

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CALENDAR

Wednesday November 3 <ul style="list-style-type: none"> Disability Awareness Week: Service Project Bonanza 3 p.m. Samuelson Chapel Common Ground 9:11 p.m. Samuelson Chapel 	Thursday November 4 <ul style="list-style-type: none"> Career Services Workshop: Resume Writing Noon Roth Nelson Room Networking at Night 6 p.m. Lundring Events Center 'The Cherry Orchard' by Anton Chekhov 8 p.m. Preus-Brandt Forum 	Friday November 5 <ul style="list-style-type: none"> From 'The Matrix' to the Singularity - David Chalmers, Ph.D. 4 p.m. Samuelson Chapel 'The Cherry Orchard' by Anton Chekhov 8 p.m. Preus-Brandt Forum Club Lu: Atomic Bowling 9:30 p.m. Harley's Simi Bowl Sign up at Flagpole
Saturday November 6 <ul style="list-style-type: none"> Arts and Learning Symposium: Beyond Advocacy to Action 8 a.m. Lundring Events Center Football Tailgate Party 11:30 a.m. Nygreen 1 'The Cherry Orchard' by Anton Chekhov 8 p.m. Preus-Brandt Forum 	Sunday November 7 <ul style="list-style-type: none"> Areté Vocal Ensemble 2 p.m. Samuelson Chapel Renovation 7 p.m. Samuelson Chapel 	Monday November 8 <p><i>THIS DAY IN HISTORY: 1923</i></p> <p>ADOLF HITLER ATTEMPTED, AND FAILED, TO SEIZE CONTROL OF THE GERMAN GOVERNMENT IN THE BEER HALL PUTSCH.</p>
Tuesday November 9 <ul style="list-style-type: none"> Corporate Leaders Breakfast: Trader Joe's How We Reinvented a Company 7:30 a.m. Lundring Events Center 	Next Week: November 10-16 <ul style="list-style-type: none"> A Night for Nets 'The Cherry Orchard' by Anton Chekhov Final Game at Mt. Clef Stadium Reel Justice Film Theory <p>Do you have an event to submit to the Echo? E-mail date, time, location and contact information to lbrittai@callutheran.edu</p>	



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FEATURES

'Layta Playas' says farewell to fall sports, ups spirits

Rebecca Dominguez
Staff Writer

Students, faculty, coaches and student athletes were invited to say farewell to fall sports at the Layta Playas event that took place in the Gilbert Sports and Fitness Center on Oct. 28.

Attendees entered the gym to upbeat music and were greeted by the Kingsman and Regal mascots. Seniors Tyler Lee and Cass Hallagin, emcees at the event, welcomed the crowd and got them excited for the event.

The dance team made an appearance and was ready to perform at the event but did not due to technical difficulties. The organizers had to move forward to the introduction of the sports teams.

Student athletes of the fall sports teams, such as soccer, football, volleyball, water polo and cross-country, shared their season highlights and accomplishments with the audience members.

"It was nice to hear about all the

fall sports and how their seasons have been going. As a cross country runner, it was nice to have our sport recognized at the event," senior Lynn Clahassey said.

In addition to saying farewell to the fall sports teams, the spring sports were introduced so the crowd would know what sports to look forward to next semester and what sports are looking for recruits.

Spring sports include baseball, basketball, softball, golf, swimming and diving, tennis and track and field.

CLU T-shirts and candy were thrown to the crowd to get them off their feet during intervals between the sports team introductions and the games.

All sports teams picked three

athletes to participate in the relay race.

The race started out with the first representative of each team putting a volleyball between his or her legs and going around the cones without dropping the ball or knocking over the cones.

The second person had to successfully dribble a soccer ball through the cones.

The last participant had to crab walk through the cones and then hula-hoop when he or she was finished.

"I had a lot of fun at the event. My favorite part was competing in the relay race with my teammates from the rugby team," junior Ryo Takahashi said. "I went first and had to go through the cones with a ball between my legs, which was really difficult until I discovered I could just hop the whole way."

Students were given a card upon entry that selected them randomly to participate in the games.

Audience members were also selected to participate in a cup-

stacking game.

The first participant to successfully stack red plastic cups into a pyramid won the grand prize of a new iPod.

This event was developed and produced by a group in a sports marketing class on campus.

"Our goal was to create an event that supported every fall sport,

and we wanted to give the sports teams more recognition than they usually get," said senior Kristina Gontier, one of the coordinators for the event.

Look out for the next two events by this class: CLU Spirit Tent on Nov. 6 at 11:30 a.m. and the Student Get Together/Pep Rally on Nov. 12 at noon.

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Questions?? Email Kirsten at
kelarson@callutheran.edu

Workday Release, Jordan Cox shake up quiet campus

Henrik Gjertsen
Staff Writer

CLU students and friends experienced Rock the Campus with musical performances by local students and the out-of-town band The Workday Release at the Grace Hall basketball court on Oct. 28.

Students had the opportunity to take a break from homework and enjoy live performances in this CLU event set up by Programs Board in collaboration with the Student Music Society.

The Workday Release is an independent rock-pop band from Orange County with members Chris White, David Ottestad, Nick Green and Chad Jordan.

"This was an awesome crowd to play in front of and share our

music with," said White, who plays guitar for The Workday Release. "[We] really enjoyed the positive feedback we received from CLU students. We always take pleasure in performing our music, and we just feel blessed having the opportunity, being here, playing in front of a great CLU audience."

Last Thursday's event drew about 70 students who had RSVP'd for Rock the Campus on Facebook.

CLU Junior Cody Yan, however, just happened to be walking by with friends and ended up taking



Close-up: Lead singer David Ottestad gave a heartfelt vocal performance.

the time to see the performances.

"It was impressive to see the bands performing. I thought the event here was pretty cool, and I hope there are going to be many more events like this one in the future," he said.

Programs Board received praise for their inclusion of local students at the event.

Junior Jordan Cox was slated to perform vocals with his guitar before The Workday Release's session, but instead of going solo he was joined on stage by friends and guitarists Jake Speckhard and Barron Steele.

"It was a great experience playing in front of fellow CLU students alongside Jordan and Barron," senior Speckhard said. "I had a good time and enjoyed my time on the stage. [I] hope maybe I get more opportunities to perform in front of a CLU audience."

Cox, Speckhard and Steele ended their performance with the classic "Sweet Home Alabama" by

the legendary Lynyrd Skynyrd.

"I thought the local performers and CLU students played great music, and it was great listening to it," senior Christopher Munch said. "The Workday Release was the highlight of the night. Hats off to Programs Board and everyone else for having them here. But for me, there is also a great appreciation with local students performing here it was a great night."

Rock the Campus was initially scheduled to take place on the fourth Thursday of every month. However, due to Thanksgiving break, the event for November will be moved to Dec. 9.

Follow Rock the Campus on facebook.com to find out the next musical act.

Find the Workday Release at
myspace.com/theworkdayrelease

First act: Senior Jordan Cox opened the Rock the Campus concert on Oct. 28.



Photos by Rebekah Kliever- Photo Editor

Above: Guitarist Chris White, bassist Nick Green and vocalist Ottestad.



CAMPUS QUOTES: What cause do you volunteer for?

Lexi McCaskill



"I really like working with the homeless because they have interesting stories to share."

Randy Lin



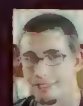
"I like taking care of children."

Samantha Yu



"Animal shelters because I love pets."

Scott Lombardi



"I volunteered at a small health care clinic for an underserved population."

If you have an idea for a Campus Quotes question, e-mail it to the Echo at echo@callutheran.edu

Blood drive at CLU saves lives, one pint at a time

Kristin White
Staff Writer

The Bloodmobile was parked on Memorial Parkway, collecting blood donations throughout the day on Oct. 28 and 29.

Students stopped by and took the time to donate blood, with the help of workers from United Blood Services, to support local hospitals.

"Coming to CLU and any college or high school campus is more convenient for the students and brings donating blood to their attention. There is a great turnout with the students, and a lot of the first-timers set themselves up as lifelong donors," United Blood Services recruiter Rene Michels said.

As stated on the United Blood Services website (unitedblood-services.org), blood transfusions save more than 4 million lives each year. It is estimated that blood is needed every two seconds and that one out of seven people entering the hospital will need blood.

"We travel and have blood drives seven days a week, going from place to place all over Ventura County and Santa Barbara County. Campuses always have a significant impact, as well as

military bases. Donors are some of the most gracious people," Michels said.

The blood donations can be separated into many components, depending on the needs of the patients. The most common blood components are red blood cells, platelets, plasma, cryoprecipitate and white blood cells.

O-positive is the most common type of blood, while AB-negative is the rarest. Type AB-positive is the universal recipient and O-negative is the universal donor.

Blood transfusions save more than 4 million lives each year. Blood is needed every two seconds.

"They love my blood. I have always been interested in donating and have done so many, many times. I donate about four or five times a year. Not being afraid of blood also makes the process easy," senior Kevin Pogorzelski said.

With a few exceptions, a donor must be at least 16 years of age and weigh no less than 110 pounds. There is no maximum age limit.

The donation process is about

an hour long, including the interview before the donation and refreshments after. The actual blood donation only lasts about 10 minutes.

Donors are entered into a rewards program, receiving gifts and coupons for donating their much-needed blood.

The safety of donors is top priority. They are asked many questions and given information on who can and cannot donate blood.

Questions are asked based on their medical history and current behavior, such as where the donor has traveled or if they have received any piercings or tattoos within the past 12 months.

A mini-physical is also given to the patient to make sure they are fit to donate. The blood is screened to make sure it is healthy.

A computer system saves data from the moment the blood leaves the donor's arm until it is transfused into the patient.

"Many questions are asked to make sure that they don't draw blood and have to discard it. The doctor makes sure [donors] are completely well and healthy," said Michels.

A lot of times, hospitals do not have enough blood. Patients have to wait around for a phone call to be informed when there is a sufficient amount of a matching blood supply for a transfusion.

"Donating makes all the difference in the world and is so simple



Photo by Brad Yajima - Staff Photographer

Sharing is caring: Senior Cass Hallagin donated blood inside the bus.

to do. After people donate for the first time, they realize they worked themselves up and that it's really not a big deal. You may not know the person you are donating to, but it is such a meaningful gift," Michels said.

Holding the blood drive at CLU has received positive feedback.

"The blood drive introduces students to a topic that we do not see every day. Donating is a wonderful, simple way to give back and can have a profound impact on someone's life," Pogorzelski said.

For more info on donating blood visit blood4life.org



'I Can't Believe You Asked That' author leads diversity workshop

Nessa Nguyen
Features Editor

"Why do white people smell like 'wet dogs' when they come out of the rain?" This is one of many controversial questions raised during CLU's Diversity Leadership Retreat on Oct. 30.

Speaker Phillip Milano, a nationally known expert on diversity issues, brought up these sensitive, infrequently-asked-in-public questions to the workshop organized by Multicultural Programs.

He believes people's "fear of offending each other" results in lack of candid communication and contributes to the prolonging of stereotypes.

Milano found small questions related to everyday customs and behaviors, rather than grand issues like gay and civil rights, more

difficult and important to talk about.

He went about tearing down these myths by inviting open discussion, which Multicultural Programs hoped would benefit current and aspiring leaders in the CLU student body.

Resident Assistants and Peer Advisers, who constituted the majority of the 88 participants, were no strangers to diversity issues because they had gone through such training as part of their positions.

However, Milano's unconventional, intriguing approach induced laughter, occasional amazement and brought an informal, laidback air to the conversation.

His book "I Can't Believe You Asked That" is a compilation of real dialogues from everyday

people and experts on topics such as racism, gender discrimination, religion, sexual orientation and cultural differences.

Milano also founded the Y? Forum, the National Forum on People's Differences, to encourage people to ask questions they are usually too embarrassed or too uncomfortable to ask.

For each question on the forum, the answers consist of responses from readers of the site and an analysis by an expert.

Similarly, participants of the Diversity Leadership Retreat had the opportunity to offer their perspectives, drawing from their own experiences.

Back to the question at the beginning of the article, the CLU audience's reactions and responses varied widely.

[See DIVERSITY, Page 7]

Delaying the Real World draws on passion for volunteering

Lilly Price
Staff Writer

"What are your plans after graduation?"

These six words can leave college students squirming in their chairs as they try to come up with an answer.

Although it may seem as if life as an undergraduate is carefully mapped out, this daunting question can leave any student feeling nervous and uncomfortable about what the future may hold.

Answering this question takes a four-year process, which many students still struggle with even during senior year.

On Thursday night, Oct. 28, CLU's Community Service Center sponsored a program for students called Delaying the Real World.

Based on the ideas of the book of the same name by Colleen Kinder, the CSC's program was designed to inform students of non-traditional, post-graduation options.

Delaying the Real World took a look at opportunities that many students may not have otherwise



Sweet snacks: Fair trade chocolate, lemonade and chocolate bundt cake added to the appeal of the program.

Photo by Talia Loucks - Staff Photographer

considered or known about.

CSC senior intern Kim Hamon introduced several speakers throughout the night, each representing a different service or volunteer program.

From the Jesuit Volunteer Corps, Megan Bell recalled her experience as a teacher at a

boarding school in Micronesia.

"My role as a teacher was really important," she said.

This Catholic-based program focuses on becoming part of a community and working for social justice in that area.

Similarly, the Lutheran Volunteer Corps goal is to work for

peace with justice in their one-year volunteer program.

Gabriella Campos, a representative from City Year, described her experience participating in a service program after graduation when she served in an elementary school, mentoring and acting as a role model for students.

"I never knew there was a career in that," Campos said as she explained her passion for service.

The goals of these programs are to provide service to those who need it and become part of a community while becoming involved in the quest for social justice.

Blake Buller, an intern from Career Services, also explained to students how taking a gap year and doing volunteer work or a service program can prove very helpful in building one's resume.

"You'll face challenges a lot of people won't after just graduating college," he said.

Though the thought of taking a gap year may turn some students away, Buller said that a gap year is by no means a gap in a resume.

The experiences that can be gained from participating in a service program can prove beneficial in getting a job, and the skills are transferrable to the real world and workforce.

To be a part of a similar volunteer or service program, the representatives suggested that students be open to new opportunities, have a desire for justice, a passion for service and a high level of commitment and leadership.

The message of Delaying the Real World seemed well received by the large crowd of CLU students.

Fair trade chocolate, lemonade and chocolate bundt cake may have enticed some students to attend, but overall, Hamon thought they had a "good turnout."

Interested in learning more about volunteer and service programs? Visit CLU Career Services for more information as well as assistance in applying for these programs.

Photo by
Rebekah Kliever -
Photo Editor

Phillip Milano, founder of the Y? Forum: "We live in a very politically correct world, and everybody is so bound up in fear that nobody wants to talk to each other anymore."



Retreat targets campus leaders

[DIVERSITY, from Page 6]

A participant speculated that the smell might be transferred to white people from their pets, but another opposed due to the fact that black people also have dogs.

One of the replies Milano had collected sustained that white people could not smell like wet dogs coming out of the rain unless they smelled like dry dogs to begin with.

Another explanation offered that this myth might carry a retaliatory undertone, considering the domination of white people over black slaves in the U.S. for more than a century.

In the end, Milano confirmed that there had been no scientific research that compared the smell of white people and wet dogs.

His purpose is not to come up with the "right" answer to these questions but simply to satisfy people's natural curiosity about

things they are not familiar with.

Ashley Patterson, the new coordinator for Multicultural Programs, feels events like this are valuable for even an inclusive campus like CLU.

"This program benefits CLU because the campus is predominantly white. There's a push for

campuses nationally to become more diverse," Patterson said.

She also thinks students need to be exposed to the whole spectrum and understand that there's more than "just black and white."

To read more Q&A visit YForum.org

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2010-2011

the Echo

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OPINION

CLU: lacking a strong social life



Rocío
Sanchez

California Lutheran University: a school that considers going out to Chuck E. Cheese's on a Friday night a fun way to socialize.

That would be fun if I was seven, but as we all know, we are in college. At least, I hope we still are.

Before starting your college years, you get an image in your head of what college will be like.

You see the movies and shows, so you start formulating a certain image of what the social life will be like on campus.

When you finally get to CLU, however, you realize that it doesn't meet your expectations.

I feel like the social life at California Lutheran University is completely dead.

I am aware that this is a dry campus, but just because it's a dry campus doesn't mean it automatically has to be a boring campus.

"I definitely feel like CLU is not allowing me to grow as an adult. I have considered transferring about a hundred times because there is absolutely no social life whatsoever here. It's stupid," sophomore Cydney Radley said.

Hey students, have you ever wondered why you see everybody at this school at one

house party on the weekend?

I'll tell you why, because there is absolutely nothing going on at CLU that would make you want to stay on campus.

That is why parties get shut down earlier than The Oaks mall on a Sunday night.

If we want to have a social life, we have to go find it ourselves, and it definitely has to be off campus.

If you try to find something in a city that is well known for its elderly, retired, rich people (yes, I'm talking about Thousand Oaks), then you have to be careful.

They seem to call the cops if they hear a dog bark, so you can only imagine what they would do if they hear a bunch of college students trying to have a good time.

With that said, I think if the community complains about us being too loud and causing a disturbance, it is completely CLU's fault for not having a social life on campus.

You hear other universities having concerts on campus, which I think would be a great idea for us to have.

Also, I think we should have more dances at school.

They can turn the gym into some sort of club that is free of charge and hire some DJs.

It would also be fun if our school socialized with other schools around the area.

If we had dances at school, other schools would be able to join.

CLU needs to stop canceling events just because some students are drinking; get over it; we are college students.

We focus on academics all week, and all we are asking for is the weekend to enjoy ourselves.

Resident Assistants tell us all the time that we can be drunk all we want on campus as long as we go off campus to drink.

This is why I think CLU needs to just stop being a dry campus.

If we are allowed to drink in our dorms and get together with our friends and have fun, I think it will be safer than having to go off campus.

All I am saying is if our school was more like every other school, in the sense that we had sororities and fraternities, dances and dorm parties, then maybe not every person in the community, including the police department, would complain about us.

Just because [CLU] is a dry campus doesn't mean it automatically has to be a boring campus.

We have campus security, so if anything does get out of control, then I would hope they would do their job.

I am aware that the conflict of underage drinking would come up, so let me just say this; there is only so much you can do to prevent college students from drinking.

It is better to be safe on campus than drink off campus.

Residence Life should be more lenient on the quiet hours on the weekends and stop acting like we aren't allowed to have a life on campus.

"You hear other college students partying at their schools, and here, you have too many rules. You are bound to break them sometime," sophomore Nabil Torres said.

I think the lack of social life at CLU is taking away from my college experience, and even though I feel like CLU has good intentions, they are not necessarily convenient ones.

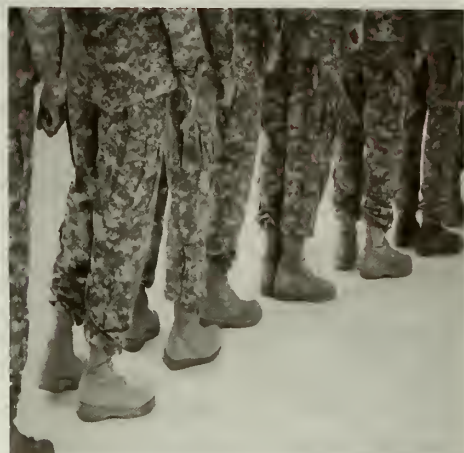


Photo courtesy of www.sxc.hu/

Military policy unfair



Cassie
Copeland

13,000 military members to be discharged from the military, according to the L.A. Times.

Under the U.S. Code 654.b, any homosexual who states that he or she is homosexual and takes action in homosexual acts will be separated from the armed forces. Therefore, if you are gay and want to stay in the military, keep your mouth shut.

On Tuesday, Oct. 26, the "Don't Ask, Don't Tell" policy was completely banned by a federal judge near Los Angeles and is "creating a major political predicament for Democratic President Barack Obama just 20 days before crucial midterm elections that already do not bode well for his party," according to the L.A. Times.

"I think that it is an example of discrimination from several decades ago that needs to be reformed because sexuality has nothing to do with protecting your country," said Rachel Lichtman, the president of the Gay-Straight Alliance at CLU.

"They have repealed it, but we haven't seen a lot of results," Lichtman said. "I think that if it is a true repeal, then there shouldn't be more discussion on the matter."

America is thought of as a "free country," and therefore people should have freedom to an extent. I am not saying we should have the freedom to kill people, of course, but we should have the freedom to choose our own lifestyles and have freedom within those lifestyles.

Over half a century ago, our country was torn between the equality of different races, and now our country has turned to the discrimination of the gay community. It seems America is always fighting for the rights and freedom of certain people.

Our country is built on equality, and through this, I hope that our government can give homosexuals the rights and freedoms they deserve.

Fifty years ago, most gays and lesbians were not open about their sexuality because the majority of society did not accept that type of lifestyle.

However, as society has grown, so has the way we view different topics, including gay rights.

Many gays happen to be very open these days and are now looking toward getting equal rights for their lifestyle.

As human beings, everyone deserves equal rights, but gays are still struggling with unfair laws, such as the "Don't Ask, Don't Tell" policy in the military.

For years, the armed forces have been banning gays from entering any branch of the military under the U.S. Code 654.

The military must maintain personnel policies that "exclude persons whose presence in the armed forces would create an unacceptable risk to the armed forces' high standards of morale, good order, discipline and unit cohesion that are the essence of military capability," according to the U.S. Code 654.14.

With that said, the military sees a gay person as a distraction for the other members, seeing as the other members may feel uncomfortable with their surroundings, living in such close quarters with their units.

Because of this, military officials feel that a unit would not be as united with any discomfort, which would result in poor combat performance.

In 1993, President Clinton passed a reform to prevent the military from actively seeking out and discharging gays, which has been seen as a form of discrimination and has caused



Photo courtesy of www.sxc.hu/

Secular Student Alliance



A Resident Assistant's view on why visitation rules matter

Not all students feel that the visitation policy on campus is unjust



Chaz Hodges

Aren't we all adults? As a third year Resident Assistant, I will be the first to say no.

Not everyone on campus behaves as an adult.

If I could explain the countless, horrible situations I have encountered and the numerous amounts of roommate mediations I have had to conduct, the entire student body would agree that the visitation rule is in place for a reason.

A previous article titled "Cohab: Many abuse it, many believe it to be unnecessary" by Rocio Sanchez, a fellow opinion writer, surfaced two weeks ago, arguing why she thought the rule was pointless.

With that said, I am not here to discredit anything Sanchez said. Instead, I want to clear up a couple of common misconceptions.

Besides, she is an opinion columnist entitled to express her opinion on what she pleases, as am I.

For clarification, there is no such thing as cohabitation; in the world of CLU, it simply does not exist. The visitation policy in the California Lutheran University handbook states, "A person of the opposite sex may not stay overnight. Visitation hours are from 7 a.m. to 2 a.m. every day."

This is a rule with which I strongly agree. If five hours out of the night is causing a huge strain on one's relationship, then that is a couple's issue, not a CLU problem.

During those hours of the night, chances are you two will be sleeping, and if not sleeping, being

documented for a quiet hours violation.

So, it is probably best to keep the visitation policy intact for everyone's sanity.

CLU advertises its rules and expectations well before the school year starts.

Orientation and other summer launch enrichment programs allow entering college freshmen to understand the way our community operates before they decide whether or not this is the school for them.

With this said, the majority of the CLU students knew about the visitation agreement before selecting CLU as the university of their choice.

Furthermore, in debating this topic, many students feel it is unfair that this rule does not take same sex couples into consideration, yet no one recognizes how this makes people in the homosexual community feel.

Gay-Straight Alliance president Rachel Lichtman said, "It makes me feel bad because people feel like it is a heterosexist policy

and heterosexual people are rarely discriminated against, so I understand their frustrations."

Still, it is extremely intolerant to use this policy to demean the relationships of others. It is one advantage, and homosexual people do not really ever have advantages."

Another argument individuals are using toward why the visitation policy should not be upheld is the age-old defense that there are Resident Assistants who do not uphold the policy.

However, most of this is Lu-vine fodder, and the handful of RAs who did not uphold the policies were dismissed.

Nonetheless, just because there are policies that RAs do not agree with, does not mean that they will fail to uphold them.

Senior Resident Assistant Katie Outcalt said, "I agree [with the visitation policy] that it is uncomfortable for a roommate's boyfriend to sleep in the same room with my roommates on a consistent basis."

Personally, I agree that it is

awkward for both parties as well.

Then again, Outcalt goes on to say, "...but having my own room in Trinity last year, it was frustrating to turn my boyfriend of two years away when he wanted to spend the night, but I still did it."

This is not proof the RAs do actually take pride in their position and do not abuse their power?

Once again, it is cruel to degrade the jobs of others and not appreciate a privilege that someone with same-sex-partners has only in the safe-haven of a liberal arts campus.

Lichtman gives an all-encompassing statement that CLU students should remember, "If anyone has ever had a person of the opposite sex sleep over with them, then they have taken advantage of the rule as well."

For the Record

An editor's note after the Opinion story "Cohab: Many abuse it, many believe it to be unnecessary" that published on Oct. 20 contained incorrect information. ASCLUG is not in the process of seeking approval to change current visitation rules. The Spring 2010 Senate proposed a resolution for CLU Judicial Review to go over the Student Handbook Standard of Conduct's Visitation Hours Policy and Guest Policy. Last year's Senate resolved that "The Associated Students of California Lutheran University Senate strongly encourages the administration of the university to revisit the Standard of Conducts Guest Policy and Visitation Policy." Current ASCLUG members have not formulated a position or had a consensus on the matter this academic year.

'Hide yo kids' Antoine Dodson becomes Internet star



Arianna Thompoulous

YouTube can make anyone a star nowadays; just look at Antoine Dodson.

Dodson's celebrity grew when an interview he gave to his local television station about the attempted robbery and rape of his sister was auto-tuned by The Gregory Brothers into a song called the "Bed Intruder Song."

I remember the first time I watched this video; it was months and months ago, and I was visiting my family at home.

My sister Ally and I were sitting on the couch, trying to find funny videos on YouTube to show one

another. Then it happened; she stumbled upon viral video gold.

Ally had her headphones on, and all I could see was her laughing and smiling from ear to ear.

"You have to see this," she said.

First, Ally showed me the actual news report of Dodson, which was interesting to say the least, and then she said, "now watch this."

All of a sudden the "Bed Intruder Song" came through the speakers and I lost it; I could not stop laughing.

I wanted to share this video with everyone I knew. However, realistically, I knew this was not possible; nevertheless, I tried my best. I decided to put it as my Facebook status and post it on the wall of my friends, who I knew would find the same kind of enjoyment in it as I did.

The response I got back was astonishing: people enjoyed the

video as much as I had and my friends and family started to post it as their statuses.

My Facebook profile is not the only publicity Dodson's video has received; the song is currently on iTunes and has sold over a thousand units.

iTunes is not Dodson's only business venture. He has his own line of Halloween costumes for both people and dogs, as well as an application for iPhones and Droids. The application is called the "Bed Intruder Application," helping people be aware of any sex offenders that might live near them. I was not aware of this phone application until the other day when a girlfriend of mine showed it to me.

After seeing it, I was glad that something of substance came out of this.

I, for one, think becoming

famous for doing nothing is not right. Sometimes I feel I am the only person who thinks that way, as more and more people become famous from doing things of little to no substance.

However, I do have to say that although I might not agree with the way Dodson has become famous, I can understand why he has. Dodson is a larger than life character and has been smart about what to do with his stardom.

If you have not seen or heard the "Bed Intruder Song," I suggest you get to the nearest computer and watch it so that you understand this phenomenon.

Editorial Matter: the Echo staff welcomes comments on its articles as well as on the newspaper itself. However, the staff acknowledges that opinions presented do not necessarily represent the views of our editing staff, ASCLUG or that of California Lutheran University. the Echo reserves the right to edit all stories, editorials, letters to the editor and other submission for space restrictions, accuracy and style. All submissions become property of the Echo.

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SPORTS

Regals beat Occidental to take outright SCIAC title

Aaron Fisher
Staff Writer

The CLU women's volleyball team defeated Occidental College in three straight sets Friday night at Gilbert Arena to earn the regular season conference championship and the number one seed in the SCIAC tournament. It is the program's first title since 2005 and is the team's first outright title since 1999.

Prior to the game, seniors Megan Thorpe, Allison Kerr, Cara Idhe and Erin Exline were recognized as part of the team's Senior Night, as it would be the final regular season home game for the Regals.

"We hadn't won SCIAC outright since 1999, so it is great for the program and for all of us on the team to win it since that's one of our goals," Kerr said, "and the fact that we won it playing against Oxy on Senior Night is icing on the cake."

CLU trailed Occidental early on in each of the three sets but quickly found their stride as the game continued. With an up and down first set tied 19-19, Thorpe rallied off four straight serves to lead up to the eventual 25-21 win for the set.

After trailing 22-20 in the second, junior Jacki Richards



Photo by Rebekah Kliever-Photo Editor

Champions: Allison Kerr (No. 21) spikes the ball against Occidental College Friday night.

also served four straight serves, which led to the 25-22 comeback win. The Tigers went on to score the first two points of the final set, but the Regals eventually

took it 6-4 and finished the Tigers behind a Kerr kill for the match point. Kerr finished with a team-high 14 kills, two solo blocks, a block assist and two aces.

Thorpe recorded her 12th double-double of the season with 11 kills and 11 digs in the victory, and Erin Exline hit .333 for the match with four kills on 12

attacks. With the win, the Regals volleyball team extended their winning streak to a new program record of 24 after starting the season 0-3.

"Taking it one game at a time has been one of the most important things for us this year," said sophomore Jackie Russell, who contributed a match-high 38 assists. "It's important that we continue to just focus on one game at a time because it's only that game that will matter for now. It's important that we treat every team as the same and continue to just play what we call 'Cal Lu volleyball'."

CLU, now 24-3 overall and 13-0 in SCIAC, will travel to Redlands on Tuesday, Nov. 2, to conclude the 2010 regular season.

A victory would give the team the fifth undefeated conference record in program history and the first for the conference since eight teams started competing.

The Regals will host the SCIAC conference tournament on November 5-6, with the winner going to the NCAA regional playoffs.

"Our ultimate goal is a national championship," head coach Kellee Roessel said. "This team believes that they can win it all and are as athletic and well-rounded a group as I've ever had."

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Waterpolo team makes history in defeating Pomona-Pitzer

Claire Whitten
Staff Writer

For the first time in CLU men's water polo history, the Kingsmen beat the Pomona-Pitzer Sagehens. The Kingsmen underdogs doubled up on two higher ranked teams at home this week, winning 14-7 against Occidental on Wednesday, Oct. 27, and 10-5 against Pomona on Saturday, Oct. 30.

"This was the first time in Cal Lu history for us to beat Pomona, and it felt good to win," junior Jordan Meaney said.

The first game of the week was against the No. 8 seed in SCIAC, the Occidental Tigers. Although the Tigers started the game with the first goal, they were soon left behind with a match-high of five goals from junior Brandon Gross and multiple goals from senior Brian Gross and sophomore Carter Baldwin.

Kingsmen defense contributed 21 steals throughout the game, while freshman goalkeeper John Verlinich also added to the solid



Photo by Brad Yajima, Staff Photographer

Victory: Trevor Owens (No. 14) helps the Kingsmen defeat Pomona.

Kingsmen defense with six saves.

Wes Lewis also hit a record in Wednesday's game, being the first Kingsmen to pass the 100-assist mark for his career. CLU won with a score of 14-7

and stepped up from their No. 9 spot.

California Lutheran University played Saturday against the No. 2 seed in SCIAC, Pomona. The Sagehens started off the game

by scoring two goals early on in the quarter. CLU trailed close behind, ending the first quarter 3-2. The Kingsmen then began a lead that would end with a victory.

In the second quarter the Kingsmen shut down the Sagehens on defense, keeping them scoreless for the quarter, while the Kingsmen moved forward on offense.

Verlinich made multiple point-blank saves, which kept the Kingsmen ahead going into the third. The third and fourth quarters were both dominated by CLU. Some of the goals made by the Kingsmen were from Brian Gross, Brandon Gross, Baldwin and juniors Alex Hacker and Meaney. The ending score for the game was 10-5.

This game ended the week for the Kingsmen. Although both games started off with the opposing teams jumping ahead in the first quarter, they both ended with the Kingsmen in control of the last three quarters, surpassing the No. 8 and No. 2

seeded teams.

"This was definitely a big game for us," Baldwin said. "We were the underdogs, but coach Rond just told us to believe, and through our hard work and good team chemistry, we were able to come out on top."

Verlinich was a major asset to the game Saturday, as he made 10 saves total, including a block on a 5-meter penalty shot.

"It's always a question if freshmen will show up and play well in the big games," assistant coach Matt Warshaw said, "but John showed his teammates today that he will be there in the big game."

The CLU Kingsmen will be playing Whittier Wednesday, Nov. 3, for their last home game of the season and then on Saturday away against Claremont-Mudd-Scripps for their last conference game before the SCIAC tournament.

"I think this win will give us the confidence and momentum to move toward our goal of winning SCIAC," Meaney said.

COVERING ALL THE BASES:

Dark horses are in the race for the Heisman Trophy



Andrew
Parrone

As we flip the calendar to November, the leading candidates for the Heisman Trophy are beginning to put the finishing touches on their resumes.

The Heisman is the most distinctive and prestigious individual award in all of sports, and its history is filled with some of the greatest to ever play the game of football. But in recent years, this individual honor has become more and more closely associated with team success.

Last year's winner, Alabama running back Mark Ingram, was certainly worthy of the award and proved to be a humble and gracious recipient. However, his stat total wasn't as impressive as Stanford's Toby Gerhart, nor was he as dominant as Nebraska's Adam Carole. But Ingram played for the nation's top-ranked team, and this pushed him over the top in the minds of the voters.

Much like last year, many perceived favorites for the Heisman going into the season have fallen by the wayside and have been replaced by fresh faces.

Ingram started the season on the sidelines due to a minor injury and has not been nearly as effective. Ohio State quarterback Terrelle Pryor is having a good year, but a loss by the Buckeyes has knocked him out of the race for now. Houston's Case Keenum was on his way to shattering several NCAA passing records, but a torn ACL knocked him out for the season weeks ago.

This has left the door open for others to come in and claim the Heisman, and these replacements have been anything but

disappointing. It also helps that many top players happen to play for the highest ranked teams.

By far the most surprising story so far in college football has been the dominance of Auburn's Cameron Newton. Completely off the national radar after transferring from Florida, due to legal problems, and landing in a junior college, Newton has re-emerged as the nation's most punishing, dual-threat quarterback. You don't often find a defensive end-sized quarterback who can run like a defensive back.

He has already set the single-season record for rushing yards by an SEC quarterback and is among the nation's leaders in passing efficiency as well. Moreover, Auburn sits atop the current BCS rankings, and if they keep winning, he is going to win in a landslide.

Michigan quarterback Denard Robinson was the early leader in the Heisman race, but the Wolverines have struggled as a team in recent weeks, hurting his chances of impressing voters. Regardless, Robinson is second in the nation in rushing, which is remarkable for a quarterback, and is a surprisingly effective passer as well. He is also one of the most electrifying players I've ever seen.

You will not find a more quietly effective quarterback in all of football than Kellen Moore. The Boise State quarterback is now in his third year as a starter and is brutally efficient at running the Broncos high-scoring attack. His stats would be off the charts if he ever had to play in the second half, and as it stands, he leads the nation in passing efficiency. If the Broncos run the table, there's no way Moore doesn't get an invite to the ceremony in New York.

Oregon's offense has been otherworldly this season, and a

big reason for that success has been the running of sophomore LaMichael James. The nation's best running back this year, James leads the nation in rushing yards per game and is on pace to easily top 2,000 yards. It certainly helps that Oregon is dominating the Pac-10 this year.

There are many other individuals who have had fantastic years so far, and there is still plenty of time to pad those stat totals. But Newton, Robinson, Moore and James have definitely separated themselves from the pack, and breaking into this group is going to take something special.

The end of the season can make or break a Heisman campaign because performing when the stakes are highest definitely leaves a lasting impression on the minds of voters. And members of sports' most exclusive fraternity always seem to save their best performances for last.

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Regals soccer earns first SCIAC title since 2002

Chris Ramirez
Staff Writer

The CLU women's soccer team, ranked 17th in Division III in the nation, captured SCIAC by defeating Occidental 1-0 in its season finale on Saturday afternoon.

The Regals earned their first SCIAC title since 2002 and 12th SCIAC championship in the

program's history due to freshman forward Kristina Hulse's game winner in the 37th minute. After a shot by senior forward Brittany Clark was blocked by Occidental keeper Robin Feldman, Hulse collected the rebound outside of the 6-yard box and scored her 10th goal of the season.

Sinead Vaughan
Midfielder

Despite the one goal advantage, California Lutheran University kept up the relentless pressure and outshot Occidental by a margin of 22-5 and had a 10-1 edge in corner kicks.

The Regals' control of possession provided several scoring opportunities, which included five shots on goal by junior midfielder Sinead Vaughan and a season-high eight shots on goal by Clark.

"It means a great deal after all the work we have put in this

season to be rewarded with first place," Vaughan said. "Being SCIAC champs has been a goal of ours since the first day of practice, and to accomplish it feels great. It also meant a lot to our whole team to give our seniors a good last season game to remember, and that it was."

On Senior Day, senior keeper Kristin Borzi recorded her fifth shutout of the season. In 17 starts in goal this season, Borzi has only allowed seven goals and boasted an impressive 15-1-1 record in those games. Clark, SCIAC's leading goal scorer this season with 11, was unable to add to her total but was aggressive with her play and was rewarded with a conference title in her senior season.

"Sometimes playing each team twice can be a difficult thing to do, but in this case we could not wait for that second chance to play Oxy," Clark said. "They were the one team that took our perfect season away from us, so we were definitely looking forward to come out harder the second time around, and the fact that it was for the SCIAC championship made it that much better."

Feldman kept the game within reach for the Tigers with her seven saves, but the offense was unable to penetrate the Regals defense led by juniors Rebekah Casas and Jen Jones. CLU finished the regular season with the No. 1 scoring offense in the conference and also the No. 1 defense, which allowed only 0.50 goals scored per game, according to CLUSports.com.

The victory enabled the Regals to get revenge on Occidental,



Photo by Talia Loucks-Staff Photographer

Revenge: Brittany Clark takes control of the ball while Kristin Cameron (No. 17) moves up the field.

who snapped CLU's 11-match unbeaten streak in a 1-0 contest back on Oct. 6. CLU not only clinched the conference outright with the victory, but they also earned the No. 1 seed entering the SCIAC Tournament on Wednesday, Nov. 3. The fact that they beat Occidental to capture the title and the No. 1 seed just made it that much more special, according to Vaughan.

"The match was amazing,"

Vaughan said. "You could feel it from the minute everyone got in the locker room. Our energy was great, spirits were up and we knew what we needed to do to get our revenge. On the field you could feel that every tackle, shot, pass and all the energy put into the game was to be champs, but also to show the one team that beat us this season that we are the better team."

No. 1 CLU (18-1-1, 10-1-1

SCIAC) will host No. 4 Redlands (8-9-0, 6-6-0 SCIAC) in one semifinal, while No. 2 Occidental (11-3-2, 9-2-1 SCIAC) will play No. 3 Claremont-Mud-Scripps (10-6-3, 6-4-2 SCIAC) in the other semifinal on Wednesday Nov. 3. The winners of the semifinal matchups will face off in the championship on Saturday, Nov. 6, with the winner gaining an automatic berth to the NCAA Division III Tournament.

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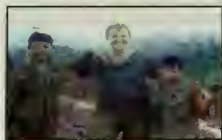
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hopes to unite
veterans

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championship

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the Echo

'Morning Glory' wins literary award

Courtney Murray
Staff Writer

For the second year in a row, CLU's literary magazine, 'Morning Glory', has been honored for the Magazine Pacemaker award.

It's a finalist for the award from the Associated College Press, which honors a wide variety of collegiate magazines, according to the CLU website.

California Lutheran University is one of only six, four-year universities in the country receiving this honor for literary magazines.

'Morning Glory' is comprised of work by students, staff and CLU alumni, which gives a wide variety of content for readers to enjoy.

The publication features poetry, stories, photographs, paintings, multimedia images and a CD with 21 original music tracks.

While anyone can submit to this magazine by the deadline in February, but submissions are accepted before.

"They are judged by the



Photo by Talia Loucks: Staff Photographer

Finished Product: Editor in chief Michelle Kane holds up a finished 'Morning Glory' magazine, which recently won the Magazine Pacemaker award.

'Morning Glory' staff in a 'blind judging process', which is where we don't tell them who submits what so they don't judge by who their friends are," said Joan Wines, 'Morning Glory' adviser.

The magazine was created in 1971 by Dr. Jack Ledbetter, and CLU has continued his literary

work ever since.

The staff is given submissions, which they read over and judge to ensure they are putting together a quality magazine every year.

Using a scale from one to 10, each staff person reads and rates the submissions.

The highest-scoring submissions

are selected for publication.

Authors' identities are concealed until the magazine is published, according to the CLU website.

"Everyone begins 'Morning Glory' as an intern who helps sort through submissions and pick out ones they like," said Michelle Kane, editor in chief.

Before becoming editor in chief this year, Kane was assistant editor in chief last year, and before that she started as an intern like everyone else.

To be chosen as editor in chief, the student must show interest and dedication to the job and

[See AWARD, Page 2]

IN BRIEF

SPARKY ANDERSON 1934 - 2010

George "Sparky" Anderson passed away Nov. 4 in his Thousand Oaks home after suffering complications of Dementia. He was 76.

Anderson was the manager of both the Reds and the Tigers and was the only manager to ever lead two franchises to world series titles.

He was also very involved in CLU baseball, and the new baseball stadium is even named after him.

"Baseball will have very few people like Sparky," said Jack Morris, former Tigers pitcher, who choked up when he heard the news, according to the Los Angeles Times.

ASCLUG proposes bill for new recreational sports gear

Katie Yates
Staff Writer

ASCLUG recently voted that \$6,000 be put toward an outdoor recreational rental program, in which students can rent equipment for their own physical fitness outside of the gym.

The program would allow students, faculty and staff to rent outdoor equipment at reasonable prices that are not available off campus.

The coordinator for Recreational Sports, Graham Crain, would "manage all storage, maintenance, liability and rental agreements," according to the proposal.

The small fee would in turn pay for the upkeep of the equipment, and the \$6,000 from ASCLUG would allow all of the equipment

to be purchased.

"The fees are much cheaper than anything you can find along the ocean or at a mountain rental store," Crain said. "The items can be rented for 24 hours, during business hours."

According to the proposal, the Outdoor Recreation Program's primary goal is to develop students knowledge, understanding and participation in areas of lifelong fitness.

CLU will help students fulfill this goal by giving them the necessary tools, such as renting this equipment.

"Most students cannot afford gear or do not have a place to store it, so it provides them with a suitable and affordable option to participate in outdoor activities,"

[See BILL, Page 3]

Buildings vandalized across CLU campus

Kendal Hurley
News Editor

and
Carly Robertson
Editor in Chief

Graffiti was discovered tagged along multiple buildings across the CLU campus early in the morning on Nov. 5.

The acts are believed to be random, and the suspect is still unknown.

"They are all the same symbol; it's not race or gang related," said Fred Miller, director of Campus Public Safety.

A staff member found the graffiti, which displayed sexually offensive symbols, outside of Peters Hall and alerted campus

safety officials around 7:30 a.m.

More graffiti was later found inside and outside of Mogen Hall, on a sign in Buth Park, outside of Nygreen Hall, on the new food service truck on Memorial Parkway and on the windows of what used to be a la Carte.

"We will be looking at campus cameras and doing an internal investigation," Miller said.

The graffiti was completely removed from all buildings with a high power hose and household cleaner by California Lutheran University Facilities employees.

If anyone has information regarding the vandalism, please contact Campus Public Safety at (805) 493-3208.

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NEWS

Democrats reign victorious in California state election

Jessica Kaczor
Staff Writer

After the state election polls closed Tuesday night, results showed that California voters chose Democrats to be the next senator and governor.

The new governor of California, Democrat Jerry Brown, won with 51 percent of the votes, while Republican candidate Meg Whitman lost with 44 percent of the votes, according to MSNBC.

Democrat Barbara Boxer won the California Senate position with 50 percent of the votes, while Republican candidate Carly Fiorina lost after getting 45 percent of all votes, also according to MSNBC.

Despite the loss of six seats, the Democrats kept control of the U.S. Senate with 51 seats, over the Republicans' 46 seats.

After picking up the 40 seats that they needed, the Republicans managed to gain control of the

house with 239 seats over the Democrats 185 seats.

The Democrats not only clenched the spot for governor and senator in California, but also Gavin Newsom won lieutenant governor, Debra Bowen won secretary of state, John Chiang won controller, Bill Lockyer won treasurer, Dave Jones won insurance commissioner and Betty Yee and Jerome E. Horton won State Board of Equalization seats one and four.

The Republican Party won seat two and three of the State Board of Equalization with returner Michelle Steel and newcomer George Runner.

Proposition 19, which would have legalized Marijuana, did not pass with a 53 percent vote no over a 46 percent vote yes.

Proposition 20, which addressed the redistricting of congressional districts, passed, with a 61 percent yes over a 38 percent no.

The passing of this means that the responsibility to determine the

boundaries of California's districts in the U.S. House of Representatives will be moved to the Citizens Redistricting Commission, rather than the legislature.

Proposition 21, which addressed the vehicle surcharge revenue, did not pass with a 58 percent vote no over a 41 percent vote yes.

If passed, this would have established an \$18 annual vehicle license surcharge to help fund state parks and wildlife programs.

Since it was not passed, state park and wildlife conservation programs will continue to be funded through existing state and local funding sources, and admission and parking fees will continue to be charged when entering state parks.

Proposition 22, which will prohibit the state from borrowing or taking funds used for transportation, redevelopment or local government projects and services, passed with a 60 percent vote yes over a 38 percent vote no.

This means that the state's

authority to use or redirect state fuel tax and local property tax revenues will be significantly restricted.

Proposition 23, which would have suspended pollution laws, did not pass with a 61 percent no over a 38 percent yes.

This means that the state will continue to implement the measures authorized under Assembly Bill 32 to address global warming.

Proposition 24, which would have been a repeal of corporate tax breaks, did not pass with a 58 percent vote no over a 21 percent vote yes.

Proposition 25, which addressed the legislative vote requirement to pass budget and budget-related legislation from two-thirds to a simple majority, passed with a 54 percent vote yes over a 45 percent vote no.

Proposition 26, the state levies hill, passed with a 52 percent vote yes over a 47 percent vote no.

This requires that certain state and local fees be approved by a two-thirds vote.

These fees include those that impact society or the environment caused by the fee payer's business.

Proposition 27, the ElimRedisCom, which would eliminate the state commission on redistricting, did not pass with a 59 percent vote no over a 40 percent vote yes.

This measure would have allowed all candidates for the U.S. Senate and House of Representatives from California to sign a declaration saying that if elected, they either will or will not voluntarily limit their years of service.

"The United States' newest political movement, the antiestablishment Tea Party, emerged as a serious political force as its members won three Senate seats and more than a dozen House seats," according to RFERL.org.

*Statistics retrieved from NBC.com and MSNBC.com.

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Photo by Talia Loucks - Staff Photographer

Glorious Win: Selected art work is compiled into a paperback booklet.

Students and faculty submit artistic works for magazine

[AWARD, Page 1]

the student must show interest and dedication to the job and have a fairly clear schedule for two years because the job takes up a lot of time.

The adviser, along with the 'Morning Glory' staff, goes through candidates' qualifications and decides who the best student for the job will be, according to Kane.

"They learn skills they can't learn any other way," Wines said. Wines has been the adviser for 'Morning Glory' at CLU for about 14 years.

She oversees the processes and procedures of the magazine.

"It's my favorite thing to see the new talent that comes in, seeing it all put together and to watch

students work together because sometimes they don't even know each other but they work very hard," Wines said.

She has always found her job enjoyable because of the dedicated and talented students.

"I really enjoy having a chance to see so much writing, and art as well, but mainly writing of faculty, staff and students," Kane said.

This is the third time 'Morning Glory' has won this award; the first being in 1982.

In 1990, the magazine was inducted into the College Media Association's Hall of Fame.

"It's cool because it's from the CLU community and everyone has so much talent, and it's really nice to see that," Kane said.

Bill will let students rent equipment

[BILL, from Page 1]

Crain said. "This promotes the overall goal of outdoor rec. and rec. sports in general, which is to promote lifelong fitness by giving students the opportunity to learn new skills, which this bill does."

The program would offer many different types of equipment that would allow students to venture out and try new activities.

Students can take the gear to local places like Wildwood or even go to the beach.

"The money will be used to purchase such equipment as mountain bikes, surf boards, kayaks, helmets and other necessary safety and operational equipment," said Tyler Lee, an intern for Recreational and Intramural Sports.

Students can rent equipment either for a day or for a whole

weekend for the price of one day.

Students are required to show their I.D. card and put down a deposit in case the equipment is not returned.

"The catch is that if you rent [the equipment] on Friday, the items are not due back until the next Monday or business day," Crain said. "Therefore, prices are very cheap for an entire weekend. As well, travel equipment is included, so you can travel with the items (i.e. a bike rack for a car or covers and straps for surfboards or kayaks)."

The proposed bill was taken before the Senate by Grant East, ASCULG senator.

"The process for proposing a bill is fairly simple; anyone in Senate can propose a bill to the board, and then it is voted on," East said. "Also, if students want to see something changed or possibly added to

campus, they can talk to a senator about writing a bill for something or even writing a resolution."

This is a drastic change from last year, when there wasn't enough support for the bill to even be proposed to the Senate.

"Last year on Senate we were thinking of doing the same exact thing, but there wasn't the support for it like there is this year," said Shannon Teague, junior senator. "I think this will be a great thing for CLU students."

This program is another alternative for students to enjoy in their free time.

"I think the rental program is a great step to improving Recreational Sports at CLU, as it expands the options available to students and offers alternatives to what is offered on campus," Lee said.

Adopt-a-Family program returns for the holidays

Sean Post
Staff Writer

Every holiday season, the Community Service Center at CLU organizes a program called Adopt-a-Family to help families in need celebrate Christmas.

CSC is committed to various causes that enrich both their volunteers and those in need.

Continuing to celebrate California Lutheran University's 50th anniversary, CSC is once again sponsoring the Adopt-a-Family, or child, cause.

This cause enables students, faculty, groups and families to sponsor a less fortunate child or entire family during the holiday season.

CLU works with a number of different agencies for this cause, including Casa Pacifica, which is an agency that works with abused, neglected and emotionally disturbed children who were removed from their homes by Child Protective Services.

Also, CSC works with the Lutheran Social Services, a non-profit organization that works to provide social services through the Lutheran Ministry.

In addition, another sponsoring agency is Padres Contra El Cancer agency, a non-profit organization that works with Latino families who have children with cancer.

Each agency offers sponsorships for a different amount of money.

The Casa Pacifica will sponsor a child for approximately \$150, the LSS will sponsor a family of two to four for anywhere between \$250 and \$300, and the

Padres Contra El Cancer agency will sponsor a family of three to five for between \$250 and \$300.

"I personally haven't heard of the Adopt-a-Family, or child, cause, but it seems like a great way to give back," CLU senior Chris Doukakakis said.

Some general rules and guidelines for gift giving include no giving cash, gifts only, provide items off various wish lists when sponsoring a family and try to donate a gift that a family can share.

Some suggested items include gift cards.

The CSC appreciates any of these donations but urges those who are on tight budgets not to over spend.

It is also suggested that groups of friends on campus or clubs get together to sponsor a family so everyone donates a smaller amount.

"I've donated in years past and will continue to do so this year," senior Aaron Fisher said. "It's a great cause to be involved with during the holidays. During these holidays some people don't receive anything and struggle just to keep food on the table, so this is something I'm glad to be associated with."

Some important dates to note for this year's event are Nov. 8-17, which is when students or groups can sign up online and Nov. 22, when volunteers can pick up the information on the family or child to be sponsored at the SUB between 4:30-6:30 p.m.

The last day is Dec. 8, which will be the drop off party at the Luther statue.

Professor Arndt reaches out to fellow veterans



Photo by Talia Loucks - Staff Photographer

Vietnam War: Theatre arts professor and veteran Michael Arndt wants to use his artistic abilities to help others.

Rachel Flores
Staff Writer

CLU professor Michael Arndt was just starting his profession as a high school teacher when he was drafted into the Vietnam War; now he has aspirations to unite all veterans by using his artistic abilities.

Arndt was a short-term professor at Washington State University when a colleague recommended he apply for a position at California Lutheran University.

He became the theatre arts director and professor and has now been teaching at CLU for 29 years.

"I hear a fire helicopter and immediately freeze because it is always at the surface; the memories never leave," Arndt said.

Arndt is just one of the many combat veterans who have tried to forget the war memories.

He has realized the importance of knowing he is not alone, and he wants to create a play to inspire other veterans to know that although their experiences may differ, they all share the same feeling of trauma.

"I think we are at the tip

of an iceberg because of the advancement of the technology being used in war; the people that would have died in Vietnam are now able to survive due to technology," Arndt said. "But they are suffering with mental and physical problems for the rest of their lives in a society that can't understand the emotions while serving in war."

In the Vietnam War there was a draft, so people from all different levels of society were sent to fight overseas.

Some believe it was much easier for them to return to society than it is now.

Unfortunately, there is a distant relationship between students who attend college and those who are currently serving or have previously served in the military and reentered society as a student.

"We have 77 veterans at CLU, including the Adult Degree Evening Program, undergraduate and graduate students, who are all veterans, which many people are unaware of," said Lorraine Purmont, associate registrar. "Whereas in 2004, we only had 14 student veterans attending CLU."

Arndt has written poetry, speeches, blogs and plays

addressing life after war.

Currently, Arndt is applying for grants to create a play solely dedicated to veterans.

The play would use veterans as actors and original music, integrating stories of the Korean War, Vietnam War, Gulf War and Iraq War.

Once the play is fully written and funded, Arndt plans to show the play at veteran homes, hospitals and schools in hopes of

making society aware of what it means to be a veteran, whether one agrees with war or not.

The theater piece would then follow with a panel discussion among the audience and actors.

"It is my responsibility to speak out in honor of my friends who died, to the veterans of all wars and to those serving now in Iraq," Arndt said. "By using my artistic and personal skills, I hope to let veterans know we are all in this

together."

Arndt is anti-war but realizes he can influence others by using his experience in a positive way.

His travels back to Vietnam and his sabbatical last year have helped him overcome his fears, and now he seeks to help and educate others.

CLU does not have any on-campus student organizations for veterans or any plans for Veterans Day on Nov. 11.

Star Gazing Party! Brought to you in partnership with the Astronomical Adventures Club

Wednesday
November 10
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7pm-10pm

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kelarson@callutheran.edu

CALENDAR

Wednesday November 10 <ul style="list-style-type: none">• A Night for Nets Noon Kingsmen Park• Astronomical Adventures Club Star Gazing Party 7 p.m. Mt. Clef Stadium• Common Ground 9:11 p.m. Samuelson Chapel	Thursday November 11 <ul style="list-style-type: none">• 'The Cherry Orchard' by Anton Chekhov 8 p.m. Preus-Brandt Forum• Baja Fresh fundraiser for Dance Team All day event. Ask a Dance Team member for a flyer.	Friday November 12 <ul style="list-style-type: none">• Center for Equality and Justice Lecture Series: Election 2010: Women's Issues in the New Congress - Lisa Maatz, AAUW 7 p.m. Overton Hall• 'The Cherry Orchard' by Anton Chekhov 8 p.m. Preus-Brandt Forum
Saturday November 13 <ul style="list-style-type: none">• Turkey Triathlon 10 a.m. Gilbert Sports and Fitness Center• Final Game at Mt. Clef Stadium 11:30 a.m. Mt. Clef Stadium• 'The Cherry Orchard' by Anton Chekhov 8 p.m. Preus-Brandt Forum	Sunday November 14 <ul style="list-style-type: none">• 'The Cherry Orchard' by Anton Chekhov 2 p.m. Preus-Brandt Forum• Urban Exchange Downtown Los Angeles• Renovation 7 p.m. Samuelson Chapel	Monday November 15 <p><i>THIS DAY IN HISTORY: 1969</i></p> <p>ABOUT 250,000 PROTESTERS AGAINST THE VIETNAM WAR, THE LARGEST WAR PROTEST EVER, CONVERGED PEACEFULLY IN WASHINGTON, D.C.</p>
Tuesday November 16 <ul style="list-style-type: none">• Career Services Workshop: Salary Negotiations Noon Roth Nelson Room• Reel Justice Film Series: '442' 7 p.m. Lundring Events Center	Next Week: November 17-23 <ul style="list-style-type: none">• International Education Week• AMSA Medical Professionals Panel Q&A• Adopt-a-Family <p>Do you have an event to submit to <i>the Echo</i>? E-mail date, time, location and contact information to lbrittai@callutheran.edu</p>	

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FEATURES

Psychology majors are least satisfied in workforce

Hanna Halldórsdóttir
Staff Writer

A recent study found that among college graduates, psychology majors were least likely to be satisfied with their career paths.

The study, which was done as a part of the Wall Street Journal's Paths to Professions project, surveyed 10,800 college graduates who had received their bachelor's degree between 1999 and 2010.

All of the respondents were employed, and the survey could

CC Students may love psychology, but with a bachelor's degree, work in the field of psychology is limited."

Julie Kuehnle
Professor of
Psychology

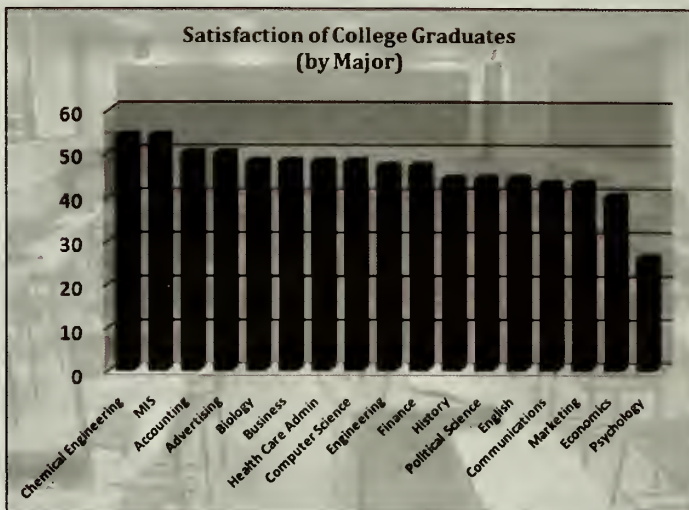
other majors had a satisfaction rate of 40 to 54 percent.

Dr. Julie Kuehnle, a professor in CLU's psychology department, noted that limited opportunities within the field of psychology for those who don't have an advanced degree might be one rea-

have included those who had and gone on to earn a graduate degree.

Out of those who had majored in psychology, only 26 percent

reported to be "satisfied" or "very satisfied" with their career paths, while



Graphic by Rebekah Kliever - Photo Editor; Source: Payscale.com
Big gap: Only 26 percent of psychology majors said they were "satisfied" or "very satisfied" with their career path.

son for the lack of satisfaction.

"Psychology is good preparation for many careers, but psychology majors who want to practice psychology usually need an advanced degree," Kuehnle said. "Students may love psychology, but with a bachelor's degree, work in the field of psychology is limited."

Robert Duff graduated from CLU with a psychology degree

last spring and now attends graduate school. He is happy with his choice of major and attributes it to the fact that he had done research and knew what he was getting himself into.

Duff says he realized that he would have to get at least a master's degree if not a Ph.D. to work in the field.

What Duff noted as a source of dissatisfaction among many un-

dergraduate psychology students is how hard it is to get relevant work experience in the field.

In order to work with people in a therapeutic setting, a person needs to have a higher level degree.

"This is a source of frustration among many undergraduate psych majors because relevant work experience is something that many graduate programs are

looking for," Duff said.

Dr. Seth Wagerman, assistant professor of psychology at CLU, added that psychology majors don't always realize how marketable their skills are outside of psychology.

"With a background in critical, statistical thinking and a basic foundation in research and interpersonal dynamics, psychology majors are qualified to move into many fields: personnel and human resources, social work, market research, advertising, program evaluation, etc," Wagerman said. "Most universities aren't good at emphasizing the marketability of these skills to their students, and they don't realize that they possess a general skill set that can be desirable to any company."

The two majors where workers reported the highest rate of satisfaction were chemical engineering and management information systems which both had a satisfaction rate of 54 percent.

"Someone who majors in chemical engineering is going to be a chemical engineer," Wagerman said. "Someone who majors in psychology needs to know what further training they'll need to attain their ultimate goals—be it more research experience or more clinical training. Then they, too, will be able to do the work they meant to do from the start."

When fantasy meets reality

What are fantasy sports and why are they so consuming?

Kristin White
Staff Writer

College students huddling around the television set on a Sunday morning aren't simply watching football anymore. Some of them are really engaging in the game.

Fantasy sports are a growing trend, being tackled as a hobby of great interest amongst our generation.

A fantasy sport is a simulation in which members act as team owners, constructing teams of real athletes. They compete against other fantasy owners based on the statistics of real players in a professional sport.

The most popular fantasy sports are football, baseball, basketball, hockey and soccer. There is also auto racing, fishing, poker and more.

To start off, a person gathers a

group of friends and co-workers or joins an existing league. Each person drafts individual players from different teams.

As each week passes by, they will receive or lose a certain number of points, depending on how the players on their team perform. They are paired against

CC I think fantasy sports are a really unique way to get into sports. You're not just sitting on your couch watching your team win or lose, you're 'participating.'"

Katie Bode
Senior

comparison to the member they were up against.

Team owners can manage their team, as if he or she is the coach. They are able to create a starting lineup and sit players for the week or trade players with other owners. The settings are completely customizable, permitting the owner to choose their team

name, color and logo.

Fantasy sports have not always been so easy to personalize. Fantasy started back in the 1950s, but everything was done by hand, according to videojugg.com.

With the technology that is around now, participants in fantasy leagues can manage their team with the click of a button; computer systems automatically add up the points gained by the players.

Fantasy is also linked to Facebook and mobile devices, making it easily accessible almost anywhere. Statistics and standings are updated instantly.

"I think fantasy sports are a really unique way to get into sports. You're not just sitting on your couch watching your team win or lose, you're 'participating,'" senior Katie Bode said. "Team owners are able to use fantasy sports as an escape from life for a little while."

For college students this can be a break from balancing schoolwork and a social life.

It can also be used to connect with friends and family by means of communicating over texts.

[See FANTASY, Page 6]

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CAMPUS QUOTES: How do you feel about the Café a la Carte moving to Mogen Market?

Lauren Seneer



"I think it's inconvenient."

Ty Fleming



"I never really use it, but I will use it even less in Mogen."

Chelsea Toston



"I loved having it right there"

Mike Minervini



"I'm cool with it as long as they lower the prices."

If you have an idea for a Campus Quotes question, e-mail it to the Echo at echo@callutheran.edu

Mainstage production 'parallels the current U.S. economy'

Rebecca Dominguez
Staff Writer

The CLU theatre arts department debuted the 2010 fall mainstage play last Thursday, Nov. 4, in the Preus-Brandt Forum.

Anton Chekhov's play "The Cherry Orchard" is directed by professor of theatre arts Michael J. Arndt and has a complete cast of CLU students.

"The Cherry Orchard" is set in Russia in 1904 when there was an economic downfall nation-

"I chose to direct this play because the time period parallels the current U.S. economy."

Michael Arndt
Director

Throughout the play the family had many options to try and save their estate, but they end up losing it because of their deep denial.

"I chose to direct this play because the time period parallels the current U.S. economy," Arndt said. "I think that the audience will really be able to relate to the character's struggles and the theme of the close of an era and beginning anew."

Arndt's goal for the play was for the set design and costume design to evoke another era. Through these elements, the audience will get to know the characters on a personal level.

They will see the comedic aspect of the play, as well as feel for the characters as they go through

very personal struggles.

With a complete student cast, it took a great amount of time to transform actors who are in their late teens and early 20s into their characters whose ages vary from 17 to 89 years old.

"I thought the drama department did an amazing job on the costumes. They transformed the actors into the characters so well that, at first, I couldn't tell who some of the actors were," senior Jessica Thompson said. "My roommate was stage manager, so I know how hard they worked and how much time and effort was put into it."

Although most of Chekhov's work is classical, he is seen as the father of modern drama. He created a new style of acting that set up modern theatrical acting as well as on-screen acting.

"We have directed other works from Chekhov in the past, but I have wanted to direct "The Cherry Orchard" for years," Arndt said.

The theatre arts department tries to pick a variety of plays, from popular to modern to classical, over a four-year period so that over the span of time it takes actors to get their degree, they will have experienced different genres of acting.

Productions that have taken place in the past few years were "Pericles: Prince of Tyre," "The Learned Ladies," "Ohio" and "Maid of Honor."

The play will continue to take place in the Preus-Brandt Forum this week on Thursday, Nov. 11, through Saturday, Nov. 13, at 8 p.m. On Sunday, Nov. 14, there will be a matinee at 2 p.m. Admission is free with CLU I.D. or \$10 otherwise.



Persuasion: (Left) Jordan Stidham practices his businessman's charm on Elyse Sinkler, who plays a landowner. Tea time: (Right) Senior Ryan James was aged to play a manservant named Firs.



Friendship: Elyse Sinkler is greeted by Jordan Skinner as Karolina Keach looks on.

Photos by Danika Briggs - Staff Photographer

Fantasy sports trend hooks students

[FANTASY, from Page 5]

Sometimes this can become a problem, especially if students check their teams periodically throughout class or if employees use work time to manage their teams, according to videojug.com.

On the other hand, it helps a player develop intellectually when it comes to sports.

Rather than team owners knowing only about their personal favorite teams, it gets them to learn about players from all teams, npr.org said.

It is not very common to find a women participating in this male-dominated world of fantasy sports.

"If you're a girl who just rolls her eyes and leaves the room when it comes up, you should give it a shot because it's a lot more fun than you might think," Bode said.

There are many fantasy websites dedicated to the love of the game targeted toward different audiences.

Some of the websites are free, while others have a buy-in with the winner at the end of the season receiving a cash prize.

ESPN.com, CBS.com and Yahoo.com are common websites to use for fantasy sports. There is also a lot of information on how the games are configured and which athletes are the best picks for an ideal fantasy team.

To learn more about how to create your own fantasy sports team visit games.ESPN.com

Game plan: Baseball, along with basketball, football, hockey and soccer, is a popular fantasy sport.

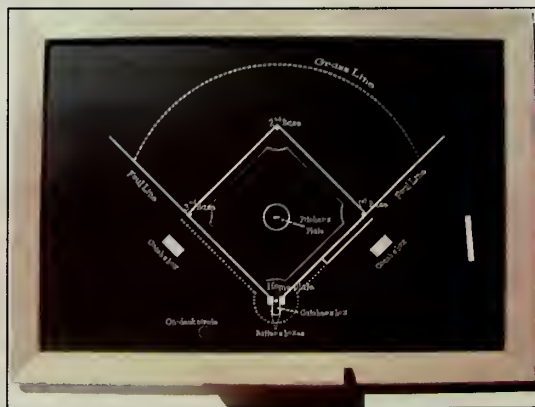


Photo courtesy of xsc.hu

Famed voice-over actor to teach spring class at CLU

Lilly Price
Staff Writer

"If God wanted to make a speech, Lee Marshall would get the call," Hall of Fame Baseball Manager Tommy Lasorda said.

This coming spring semester, California Lutheran University will offer a voice development class taught by Lee Marshall.

Marshall is a well-respected voice-over actor who has played a big role in the radio industry.

His distinctive voice can be heard on TV and radio commercials as well as in movies, television shows and movie trailers.

The most notable advertisement that Marshall is part of

CC
If God wanted to make a speech, Lee Marshall would get the call."

is Frosted Flakes, where he was the voice of Tony the Tiger.

In line with CLU's goal to continue expanding radio offerings,

Tommy Lasorda this class will definitely give many students interested in radio

and broadcasting a major boost.

CLU's theater program is also excited about this new class as it can give theater students a leg up in their voice development skills.

Marshall was inducted into the



Photo by Brad Yajima - Staff Photographer

Lee Marshall: "Someone has to be *Sponge Bob* and *Tony the Tiger*; people have to be willing to step out of their bodies."

Radio Division of The Rock and Roll Hall of Fame in 1997 for his success as a programmer and on-air personality.

He currently teaches The Radio Industry, a communication selected topic class at CLU. With the expansion of the radio program, CLU will now be lucky

enough to have an additional class taught by this talented voice of radio.

"I think it's going to be a terrific class," said Dr. Beverly Kelley, a professor of CLU's communication department.

Kelley thinks this class will prove to be beneficial to all stu-

dents in the communication department.

Since the construction of the KCLU Broadcast Center is scheduled to be finished this spring, students will soon have the access to two student labs as well as a professional lab. The KCLU studio will allow a broader development of the content that the station currently offers.

"I think it would be helpful," communication professor Jean Sandlin said of the new class of-

fering. "Anytime you're talking about broadcasting [voice development] is important."

The class taught by Marshall is listed as Communication 282 in the catalog and will be offered on Tuesday and Thursday, from noon to 1:50 p.m.

With so many students interested in broadcasting and radio at CLU, this new class will definitely bring a new experience for those in the communication department.

Fun facts: Lee Marshall

▶ Started his entertainment career young. He appeared on "Kid's Say the Darndest Things" and was a finalist to be a "Mouseketeer" in the Mickey Mouse Club at the age of 8.

▶ Had four years of radio experience by the time he was 18.

▶ Worked at a popular Top 40 radio station in San Diego, KCBQ.

▶ Hosted "Dodger Talk" on the Dodgers Radio Network.

▶ Was also involved in the creation and programming of the ABC Talk Radio Network.

▶ Has been doing play-by-play for professional organizations since 1968 because of his knowledge of wrestling and his broadcast experience.

▶ Was inducted into the Radio Division of the Rock and Roll Hall of Fame in 1997.

▶ "If you're not having fun on the radio, then you're not doing it right."

Source: LeeMarshallproductions.com

What's up, Student Life?

Keep an eye on the events happening on campus this week.

- From now through Nov. 14, fill out the National College Health Assessment to get a \$5 giftcard to the CLU Bookstore.
- Go to CalLutheran.edu/CSC and click on Alternative Break Trips to learn more about the Going Coastal service trip to Louisiana in January and the Alternative Spring Break to El Salvador in March.
- On Thursday, Nov. 11, Dr. Nancy Martin from Chapman University will deliver a presentation titled "Holiness and the Pursuit of Justice." This speech on world religions begins at 6 p.m. in the Roth Nelson room.
- On Friday, Nov. 12, bring a T-shirt in good condition to Buth Park from noon to 2 p.m. You can exchange this for a Purple Storm shirt to wear to the last football game in Mt. Clef Stadium.
- On Friday, Nov. 12, a self-defense class will be offered from 7 to 9 p.m. in the GSFC Dance Studio. E-mail kelarson@clunet.edu or mmarston@clunet.edu to sign up.
- On Saturday, Nov. 13, the Turkey Triathlon will take place at 10 a.m. in the GSFC. Sign up by e-mailing Clark Crane at crane@clunet.edu

Twitter alert

CLUechoFeatures

That's what

CLUechoFeatures is the College Edition with Tri-Campus Student Society at Luther, San Diego University, National Conference

Why Attend? Attend & Earn 10 The Best Place on Earth

Are you ready for CLU's latest, featuring this feature? Join the best and most powerful group for new voices on campus

Facebook data shows peak number of break-ups before Christmas

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OPINION

Election results in: no marijuana but lots of Republicans



Arianna
Thomopoulos

Election season culminated on Nov. 2, when citizens raced to the polls and made their voices heard.

Results of the nationwide election included Republicans gaining control of the House of Representatives and California's Proposition 19 failing.

In a historic event, the Republican Party collected more than 40 seats and have led many to believe that the power may be shifting.

While the Republican Party made a significant win, most of my friends and family were more interested in Proposition 19 on election day.

Proposition 19 was one of the most controversial propositions on the ballot, which, if passed, would have legalized marijuana and seemingly benefited the economy and the local government.

Even though I did not vote in

this year's election, don't hold it against me, I did not support Proposition 19.

My friends, being of the younger generation, did not understand why I did not support a proposition that would legalize marijuana.

According to NBC 4 news, my friends were not the only people interested in the proposition, as "one out of 10 voters came out to specifically vote on Proposition 19."

I sadly was not one of them: I don't doubt you are asking yourself why I would write an article on something that I did not vote for. If I did not have an opinion then, why would I have one now?

I chose to write this article based on the discussion Proposition 19 has created. Although Prop. 19 didn't inspire me to go out and vote, it did spark my interest to write my feelings about it.

I believe that there are benefits in legalizing marijuana, such as helping people who need it for medical purposes as well as helping California's economy.

I do, however, see the possible repercussions of legalizing

marijuana as well.

Many people that I have talked to feel the same way I do; they don't take a strong stance on it either way, but I have also talked to other people that have specific views on the proposition.

There are many people for and against Proposition 19. Many people who want to see it get passed believe that it will help California's economy and minimize the crime rate.

"I am for Proposition 19; I think it is a smart and logical thing to do," senior Jake Moranis said. "By legalizing marijuana, which is one of California's biggest cash crops, we can help stabilize our economy. By taxing marijuana like tobacco, California can get back on the right track."

However, not everyone feels the same as Moranis, since Proposition 19 did not pass.

As I sat and watched the election results come in, I thought to myself, "Voting is part of the American dream; it is a privilege." I know that I should have probably taken the time to research more about each candidate along with the propositions, but I can not take that back now.



Cartoon by senior Colin Mayuga

Immigration policy may be right



Cassie
Copeland

Earlier this year, governor of Arizona Jan Brewer signed a new bill on immigration into law in Arizona.

However, before the bill was signed, protests had already started. Even President Obama was against the bill from the start.

The aim of this bill is to identify, then prosecute and deport, any and all illegal immigrants within Arizona's borders by requiring all legal immigrants to carry their registration documents at all times.

Before Brewer signed the bill, President Obama put out a statement saying that this bill will "undermine basic notions of fairness that we cherish as Americans, as well as the trust between police and our communities that is so crucial to keeping us safe."

I have to say that I completely disagree with this statement, in that we, as Americans, are undermining the fairness that we cherish. At a time when our economy is at a low, the last thing America needs is to allow illegal immigrants to come in when they are being offered jobs, although often at lower pay, and taking

the positions away from legal citizens.

"Arizona is the first state to demand that immigrants meet federal requirements to carry identity documents legitimizing their presence on American soil," according to the New York Times.

This seems completely logical and fair. If you are not a citizen, and you do not have papers, a passport or documents stating that you are allowed to be in this country, then you should not be here until you have proper documentation.

If my family came here legally, so can others.

With the new bill being passed, Mexico Foreign Ministry said in a statement that it was worried about the rights of its citizens and relations with Arizona, according to the New York Times.

I find this to be a rather odd statement put out by Mexico's Foreign Ministry. They said that they are concerned about the rights of their citizens because of this bill. However, if you are not a legal citizen of America, then you should not have any rights at all in America.

People are also worried about how this bill will affect the Hispanic community and law enforcement. Many people seem to be upset that this will only create racial profiling against

Hispanics.

However, Gov. Brewer says that racial profiling will not be tolerated and that all law enforcement will be trained. "We have to trust our law enforcement," Brewer said.

I understand that people are concerned about racial profiling, especially against Hispanics. Although I do not agree with racial profiling, the Hispanic community has to understand that that problem of illegal immigrants in Arizona is with Hispanic immigrants.

The last thing I would want is for people to not understand my opinion on this issue. More than half of my family is Hispanic, including two half brothers. However, my entire family, with my generation being the first born in America, came here legally. They all have become citizens, or have green cards.

If my family came here legally, so can others.

I feel that this law is something that we have been having a problem with for some time and that people would like for anyone to be welcomed into America so that they have an opportunity for a different lifestyle.

However, allowing this to happen without legally going about it has major repercussions on our economy that is in a devastated state as it is.

What America needs is for our legal citizens to have first priority.

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Frustrations with the Business Office



Rocío
Sanchez

CLU's Business Office: the number one reason why California Lutheran University students are constantly stressed.

Sometimes I feel like the Business Office is always pulling numbers out randomly. This isn't the lottery; if you are going to pull out numbers, you better have an explanation as to why I owe the school that much money.

I'm pretty sure most of us students have had confrontations with the people at the Business Office at one time or another.

First, let me just say, I respect them for keeping their cool because I would hate to work in an environment where students are frustrated and asking 101 questions as to why they are somehow always getting screwed over.

On the other hand, I must say, the Business Office is unorganized and does not try to work with you whatsoever.

What happened to CLU being a private university, where they care about you as an individual and you're not just another number?

But then again, it is called the Business Office for a reason; it is all about business, and everybody is just doing their jobs.

They couldn't care less if you aren't allowed to register for classes, they are definitely not joking when they say they will drop you from your classes if you have a hold on your account and they will go as far as to send eviction notices to your dorm room like they did at the beginning of the school year.

I definitely have not forgotten about the \$95 contract fee they tried to sneak on us over the summer for a contract many of us students didn't even get in the mail.

But of course they didn't listen to me when I told them I didn't get the contract in the mail; thankfully, they felt quite foolish when they were overwhelmed by all the phone calls and e-mails from students refusing to pay for something they were not aware of.



Cartoon by sophomore Alissa Quon

No worries, CLU. We all make mistakes; I just hope it doesn't take you that long to realize it the next time you make another one.

CLU is a great school academically; there are plenty of opportunities here, but sometimes I question whether it's worth the stress financially.

CLU totally switched up its financial system in less than one year, but you can't really blame it; I understand there is only so much administrators can do, and so much they have control over.

Our MyCLU Portal should have an alert system that alerts us about how much money the Business Office believes we owe ahead of time, instead of just the monthly e-mails.

But of course that won't happen. Why wouldn't they want to make things easier and more convenient for us students?

Students are occupied with their academics and don't realize how much interest has been added on top of what we owe already. We are left with our accounts put on hold, unable to register for classes, and even less money in our pockets than most of us don't even have to begin with.

Not every student has parents that take care of everything for them, and not every student can get scholarships and financial help so easily.

I am aware that almost everyone that attends CLU is on some sort of academic scholarship, and it would be more helpful

if the school had more of these scholarships.

It's not easy trying to find scholarships online, such as through "Fastweb", considering students from all over California are trying to apply for those same scholarships.

I am just sick and tired of the Business Office pushing my buttons and constantly trying to take away my money, which the personnel can't even justify on the spot when I ask them where the numbers came from.

You may say that I am just bitter because of my past experiences with the Business Office, and to tell you the truth, of course I am. But, from what I hear, many students are feeling the same way.

The Business Office will most likely make the argument that we need to be more financially responsible. Trust me, we're trying to be, but it is definitely not making it any easier when we are rushed to come up with money we are clearly struggling to get.

With that said, I wonder if CLU will ever stop being so money hungry; most likely not.

Obesity weighed down

A "Marie Claire" blog discriminates and pokes fun at obese people



Chaz
Hodges

On Monday, Oct. 25, "Marie Claire" blogger Maura Kelly posted an article titled, "Should 'Fatties' Get a Room? (Even on TV?)"

In her blog, she targets CBS' newest television show "Mike and Molly."

The show features two love birds by the names of Mike and Molly that are pursuing a romantic relationship with one another.

However, instead of writing about the premise of the sitcom, Kelly chose to blog about the weight of the characters.

"Yes, I think I'd be grossed out if I had to watch two characters with rolls and rolls of fat kissing each other...because I'd be grossed out if I had to watch them doing anything. To be brutally honest, even in real life, I find it aesthetically displeasing to watch a very, very fat person simply walk across a room," Kelly said.

The insensitivity she displays on her blog is simply shocking and hurtful.

An unnamed "Marie Claire" editor suggested that Kelly write about this topic.

She said, "Do you really think people feel uncomfortable when they see overweight people making out on television?"

Who are these people?

With shows like "Jersey Shore," "Rock of Love" and "Tool Academy," one would think that a simple show poking fun at

relationships would be somewhat of a nice change to the garbage presented on TV lately.

Even more hurtful is that Kelly passes judgment on the actors within the show and not so much the series itself.

"What that girl said makes me appalled that someone could actually say things like that and be so judgmental," freshman Nancy La said.

La is not alone in her disgust; over 3,522 people have commented on Kelly's blog to display their disapproval.

"I can't believe that this was even posted. I love Marie Claire, and this makes me want to stop supporting their magazine," La said.

As a result of the negative reviews, Kelly updated the site with an apology.

She posted: "I would really like to apologize for the insensitive

things I've said in this post. Believe it or not, I never wanted anyone to feel bullied or ashamed after reading this, and I sorely regret that it upset people so much. A lot of what I said was unnecessary. It wasn't productive, either."

I must say, I am happy that she was able to recognize the hurt that she may have caused others with this post.

Sadly, this issue is deeper than a simple blog, and she took her own weight complexes nut in others.

Kelly goes on to say, "One of my friends mentioned that my extreme reaction might have grown out of my own body issues, my history as an anorexic and my life-long obsession with being thin."

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SPORTS

Kingsmen tame Panthers, earn postseason berth



Photo by Brad Yajima-Staff Photographer
Completion: Carlton Richard (No. 1) dives for the ball.

Aaron Fisher
Staff Writer

The CLU Kingsmen were dominant on both sides of the ball as they defeated the Chapman University Panthers 27-6 at Mt. Clef Stadium.

With the victory, California Lutheran University football has now claimed at least a share of the conference title and has an automatic bid into the postseason for the second consecutive year.

Going into the game, CLU knew they had their work cut out for them since the Panthers knocked off conference rival Occidental last weekend.

"Chapman is scary because they came into the game on a roll,

having won three straight games over SCAC competition," head coach Ben McEnroe said. "We knew that if we played to the best of our abilities, with great passion, speed and tenacity, that will be good enough to win most games."

The Kingsmen found themselves trailing after the first quarter by a score of 3-0, but they found their rhythm in the second quarter.

After tying the score with a field goal by kicker Jackson Damron, wide receiver Eric Rogers made one of his two touchdown receptions for the game putting the Kingsmen up at halftime 10-3.

CLU added on to the lead early in the second half, thanks to another field goal by Damron. Chapman responded on the

ensuing drive with another field goal by the Panthers' Mauricio Alfonso, but those would be the last points the Panthers put on the board.

"Chapman has some good weapons on offense," junior linemen Sean Post said. "Our coaches did a great job of prepping us for that, and we were able to contain them."

The CLU offense picked up in the fourth quarter, with quarterback Jake Laudenslayer finding Rogers again in the end zone with a six-yard pass.

Laudenslayer finished the game with 132 yards and two touchdowns, while CLU running back Deme'Trek Chambers continued to lead the SCAC in touchdowns as he ran for his conference-leading 12th score and finished the game with 104 yards on 18 carries and a touchdown.

For the CLU defense, defensive back Broc Galbreth had his second interception of the season, and linebacker Loren Powers had a team high with nine tackles.

Defensive end Jeff Miller added a sack, and linebacker Jordan Barta was credited for a half sack, bringing their season totals to four and nine, respectively.

CLU has already clinched a share of the conference title and an automatic bid into the NCAA playoffs. Regardless, CLU's regular season finale at home next Saturday, Nov. 13, against conference rival Occidental is still an important game for the Kingsmen.

"This is the last game ever at Mt. Clef Stadium, and that alone is a huge motivational factor along with the SCAC championship," wide receiver Victor Lara said.



Photo by Brad Yajima-Staff Photographer

Touchdown: Deme'Trek Chambers (No. 3) cruises into the endzone.



Photo by Brad Yajima-Staff Photographer

Quarterback: Jake Laudenslayer (No. 10) completes 18 of 23 passes.

COVERING ALL THE BASES:

Recruitment requires team effort to ensure players belong at CLU



Andrew Parrone

College coaches, not only here at CLU but across the country, have seemingly endless jobs, planning strategies, running practice, scouting opponents and evaluating talent.

But perhaps the most important and overlooked job of a coach is an evaluator of character, one who molds young men and women into successful, positive members of society. Most coaches probably value this part of their jobs above all others, and they receive a good amount of praise for this work.

So should coaches also shoulder the blame for the mistakes their athletes make too?

With the recent arrest and subsequent suspension of wide receiver Clinton Panton Jr., head coach Ben McEnroe is facing some of those questions. Panton had previously been convicted of felony drug charges before coming to CLU, and some have questioned why McEnroe brought him into the program in the first place.

However, McEnroe says he had no knowledge of Panton's checkered past prior to these new charges. According to McEnroe, due to the volume of recruits that he works with, he does not have the resources to run background checks on all players, instead relying on face time with players and recommendations from previous coaches. It's possible no red flags were raised during Panton's recruitment.

And it's not like he's making an

excuse for one of his star players. Lying about someone who barely even played wouldn't make sense anyways. Given his track record, I think we can give Coach Mac the benefit of the doubt on this one.

Going forward, McEnroe plans to ensure that exceptional character is what his program is known for.

"Character issues and development are an area of focus for us in our student-athlete's lives and in recruiting," he said. "That won't change. If anything, we will focus more on that area."

These events also bring into focus the relationship between coaches and the admissions office. They are the ones who are ultimately in charge of who gets in to CLU. And that standard is the same for everyone across the board, whether you're an athlete or not.

"Athletes receive the same consideration as all applicants for admission," vice president for Enrollment Management Matt Ward said. "The fact that a student plans to participate in Division III intercollegiate athletics does not influence the scrutiny given to her or his application."

This means that Panton didn't receive any special consideration to get into CLU. And since I highly doubt the admissions office would hide his criminal record from the football staff, it's more than likely that his track record wasn't known by any administrators on campus. According to Ward, criminal investigations are only part of the admission process under "extreme circumstances," and apparently Panton's application was ordinary enough for his past to slip through the cracks.

The best way to prevent this type

of embarrassment for the school is a close working relationship between all coaching staffs and admissions to ensure that prospective athletes brought into CLU meet the standards by which all of us are judged and that any and all relevant information is made available to the people that need it.

McEnroe says that he and his staff work very well with the admissions office, and Ward agrees that the relationship between the two sides is a successful one.

"The Admission Office has a close working relationship with coach McEnroe and all of the CLU coaches," Ward said. "Our success in recruiting successful scholar athletes is due in large part to the regular exchange of information between admission counselors and coaches."

Regals soccer feel Bulldogs' bite in tournament upset



Photos by Danika Briggs-Staff Photographer

Competition: Sinead Vaughan (No. 12) is determined to win the loose ball against Redlands' Meghan King.

Chris Ramirez
Staff Writer

The No. 1 seeded CLU women's soccer team was upset by the University of Redlands in a 2-0 contest in its SCIAC Tournament semifinal on Wednesday, Nov. 3.

In the first SCIAC Tournament hosted at California Lutheran University, the Regals suffered their only home loss of the season just four days after clinching the SCIAC championship and earning the No. 1 seed in the conference tournament.

The Bulldogs ended the

speculation of a CLU/Occidental championship game by scoring both goals as the product of goal-mouth scrambles in front of the net.

Senior Bulldogs defender Chelsea Hafley scored the first goal in the 17th minute, while junior midfielder Fiona Connolly added an insurance goal in the 56th minute that preserved the victory for the visitors. CLU outshot Redlands by a slim margin of 10-9, but could not capitalize on its chances in a tough, defensive-minded match in front of a rowdy home crowd of over 300 people.

"It was an exciting atmosphere,"

junior midfielder Sinead Vaughan said. "Lots of people were there to support us: family, friends and different teams from CLU. We felt like the whole school was behind us. It was exciting to be doing something for the first time for our school, but it was disappointing to let everyone who was there supporting us down."

CLU's best opportunity came in the first half when it was rewarded an indirect kick just outside the 18-yard box after Redlands' keeper Rachel Foreman picked up a pass that was made by her own teammate. The Regals were unable

to capitalize on the mistake, while the Bulldogs made the most of their opportunities, which proved to be the difference in the match.

"I don't think we were overconfident going into the game. I just think it came down to Redlands out working us and playing like they wanted it more than us," senior forward Brittany Clark said. "We knew it was going to be a really hard game to play because it's really tough to beat a team three times in one season, and sadly this time it didn't go in our favor. We just have to pick our heads up, learn from it and hope our hard work this season will get us to the next level we want to be at."

Saturday's championship game will feature No. 4 Redlands against No. 2 Occidental, with the winner earning an automatic berth into the NCAA Division III Tournament. As for CLU, they will now have to wait and hope that its 18-2-1 record and SCIAC crown is enough to earn them an at-large bid into the NCAA's.

"We are very hopeful to receive an at-large bid to the NCAA playoffs," Clark said. "We are hoping that our record, hard work this season and the wins we had against some good teams are enough to get us through."

Vaughan is confident in the team's ability to achieve success if given a chance to compete in NCAA Tournament.

"Our coaches seem fairly confident that we will get in, but you never know what could happen," Vaughan said. "We are still training in hope that we will get in. If we do get in, I feel like this loss is huge motivation for us to show everyone that we are better

than we were against Redlands and that we deserve to be in the NCAA Tournament."



Heads up: Brittany Clark (No. 19) gets her head in the game by winning a loose ball.

Regals get reprieve

At Echo press time, on Monday, Nov. 8, the NCAA released news that the CLU women's soccer team was one of 63 teams to qualify for the 2010 NCAA Division III Championship Tournament. CLU will host the second round match on Saturday, Nov. 13, at 1 p.m. and will play either Chapman University or University of Redlands.

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Regals volleyball earns SCIAC championship title



Photo by Brad Yajima-Staff Photographer
Set: Jackie Russel (No. 1) sets the ball for an easy kill.

Claire Whitten
Staff Writer

The CLU volleyball team officially became SCIAC champions and are guaranteed a spot at the NCAA Regionals tournament after they competed on Friday, Nov. 5, against Pomona-Pitzer in the semifinals and La Verne on Saturday, Nov. 6, for the championship game.

California Lutheran University hosted the SCIAC tournament this past weekend with Pomona, La Verne and Occidental all ready to compete for the semifinal and final games of SCIAC.

The Regals won Friday against Pomona in four games. The Sagehens started off the match with a strong offense and won the first game.

The Regals struggled with ball control in the first game and the beginning of the second, but they

found their usual high-energy game in the middle of the second.

The Regals won the second, third and fourth games to take the match.

After winning the semifinals on Friday, the Regals played for the championship on Saturday against La Verne, one of their biggest competitors.

The match started off with both teams neck and neck until the Regals started to pull away with multiple kills from seniors Allison Kerr, Megan Thorpe, Erin Exline, junior Casy McWhirk and sophomore Rachel Smith.

La Verne took a time out with the score 23-20, the Regals in the lead. The Leopards came up short as CLU won the first game 25-20, with two back-to-back points from the Regals.

CLU started off quick in the second game, leading the game with the Leopards close behind.



Photo by Brad Yajima-Staff Photographer
Spike: Allison Kerr (No. 21) goes for the game kill.

The Regals pushed ahead and the Leopards could not catch up.

With the score 24-17 and CLU only one point from winning the second game, La Verne gained some points, trying to stay close, but they soon fell back as they

served out of bounds to end the second game 25-19.

The Regals took the third game, while keeping a big lead, making the final score 25-19. The Regals won the match and the SCIAC championship in three games

against the La Verne Leopards.

"It is a great feeling to win," Kerr said after the game on Saturday. "We have been working hard for this all year."

The game had notable performances from sophomores Smith and Jackie Russell, juniors McWhirk and Jacki Richards, and seniors Thorpe, Exline and Kerr, who broke the record with 1,155 kills.

"Our team chemistry is what makes us stand out from other teams. We play for each other, not ourselves," co-captain Thorpe said. "I am so glad I get to enjoy this with this specific group."

The CLU Regals are now officially SCIAC champions and will continue on into Regionals, scheduled for Nov. 12-14 at Emory University in Atlanta.

"We won because of them," head coach Kellee Roesel said. "They get out there and do the hard work. This team is very well rounded; they have great leadership, and all 18 of them come to practice and games and are ultra competitive. There was no doubt in my mind from day one with this team."



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Students talk
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Speaker raises
alcohol -
awareness

Page 5



Kingsmen
capture second
SCIAC title

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November 17, 2010 Vol. 56 Number 9

the Echo



Photo courtesy of University Relations

Opening Day: Anderson spoke at the inaugural game on the "Sparky" Anderson Field.

Baseball legend 'Sparky' Anderson passes away at Thousand Oaks home

Jessica Kaczor
Staff Writer

Former Major League Baseball manager and CLU community member George 'Sparky' Anderson passed away at age 76.

He passed early Thursday morning in his Thousand Oaks home from complications of dementia.

Anderson was a faithful supporter of California Lutheran University, specifically the baseball program.

The CLU baseball stadium is named after him, and he threw out the first pitch at the opening of the George 'Sparky' Anderson Field in 2006.

Anderson was very close friends with varsity baseball head coach Marty Slimak, and he liked to work with him and share his knowledge of the game with the Kingsmen.

"Sparky benefited our baseball program just by his presence," Slimak said. "It was an honor to have somebody with that wisdom of the game to interact with the Cal Lu players."

The team enjoyed having Anderson come out to their practices and games, where he

would stand with them in the dugout.

Junior baseball player Spencer Trygg got to spend time on the field with Anderson during his freshman year.

"He always had something to say about every situation in the game and how we could improve," Trygg said. "He would

He would always take the time to talk to everyone on the team."

Spencer Trygg
Junior

always take the time to talk to everyone on the team, and if you went up to him, he would always listen and be willing to give you advice or just tell a story from his glory days."

Senior baseball player Matt Martin felt very fortunate to have had the chance to get to know Anderson on a personal level.

"The one thing that I remember when he came around is that he always made me smile and laugh; he was always making the people around him happy and making them feel like they were family,"

Martin said. "He is one of the greatest managers of the game and one of the most humble guys I have ever met."

Anderson founded the 'Sparky' Anderson/CLU Baseball Golf Tournament, which is held locally to help raise money for the CLU baseball program.

The golf tournament helped raise the funds to build the new baseball stadium at CLU and marked the beginning of the north campus project.

Aside from helping raise funds at CLU, Anderson founded the Caring Athletes Team for Children's and Henry Ford Hospital in Detroit.

According to Detnews.com, between 1987-2005, CATCH issued grants of over \$2.3 million to assist needy pediatric patients and built an endowment of more than \$5 million.

Anderson is most famously known for being one of the most successful managers in Major League Baseball.

He led the Cincinnati Reds of the National League to the World Series in 1975 and 1976 and in 1984 he led the Detroit Tigers to the World Series.

[See SPARKY, Page 2]

Panelists discuss careers at non-profit organizations

Katie Yates
Staff Writer

A panel of non-profit organization speakers met in the Roth Nelson room on Nov. 11 to discuss with students the pros and cons of working for a non-profit organization.

Students who were interested in this line of work joined in listening and asking the important questions about non-profit organizations.

Everything from the rewards of the job to what skills one needs to get into this field of work were discussed by the panel.

"I have a heart for giving and educating these people about

issues in the community," said Kelli Lighthizer, director of Community Relations and Events. Lighthizer is an alumna of California Lutheran University.

She graduated with a business marketing degree and went on to work at a public relations firm in San Diego.

She is currently working at the Greater Conejo Valley Chamber of Commerce, where she is an event planner.

"You have to network; your heart has to be there," Lighthizer said. "You have the opportunity to be contagious with your energy."

A topic that was brought up by each panelist was the importance

[See PANEL, Page 2]

Pro surfer Andy Irons dies unexpectedly

Sean Post
Staff Writer

The world has been shocked by the loss of a surfing icon. On Nov. 3, three-time world champion surfer Andy Irons was found dead in his hotel room in Dallas while he was en route to his home in Kauai.

When Irons failed to answer a wake up call, hotel workers entered his hotel room where they found him in bed.

He was pronounced dead on the scene, according to Tarrant County medical examiners.

According to the police report, bottles of Aprazolam, a generic brand of Xanax, and Zolpidem, a generic brand of Ambien, were found on a table near Irons' bed.

Over the course of his career,

the Hawaiian native was known for his aggressive yet fluid surfing style.

He and his brother, Bruce, who was also a professional surfer, were immensely popular among fans and other competitive surfers.

Irons was commended for his tremendous surfing career in 2008 when he was inducted into the Surfing Walk of Fame in Huntington Beach, Calif.

Junior water polo player at CLU, Tiffany Ly, as well as an avid surfer, says she was in a state of disbelief when she heard the news.

"This is definitely a huge loss for the whole surfing community," Ly said. "Not only was Andy a phenomenal surfer, he was always having fun doing it, and

you could tell by the way he rode. I still can't believe it."

Medical examiner Nizam Peerwani said that Irons' death is being investigated as a possible methadone overdose, although there was no mention of it in the initial police report.

The general reaction to the Irons' death among surfers at California Lutheran University is a state of shock and sadness.

"Surfers, as a group, are pretty tight knit, so when we hear about one of our own passing away, it hurts because most of us have actually seen him surf," junior J.T. Duncan said. "His sudden death surprised the whole surfing community. It's just unfortunate."

According to ESPN.com, Irons contracted an illness in Portugal

[See SURE, Page 3]

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NEWS

CLU players remember baseball legend George 'Sparky' Anderson

[SPARKY, from Page 1]

He was not only the first manager to win a World Series championship in both the American and National Leagues, but he was also the first manager to win 100 games in both leagues.

He had 2,194 wins in his career, which is the sixth highest for a baseball manager in Major League history.

Anderson was named American League Manager of the Year in 1984 and 1987 and was inducted into the Baseball Hall of Fame in 2000.

According to ESPN.com, there will be no funeral or memorial service at Anderson's request.

He is survived by his wife, Carol, two sons and one daughter and nine grandchildren.

His family has asked that contributions be donated to any charity on behalf of Anderson, or to CATCH, according to detnews.

com.

"He was a very special person to anyone that he came in contact with," Slimak said.

CLU President Chris Kimball released a statement on the day of Anderson's death.

"I am so saddened to hear of Sparky's passing. He was a great man whose accomplishments didn't end at the ballpark gate.

He was a gracious, genuine and positive person who never hesitated to step up to the plate to help anyone," Kimball said.

Anderson also spent time with the players in the dugout.

"We will miss seeing him walk through campus and giving advice to our players in the dugout, but he will always be remembered here. He has been a tremendous supporter of CLU for the last three decades, setting a wonderful example of how we should all serve others."

Kik application spreads across campus

Courtney Murray
Staff Writer

A new trend is hitting iPhones everywhere. While Blackberries have the instant messaging application known as BBM, iPhones now have Kik messenger.

Kik is an application for texting in which the sender can see when their message was delivered and read by the receiver.

"By making Kik Messenger insanely fast and by showing when a message has been sent, delivered and read, texting with Kik feels like a face-to-face conversation," according to the Kik website.

It's a faster way of texting, but will the new trend catch on?

"It would be cool to see my text be delivered, but it's not necessary," senior Danielle Harms said.

The application is setup to go through your address book and search for those people you might

want to chat with with Kik.

"Randomly, people you may know will pop up in your contacts, and you have the opportunity to officially add them to your list or not," senior Stephany Ramos said.

The way Kik is designed to search through your contacts is a reason why people are skeptical about the new application.

"I find it a little creepy," senior Bridgette Harriot said.

Another feature of Kik is that it won't waste the phone's battery.

It's specially designed to store all the data on its servers, so everything happens between the Kik server and the phone's screen. Nothing is flowing from device to device, according to Venturebeat.com.

Kik is available for Blackberries, iPhones, iPods and Androids, so every smart phone can now be connected.

Kik is still fairly new so many people don't even know about it

yet.

However, in the past 18 days Kik messenger users have reached 1.5 million, according to Thirdate.com.

"It wouldn't make my texting more enjoyable at all. It is cool if it makes iPhones and Blackberries more compatible with each other for texting," Harms said.

According to Harms, iPhone's are already pretty similar to Blackberry Messenger with the way texting is set up with the bubbles and the continuing conversation.

"A lot of people on Facebook have started updating their statuses about Kik, asking others to 'add them,'" Harriot said. This allows others to know who's using Kik and if they want to personally add them to their contact list.

"I think when more and more people start finding out about it and using it, it will become more popular," Ramos said.

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Theater troupe will come on campus to help with shows

Xavier Walton
Staff Writer

The Lit Moon Theatre Company will be devoting their time and effort over the next three weeks to CLU students in order to create a new, unique show.

According to CLU's website, Lit Moon has produced 25 original shows, seven artistic residencies, with artists from six different European countries and 11 international theater festivals, and featured 50 productions from 12 countries.

The company will close its 2010 theatrical season by working with California Lutheran University theatre arts and art students.

Their residency will begin Nov. 20 and end on Dec. 11.

"The unique fusion of space, material, student artists and student and professional performers makes this a unique and exhilarating project," said John Blondell, Lit Moon artistic director. "It will be an example of 'Total Theater,' which relies on atmosphere, music, visual impression, poetic association and physical performance."

The company has been recognized as Santa Barbara's most innovative and ambitious company since their founding in 1991.

According to the Lit Moon website, the company has won awards for its theatrical innovation, original music scores, costumes and masks, scenic and lighting design, acting, directing, production and choreography.

According to Michael Pearce, art department chair and curator

of the Kwan Fong Gallery of Art and Culture, this forthcoming show will be one of the best in school history.

"It's going to be beautiful; a true celebration of winter," Pearce said. "There will be passages of lyrical beauty counter-pointed by silliness and chaos."

Blondell will return from producing performances in Finland just in time to guide CLU on all aspects of its co-production.

Students will be creating visual art inspired by "Carmina Gedelic," a collection of Gaelic hymns and poems.

Blondell will be assisted by his wife, Victoria Finlayson, and composer James Connolly.

Finlayson is a -12-year member of The Lit Moon Theatre Company and was a premier dancer in the Merce Cunningham Dance Company.

Connolly has composed the company's music for 15 years.

He is a highly sought after composer for dance, film and theater.

He has composed and performed 10 complete original musical pieces for Lit Moon.

"I've been working on this project for four months," Connolly said. "This production is going to be full of singing and percussion, mixed with choral, ceremonial music."

"Once, a Traveler..." will be performed at 8 p.m. on Dec. 10 and 11 in the Kwan Fong Gallery of Art and Culture.

It will also be performed at Trinity Episcopal Church at 7 p.m. and 9 p.m. on Dec. 21.

All performances are free and open to the public.

Trader Joe's CEO reveals his business secrets at CLU

Rachel Flores
Staff Writer

John Shield, former chairman and CEO of Trader Joe's, shared his secrets of creating a successful business at the Corporate Leader Breakfast Series at the CLU campus on Nov. 9.

"Last July I received a phone call from a lady from Fortune Magazine asking for an interview," Shields said. "I apologized to her because we don't talk to the press. The lady responded by saying she was going to do the story anyway and the article was published as the hottest and most secretive grocery store, Trader Joe's."

Trader Joe's business savvy secret is to make consumers happy by creating the best value.

With a Trader Joe's so close to campus, it is a popular grocery store among students.

"Whenever I go into the store, there is always something new I want to try," junior Julea Juarez said. "I love their tortellini pasta, naan bread, frozen fish and their juice squeeze."

Prior to becoming the Trader Joe's CEO in 1988, Shields and former business partner, Joe Coulombe, both received a degree from Stanford University and were looking to start a business.

After working on business plans for Macy's and Mervyn's retail stores, Coulombe retired for all of five weeks and started his own original store, a pronto market similar to 7-Eleven, in 1958.

Coulombe had a conversation with Shields when he was on the verge of selling his company, declaring that the company could no longer grow because it already had great locations, great profit, great employees and great customers.

"I looked at the business plan and disagreed with him; I told him I think you can grow more but not the way you're running it. A year later I was CEO until 2001,

and Joe retired the year after I was hired," Shields said.

After Shields was named CEO, with the help of successful German businessman Theo Albrecht, he used a different and more successful approach to running the company.

"First, we are going to be an ethical company. We are going to be a chain of local grocery stores; we will treat our employees with exceptional respect, so they will treat our customers exceptionally," he said.

German brothers Theo and Karl Albrecht successfully founded the Aldi grocery store chain in 1948.

Trader Joe's used its entrepreneurship to help start its chain in the U.S.

"When I first started as the CEO, I called Theo and left him a message saying, 'Are you all dead over there?' The next day I received a call and he asked me, 'what's wrong,'" Shields said. "I told him 'nothing' and he asked why I had called. I quickly learned that if everything was going well, they weren't worried."

Trader Joe's currently has a 4 percent turn over rate per year. The company currently makes a 15.4 percent gross income.

There is no public net-worth of the company available, but it is estimated by analysts to be worth \$8 billion.

"I shop there and I like it because it's very unique," senior Alyssa Harris said. "There are healthy options to choose from, and it is inexpensive."

While still keeping their prices low, the company is able to have some of the highest paid employees in the grocery store industry.

"If we have happy employees, then we have happy customers. Every CEO needs to get out of their office and talk to their customers and employees. I was in my store at least two times a week," Shields said.

Trader Joe's continues to be one of the leading companies in the nation with 349 stores, with over half of them located in California.

Consumer Reports ranked Trader Joe's the second best supermarket in the nation, after the Wegmans grocery store chain.

CLU students shocked about pro surfer's death

[SURF, from Page 1]
in October.

He was flying back to his home in Kauai from Puerto Rico, where he withdrew from a competition due to illness.

He had reportedly been diagnosed with dengue fever, which at this time is also being investigated as a possible cause of Irons' death.

No trauma or foul play has been suspected in this case.

An official cause of Irons' death has not yet been released.

"It's just tragic. I mean his wife is pregnant, and now that kid has to grow up without a dad," junior Matt Allen said. "Hopefully this tragedy will raise awareness about the dangers of messing with prescription drugs."

Irons was a surfing world champion for three years in a row, winning in 2002, 2003 and 2004.

He and his wife, Lyndie, were expecting their first child next month.

He died at the age of 32.



Photo by Danika Briggs - Staff Photographer

Non-Profit: Rachel Kaloian of the Red Cross speaks with students about internships and job opportunities.

Students gain knowledge from panelists

[PANEL, from Page 1]
of interns, noting that they are vital assets to the team.

She told the audience how much each company relies on interns to get certain tasks done.

"I want someone who is going to take initiative and take the job beyond what I asked for," said Moriah Harris-Rodger, executive director of The Fender Music Foundation.

Harris-Rodger, alumna of CLU, majored in communication with a concentration in journalism.

She also spoke about the importance of internships and said interns have a lot more power than some may have originally thought.

They have a lot of new skills

that can be of good use to the company.

"You have a lot of opportunities to gain experience," said Mira Cohen, director of Education at the Ronald Reagan Presidential Library and Museum. "You may bring something to the table that you don't even realize."

The differences between non-profit organizations and for-profit organizations were also brought up in the discussion.

A person needs to have passion and want to help the organization.

"Unfortunately, the commitment is different than a paid job; this is my choice, my passion" said Melinda Crown, program director of Girls in Power and Philanthropic Event Planning.

"The most difficult thing is finding committed volunteers."

There are some downsides when a job is non-profit. Volunteers are hard to come by because it isn't a paid position and they will back-out at the last minute.

For interns, non-profits are a good way to gain experience in the outside world.

Lighthizer, who worked to plan orientation for incoming students at CLU, had found that her resumes held no real outside work, which was very important to her employers.

After, students were able to talk with the panel member's one on one, where they were able to give information about possible future internships.

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Student Poets: Matt Soto & Stephanie Saindon

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CALENDAR

Wednesday November 17 <ul style="list-style-type: none"> • Adopt a Family Student Union Building • International Education Week: World Fair 5 p.m. Pavilion • Common Ground 9:11 p.m. Samuelson Chapel 	Thursday November 18 <ul style="list-style-type: none"> • Career Services Workshop: Resume Writing 8 p.m. Preus-Brandt Forum • Science Speakers Series: The Science Behind Crime Scene Investigation 7:30 p.m. Baxter Biosciences 	Friday November 19 <ul style="list-style-type: none"> • Wind Ensemble Concert 8 p.m. Samuelson Chapel • Club Lu: Gelato Night 8 p.m. Paciugo Gelato in the Oaks Mall
Saturday November 20 <ul style="list-style-type: none"> • Southern California Conference for Undergraduate Research (SCCUR) 8:30 a.m. Pepperdine University 	Sunday November 21 <ul style="list-style-type: none"> • 'Hungarian Goulash' Concert 1 p.m. Samuelson Chapel • Scandinavian Lecture Series: Iceland's 'Explosive' Geology - Lorence Collins, Ph.D. 3 p.m. Roth Nelson Room • Renovation 7 p.m. Samuelson Chapel 	Monday November 22 <ul style="list-style-type: none"> • Adopt a Family Student Union Building
Tuesday November 23 <p><i>THIS DAY IN HISTORY: 1889</i></p> <p>THE FIRST JUKEBOX WAS INSTALLED AT THE PALAIS ROYAL SALOON IN SAN FRANCISCO.</p>	Next Week: November 24 - 30 <ul style="list-style-type: none"> • Thanksgiving Break <p>Do you have an event to submit to the Echo? E-mail date, time, location and contact information to lbrittai@callutheran.edu</p>	

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FEATURES

Speaker's past drives home alcohol-awareness message

Adam Ritz demonstrates the destructivity of drunken decision

Lilly Price
Staff Writer

Over 100 CLU student athletes came together in the Gilbert Sports and Fitness Center Arena on Nov. 8 to hear the resounding message of speaker Adam Ritz.

Ritz opened up the discussion with a warm welcome and a booming smile as he asked the audience, "Are you invincible?"

Ritz thought he was invincible one late night in December of 2003 when he made a drunken decision that changed his life forever.

The radio and TV broadcaster out of Indianapolis belonged to a fraternity and played two seasons of football at Purdue University, where he graduated with a degree in communication.

Ritz went on to become a successful disc jockey and was a well-known media personality.

At age 33, Ritz's life was turned upside down when he was accused and convicted of raping his family's 22-year-old live-in nanny.

Ritz was charged with sexual battery and spent six months in jail after this incident.

"Everything you work for can be destroyed," said Ritz, who admits he lost control of his life due to alcohol abuse.

Ritz lost his career, his home, his family and faced major financial consequences. He is now a reg-

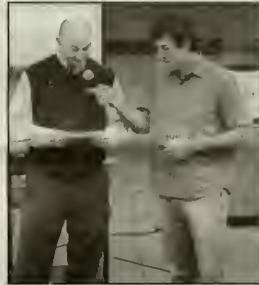


Photos by Talia Loucks - Staff Photographer

Adam Ritz: The once upbeat and smiling speaker was replaced by a man full of sadness, disgust and regret.



Left: Freshman football player, Dami Ojo helps Ritz read a breaking news brief during his presentation.



Right: Athletic Director and head men's soccer coach, Daniel Kuntz, reads the news brief about Ritz's allegation.

istered sex offender and is virtually unemployable because of his sexual assault.

As Ritz told his story to a stunned audience, the once upbeat and smiling speaker was replaced by a man full of sadness,

disgust and regret.

Though Ritz didn't share the details of his case, he explained to students how easy it is to lose everything because of a poor decision.

After his conviction and jail

time, Ritz began to follow the news closely, watching for stories similar to his own. Ritz shared several stories with the audience about other students and athletes who made poor decisions that led to serious consequences.

"Good people can make bad decisions," Ritz said.

Ritz pointed out that student athletes have a target on their backs because they are often seen as role models and even celebrities at their university. He explains that, as student athletes, every decision they make can and will affect their whole team.

Ritz explained how dangerous the common misconception of "that kind of stuff doesn't happen to us; it happens to other people" can be.

In a video clip from Ritz's small TV show "Sports Related," he interviews Indianapolis Colts center Jeff Saturday about drinking in college.

"One poor decision can change your life forever," Saturday said.

Throughout his speech, Ritz encouraged students to participate. He called them in front of the audience to read news briefs about college students who made poor choices while drinking and faced major consequences.

CLU athletic director, Dan Kuntz, joined Ritz to read a radio news brief. The gymnasium fell completely silent as Kuntz read the news brief accusing Adam Ritz of date rape in 2003.

"Are you invincible?" Ritz asked again. "Because I am not."

Students slowly filed out the gymnasium, some dismayed, others touched by the message they had heard from Ritz.

"I think the women definitely received it a lot differently than the men," track and field head coach Matt Lea said.

The message of the speaker was well received among the athletes.

"I thought it was very touching. It was very applicable," sophomore track and field athlete John McKinney said.

Turkey Triathlon spurs competition

Henrik Gjertsen
Staff Writer

This past Saturday, the Turkey Triathlon took place in the Gilbert Sports Arena. The event was set up by Resident Assistants, and activities included swimming, biking and running up to the CLU cross.

The event began at 10 a.m., with the first activity being swimming. Five contestants participated in swimming 250 meters, which amounted to 10 laps.

Among the participants was Resident Assistant Rebecca Cardone who helped plan the event alongside fellow RAs Kirsten Larson, Robert Springer, Tyler Ingly and Clark Crane.

"It was great to swim but so exhausting. The pool was warm, and it gave me a nice wake-up,

so all in all a great workout," Cardone said.

On a day where CLU football played their final game at Mt. Clef Stadium, attendance at the Turkey Triathlon was bound



to be low. But the attendees who did participate all got a hard workout and a nice warm swimming pool to kick-start the triathlon.

[See TRIATHLON, Page 6]



Photo by Rebekah Kliever - Photo Editor

Strong stroke: Andrea Stutelberg confidently starts the swim leg.



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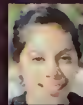
CAMPUS QUOTES: What are you planning for Thanksgiving?

Alexander Moe



"I'm going to Hawaii for a nice break from school."

Mayra Virgen



"I am visiting my family up north."

Chad Gillespie



"Me and my family are going sky diving for the first time."

Heather Lefevre



"I'm going to visit my grandmother and enjoy my time off school."

If you have an idea for a Campus Quotes question, e-mail it to the Echo at echo@callutheran.edu

Commuters branch out at Student Life's monthly event

Kristin White
Staff Writer

Students connected in the SUB with two similarities that they shared even without knowing one another: they were all commuters and had the common goal to get a free lunch.

Senior Kimberly Southerland enjoyed going to her first commuter lunch of the year.

"The commuter lunch is great, especially because I don't have a lot of time between classes to go off campus to get food and come back before class starts. It's more convenient than driving off because I don't have to worry about parking all over again. Plus, it's free," Southerland said.

CLU commuters travel to school from a range of distances in Ventura County and all over the Los Angeles area.

"Commuters are perceived as coming to campus, going to class and heading home, with many going to part-time and even full-time jobs. We look for creative ways to market events on campus, since they do not have as many chances as residents do. The centerpieces on the lunch tables have upcoming events on campus for them to check out," said Stephanie Payton, executive administrative assistant for vice president of Student Affairs and Student Life.

Once a month, CLU brings a



Photos by Danika Briggs - Staff Photographer

Easy lunch: Students gather in the SUB for pizza and ice-breaker Bingo.

free commuter lunch to the SUB or outside in the Pavilion to get commuters together. The SUB is a popular place on campus to find those who commute to school.

"The SUB needs to hold more events for commuters to make it a happening place," junior Ivan Lara said. "They don't play music often, but they are today. Akon is a reason to come back."

Junior Eric Senzig is not only a commuter but also a transfer stu-

dent. He agreed that more events should be held for the "SUB club" or the usual students who study and hang out in the SUB.

"They could even hold a competitive checker tournament," Senzig said.

Lara is also a transfer commuter. He maintained that it is more difficult for commuting transfers to make new connections since they are very new to the campus.

"The free lunch gives the com-

muter students an opportunity for a sense of community, since they do not get to do so in the residential halls. Along with the lunch, we also have literature about many offices on campus to hand out. Not only are they connecting with each other but also with other offices on campus," Payton said.

The lunch consists of a couple slices of pizza and a beverage. When the students grab their lunch, they also receive a raffle ticket to fill out for the chance to win one of quite a few gift cards.

They were given the chance to obtain another raffle ticket if they went around and met other commuter students.

"Many students sit with people they are familiar with, but it is all about taking that risk and going to a different table to meet someone new," Senzig said.

CLU Bingo was handed out, which required the students to go around and ask simple and fun

questions to get to know someone they don't already know.

They wrote down the name of a student who answered their question, such as finding someone in an on-campus club and learning more about the club or simply finding someone in the same grade.

Once the questionnaire was completed, they could turn it in for another ticket.

"The commuter lunch gives us a purpose to come back to school to interact with others," Lara said.

There is a website for commuters with a link to upcoming campus events, connections for carpooling and the schedule for upcoming commuter lunches. There is also a Facebook group for them.

For more information, visit the

Commuter Connection website callutheran.edu/student_life/student_programs/commuter_connection



Cheers: Brenda Kramer and Jessica Pruitt enjoy each other's company.

Triathlon promotes healthy activities

[TRIATHLON, from Page 5]

"I was excited for the event and getting into the pool, and I always look forward to pushing myself to the limit. Running up the hill was a great feeling, but finishing the triathlon was the best," Ingly said.

Ingly participated in all activities and finished in 58 minutes and 14 seconds.

The best time was 47 minutes and 19 seconds, which came from CLU class of 2000 graduate Andrea Stutelberg, the reigning champ of this year's Turkey Triathlon.

"I enjoyed running up the hill most, but all the activities are fun. Today was all about fun, and winning the triathlon for a second year doesn't take anything away from that," Stutelberg said.

The bike ride was six miles long and stretched around Avenida de Los Arboles.

After biking six miles, the triathlon culminated in the run up to the CLU cross.

In order to keep participants from straying off track and getting lost, the RAs had positioned members at different locations.

Crane, Larson and Springer monitored the bikers and runners with walkie talkies.

For the Resident Assistants working on Turkey Triathlon, nothing was going to be taken

away from the activities that had been set up, regardless of how many people participated in them.

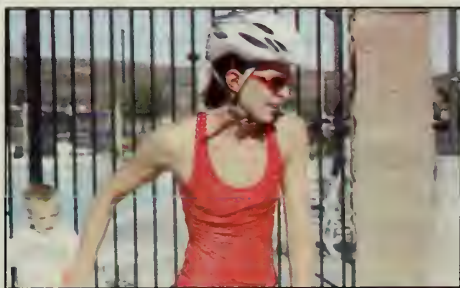
"There was less attendance than we expected, but it's all well and good, regardless, for the ones that do show up. The Turkey Triathlon is meant to be fun and encourage people to be out and be active with themselves," Crane said.

This was the fourth annual Turkey Triathlon that RAs have directed.

However, this is only one of many events RAs have managed to set up during the semester.

Events such as this one are bound to keep happening as long as someone is willing to take up the responsibility that is demanded with managing the event.

"This is the second year I'm working with this event, and it has certainly become a tradition at the university that is worth keeping alive. I hope it keeps going in the future," Crane said.



Photos by Rebekah Kliever - Photo Editor

Above: Andrea Stutelberg, class of 2000, was the champion. Right: Junior Tyler Ingley was one of two to compete in all three rounds of the triathlon.

Defense class attracts female students

Rebecca Dominguez
Staff Writer

Self-defense is a useful skill for people of all ages to acquire in case any dangerous situation arises. A self-defense class was offered on Friday, Nov. 12, in the Gilbert Sports and Fitness Center for all CLU students.

New West Complex Resident Assistants Kirsten Larson and Maryalice Marston hosted the class as one of their programs for the semester.

"We knew that there was a great interest in self-defense, so we decided to cater to the residents' requests and offer a class that could help them a great deal throughout their entire lives," Larson said.

A key point that instructor Richard Alsabery wanted to get

across to the students was that everyone has the right to protect themselves.

"As soon as you recognize the right to protect yourself, you must commit to using the tools God provided you with to protect yourself," Richard Alsabery

Instructor using the tools God provided you with to protect yourself," Alsabery said.

If an attacker uses force by grabbing your wrist, try to remember that there is a weak spot where you can always free yourself. If someone grabs your wrist, the weakest spot is where the attacker's thumb meets the other fingers.

"No one's thumb is strong enough to withhold someone's entire body weight," Alsabery said.

To break free of someone's grasp, grab the hand that is being secured with your free hand and use the attacker's weak spot by using your entire body weight to pull your wrist through.

"I learned so many helpful moves tonight," sophomore Alissa Quon said. "The wrist hold was a really good move to learn. I wish I would have known it when I went out for Halloween."



Photos by Brad Yajima - Staff Photographer

Above: Learning to throw a proper punch is important in self-defense.

Below: Students first learn how to yell "stop" forcefully.



Basic self-defense moves

Here are four easy moves that can shield you from an attacker:

- The open-palm strike is executed by using an open palm with fingers curled back to strike the attacker's nose or jaw. Knocking the attacker's head back causes disorientation and gives an opportunity to knee the groin, ensuring you will have a long enough period of time to get to a safe location. If necessary, scratch the attacker's face with your fingernails when bringing your hand back.

- The double elbow is a move that brings an elbow to the attacker's face. The action is performed by a fast swing of the elbow, immediately jabbing the elbow into the attacker's face. Remember to hit the attacker with your elbow and not too far up where the arm muscle

is; this will provide too much padding and will not be as effective.

- For an effective knee to groin, firmly grab one of the attacker's shoulders with both hands and use all the force you can sustain to knee the attacker in the groin three times in a row. Yelling or making a quick noise while doing this will tighten your abdominal muscles and provide more force.

- A circular kick to groin is done by swinging your leg from the knee to the attacker's groin, using the same technique as kicking a soccer ball. Using a straight leg is less precise and you may not hit the correct spot, so this method is more effective.

Jamba Juice is on its way



Photo by Rebekah Kiewer - Photo Editor

On Monday morning, Nov. 15, workers hung up the bright green Jamba Juice sign on the building that was previously Café a la Carte. This is a visible progress for the anticipated on-campus franchise that is still under construction.

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Safety tips

How to avoid situations where self-defense moves are necessary.

1. Always be aware of your surroundings.
2. Try to park your car under a light.
3. Have your keys out and ready to use as a weapon if necessary.
4. Let someone you trust know where you are going, how you are getting there and when you expect to be back.
5. Trust your gut feeling if someone looks threatening or if you feel unsafe.
6. You are never too old to use the buddy system.

2010-2011 the Echo

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OPINION

Obesity: growing social contagion

A recent article suggests obesity as being contagious



Cassie Copeland

Obesity rates in the United States are currently on the rise and have been increasing dramatically for the past 40 years.

The obesity rate from the 1970s to 2000 rose from 14 percent to 30 percent. This is a 16 percent increase in 30 years, according to the Framingham Heart Study.

Obesity is known to be genetic; however, studies are now saying that obesity can be contagious and that hanging out around people who are obese can lead to obesity for you.

This widespread theory started in 2007 with researchers from UC San Diego stating that obesity can spread throughout a social network and can become infectious.

According to the Framingham Heart Study, the rapid increase in obesity was largely due to social-network influence.

Understand that eating on campus can make it hard...instead of getting fries or pretzels, you have the option to get whole fruit.

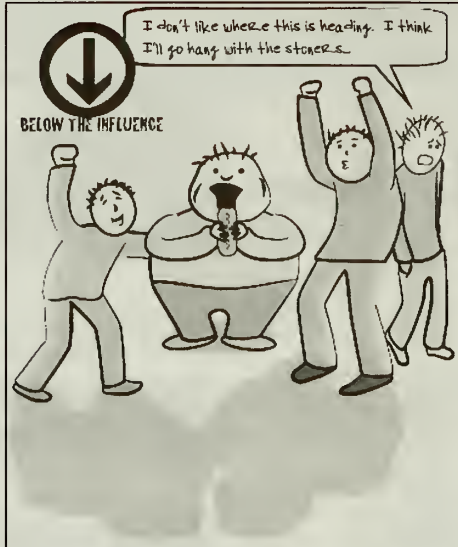
Being surrounded by more obese people leads to increased social acceptability of obesity, which leads to a higher rate of becoming obese.

The authors of the Framingham Heart Study wrote that this increased acceptance is "creating a positive feedback mechanism and a continuously increasing obese fraction of the population. It has been suggested that changing social norms that stigmatized smoking may have led to its decline, and just the opposite may be true for obesity," according to the LA Times.

A non-obese American has a 2 percent chance of becoming obese in any given year, the study found. The number rises by 0.4 percent with each obese social contact. If you have five obese friends, that doubles your risk of becoming obese, according to the LA Times.

This does not mean that if you have obese friends that you should terminate the friendship.

However, it would be helpful to take a look at the activities



Cartoon by senior Colin Mayuga

that you do with that friend. For example, if you always go out to eat or watch a movie while snacking, maybe suggest doing something different the next time, such as going for a hike or even walking around the mall.

For CLU students, everyone has heard of the freshman fifteen, and everyone wants to avoid it. I understand that eating on campus can make it hard because of the choices that are available, especially for those students who do not have kitchens. But there are simple things you can change to be healthier. For example, instead of getting fries or pretzels, you have the option to get whole fruit when eating in the Centrum and cafeteria.

Even a quick stop at Mogen Market can end with a purchase of a fruit cup and water, rather than chips and soda. As a student, you have to be

consciously aware of what you are consuming.

Another warning to CLU students is about the new Jamba Juice that is currently under construction.

Although fruit smoothies are a healthy meal on their own, the calories add up quickly when smoothies are drank on top of a meal.

Therefore, if you choose Jamba Juice for the day, make sure to substitute it for one of your meals.

The Framingham Heart Study found that the rate of recovery from obesity, about 4 percent per year, has not changed, according to the LA Times.

Therefore, a large majority of people who gain weight do not lose it. So, when the new Jamba Juice arrives or when you next visit the Centrum, remember these statistics and make the decision to be a healthier you.

ID cards provide safety

ID cards give both advantages and hassles for students



Arianna Thomopoulos

Having experienced living both on and off campus, I recognize some of the problems that come along with CLU ID cards.

As a commuter, one problem is that my ID card doesn't work in the residence halls, so when I visit a friend or meet with a group to study, I don't have access to their dorm room.

I remember times when I had to stand outside in the pouring rain, waiting for my friend to come all the way down from the third floor to open the door for me.

California Lutheran University offers its students, both commuters and residents, access to almost everything on campus with a swipe of their student ID cards, such as the capability to purchase food and obtain access to university buildings, such as the Pearson Library and the Forrest Fitness Center.

However, this is not the case for the residence halls.

Residence halls have their own requirements on allowing access to student's dorm rooms.

While I find it an inconvenience, the fact that commuters are not granted entrance to the dorms makes sense to me. This made me feel safer when I was a resident.

However, even when I was a resident, there were some annoyances I faced with using my ID card.

For example, after 8 p.m., I was unable to use my card to visit my friends in different residence halls.

This seemed like an odd time to stop access to residents of other halls because that is when most students are done with their day and can find time to hang out or study with their friends.

However, despite these drawbacks, there are pros to the use of the ID cards. "Since CLU has gone 24 hour, card-only access, the instances of theft in residence halls have decreased greatly,"

director of Campus Safety Fred Miller said. As a commuter, it costs me a little more time when visiting my friends or meeting with a group, but I remember the sense of security it brought me as a resident.

Knowing that not just anyone can walk into the halls is comforting, so I have learned to accept it.

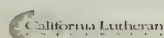
"Giving blanket access to all commuters or residence hall students to go into any residence hall would mean that anyone, even someone with no valid reason, could enter," Miller said. "This would be like giving a group of people you do not know a key to your home."

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SPORTS

Water polo places seventh in SCIAC Championship



Photo by Talia Loucks-Staff Photographer
Reflect: Evan Schu (No. 11) wades in the water with Kirby Ai (No. 8).

Claire Whitten
Staff Writer

The CLU Kingsmen water polo team fell short this past weekend, Nov. 12-14, at the SCIAC Tournament, with two overtime losses Friday and Saturday, finishing seventh in SCIAC.

The Kingsmen started off the weekend ranked second, with

their best regular season to date, hoping to be in the championship game for the first time, but they ended up losing their first and second game, meaning the best they could get would be seventh if they won on Sunday against Caltech.

"We didn't do as well as we hoped because we didn't stick to our game plan," junior co-captain

Brandon Gross said. "Other teams took us out of our counter, and we were slow to start in both games."

In the first game Friday, the Kingsmen played the Whittier Poets. The game started slow for the Kingsmen, as only one goal went past the Whittier goalie in the first quarter, while the Poets came with an attack that put them five points ahead of the Kingsmen at half, with a score of 6-1.

The Kingsmen did not give up after halftime but instead fought back with several goals, outscoring the Poets in the second half, making the score 7-7 at the end of the fourth and putting the game into overtime.

In overtime, Wes Paulson of the Poets scored two goals for his team, while CLU was only able to put away one in the second of the two three-minute overtime time frames.

The Whittier Poets won 9-8, leaving the Kingsmen behind. Goals scored for CLU came from sophomores Carter Baldwin and Trevor Owens, juniors Gross, Jordan Meaney and Jonnie Paré

and senior co-captain Wes Lewis. Kingsmen goalie Jon Verlinich had 10 saves and four steals throughout the game.

The Kingsmen played the La Verne Leopards on Saturday, Nov. 13, hoping to win and have a chance to play for fifth place in SCIAC on Sunday, but instead they went through another overtime loss by one for the second day in a row.

The Kingsmen started their second game similar to the one on Friday by letting the Leopards race ahead in the beginning. The Leopards ended the first half leading 8-3.

The Kingsmen started to pick up their game in the third quarter just like they did on Friday, outscoring La Verne 5-1 and making the score 8-9 at the beginning of the fourth. The Kingsmen and Leopards both scored multiple goals in the fourth, tying the score at 12-12, sending them into overtime again.

In overtime the Kingsmen fell behind fast as the Leopards put three away quickly, while the Kingsmen tried to catch up. In

the second period of overtime, the Kingsmen fell short, only scoring two goals, making the final score 15-14, La Verne. Brandon Gross and Meaney both led with four goals each for the Kingsmen.

CLU finished the tournament Sunday against Caltech. The Kingsmen seniors Brian Gross, Mikey Blanchard and Lewis played and won their final game, with a final score of 18-6.

"Even though we are going to miss our seniors with their leadership in and out of the pool, I think our team has learned a lot this season, which will really help us be successful next season," Meaney said.

Whittier, who entered the tournament as No. 7, and Claremont-Mudd-Scripps who entered as No. 4, were the final teams Sunday afternoon, with CMS winning the SCIAC championship.

"This conference is so competitive, you have to be a great team and play great water polo, but you also have to have a little luck, too," assistant coach Matt Warshaw said.

Tiger Woods Tournament

YMCA Volunteer Opportunity



PHOTO BY CHUCK KIRMAN, CHUCK KIRMAN / STAR STAFF

Jim Furyk reacts after making a 40-foot par putt on the 17th hole that helped him to a one-shot win at the Chevron World Challenge on Sunday at Sherwood Country Club. Furyk finished at 13 under for the tournament. Tiger lines up a putt to finish off his round.

Two of the four major championship winners from the summer – Graeme McDowell and Martin Kaymer – plus a trio of other major winners and a near full-house of 13 Ryder Cup participants will make up one of the most impressive, elite fields of the year when they compete at the Chevron World Challenge, Dec. 1-5, at Sherwood Country Club in Thousand Oaks, Calif.

Tiger Woods, the No. 1-ranked player in the world and a four-time champion of this event, will find his hands full as he attempts to add another title to his collection. McDowell, the U.S. Open champion, and PGA Championship winner Martin Kaymer lend star power, but they've got plenty of company.

The Chevron World Challenge celebrates its 12th year by once again bringing golf's finest stars to Southern California. The tournament is played at Sherwood Country Club in Thousand Oaks, Calif., on a course designed by famed architect and professional golfer Jack Nicklaus.

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FRIDAY: CLOSING FLAG CEREMONY ALL NATIONS PLAZA 10:00AM	
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Women's soccer falls twice to Redland Bulldogs

Chris Ramirez
Staff Writer

After receiving an first round bye in the 2010 NCAA Division III Tournament, the 21st ranked CLU women's soccer team was defeated by the University of Redlands, 3-0, on Saturday afternoon.

Hosting its first NCAA tournament match on the

California Lutheran University campus, the Regals' season came to an end against the Redlands Bulldogs.

A seventh minute header by junior midfielder Fionna Connolly off a cross from senior defender Breann Pulchaski found the Regals down a goal early in a match dominated by the visitors.

After its 1-0 halftime lead, the Bulldogs added two second-half

goals by Chelsea Haffley in the 59th minute and Jamie Morton in the 67th minute en route to the 3-0 victory.

Despite outshooting Redlands by a margin of 18-4, CLU was yet again unable to capitalize on its opportunities as its opponent made the most of its successes. Redlands scored three goals on its four attempts, including a goal in the first half in which it only

had one shot on goal compared to CLU's eight.

"The first goal was early again off a corner," junior midfielder Sinead Vaughan said. "We got beat near post, and we had the majority of the possession the first half but couldn't finish. The second and third goals were both miscommunications on our part."

Vaughan said the defense then stepped up their game and managed to keep them inside. "The biggest thing that they have taken advantage of against us is their corner and set pieces, which is how they scored all their goals on us."

Just 10 days prior, the Bulldogs defeated the Regals in the semifinals of the SCAC Tournament and went on to earn the conference's automatic berth into the NCAA Tournament. After CLU received an at-large bid into the field of 63 and Redlands beat Chapman in the first round, the two teams faced off at West Field in a highly anticipated rematch in the second round of the NCAA Tournament. The outcome was basically the same as Redlands' 2-0 victory back on Nov. 3.

"Redlands has always been a tough opponent since I have played at CLU," senior forward Brittany Clark said. "I think they have their game plan in mind and work to execute it. They struggled throughout the season, but they've had a winning streak going that could have potentially contributed to their positive mentality."

While Redlands awaits its

next opponent, CLU's season, in which it posted a program record 18 wins and its first SCAC championship since 2002, is over.

The season is not short of accomplishments, however. The record-setting 2010 CLU women's soccer team made history before the match as six players were announced as All-SCAC selections.

Led by Vaughan, who was named SCAC Player of the Year, Clark and junior midfielder Kaitlin Walters received First Team All-SCAC honors, while senior keeper Kristin Borzi, freshman defender Anna Medler and freshman forward Kristina Hulse were second team selections.

Borzi ranks second on the all-time saves list at CLU with an impressive 267 career saves to go along with 16 solo shutouts, while Clark finishes her career at CLU with four consecutive All-SCAC selections and ranks eighth on the all-time scoring list with 28 career goals.

"Coach Frank Marino had some very nice things to say after the match," Clark said. "He said he was very proud of us for all of our hard work this season and that he was very happy and honored to be a part of it."

Clark, who has been at CLU since Frank started coaching, said that it was especially hard to talk to him after the game.

"I am so privileged and blessed to have been a part of this team. All the girls and coaches have made this a great senior season that I could honestly never forget."



Photo by Brad Yajima-Staff Photographer

Blocked: Freshman Anna Medler (No. 10) looks to head the ball as Redlands goalkeeper reaches for a save.

IN BRIEF

Regals volleyball ends season with record highs

The CLU women's volleyball team traveled to Atlanta Friday, Nov. 12, to compete in the 2010 NCAA Division III Volleyball Championship.

The Regals faced off against Hardin-Simmons (TX) in the first round, defeating them 3-0. During the game, sophomore Jackie Russell set a CLU record with 38 assists during the match, totaling a season high of 1,170 assists.

On Saturday, Nov. 13, the Regals took on Southwestern (TX). The Regals and Pirates went into the fourth set, where McWhirk, Edline, Kerr and Thorpe managed multiple kills once again. The game then came to a tie at 22-22 when Southwestern called for a timeout. The Pirates came back to score, making it 22-23. CLU then put the game to an end with two points from sophomore Rachel Smith and a kill from Kerr.

The following day on Nov. 14, CLU matched up against Emory University without Thorpe who suffered a knee injury the previous day against Southwestern.

With a key player out, the Regals stepped up their game and competed in a back-and-forth battle that led to a five set match. The fifth set came to a tie of 9-9, but the Eagles managed to gain control, eventually winning the match and game 15-12.

Although the Regals came home with a loss, Thorpe, Kerr, Russell and McWhirk were all selected to the American Volleyball Coaches Association (AVCA) All-West Region team. Kerr also became CLU's all-time leader in kills with 390 and second in service aces with 53.



Photo by Rebekah Kliever-Photo Editor

Success: Allison Kerr achieved all-time leader in kills at CLU.

COVERING ALL THE BASES:

Baseball is full-time National Pastime



Andrew Parrone

With spring training just around the corner, now is as good a time as any to wrap a nice, shiny bow around the 2010 season.

(Totally kidding. Pitchers and catchers don't report to spring training until Feb. 13. But doesn't it feel like baseball season never ends?)

At the beginning of the season, only the most diehard San Francisco Giants fans would have told you they were going to win the World Series. But after thoroughly dominating the equally surprising Texas Rangers in five games, the Giants are world champions again after a 56-year hiatus and move across the country.

Sure, pitching wins championships and the Giants have the best rotation in the majors, but who could have predicted that lineup was going to come through time and time again? Their best everyday player was a rookie catcher (Buster Posey), and their cleanup hitter

during their playoff run was a guy they picked up off the scrap heap in the middle of August (Cody Ross). They certainly lived up to their self-proclaimed misfit label.

Regardless, Bruce Bochy and his guys put together a memorable season and gave San Francisco baseball fans something they had never experienced before. And I hear there is still smoke coming from Tim Lincecum's house after his celebration.

As for the business end of the offseason, free agency has begun, but as of now, nothing important has taken place. We're still waiting for the first domino to fall to set it all in motion.

And that domino figures to be Cliff Lee. Despite consecutive losses in the World Series, the Rangers ace remains one of the most dominant and battle-tested pitchers in the game and is the obvious crown jewel of this free agent class. There are probably only a handful of teams that can even afford him, and unfortunately, it's the Yankees that will be able to throw the most cash at him.

But besides Lee, there are other good options available. It seems like Carl Crawford has been with the Rays forever, but he is only 29 and still in the prime of his career. There is also no way

that the Rays are going to be able to afford him. Look for him to end up with either the Tigers or the Angels.

Jayson Werth has proven to be a very effective player for the Phillies the last couple years and is also in line for a hefty raise. The Red Sox need an upgrade in their outfield and will end up with either Werth or Crawford.

There are also a couple well-known Yankees hitting the open market, but that's only a formality. There is no way they don't re-sign Derek Jeter, one of the most important Yankees of all-time, and I would be shocked if they didn't bring back Mariano Rivera as well. Yeah, they're going to get more money than they are worth now, but their value goes beyond their production on the field.

There are several other big names to be had, including Victor Martinez, Adrian Beltre, Adam Dunn, Paul Konerko, Vlad Guerrero and Carl Pavano. And yes, they are all probably going to get overpaid, too. That's the nature of the game.

So with the 2010 season in the books, free agency about to take off and 2011 on the horizon, baseball fans need only look to the city by the bay to realize that even the most improbable dream can become a reality in one magical season.

Kingsmen shut out Tigers, win outright SCIAC title

Aaron Fisher
Staff Writer

The CLU football team defeated Occidental College 24-0 on Saturday, Nov. 13, in the final game ever to be played at Mt. Clef Stadium. With the win, the Kingsmen are now back-to-back conference champions for the first time in program history, and they will make their second consecutive trip to the NCAA playoffs.

California Lutheran University had no trouble finding motivation for the game against the conference rival Tigers.

"It was the final game at Mt. Clef Stadium, and with the support of the alumni, faculty and students, it really provided added incentive for our players," head coach Ben McEnroe said.

The Kingsmen wasted no time putting points on the board, as they opened the game with a 80-yard drive that ended with a Deme'Trek Chambers, three-yard touchdown run.

After a Jackson Damron field goal right before the half ended, CLU went into the locker room with a 10-0 lead.

The second half proved to be more of the same for CLU, as the defense forced a three-and-out and the offense drove 56 yards on five plays for another Chambers score, this time on a 10-yard run for the touchdown. Chambers would go on to finish the game with a season-high 167 yards on 24 carries with two touchdowns.

After the defense shut out Occidental for two consecutive



Take-down: Jacob Norlock (right) tackles his Occidental opponent, while Brett Lewis (left) reaches in on the action in Saturday's game.

Photos by Talia Loucks-Staff Photographer

drives, junior quarterback Jake Laudenslayer found sophomore wide receiver Matt O'Brien for a 15-yard touchdown reception to put the final score on the board.

"To get a victory like this against Oxy on our senior day, in addition to it being the last game at Mt. Clef, it's something memorable for our team and program," senior punter Josh Oosterhof said.

The CLU defense also made history as it recorded the first shutout in five years when the Kingsmen defeated Menlo College

on Oct. 8, 2005.

Sophomore Jacob Norlock had a team-high 13 tackles, while senior defensive end Jordan Barta and sophomore linemen Rian Younker each recorded a sack. Sophomore defensive back J.D. Austin intercepted Occidental's Luke Collis for his team-leading third interception of the season.

CLU will now travel to Linfield for the first round of the 2010 NCAA Football Championships on Saturday, Nov. 20. This is the second consecutive postseason

matchup between these two teams, with Linfield winning last year 38-17.

The Kingsmen defeated the Wildcats in their season opener 47-42 at Mt. Clef Stadium and look to use their momentum to carry them through the postseason.

"In the playoffs, anything can happen," senior defensive back Jon Swan said. "We just need to focus on our team and stick to the game plan, and if we can do that, hopefully we can keep getting wins."

On deck



**Cal Lutheran
vs. Linfield**
Linfield College
Saturday, Nov. 20, noon



Talk to the Hand: Deme'Trek Chambers (No. 3) pushes through Occidental's line.



Offense: Derek Martinez (No. 32) makes a touchdown to help the Kingsmen capture a win.



Las Posadas is a part of annual celebrations

Page 2



Philanthropy Phriday benefits Annual Fund

Page 6



Spotlight: tennis player Nick Ballou

Page 11



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the Echo



Photo by Danika Briggs - Staff Photographer

Raising Awareness: Students gathered for a candlelight vigil to honor and remember those with AIDS and HIV.

AIDS awareness is spread across campus

Katie Yates
Staff Writer

Red balloons adorned the front entrance of the Swenson Center for the Social and Behavioral Sciences for World AIDS Day, which helps raise awareness to prejudices against people with HIV and stop the spread of the infection.

CLU celebrated World AIDS Day on Dec. 2 with some events that involved student discussions, interactive performances and a candlelight vigil.

Students walked away from the events having gained awareness and knowledge of what they can do to keep themselves protected.

"It is a disease that does not discriminate, and the only way to truly protect ourselves is by being safe in everything we do," said sophomore Matt Soto, one of the student poets who participated in the candlelight vigil. "I hope that my peers would recognize that this epidemic is ongoing, and in order to bring statistics down, we need to amp up the volume on the truth of what the crisis is."

The event began with a discussion panel led by Dr. John Prichard, medical director of the immunology clinic at the

Ventura County Medical Center, who discussed how to prevent the spread of HIV as well as services for HIV and AIDS in the Ventura County area.

He was followed by "Positively Speaking-Local Voices of HIV and AIDS," where residents of Ventura County talked about their experiences living with HIV and AIDS.

After each panelist spoke for 10 minutes, students in the audience were able to ask questions.

"I want you not to have to go down the road I went through," said Lin Daniel, mother of two, who lives an active life with AIDS. "That is why I personally share my story and I have a good support system with friends and family that love me."

They also discussed some of the many misconceptions of a person living with HIV or AIDS.

Students began asking more personal questions about how the panelists cope with losing someone to HIV.

"It took losing the most important person in my life to make me start living my life; AIDS does exist," panelist Doug Halter said.

Halter lost his partner to HIV

[See RED, Page 2]

Staff members make time for mascot camp

Jessica Kaczor
Staff Writer

Two CLU staff members attended a mascot camp toward the end of the summer in San Jose, Calif. Mindy Puopolo, director of Graduate programs in psychology, and Steve Kissinger, professor of psychology, learned that being a university mascot is harder than it seems.

"We spent about half of the time at camp in the mascot costume, and that really gave us an appreciation for what the mascots do and go through," Kissinger said. "We learned that there is a lot involved in being a mascot."

The Kingsmen and Regal mascots attend sports games

and events in the purple and yellow suits to help get the crowd involved and bring excitement to the game.

Kissinger said that he and Puopolo attended all of the football games over the past few years, and they would see the mascots at the game, but they thought that there was room for improvement.

They went to the camp hoping to learn more about what mascots can do at games and how they can be an exciting representation of school spirit.

"This was a way for us to get involved more in the university, beyond just the classroom," Kissinger said. "I now plan on attending more than just football games."

According to the Ventura County Star, the California Lutheran University staff members got to take lessons with professional and college mascots, such as the Cal Poly Mustang.

They also received a manual with helpful information, such as how to clean a costume, stay hydrated, treat heat exhaustion, emote and work a crowd.

One of CLU's mascots, who has been asked to remain anonymous by Kissinger, thought being a mascot was a good way to use all of her energy.

"My favorite part is getting to be ridiculous and just dance around," the Regal said. "But the hardest part is how hot the head of the costume gets."

[See MASCOT, Page 3]

Sankta Lucia ceremony part of CLU Christmas tradition

Xavier Walton
Staff Writer

The Sankta Lucia Festival will be held in the Samuelson Chapel on Wednesday, Dec. 8, at 10:10 a.m.

"This is one of the longest traditions of the university," said director of the Sankta Lucia Festival, CLU Pastor Scott Maxwell-Doherty. "It is my honor to continue this legacy."

This time-honored Swedish tradition has been a part of the CLU Christmas celebration for more than 50 years.

Saint Lucia symbolizes the spirit of a centuries-old legend

about Christian service.

Each year the California Lutheran University student body selects 10 representatives, five females and five males, whom they think best exhibit the Christian attributes of faith, hope, charity and compassion.

The five female students will represent Saint Lucia and her attendants; the five male students will serve as the females' escorts.

Students were able to select 10 of their peers via their CLU portal on Blackboard.

The voting began Nov. 25 and concluded Dec. 3.

[See LUCIA, Page 3]

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NEWS

CSC will go to Louisiana to help a charitable cause

Sean Post
Staff Writer

This winter, the CSC will sponsor the Going Coastal program.

The Community Service Center at CLU sponsors several different programs throughout the school year that give back to those in need.

A few of these programs include the Adopt-a-Family program, the alternative spring break and the spring blood drive.

The Going Coastal program is an alternative winter break trip where students will volunteer their time from Jan. 9 to Jan. 15 in rural Louisiana to help rebuild stilted houses for victims

“Interacting with the community for me is the most meaningful part of the trip.”

Bobby Sanders
Senior

but also to work with them. Interacting with the community, for me, is the most meaningful part of the trip,” said senior Bobby Sanders, who has participated twice in the alternative winter break program.

CSC is partnering with the Fuller Center for Disaster Rebuilders located in the Plaquemines Parish in the “toe of the boot” in Louisiana.

Participants will do a variety of construction, including painting, hanging sheetrock and tiling.

Throughout the trip, in addition to building new homes, CSC volunteers will spend time with many of the disaster victims and

their families.

The volunteers are going to be exposed to informal lectures, where they will learn about the ins and outs of the media and politics during recovery.

Volunteers are also going to have the chance to spend time and talk with some victims of the Hurricane Katrina disaster.

CSC will work in an area that was the site of a more recent disaster, the BP oil spill, which has devastated the economy and ecology.

Participants will also spend some time in the city of New Orleans, where they will be able to explore the French Quarter and get a small taste of the New Orleans culture.

Last year during the trip, the volunteers were able to see the presentation of a finished house to one of the families they were helping.

Since volunteers are only there for a week, this was a rare occurrence.

“To see something like that was truly amazing. The family was so excited and grateful. It was one of the best experiences I ever had,” Sanders said.

For some of the volunteers of CSC, this will be their third trip to Louisiana to help aid these victims.

Megan Hernandez has participated in the Going Coastal trip twice before and will be traveling again this year.

One of the reasons she returns is because of what she learns when she goes.

“Going on this trip is beneficial for me because I get to learn about what has happened in our own country and I get to do things domestically rather than internationally,” Hernandez said. “It also gives me a greater appreciation for what I have in my life.”

Students brave the rain for Las Posadas

Rachel Flores
Staff Writer

Students, families and Mary and Joseph impersonators riding on a donkey gathered Dec. 5 in the Student Union Building in honor of the Mexican celebration, Las Posadas.

Even with the heavy rain, those who gathered for the celebration walked along a candle-lit path to the Lundering Events Center where Pan de Dulce and Mexican hot chocolate awaited them.

Dr. Eva Ramirez, Spanish professor and head of the CLU Latin organization, has been celebrating and honoring this day for the past 15 years at California Lutheran University.

“I invite other professors on campus to invite their families to help honor this day and high school students from surrounding schools also to come to celebrate this Mexican holiday,” Ramirez said.

National Hispanic honor society students from Westlake High School joined in the

celebration for their first time, with the help of their department of world languages chair, Cheri Blackburn. Blackburn is a teacher at Westlake High School.

“Because of the overload of students, we made students apply and it was mandatory to attend two cultural events. Our student body has not decreased; all the students have done their part to show up to at least two events, if not more,” Blackburn said.

The event was the first time celebrating Las Posadas for many.

“We have all applied to be in that national honors society club; most of us are all in Spanish level four,” said Aliasa Hansen, a student at Westlake High School. “We thought this event would be really neat to celebrate.”

The celebration began over 400 years ago.

Las Posadas re-enacts Mary and Joseph’s cold journey from Nazareth to Bethlehem in search of shelter. In Spanish, the words mean “lodging.”

The story begins with Mary and Joseph and groups of carolers, who would sing from door to door, searching for shelter for nine nights.

In order to attract more people to the celebration; people added piñatas, food and lights to honor this day.

The piñatas are a key element in the celebration; it symbolizes good and evil.

Once the history was recited in both Spanish and English to those who gathered, two groups were split up to reenact the “pilgrims” and the “host.”

The pilgrims sang a song asking for shelter. In reply, the host sang a song opening their doors to the guests and offering an assortment of Mexican foods and drinks.

“I think this is a super educational event for people who want a different perspective of the Christmas celebration. There was definitely a community out reach due to the amount of people that came to celebrate,” senior Ashley Ramos said.



Photo by Danika Briggs - Staff Photographer

Mary and Joseph: Viewers held umbrellas for senior Kim Hamon who played Mary during the rainy celebration.

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Being a mascot is harder than it seems

[MASCOT, from Page 1]

The students who act as the CLU mascots were glad that Kissinger and Puopolo went to the camp because they were able to gain insight from what they learned.

The CLU mascots stand on the sidelines of the football games and are famous for throwing out T-shirts at the start of Midnight Madness.

The students and athletes enjoy having the mascots at the games.

Junior volleyball player Jacki Richards was glad to see the mascots at a few volleyball games. “It’s fun to have them at the

games; they help get the crowd pumped up and it shows good school support and spirit,” Richards said.

The mascot team, along with other faculty, is currently working on a mascot video to make people aware of a day in the life of a mascot. They also hope to get a web page created that is dedicated to the mascots of CLU so people can learn more about them.

Kissinger looks forward to the mascot being more visible, not only at games and throughout CLU, but also in the community.

Celebrities give up social media for AIDS donations

Courtney Murray
Staff Writer

Celebrities are giving up popular social networking sites, such as Twitter and Facebook, until \$1 million has been raised for AIDS research.

Kim Kardashian, Justin Timberlake, Ryan Seacrest, Alicia Keys, Usher, Elijah Woods and Lady Gaga are among these celebrities.

The celebrities will not resume updating their social networking accounts until at least \$1 million has been raised in donations.

The campaign is part of the Keep a Child Alive charity fund, a group that raises money to help children with AIDS and HIV, according to TheCelebrityCafe.com.

It started on Dec. 1, World AIDS Day, in order to raise awareness.

"We're 'dying digitally' to raise \$1 million for World AIDS Day. Help and text 'SEACREST' to 90999 to donate \$10," Seacrest tweeted.

This is an example of what celebrities are posting to announce to their Twitter followers that they are taking a break to raise money.

Many have even set the campaign pictures as their user

pictures or backgrounds.

For the campaign, the stars have filmed "last tweet and testament" videos and will appear in advertisements showing them lying in coffins to represent their "digital deaths," according to PeP.com.

"It's a unique strategy that uses the popularity of celebs on social networking sites to basically coerce fans into donating," said PopConfidential.com.

Leigh Blake, who is president and co-founder of the charity, added, "We're trying to sort of make the remark: Why do we care so much about the death of one celebrity as opposed to millions and millions of people dying in the place that we're all from," according to PeP.com.

These celebrities, who have millions of followers and fans wanting to know everything about them daily, are taking a stand on something important that could potentially save lives and inform more people about the organization.

According to E! Online, as of the morning of Dec. 3, fans had donated just \$183,966.

"I think it's a good way to raise awareness for charities and I would participate," CLU senior Marissa Scherr said.

AIDS victims and friends speak at CLU

[RED, from Page 1]
and also tested positive for the virus himself.

An interactive performance entitled "Stereotypes, Myths and Stigma," was held by students in California Lutheran University's Sexuality and Society class.

Straight Up Ventura County, a young adult acting troupe, helped them design their performance in reality improvisation and social theatre techniques.

The night concluded with Keeping the Faith: a Candlelight

Vigil on the Swenson Center patio.

Poets Jackson Wheeler, Stephanie Saindon and Soto presented their personal struggles through their poetry.

"It represents something bigger than the event itself, and being a part of World AIDS Day brings me a sense of pride because I have a part in raising awareness about such a prevalent epidemic," Soto said. "This also hits close to home after losing an uncle to the disease."

Saindon and Soto were chosen for their personal closeness; both had uncles that passed away because of this virus.

"People can just get HIV and AIDS from living an everyday life, and people still to this day are skeptical about that," Saindon said. "Poetry is a great way to get across a deeper emotion than just everyday words. Poetry can sting the heart and we really want people to step into Matt's and my shoes and feel the words, not just hear them."



Photo by Danika Briggs- Staff Photographer

World AIDS Day: Red balloons and candles were placed outside of the Swenson Center on the night of Dec. 1.

Students will take the stage in Sankta Lucia ceremony

[LUCIA, from Page 1]

A male and a female were selected to represent each class: freshmen Mollie Herlocker and Shawn Jackson, sophomores Alexis Faughn and Hunter Horn, juniors Corrin Fox and Grant East and seniors Kristen Luna and Daniel Pell will make up the court.

The two students who were selected to be Saint Lucia and her escort for this year's ceremony are seniors Katie Bode and Sam Nelson.

CC
The students that were selected are stand out leaders in the CLU community."

Scott Maxwell-Doherty
Campus Pastor

and their escorts will enter the chapel to an ancient hymn and read an adaptation of the legend.

"I've never been selected for anything like this," said Nelson, who is Saint Lucia's escort. "It really is an honor to have been recognized by my peers."

Each of the chosen students will carry a candle, and after reading from their provided script, they will place and light

their candle on Lucia's wreath.

Bode, representing Saint Lucia, will be wearing the Swedish ceremonial 100-year-old wreath.

Bode will take the stage once her candles are lit.

She will then proceed to read a speech on how this ceremonial honor has touched her.

"I've seen so many people before me be a part of this ceremony," Bode said. "It's a great honor to be able to represent someone such as Saint Lucia."

Saint Lucia is one of the few saints celebrated by members of the Lutheran Church.

She is one of seven women commemorated by name in the Canon of the Mass.

Lucia is known for bringing foods and drinks to Christians hiding in unlit tunnels during a time when Christians were persecuted for their religious beliefs and practices.

In order to light her path, Saint Lucia wore a wreath of candles on top of her head.

The Swedish ceremony pays homage to Saint Lucia, who was martyred on Dec. 13, 304 A.D.

The Sankta Lucia Festival is free and is open to the public.

The event is sponsored by the Office of Campus Ministry and the Scandinavian American Cultural and Historical Foundation.

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CALENDAR

Wednesday December 8 <ul style="list-style-type: none"> Sankta Lucia Festival 10 a.m. Samuelson Chapel Hanukkah 4:30 p.m. SUB Common Ground 9:11 p.m. Samuelson Chapel 	Thursday December 9 <p><i>THIS DAY IN HISTORY: 1965</i></p> <p>"A CHARLIE BROWN CHRISTMAS" PREMIERED.</p>	Friday December 10 <ul style="list-style-type: none"> Adopt a Family Student Union Building Lit Moon Theatre Company in Residence 8 p.m. Kwan Fong Gallery
Saturday December 11 <ul style="list-style-type: none"> Lit Moon Theatre Company in Residence 8 p.m. Kwan Fong Gallery 	Sunday December 12 <ul style="list-style-type: none"> Renovation 7 p.m. Samuelson Chapel 	Monday December 13 <p>FINALS WEEK</p> <p>National Hug a Stressed College Student Day</p>
Tuesday December 14 <p>FINALS WEEK</p> <p>Don't Panic</p>	Next Week: December 15 - 21 <ul style="list-style-type: none"> Finals Winter Break <p>Do you have an event to submit to <i>the Echo</i>? E-mail date, time, location and contact information to lbritta@callutheran.edu</p>	

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FEATURES

Kwanzaa celebration honors African heritage and values

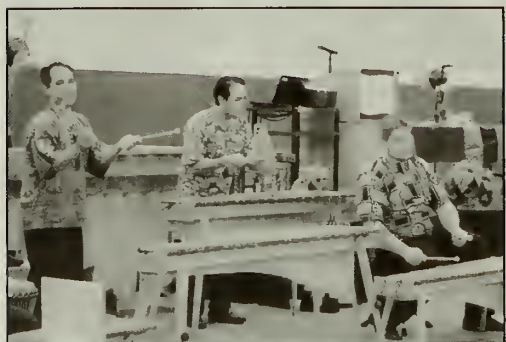


Photo by Danika Briggs - Staff Photographer

Percussion: (left) The Masanga Marimba Ensemble performs at the Kwanzaa celebration on Dec. 4.
Joyful: (right) A female participant of Kwanzaa flashes a beaming smile.

Henrick Gjertsen Staff Writer

The African holiday Kwanzaa was celebrated at CLU in the Soiland Recreation Center on Saturday, Dec. 4, from 10 a.m. till 2 p.m.

Kwanzaa is a holiday celebrated from Dec. 26 to Jan. 1 annually by millions of African-Americans.

The Kwanzaa festival at CLU was sponsored by the Multicultural and International Programs, Black Student Union, NAACP Saturday School and the Afro-Centric Committee of Ventura County.

The program was rich with ceremonies that revolved around the history of Kwanzaa and libations.

There were spoken word performances by the Poetry Slam and performances by the Masanga Marimba Ensemble and children of NAACP Saturday School.

John R. Hatcher III, president of the Ventura County Chapter of the NAACP, was in attendance of the celebration of Kwanzaa.

"I have been part of the Kwanzaa holiday for 27 years, and it is rewarding being here with a lot of nice people and also for the children that get to socialize in an adult environment, giving them ideal awareness," Hatcher said. "This holiday event is a way to reach out to all and is open to everyone."

Kwanzaa has five themes: relationships, responsibilities, connections, family and love. They sum up the overall meaning of what this holiday is about.

CLU has many programs that celebrate different holidays and religions throughout the semester. Events like Kwanzaa cer-

tainly provides students with opportunities to not only educate themselves but also experience diverse cultures and celebrations.

"This is an outstanding program where CLU has opened and shown their own culture with people in the community noticing what is happening here," Hatcher said.

The participating institutions invited vendors to offer all kinds of African merchandise and creations.

African carvings and rare African arts and artifacts were on display for sale. Food was provided by the Ventura County Afro-Centric Committee.

"I enjoy working with Multicultural Programs because I love to be at these cultural events," said freshman Vim Iglesia, a volunteer at the event. "A lot of students have much to do these days, but I wish more people would have come and experienced this event."

He also appreciated the efforts vendors had put into bringing their products to the event.

Although attendance wasn't high, it did not take away from the hard work done by the organizers. The event awarded every attendant with a celebration of unity and love.

"This is the biggest event the Black Student Union has on its agenda. We started working on Kwanzaa at the beginning of the semester till now," said senior Victor Jones, co-president of the Black Student Union. "I believe having secular holidays makes us celebrate and come together as one, helping to promote solidarity. Anytime most of the people are gathered together as one, it is always a success."

Christmas Festival concert ushers in the holiday season on campus



Photo by Rebekah Kliewer - Photo Editor

Rhythm: The CLU Choir performs "Noel" for an upbeat conclusion to their 2010 Christmas Concert.

Lilly Price Staff Writer

By the time the CLU choir entered Samuelson Chapel on Friday night, it was standing room only at the Christmas Festival Concert.

The sounds of the University Symphony welcomed in the crowd from the cold December air as twinkling Christmas lights, hanging on the trees outside lit the way.

Holiday wreaths decorated the walls and Christmas trees stood at the doors as guests were ushered to their seats in the festively adorned chapel.

As the symphony finished, the CLU's Choral Ensembles were led in by Conductor Dr. Wyant Morton.

As the lights dimmed, the choir lined the aisles and their voices filled the chapel as they opened with their very own composition by Dr. Mark Spraggins, "My Soul Magnifies the Lord."

To get the audience in the holiday spirit, the choir asked the audience to stand and join them in singing "O Come, All Ye Faithful."

The Women's Chorale went on to perform a "Ceremony of Carols" by Benjamin Britten, including "Wolcum Yole," "There is No Rose," "As Dew in April," "This Little Babe" and "Deo Gracias."

The choir typically has around 18 rehearsals, or just over a month, to prepare for each concert.

Adding to this already difficult task, this past weekend's performances by the choir tackled multiple languages in their song choices.

The program included songs sung in Italian, African languages and Latin.

"It's really hard because we have to learn so many different languages for our concerts, but it's all so worth it in the end," choir member Ty Flemming said. "I can't say enough good

things about Dr. Morton and his patience and perfection as a conductor."

With their reputation and commitment to excellence, it's no surprise that each performance was full of people eager to hear the sounds of the CLU Choir.

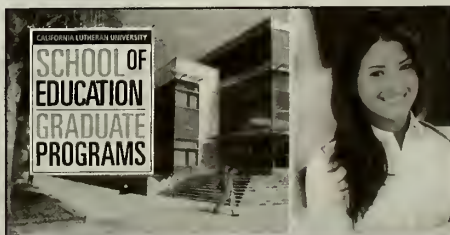
"I've come every year since I was a freshman," senior Molly Clancy said.

Clancy raved about the program and how beautiful the night's performance was, explaining how amazing the choir here on campus really is.

The Kingsmen and Regal Quartets set the audience into a Christmas mood as they put on a special performance of "Jingle Bells," "Silent Night," "Mr. Santa" and "The Christmas Song."

To close the night, the choir swayed to the African style beats of Todd Smith's "Noel" and ended by singing "Hark! The Herald Angels Sing" with the audience.

[See Concert, Page 6]



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QUOTES: What are your plans for winter break?

Lara Watling



"I'm just staying at home and working at Hot Topic."

Imraan Shirazi



"I'm going on vacation to South America."

Chelsea Toston



"Nothing really. I'll be here on campus."

Matt Hirsch



"I'll be working full time at Nordstrom."

If you have an idea for a Campus Quotes question, e-mail it to the Echo at echo@callutheran.edu

Student Philanthropy Council programs to benefit Annual Fund

Hanna Halldórsdóttir
Staff Writer

On Dec. 3, the Student Philanthropy Council at CLU hosted the second Philanthropy Phriday of the semester, with the goal of helping spread the word about the council and its work.

A booth was set up by the flagpole. Students who passed by not only had the opportunity to learn about philanthropy but were also invited to send their friends Exam-O-Grams.

These Scantrons and pencils will be delivered to recipients before finals. Over a period of five hours, more than 200 students stopped by.

"I definitely like the Philanthropy Phridays because it gives us a chance to interact with students," said senior Morgan Schneckluth, member of the executive board of the SPC. "We are actually showing them the firsthand what we do."

According to executive board member Chelsea Toston, one of the big problems that the council faces is that students don't always understand what the SPC is all about.

The mission statement of the SPC states that its goal is to "promote awareness, to instill greater appreciation for the philanthropic spirit throughout the CLU com-

munity and to enhance and improve the future of this university."

The SPC works closely with University Advancement in helping raise awareness for the importance of the CLU Annual Fund.

CLU graduate Laura Mason, assistant director of the Annual Fund, oversees the work of the council.

According to Mason, tuition only covers about 85 percent of the cost of students' education. The remaining 15 percent comes from donations made to the CLU Annual Fund.

"We raise money from alumni, parents, friends, even students to help bridge that gap and make an education possible for everyone," she said.

To celebrate philanthropy at CLU, the SPC is planning to hold the first annual Tuition Free Day on March 9 when approximately 85 percent of the school year has passed.

Next semester, the council will continue hosting monthly Philanthropy Phridays as well as planning various other events, such as restaurant fundraisers.

Mason says it is important to inform students about the importance of donating to the CLU Annual Fund. It not only helps the school but also increases the value

of students' degrees.

She notes that the US News and World Report considers student and alumni support when it calculates its rankings.

Higher national rankings attract more corporate and foundation gifts that can help improve the school's programming and positively affect its reputation, which in turn makes its degrees more valuable.

Donations of all sizes are encouraged, as every dollar helps the Annual Fund support CLU and its programs.

Students interested in joining the SPC can fill out applications at the beginning of each year.

Schneckluth notes that even though the application might seem intimidating to some students, its main goal is to make sure that students sign up for the right reasons. "You should want to help the school," said Schneckluth. "A lot of people just come out and want to have a trillion clubs on their resumes, but we are actually trying to do something big here."

Sophomore Lauren Sener, executive board member, enjoys being a positive influence on campus and says that being on the SPC "is something positive to do to give back to the school."

To learn more or to get involved, visit callutheran.edu/spc.

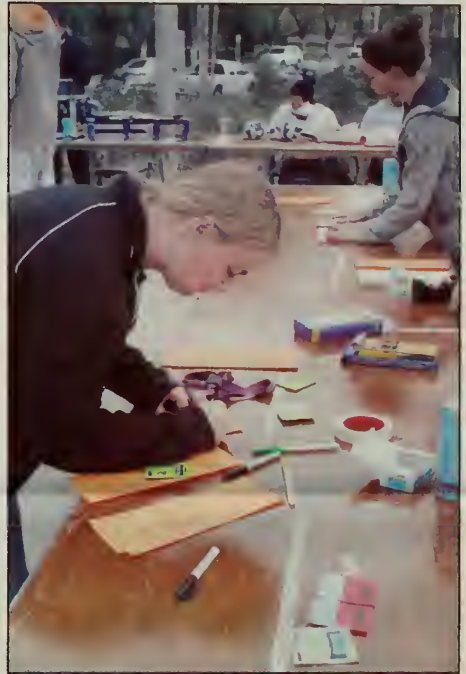


Photo by Brad Yajima • Staff Photographer

Encouragement: Junior Sierra Ronning writes an Exam-O-Gram to her friend while Morgan Schneckluth sets up in the background.

Volunteering helps to spread the holiday spirit

Hanna Halldórsdóttir
Staff Writer

For many, the holiday season means gathering loved ones, over-indulging in food and exchanging gifts.

But during the month of December, there are also various opportunities to help spread the holiday joy to those who are less fortunate.

Volunteering during the holidays can be a rewarding and exciting experience, according to Tolani Finley, a captain at the Salvation Army in Ventura.

Marisa Lopez, director of Volunteer Ventura County, notes that one of the reasons why people don't volunteer is because they don't believe that there is a need for them.

According to her, this is not true as there is a great demand for volunteers.

"Just for the holidays alone there are 29 different organizations asking for your help," Lopez said.

In Ventura County, the Salva-

tion Army is looking for volunteers to assist with many of their holiday programs.

On Dec. 18, volunteers are needed to help set up a Toy and Joy Shop at the Ventura Fair Grounds.

At the Toy and Joy Shop, parents who cannot afford Christmas gifts can pick out toys and goodies for their children.

The shop will be open on Dec. 20 and 21, and will also need volunteers on those days to help parents pick out gifts, to restock and hand out food baskets.

Finley said that this is a wonderful opportunity to get educated about poverty in the community.

"People see that [those who use this service] are just like you and me; they just happen to be down on their luck this year," she said.

"You can really see that they are grateful for just very little thing that they are able to get. It just warms your heart so much; it just makes you want to do more."

There is also an ongoing need for volunteers to participate in the Salvation Army's Red Kettle Program. Volunteers will ring bells and collect donations that will be used by the Salvation Army throughout the year.

"The change that goes into that kettle helps change lives in Ventura all year," said Finley, who also noted that bell ringing is an excellent way to meet people within the community.

The Children's Services Auxiliary will have a toy store similar to the one provided by the Salvation Army, where gifts are distributed to caregivers of abused, neglected and needy children throughout Ventura County.

A Giving Tree had been put up in both the Pacific View Mall and The Oaks Shopping Center, where shoppers can drop off gifts. Volunteers will be needed to accept do-

nated gifts until Dec. 21.

Those who enjoy arts and crafts can help make Christmas table centerpieces on Dec. 13 and 14 for agencies that serve holiday meals in need.

Other volunteer opportunities include decorating houses in Heritage Square in Oxnard, running in the Santa to the Sea half marathon, helping with a Holiday Party in support of Amigo Baby and distributing gifts with catholic charities in the area.

For more information about volunteering visit www.volunteerventuracounty.org.

Opportunities

- Dec. 8: Set up a Toy and Joy Shop at the Ventura Fair Grounds.
- Dec. 8-21: Drop off gifts at the Pacific View Mall and The Oaks Shopping Center.
- Dec. 20, 21: Restock and hand out food baskets at Toy and Joy Shop.

Holiday concert gives cheers to Christmas spirit

[Concert, from Page 5]

The choir received a standing ovation, and Samuelson Chapel buzzed with the voices and laughter of the audience.

Families gathered, pictures were taken and flowers were given as the choir made their way out into the well-entertained crowd.

"I was really impressed by how they all sounded; they all have such incredible voices," junior Megan Schrader said.

This is another successful year for the CLU Choral Ensembles, after their trip to Italy last spring and their well-attended concerts this year. Next spring, the choir is headed to New York City, where they will sing in Carnegie Hall.

You can find the CLU Choral Ensembles performance schedule on their website at callutheran.edu/music. The music department will kick off the new year with the Faculty Chamber Music Performance on January 23.

'Twas the Night incorporates skating, traditional activities



Photos by Brad Yajima - Staff Photographer

Gliding: (above) The surface of the skating rink is plastic, which makes it difficult to skate.

Warm and fuzzy: (below) Participants crowd the SUB for arts and crafts and pictures with Santa.



Rebecca Dominguez
Staff Writer

California Lutheran University students gathered in the Student Union Building Friday, Dec. 3, to celebrate the holiday season at the 'Twas the Night event put on by CLU's Programs Board.

"CLU is a big family, and this feels like getting your whole family together to celebrate Christmas," sophomore Steve Oster said.

In the SUB, there were carolers singing to bring out the Christmas spirit in everyone in attendance.

Among various activities provided for students was decorating gingerbread cookies with red and green frosting, rainbow sprinkles, chocolate chips and other treats.

Students participated in decorating ornaments and writing letters to Santa for the Make a Wish Foundation.

Hot beverages, such as hot chocolate and five different flavors of hot tea, were provided for students to warm their bellies on the cold night.

"One of the activities I enjoyed more this year than in the past years was the ornament making," senior Kara Rogers said. "The ornaments looked cooler, and I had a lot more fun making it."

Outside in the pavilion, there was ice-skating and karaoke. Many students were disappoint-

ed that there wasn't any snow or carriage rides as there had been in past years. Both activities were favorites of the students and brought big crowds.

"I liked when the event was called Christmas Chaos, when there was snow," senior Antonio McNeil said. "It was a lot more interactive when they had snow, and I noticed that not very many people were ice-skating."

There may not have been many people ice skating as one would

imagine because the ice skating rink was actually made out of plastic, not ice, which made it incredibly difficult for participants to skate. "I was a little disappointed with the ice skating rink because it looked pretty hard to skate around. But I thought the karaoke was really fun to watch, so I enjoyed that a lot," junior Amy Blankemeier said.

Antonio McNeil, Senior

Santa attended the event and was taking present requests since Christmas is less than three weeks away.

Upon taking pictures with Santa, students were given a raffle ticket in hopes of winning a brand new Nintendo Wii system.

'Tis the season to light the menorah

Kristin White
Staff Writer

On the CLU campus, many students choose to spend the holiday season by listening to holiday music and decking the halls with red and green decorations.

However, other faiths and holidays of cultures with rich histories are also explored.

Hanukkah is a Jewish holiday that is celebrated by many people globally; it takes place for eight days around late November to late December. Hanukkah is often celebrated with singing, feasting and exchanging gifts.

"Hanukkah celebrates the victory of the Maccabees over the Greeks. The Maccabees were greatly outnumbered, so it was no small victory that they won," said Kelli Campa, president of the Hillel Club, the Jewish Club and Organization on campus.

Hanukkah also celebrates the rededication of the Holy Temple in Jerusalem during the Maccabean Revolt. It is told that the temple only had enough olive oil to light the eternal flame for one day but it miraculously stayed lit for eight days and nights, giving them time to make more oil.

"My favorite part of Hanukkah is the eighth day when we get to light all the candles," Campa said.

Each evening of Hanukkah, one candle on the menorah is lit with a special blessing. The menorah is a candle stand with nine candles, the middle one higher than the others. The middle candle is lit for the purpose of lighting the others.

Traditional foods prepared for this holiday are jelly-filled doughnuts called "sufganiyot" and potato

pancakes called "latkes."

The dreidel is also part of this Jewish holiday tradition. Campa describes it as a four-sided top that spins. It is used by players in a game, and the outcome depends on what side the top lands on.

If it lands on gimel, the spinner gets the whole money pot. If it lands on hei, the spinner gets half the money pot; if the top lands on shin, the spinner has to give up one to the money pot; if it lands on nun, nothing happens.

It can be fun for families to play with pennies or candy.

"I was really nervous coming to CLU because I did not know if it was super religious or not. However, as I found my niche, I realized that CLU is open to everyone," Campa said.

Lutheran ideas are expressed at California Lutheran University, but

all students are encouraged to explore different religions and faiths.

"I attend chapel and Common Ground because I want to explore my faith" Campa said. "I love the fact that the pastors are willing to work with everyone's faith and that everyone is accepting of each other."

There are approximately 13-14 million Jews in the world and about 80 percent of them live in Israel or the United States, according to jewfaq.org.

CLU's observance of the Jewish Festival of Lights begins at sundown with the lighting of the candles on the menorah. Hillel Club is putting on the celebration on Dec. 8 from 4:30 to 6:30 p.m.

"There will be food and prizes so everyone should come to experience new cultural and religious aspects," Campa said.

2010-2011

the Echo

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OPINION

Recent changes in airport security seek to promote safety



Cassie
Copeland

The holidays are upon us, and with all the hustle and bustle, people seem to be swarming everywhere, and the chaos only seems to multiply, especially at the airport.

Most CLU students have experienced the "joys" of flying. It is the ultimate game of "hurry up and wait."

Driving to the airport, checking in, going through security to then waiting, sometimes for hours, if your plane is delayed.

On the off-chance that you schedule it perfectly so you arrive with enough time to check in, grab something to eat or drink, then jump on the plane to maybe an exciting destination, there is still the problem of going through airport security.

Normally, security demands taking off your shoes and placing all baggage, coats and metal objects in the trays for the conveyor belt so they can be scanned separately and more effectively.

However, the TSA airport security recently installed new machines that show more of a person's physical body.

These are full-body X-ray

machines, which some people say violate the privacy of their bodies.

In November, Gary Fielder filed a lawsuit in Denver.

He filed "more than a month after he, his two daughters, ages 9 and 15, and a family friend underwent a TSA pat-down in San Diego," according to the LA Times.

"Fielder's lawsuit claimed the pat-downs were 'disgusting, unconscionable, sexual in nature' and in violation of the Constitution's protections against unreasonable searches," according to the LA Times.

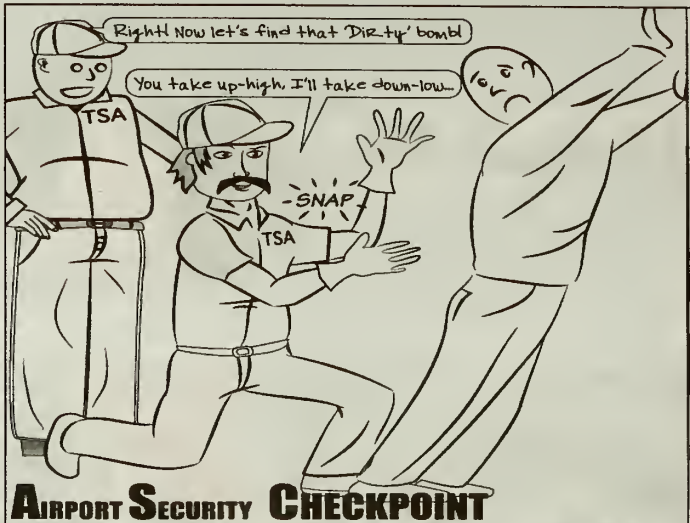
However, his goal in filing his lawsuit was to end pat-downs in airports for Americans, and only have non-American citizens undergo them.

He feels this is fair because "no American has been accused of threatening commercial airliners with explosives," according to LA Times.

The fact that an American is completely against security agents doing their job to secure our flights and safety greatly bothers me.

I do not understand why Fielder does not believe Americans could cause damage just as much as any other person of a different nationality.

Although the machines would replace pat-downs, there is much debate about whether people's privacy is affected with these new machines. A poll actually shows



Cartoon by Colin Mayuga, senior

that the majority of travelers prefer the new technology four to one.

"Although some civil rights groups allege that they represent an unconstitutional invasion of privacy, Americans overwhelmingly agree that airports should use the digital X-ray machines to electronically screen passengers in airport security lines," according to the new poll provided by CBS News.

The poll shows that 81 percent of people prefer the new system, whereas 15 percent of people do not agree with it and only four percent answered unsure.

After the 9/11 attacks, people of ethnic backgrounds started feeling more pressure going through airport security because of their race.

"While the TSA has implemented new security measures, it does not single out

individuals based on their ethnic or racial backgrounds," according to CBS News.

Although this new system can show more physical features of a person, it does not single out any one person for any reason, such as ethnic background.

Perhaps this new system will be more acceptable for Fielder.

As I see it, it's a wonderful tool to enhance our security and safety in all our travel adventures.

Handmade gifts are where the heart is this holiday season

To save some money, students are opting to make and bake gifts



Arianna
Thomopoulos

It's holiday season again, and it seems to me that around this time of year everything gets pushed together.

Time speeds up, and it feels like right when you think you are finally coming out of your food coma, your feet hit the ground running, trying to get decorations for the holidays, planning the perfect menu and buying gifts for your loved ones.

However, due to the economy, many people had to cut back on their holiday spending, from downgrading the quality and quantity of food to the kind of presents they buy.

Many people have resorted to making their gifts instead of going

out to buy them.

"The economy has affected people to where they might have lowered spending on gifts, and some might have even started making their own," senior Pritan Sherstha said. "After all, it is the thought and love that counts, and the best things in the world are not things. As long as family and friends are around, everything will be good."

Although Sherstha believes it is the thought that counts, he sticks to buying presents.

"I don't make holiday presents because I am not very good at them, unless someone wants burnt cookies," Sherstha said.

Seemingly, baking cookies seems to be the go-to presents during the holiday season.

"Baking makes me feel like the holidays are just around the corner," 18-year-old Gabrielle Symons said. "I love to make things because it feels more personable."

Symons is not the only one who typically bakes during the holidays.

"My mom, sister and I bake cookies to take to our friend's house," 22-year-old Elizabeth Feiner said.

For me, I love this time of year.

Although it is a little chaotic, I love planning things for the holidays.

I have always loved making gifts instead of buying them.

I'm not really big on materialistic gifts.

When my loved ones always ask me what I want for Christmas, unless I really need something, I normally tell them to just get me "something from your heart: a letter, a handmade picture frame or something that reminds me

of a memory we shared."

The way that I receive gifts is the same way I give them. I don't like to give gifts that have no meaning to them.

I believe by either making something or writing a nice letter, it will mean more to the receiver of the gift and show them that you put more thought, time and love into it.

However, if my friend really needs something or wants it and

their personal circumstances do not allow them to get it, I would find a way to get it for them.

"I really do like making gifts rather than buying them," 22-year-old Paige Beckerle said. "It is so much easier to go buy something from the store than to make someone a gift, but it means more when you make one. If I don't have the time this year to make any, I usually make a nice card."



Photo courtesy of www.sxc.hu/

Winter housing is not merry and bright

Some students go homeless for the holidays



Rocío Sanchez

After finals are over, packing begins and everyone goes home for the long anticipated winter break to spend time with their family and friends, right?

Well, unfortunately, not every student will go home, for whatever reason. Whether it's because of financial reasons, sports or previous job commitments, not everyone has that opportunity.

So where exactly do these students stay?

Well, for the sports teams staying over winter break, such as basketball and the swim team, they will move into North Hall, unless they are already living in Mogen, Grace, Trinity or off-campus, of course.

That means students living in North will have to move out almost everything because there will be students living in their room during winter break.

Although some don't mind, others may find it quite inconvenient.

"I don't know if I trust someone living in my room with my stuff here, so I'm taking everything with me over break regardless if there might be someone living here or not," sophomore Bente Larsen said.

So why can't the student athletes who will be here over break stay in their own dorms?

Well, there are too few RAs on campus during the holiday, and it is simply a safety issue. You

can't really argue with that; it is completely understandable.

On the other hand, it can be quite pointless if students are in South Hall, for example, and they needed to move all their stuff to a hall that is next door.

From what I have been told, California Lutheran University will be paying North Hall residents \$5 a day toward their student accounts if someone is living in their room.

So, get out your calculators, if you need to, and do the math to see how much that would end up being at the end of winter break.

If you're going to pay students to make it seem like things are even, at least make the money you're giving them in cash or a check.

I wouldn't mind someone living in my room because all I have to do is take all my valuables home, and I don't really have that much stuff in the first place.

But, there are those who have tons of stuff and live out of state and can't afford storage. It just puts them in an inconvenient situation.

Even though the school does let students know that North Hall will be used by student athletes during winter break, some students didn't even have a choice; it was either North Hall or nowhere to live because of the lack of rooms available.

So what about those students who aren't playing a sport or living in Mogen, Grace or Trinity Halls?

Well, the dorms will be closed down for winter break, so they will have to work something out for their living situation.

I wouldn't doubt if CLU would help them out if they needed somewhere to stay, since they can be really helpful at times; key words: at times.

Anyway, I hope everyone has a safe and fun break.

I hope you all enjoy the time we have off of school while it lasts.



Photo courtesy of www.sxc.hu/

Make a resolution for a new you

Students disagree on best approach to life changes for the new year



Chaz Hodges

A new year is upon us, and I cannot help but question what my resolutions will be.

As I think back to last year around this time, I question whether or not I have changed.

Did I get all "A's"? Were my goals realistic? Do New Year's resolutions actually work?

When talking to sophomore Alisha Monroe, she said, "I think it makes more sense to set goals instead of doing it just because it's a new year."

I disagree. I think that New Year's brings exciting moments to all individuals.

A new beginning, a second

start.

How many chances do we get to reinvent ourselves? How many times do you look forward to a new year to do something new?

Still, senior Morgan Schneckluth agrees with Monroe.

"I make a list of 25 things before Jan. 1 for character development and learning from mistakes, and I typically complete 20 of the 25 things each year."

Rebecca Cardone, Sophomore

person has goals, because we are passionate about the success of that particular thing.

Yet, I'm not a schedule person; I achieve things as time allows.

However, Schneckluth is not the only person who seems to believe that sticking to a schedule

Schneckluth says, "It depends on the resolution. If you set a schedule yes, if you don't, then no because if the goal is something you are passionate about, your passion will drive you."

I believe in one's passions and dreams. After all, this is why every

After all, this is why every

After all, this is why every

After all, this is why every

definitely works.

Sophomore Rebecca Cardone takes a practical approach as well.

She said, "I make a list of 25 things before Jan. 1 for character development and learning from mistakes, and I typically complete 20 of the 25 things each year."

So like Monroe, Schneckluth and Cardone, set a goal, if it pleases you.

Complete steps that will put you closer to your dreams and enjoy the success.

Or be like me and let the newness drive you.

Dance in the spontaneity of your decisions and don't put any stress on yourself to complete tasks.

Let time be your friend because some things are worth waiting for.

As I mentioned before, Jan. 1 is upon us.

Have fun and get that new haircut, perform beautiful music with your friends, lose that 10 pounds or gain that 10 pounds.

I believe no matter how you reach your desires, New Year's resolutions do work.

Sophomore Cydney Denise Radley agrees saying, "If you're dedicated, then it'll come true."

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SPORTS

Rings everywhere but not on these championship players

Claire Whitten
Staff Writer

Three fall sports at CLU—football, soccer and volleyball—finished their seasons with a SCIAC championship this year along with several successful All-SCIAC players.

Regardless of the teams' success, rings for the championship will not be paid for by CLU, which is unable to supply the estimated \$300 rings for the teams due to the high prices and large number of eligible players.

However, these rings can be ordered and paid for by team members if he or she does wish to have a ring.

"I feel that we deserve to get rings, especially this year, because we had the best record in program history," senior soccer player Alyssa Harris said. "Rings would be a sign and a daily reminder of how much we accomplished and how much the program can achieve in the future."

California Lutheran University women's soccer had one of its best seasons to date, finishing with a SCIAC championship, which hadn't been achieved since 2002, as well as 18 season-game wins this year, which is a first in the program history.

The Regals had several standout



Photos courtesy of firstrecognition.com

Championship Bling: Championship rings like these are not provided by CLU but may be purchased by the players themselves.

players this season: senior Kristin Borzi and freshmen Anna Medler and Kristina Hulse made second team All-SCIAC, senior Brittany Clark and junior Kaitlin Walters made first team All-SCIAC and Sinead Vaughan received SCIAC Player of the Year.

The Regals volleyball team had not won a SCIAC championship since 1999 also came out with a SCIAC title.

The Regals also went undefeated this season, which had only been done four times in the program's

history. Seniors Allison Kerr and Megan Thorpe and sophomore Jackie Russell all made Division III All-American teams this year. Junior Casey McWhirk made All-Region with them as well, and Kerr was named SCIAC Player of the Year.

Football finished its second SCIAC championship in program history, both resulting in back-to-back championship wins.

The Kingsmen had 11 players make first team All-SCIAC this season: juniors

Jake Laudenslayer, DemeTrek Chambers, Luis Villavicencio, Brent McNeil, Jackson Damron and John Schactner, sophomores Eric Rogers, Tim Cozine and Jacob Norlock and seniors Josh Oosterhof and Jordan Barta. Three football players also made second team: sophomore J.J. Gallagher, junior Gio Lapp and senior Jeff Miller.

"There are NCAA rules on the monetary value of awards that a given athlete may receive as outlined by the NCAA, and

we abide by those provisions," athletic director Dan Kuntz said.

Even though the school is unable to fund these rings for CLU sports team now, junior volleyball player Jacki Richards stays positive.

"Hopefully CLU will find a way to bring money in to help pay for our teams to get rings for future championships," Richards said. "Obviously, our sports teams here at CLU are becoming better each year, and I think we deserve them with all of our hard work."



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Nick Ballou captures 2010 small college championship

Chris Ramirez
Staff Writer

As the CLU men's tennis team prepares for the upcoming season, sophomore standout Nick Ballou is already in mid-season form, winning tournaments and gaining national attention with his strong play.

During the off-season, Ballou won six straight matches enroute to the 2010 U.S. Tennis and Intercollegiate Tennis Association (USTA/ITA) Small College Regional Championship singles title in Claremont in October.

“Individually, my goal is to win the NCAA title in singles and in doubles.”



— Nick Ballou
Senior tennis player

He was the No. 5 seed in the event and won five of his six matches in straight sets, including the championship match, in which he defeated Alex Johnson of Claremont-Mudd-Scripps 6-1, 6-2.

Nearly two weeks later, he finished third at the National Small College NCAA Division III Men's Singles Championships in Mobile, Ala. by defeating Eric Shulman of Christopher Newport (VA) in the consolation final of the men's draw.

Ballou's outstanding records are proof of the hard work that him and the team have put toward the upcoming season.

“Those results mean a lot to me,” Ballou said. “It feels great to win. Every practice I just try to get better and help this team. With our last practice coming up before the season, we are trying to fix anything that is technically wrong and keep up the hard work we've been putting in.”

The 21-year-old, who hails from Orinda, Calif. and attended Miramonte High School, where he was a five sport athlete in tennis, football, soccer, track and cross country, enrolled at

Boise State University after high school.

After a year at Boise State, he got a call from California Lutheran University head coach Mike Gennette and visited Thousand Oaks.

Within minutes, he fell in love with the small, tight-knit community and transferred to CLU for the 2009-2010 academic year.

As a freshman, he earned first team All-SCIAC honors, as he posted a 17-4 singles record for the Kingsmen.

Ballou had an impressive start to the season as he won 36 straight matches in singles and doubles and he qualified for the NCAA Individual National Championships in singles and doubles.

Along with doubles partner Andrew Giuffrida, the pairing was ranked as high as No. 1 in the West Region and made it to the National Championship semifinals.

He ended up finishing the 2010 spring season with a national ranking in both singles (28) and doubles (4), according to clusports.com.

Coach Gennette admires his hardwork as both an individual and team player.

“Nick has an unbelievable passion that makes him such a special player,” Gennette said. “He is just a passionate person who is very competitive and loves tennis. He is constantly striving to get better, and his play has elevated the rest of the team. Tennis is the perfect sport for Nick because I think he loves the concept of the individual sport within a team sport.”

Ballou, who is a business marketing major with a minor in psychology, is eager for the season to start and has even higher goals than what he has already accomplished.

“Our goal as a team is to get past the quarterfinals and into the final stages of the NCAA’s,” Ballou said. “We finished second in SCIAC last year with a 19-3 record, 7-2 in SCIAC, and I believe we have improved. Individually, my goal is to win the NCAA title in singles and in doubles.”



Photos by Brad Yajima-Staff Photographer

Ace: Nick Ballou takes practice shots at the Poulson Tennis Center in preparation for the 2011 tennis season.

CAL LU SPORTS CALENDAR

	Wed. 8	Thur. 9	Fri. 10	Sat. 11	Sun. 12	Mon. 13	Tues. 14
				La Sierra 7:30 p.m.			
			TOURNAMENT: Finao Collegiate Invitational				
					Hawaii Tournament (Dec. 19-20)		
			TOURNAMENT: Finao Collegiate Invitational				

Shade denotes home game



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Kingsmen splash Tigers, Regals fall in home opener

Aaron Fisher
Staff Writer

The 2010 CLU swimming and diving season went underway on Dec. 3, with the Kingsmen earning a 151-72 victory over the visiting Occidental College Tigers, while the Regals nearly came away with a win in a 128-106 defeat.

Two freshmen newcomers helped the Kingsmen to victory, with a pair of diving wins from Hunter Drake and victories in the 200-yard individual medley and 100-yard breaststroke by Conrad Sheffer.

"On both the men's and women's teams we have a really good incoming freshman class, and the future of this team is dependent on the freshmen and sophomores," CLU head coach Tom Dodd said. Sheffer pulled away in the 200 during the breaststroke leg and won the 100 by nearly a full three seconds.

After Occidental posted back-to-back event wins in the 1,000-yard freestyle and 200-yard freestyle, CLU's Quinn Smith won the 50-yard freestyle by .02 and started the event win streak for the Kingsmen.

California Lutheran University would go on to close the meet by

winning the 100-yard butterfly, the 100-yard freestyle and the 100-yard backstroke with strong performances from Kyle Eckhart in the butterfly (54.86), Grant East in the freestyle (49.40) and Jonnie Paré in the backstroke (56.38).

"We had been preparing for this meet all season and came out strong today," Smith said.

The CLU Regals started the meet strong, receiving a victory in the 200-yard medley relay with a time of 1:56:92 behind the four newcomers Shelly Brooks, Kelli Miller, Laura Millet and Sarah Forsythe.

This group was also the only one to break two minutes for the event. Millet went on to win the 1,000-yard freestyle with a time of 11:34:83.

The Regals were without divers for the meet due to injury, essentially giving Occidental 16 points while CLU was held scoreless for the event.

The Regals headed into the final relay only down nine points; however, the Tigers just needed to finish one of the final two events without disqualification to earn the victory.

"It was tough without our divers there, but we hung in there and competed until the end," Miller said.



Photos by Talia Loucks-Staff Photographer

Relay: Backstroker Jonnie Paré starts off the winning men's 200-yard medley relay versus Occidental.



Dive: Freshman Hunter Drake extends into a backwards dive during the competition in Fridays meet.



Distance: Laura Millet took first in the women's 1,000-yard free style.

COVERING ALL THE BASES:

NFL Players Association advises players to save up



Andrew Parrone

Think about your typical Sunday afternoon during the fall; I bet the NFL is involved in some shape or form.

Now imagine what those days would be like without football. Doesn't sound like nearly as much fun anymore, does it?

But that awful thought is well on its way to becoming an unfortunate reality, as events in the NFL this week have brought us one step closer to a lockout next season.

Letters were sent by the NFL Players Association to all players warning them to save their last three game checks in preparation for the possibility of the 2011

season being cancelled.

And the NFLPA is also filing a lawsuit against the league owners for charges of collusion, citing this past year's lack of activity on the free agent market as evidence.

So it's pretty clear that the owners and players are not on the same page. And with the current collective bargaining agreement between the two sides expiring on March 3, the future of the NFL is very much up in the air.

The issue, as always, is money. Under the current Collective Bargaining Agreement, players receive 59.6 percent of the revenue. Naturally, the owners want a bigger piece of the pie. And the players don't want to concede what they have worked so hard to get. Obviously, a compromise is going to have to be made somewhere.

The highest point of contention between players and owners is the possibility of adding more games

to the schedule. Owners want an 18-game schedule because more games fill the stadiums and put more cash in their pockets. Players have remained steadfast that extending the season by two games will result in an increase



in injuries and shorten the playing careers of most players. I know it's difficult to see this from the perspective of the owners, but bear with me. Running an NFL franchise costs a lot of money, suffice it to say. And that's before we get into building new stadiums, which owners are expected to help finance. When people don't show up in the

stands, it ultimately comes out of the pockets of ownership. The NFL is a business, and the guys up top expect a nice payday for their services.

Having said that, as a fan, it is almost impossible to not side with the players on this one. After all, it's not like we pay to see the owners playing a game of two-hand touch. People root for their favorite teams and players, not for ownership. By trying to force the hand of the players, the owners come off as greedy and stubborn.

And the impact of a potential lockout runs much deeper than a few disappointed fans. Thousands of jobs would be at stake, and it's not like the economy is doing so hot right now to begin with.

This is going to hurt the players,

too. It's hard to see this through your TV screen, but these guys are normal people with families to feed and bills to pay. Yeah they make a lot of money, but they also have to spend a lot of money. It's the nature of their lifestyle.

As crazy as it sounds, players making a million dollars a year will find it very difficult to not work for a year.

Both sides want this to be resolved before the March 3 deadline because no one really wants to see the NFL go away for a year. Not the players and not the owners. I remain hopeful this is going to be a non-issue come springtime.

So as the regular season of the NFL winds down, enjoy every moment you can with your team or favorite player.

Although it's almost impossible to imagine at the moment, it might be a long time before you see them on the field again.